Saint Mary Orthodox Church

Antiochian Orthodox Christian Archdiocese of North America

6330 W. 127th St., Palos Heights, IL 60463
Phone (708) 239-0004 | Fax (708) 221-6449 | www.stmaryoc.org | office@stmaryoc.org
Church Office Hours : Monday - Friday 10:00am-3:00pm

Sunday, October 25th, 2026

Twenty-first Sunday after Pentecost & Sixth Sunday of Luke

Martyrs Marcian and Martyrios the Notaries

Martyrs Valerios and Chrysaphios; Tabitha the merciful, raised from the dead by the apostle Peter

Entrance Hymn

O Come, let us worship and fall down before Christ.
Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

هلمُ لنسجد ونركع للمسيح ملكنا والهنا، خلصنا يا ابن الله يا من قام من بين الاموات، لنرتل لك هللويا!

Troparion of the Resurrection (Tone Four)

Having learned the joyful proclamation of the Resurrection from the Angel, and having cast off the ancestral condemnation, the women disciples of the Lord spake to the Apostles exultantly: Death is despoiled and Christ God is risen, granting great mercy to the world.

إنَّ تِلْميذاتِ الرَّبّ تَعَلَّمْنَ مِنَ المَلاكِ الكَرْزَ بالقيامَةِ البَهِج، وطَرَحْنَ القَضاءَ الجَدِّيَّ، وخاطَبْنَ الرُّسُلَ مُفْتَخِراتٍ وقائِلات: سُبِيَ المَوْتُ وقامَ المَسيحُ الإله، ومَنَحَ العالَمَ الرَّحْمَةَ العُظْمى.

Troparion of Ss. Marcian & Martyrios (Tone Four)

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For, since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by their prayers, save our souls, since Thou art merciful. .

شَهيداكَ يا ربُّ بِجِهادِهِما نالا منكَ الأكاليلَ غيرَ الباليةِ يا إلهَنا. لأنَّهُما أحْرَزا قُوَّتَكَ، فحَطَّما المُغْتَصِبين، وسَحَقا بَأْسَ الشياطينِ التي لا قُوَّةَ لها. فَبِتَوَسُّلاتِهِما أيُّها المسيحُ الإلهُ خَلِّصْ نُفوسَنا.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

في ميلادِكِ حفِظْتِ البتوليةَ وصنتِها وفي رقادِكِ ما أهمَلْتِ العالمَ وتركتِهِ يا والدةَ الإله. لأنكِ انتقلْتِ إلى الحياة بما أنك أمُّ الحياة. فبشفاعاتِكِ أنقذي من الموتِ نفوسَنا.

Kontakion of the Theotokos (Tone Two)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

يا شَفيعَةَ المَسيحيينَ غَيْرَ الخازِيَة، الوَسيطَةَ لَدَى الخالِقِ غَيْرَ المَرْدُودة، لا تُعْرِضِي عَنْ أَصْواتِ طَلِبَاتِنا نحْنُ الخَطَأَة، بَلْ تَدارَكينا بالمَعونَةِ بِما أَنَّكِ صالِحَة، نحْنُ الصارِخِينَ إِلَيْكِ بِإيمانٍ: بادِرِي إِلَى الشَفاعَةِ وأَسْرِعِي في الطِلْبَةِ، يا والِدَةَ الإِلَه، المُتَشَفِّعَةَ دائِمًا بِمُكَرِّمِيكِ.

The Epistle for the Twenty-first Sunday after Pentecost

ما أَعْظَمَ أَعْمالَكَ يارَبُّ، كُلَّها بِحِكْمَةٍ صَنَعْتَ. بارِكِي يا نَفْسي الرَّبّ.

فَصْلٌ مِنْ رِسالَةِ القِدّيسِ بولُسَ الرَّسولِ إِلى أَهْلِ غَلاطِيَة.

يا إِخْوَةُ، إِذْ نَعْلَمُ أَنَّ الإِنْسانَ لا يُبَرَّرُ بِأَعْمالِ الناموسِ، بَلْ إِنَّما بالإِيمانِ بِيَسوعَ المَسيحِ، آمَنَّا نَحْنُ أَيْضاً بِيَسوعَ المسيحِ لِكَيْ نُبَرَّرَ بالإِيمانِ بالمَسيحِ، لا بِأَعْمالِ الناموسِ، إِذْ لا يُبَرَّرُ بِأَعْمالِ الناموسِ أَحَدٌ مِنْ ذَوي الجَسَدِ. فإِنْ كُنَّا ونحْنُ طالِبُونَ التَبْريرَ بالمَسيحِ، وُجِدْنا نَحْنُ أَيْضاً خُطاةً، أَفَيَكونُ المَسيحُ إِذَنْ خادِماً لِلْخَطيئَةِ؟ حاشى. فإِنّي إِنْ عُدْتُ أَبْنِي ما قَدْ هَدَمْتُ، أَجْعَلُ نَفْسي مُتَعَدِّياً. لأَنّي بالناموسِ مُتُّ لِلْناموسِ لِكَيْ أَحْيا لله. مَعَ المَسيحِ صُلِبْتُ فَأَحْيا، لا أنا، بَلْ المَسيحُ يَحْيَا فِيَّ. وما لي مِنَ الحَياةِ في الجَسَدِ أنا أَحْياهُ في إِيمانِ ابْنِ اللهِ الذي أَحَبَّني، وبَذَلَ نَفْسَهُ عَنِّي.

O Lord, how magnified are Thy works.
In wisdom hast Thou made them all.
Bless the Lord, O my soul.

The Reading from the Epistle of St. Paul to the Galatians. (2:16-20)

Brethren, you know that a man is not justified by works of the Law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the Law, because by works of the Law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

The Gospel for the Sixth Sunday of Luke

The Reading from the Holy Gospel according to St. Luke. (8:26-39)

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, “What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me.” For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, “What is your name?” And he said, “Legion”; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So, He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, “Return to your home, and declare all that God has done for you.” And he went away, proclaiming throughout the whole city all that Jesus had done for him.

فَصْلٌ شَريفٌ مِنْ بِشارَةِ القِدّيسِ لوقا الإنْجيلِيِّ البَشيرِ والتلْميذِ الطاهِرِ.

في ذلكَ الزمانِ، أَتى يَسوعُ إلى كورَةِ الجِرْجِسِيينَ، فَاسْتَقْبَلَهُ رَجُلٌ مِنَ المَدينَةِ بِهِ شَياطينُ مُنْذُ زَمانٍ طَويلٍ، ولَمْ يَكُنْ يَلْبَسُ ثَوْباً ولا يَأْوِي إلى بَيْتٍ، بَلْ إلى القُبورِ. فَلَمَّا رأى يَسوعَ، صاحَ وخَرَّ لَهُ، وقالَ بِصَوْتٍ عَظيمٍ: "ما لي ولَكَ يا يسوعُ ابْنَ اللهِ العَلِيِّ؟ أَطْلُبُ إليكَ ألاّ تُعَذِّبَني." فإنَّهُ أَمَرَ الرّوحَ النَجِسَ أنْ يَخْرُجَ مِنَ الإنْسانِ، لأَنَّهُ كانَ قَدِ اخْتَطَفَهُ مُنْذُ زَمانٍ طَويلٍ، وكانَ يُرْبَطُ بِسَلاسِلَ، ويُحْبَسُ بِقُيودٍ، فَيَقْطَعُ الرُّبُطَ ويُسَاقُ مِنَ الشَيْطانِ إلى البَراري. فَسَأَلَهُ يَسوعُ قائِلاً: "ما اسْمُكَ؟" فَقالَ لَهُ: "لَجيُون"، لأنَّ شَياطينَ كَثيرينَ كانوا قَدْ دَخَلُوا فيهِ. وطَلَبُوا إلَيْهِ أنْ لا يَأْمُرَهُمْ بالذَهابِ إلى الهاوِيَةِ. وكانَ هُنَاكَ قَطيعُ خَنازيرَ كَثيرَةٍ تَرْعَى في الجبَلِ. فَطَلَبُوا إلَيْهِ أنْ يَأْذَنَ لَهُمْ بالدُخولِ فيها، فَأَذِنَ لَهُمْ. فخَرَجَ الشياطينُ مِنَ الإنْسانِ، ودَخَلُوا في الخَنازيرِ. فَوَثَبَ القَطيعُ عَنِ الجُرْفِ إلى البُحَيْرَةِ فَاخْتَنَقَ. فَلَمّا رَأى الرُعاةُ ما حَدَثَ، هَرَبُوا وأَخْبَرُوا في المَدينَةِ وفي الحُقولِ. فخَرَجُوا لِيَرَوْا ما حَدَثَ وأتُوا إلى يَسوعَ، فَوَجَدُوا الإنْسانَ الذي خَرَجَتْ مِنْهُ الشَياطينُ جالِساً عِنْدَ قَدَمَي يَسوعَ لابِساً صَحيحَ العَقْلِ، فَخافوا. وأَخْبَرَهُمْ الناظِرُونَ أَيْضاً كَيْفَ أُبْرِئَ المَجْنونُ. فَسَأَلَهُ جَميعُ جُمْهورِ كورَةِ الجِرْجِسِيينَ أنْ يَنْصَرِفَ عَنْهُمْ لأَنَّهُ اعْتَراهُمْ خَوْفٌ عَظيمٌ. فَدَخَلَ السَّفينَةَ ورَجَعَ. فَسَأَلَهُ الرَّجُلُ الذي خَرَجَتْ مِنْهُ الشَياطينُ أنْ يَكونَ مَعَهُ. فَصَرَفَهُ يَسوعُ قائِلاً: "إرجَعْ إلى بَيْتِكَ وحَدِّثْ بِمَا صَنَعَ اللهُ إلَيْكَ." فَذَهَبَ وهُوَ يُنادِي في المَدينَةِ كُلِّها بِما صَنَعَ إليهِ يَسوع.

3rd & 9th Day Memorial
Helena Theeb Haddad
Memory Eternal!

3rd & 9th Day Memorial
Itef Haddad Sweis
Memory Eternal!

1 Year Memorial
Kamal Haddad
Memory Eternal!

Upcoming Services & Events

Date	Time	Event
10/25/2026	8:25am	Prayers before Holy Communion
	8:45am	Orthros
	10:00am	Divine Liturgy
	10:00am	Sunday School
10/26/2026	5:40pm	Prayers before Holy Communion
	6:00pm	Liturgy for St Olga of Alaska
10/27/2026	6:00pm	Seniors Ministry
	7:00pm	Choir Practice
10/28/2026	8:30am	Orthros
	10:00am	Arabic Bible Study
	6:00pm	Paraklesis
	7:00pm	Catechism Class
10/29/2026	9:00am	Orthros
	6:30pm	Young Adult Pumpkin Painting
10/30/2026	9:00am	Orthros
10/31/2026	10:00am	Arabic School
	5:00pm	Parish Family Night
	5:00pm	Great Vespers
	6:00pm	Compline with Canon for Holy Communion

Catechism Class with Fr. Mousa

Schedule 2026-2027

Everyone is welcome to attend catechism classes to learn more about Holy Orthodoxy.
If you have any questions, please see Reader Joseph.

Date	Time	Topic
Wed, August 26	7:00 PM	The True God
Wed, September 2	7:00 PM	The Human Being
Wed, September 16	7:30 PM	Sin
Wed, September 30	7:30 PM	Jesus Christ, the Son of God
Wed, October 14	7:00 PM	Jesus Christ, the Savior of the World
Wed, October 28	7:00 PM	Repentance and Faith
Wed, November 11	7:00 PM	The Holy Spirit and the Saints
Wed, November 18	7:00 PM	The Church
Wed, December 2	7:00 PM	The Theotokos (Mother of God)
Wed, December 16	7:30 PM	The Holy Mysteries and Baptism
Wed, January 13	7:00 PM	Chrismation
Wed, January 27	7:00 PM	Holy Eucharist
Wed, February 10	7:00 PM	Holy Confession
Wed, February 24	7:00 PM	Holy Priesthood
Wed, March 10	7:00 PM	Holy Matrimony
Mon, March 22	7:30 PM	Holy Unction
Mon, April 5	7:30 PM	The Mystery of Death and the Funeral

اجتماع تثقيفي للكبار باللغة العربية

الموضوع: القداس الإلهي

Arabic Adult Education

The Divine Liturgy

Friday, October 2nd, 2026

6:00pm

Starting Friday, October 2nd, Adult Education in Arabic will begin with Fr. Spyridon! This will be held at the same time as Adult Education (in English) and Kids SOYO. The Schedule is below. The topic will be The Divine Liturgy!

Class Dates

- Friday, October 2nd
- Friday, October 16th
- Friday, November 6th
- Friday, December 4th
- Friday, December 18th

General Schedule

6:00pm - Compline
6:30pm - Social hour
7:00pm - Class

During this time, the kids SOYO will be participating in their own Bible study and games. The evening will end at 8:00pm.

Contact Fr. Spyridon or Fabby with any questions.

ST. MARY ORTHODOX CHURCH
YOUNG ADULT MINISTRY

OCT-DEC EVENTS

OCT 29
6:30pm
Pumpkin Painting

NOV 1
1:00pm
BENGTSONS FARM

NOV 25
7:00pm
SOYO & YAM Friendsgiving

DEC 12
9:00am
Monastery Trip

DEC 30
6:30pm
Christmas Party

@stmaryyam

St. Mary Orthodox Church

Young Adult Ministry

Pumpkin Painting Night!

Join us Thursday, October 29th for a night of pumpkin painting! We will begin the night with Compline at 6:30pm. Afterwards we will head to the nadi around 7:00pm for some friendly competition with a pumpkin painting contest!

This event is $10 per person to cover the cost of the pumpkins, snacks and prize!

ST. MARY ORTHODOX CHURCH OF PALOS HEIGHTS

FAMILY NIGHT

FUN FOR THE FAMILY

OCTOBER 31, 2026

Skip the chaos of the world and join your church family for Vespers, dinner and lots of games!

5:00pm - Great Vespers

6:00pm - Compline

6:30pm - Dinner, games, treats & bonfire

We kindly ask everyone to refrain from wearing costumes. We also ask each family to bring $20 to cover the cost of all the pizza and treats. Thank you!

Scan here to RSVP:

"Do not be comformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."
- Romans 12:2

ST. MARY'S CHURCH

FOOD DRIVE

NON-PERISHABLE FOOD ITEMS ONLY

ITEMS ACCEPTED:

Beans, Chili, Cereal, Pasta, Pasta Sauce, Peanut Butter, Jelly, Rice, Dry Milk, Soup, Tuna, Canned Vegetables, Canned Fruit, Mac & Cheese, Juice.

October 4 - January 3

Drop Off Times

Sunday Mornings & Mon. – Fri. 10am – 3pm

HELP DONATE TO THOSE IN HUNGER!

Remembering the words of St. John Chrysostom: "It is a better thing to feed the hungry than to raise the dead."

6330 W. 127th St., Palos Heights, Il 60463 708-239-0004

ST. MARY
ORTHODOX CHURCH

Antiochian Women
are hosting a

Thanksgiving
LUNCHEON

Sunday, November 8
1:00 – 5:00 PM

$40
for Adults

$20
for Children
5-12 years old

6330 W. 127th St.
Palos Heights, IL

It is good to give thanks to the Lord,
and to sing praises to Your name, O Most High.
Psalm 92:1

Enjoy the football game and other activities!

Any questions please contact
Rita Sweis at 773-510-4303 | Nina Atiyeh at 708-768-4614
or any of the Antiochian women.

friendsgiving

SOYO & YAM

You're invited to our annual SOYO & YAM friendsgiving potluck dinner! Please bring a fasting dish to share.

WEDENESDAY, NOVEMBER 25TH

7:00 PM IN THE NADI

Join us as we celebrate all there is to be thankful for.

ST. MARY ORTHODOX CHURCH OF PALOS HEIGHTS

St. Mary's Yound Adult Ministry

All Young Adult Ministry members are welcome to join us at

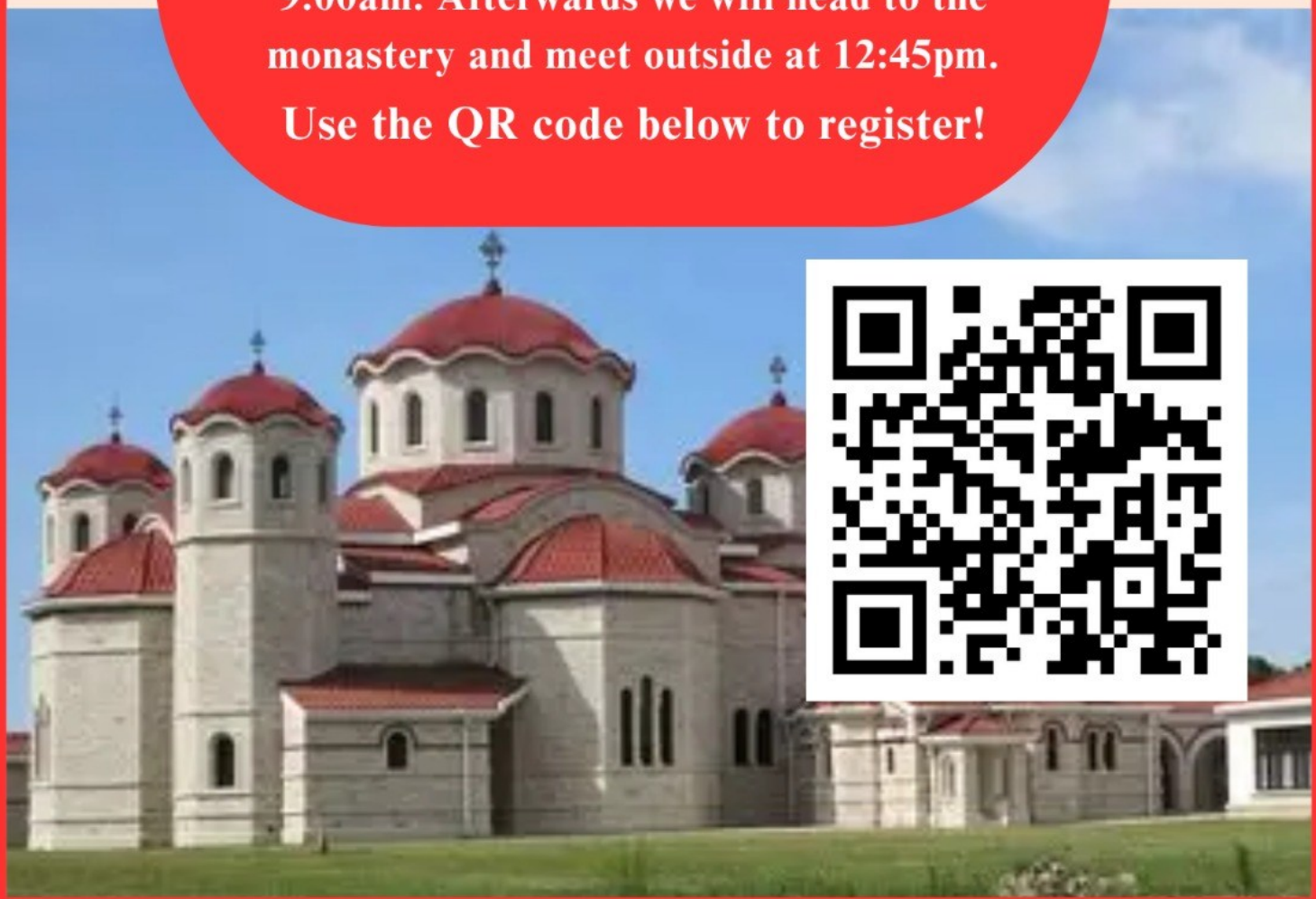
St. John Chrysostom Greek Orthodox Monastery!

4600 93rd St, Pleasant Prairie, WI 53158

Date: Saturday, December 12th 2026

We will begin the day with Liturgy at St. Spyridon Greek Orthodox Church at 9:00am. Afterwards we will head to the monastery and meet outside at 12:45pm.

Use the QR code below to register!



St. Mary Antiochian Orthodox Church

Antiochian Orthodox Christian Archdiocese of North America

كنيسة رقاد السيدة الأنطاكية الأرثوذكسية

Dear Parishioners and Friends of St. Mary Orthodox Church,

We are quickly approaching the Christmas season. St Mary's Teen SOYO would like to invite you to participate in our annual Community Christmas Card. Proceeds go to help fund our youth activities. This annual event gives you the chance to come together as family and friends to wish each other a Merry Christmas. Everyone in the community is welcome to be part of this one of a kind Christmas card. You and your family's name will appear on the card, and it will be sent out to the entire community before Christmas. You can participate online or by filling out the bottom portion of this sheet. If you would like to submit the form online, scan the QR code with the camera on your phone to be directed to the link.

Please return your envelope or complete your online submission by **November 15th, 2026** to participate in the card.

The Teen SOYO of St. Mary Orthodox Church thanks you for your support, and wishes you and your family a blessed Christmas and a Happy New Year!

In Christ,

St. Mary's Teen SOYO

(Cut at line and mail bottom portion)

Please enclose a check in an amount that God moves you to give. Remember, proceeds go to support our beloved Teen SOYO. If you would like to be included in the Community Christmas Card, please make all checks payable to *"St. Mary SOYO"* and earmark it *"Christmas Card."* Mail your checks to the address at the bottom of this page.

Please **PRINT CLEARLY** the way you would like your name/your family's name to show on the Community Christmas Card below:

NAME_____

Address _____

Telephone (_____) _____

6330 W. 127th St., Palos Heights, IL 60463

Office: (708) 239-0004, Fax: (708) 221-6449
office@stmaryoc.org, www.stmaryoc.org

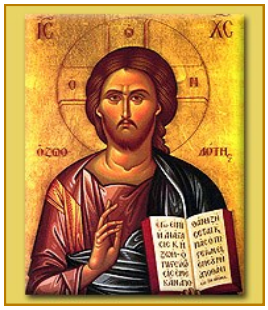
St. Mary Orthodox Church

New Year's Eve 2027

December 31st | 7:00pm

Dinner | Live Music
Private Kids' Party

More details coming soon!



Weekly Synaxarion

On October 25 in the Holy Orthodox Church, we commemorate the holy Martyrs and Notaries Marcian and Martyrios, disciples of Saint Paul the Confessor, Patriarch of Constantinople. These saints fought against the Arian heresy which blasphemed God and His Son the Word, saying that the latter was not God consubstantial with the Father, but that He was created as a stranger to the Substance of the Father and His glory. The Emperor Constantius himself inclined towards it. Patriarch Paul was dethroned and driven out to Armenia, where the Arians strangled him. Orthodoxy had two fierce strugglers on hand against the pagans and the heretics. Marcian, a reader, and Martyrios, a chanter, ranged themselves decisively on the side of Orthodoxy. The Arians first tried to bribe them, but, when the two holy men refused this with scorn, the heretics condemned them to death. At their martyrdom, they raised their hands and prayed to God, thanking Him that they were finishing their lives as martyrs in 346. St. John Chrysostom later built a church in their honor over their relics, which worked miracles and cast out demons. On this day, we also commemorate the Martyrs Valerios and Chrisaphios; and Tabitha the merciful, raised from the dead by the apostle Peter. By the intercessions of Thy saints, O Christ our God, have mercy upon us. Amen.