Saint Mary Orthodox Church

Antiochian Orthodox Christian Archdiocese of North America

6330 W. 127th St., Palos Heights, IL 60463
Phone (708) 239-0004 | Fax (708) 221-6449 | www.stmaryoc.org | office@stmaryoc.org
Church Office Hours : Monday - Friday 10:00am-3:00pm

Sunday, October 11th, 2026

Sunday of Holy Fathers of Seventh Ecumenical Council & Fourth Sunday of Luke

Apostle Philip, one of the Seven Deacons; Venerable Theophanes the branded

Entrance Hymn

O Come, let us worship and fall down before Christ.
Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

هلمُ لنسجد ونركع للمسيح ملكنا والهنا، خلصنا يا ابن الله يا من قام من بين الاموات، لنرتل لك هللويا!

Troparion of the Resurrection (Tone Two)

When Thou didst descend unto death, O Life Immortal, then didst Thou slay Hades with the lightning of Thy Divinity. And when Thou didst also raise the dead out of the nethermost depths, all the powers in the Heavens cried out: O Life-giver, Christ our God, glory be to Thee.

عِنْدَما انْحَدَرْتَ إلى المَوْت، أيُّها الحَياةُ الذي لا يَموت، حِينَئِذٍ أَمَتَّ الجَحيمَ بِبَرْقِ لاهوتِك. وعِنْدَما أَقَمْتَ الأمْواتَ مِنْ تَحْتِ الثَّرى، صَرَخَ نَحْوكَ جَميعُ القُوّاتِ السَّماوِيين: أيُّها المَسيحُ الإلهُ، مُعْطي الحَياةِ المَجْدُ لَك.

Troparion of the Holy Fathers (Tone Eight)

Thou, O Christ, art our God of exceeding praise Who didst establish our holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

أنْتَ أيُّها المَسيحُ إلهُنا الفائِقُ التَّسْبيح، يا مَنْ أسَّسْتَ آباءَنا القِدِّيسينَ على الأرْضِ كَواكِبَ لامِعَة، وبِهِمْ هَدَيْتَنا جميعاً إلى الإيمانِ الحَقيقيّ، يا جَزيلَ الرَّحْمَةِ، المَجْدُ لَك.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

في ميلادِكِ حفِظْتِ البتولِيةَ وصنتِها وفي رقادِكِ ما أهمَلْتِ العالمَ وتركتِهِ يا والدةَ الإله. لأنكِ انتقلْتِ إلى الحياة بما أنك أمُّ الحياة. فبشفاعاتِكِ أنقذي من الموتِ نفوسَنا.

Kontakion of the Theotokos (Tone Two)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

يا شَفيعَةَ المَسيحيينَ غَيْرَ الخازِيَة، الوَسيطَةَ لَدَى الخالِقِ غَيْرَ المَرْذُودة، لا تُعْرِضِي عَنْ أصْواتِ طَلِبَاتِنا نحْنُ الخَطَأَة، بَلْ تَدارَكينا بالمَعونَةِ بِما أنَّكِ صالِحَة، نحْنُ الصارِخِينَ إليْكِ بإيمانٍ: بادِرِي إلَى الشَفاعَةِ وأسْرِعِي في الطِلْبَةِ، يا والِدَةَ الإلَه، المُتَشَفِّعَةَ دائِمًا بِمُكَرِّميكِ.

The Epistle for the Holy Fathers

مُبارَكٌ أَنْتَ يا رَبُّ إلهَ آبائِنا.

لأَنَّكَ عَدْلٌ في كُلِّ ما صَنَعْتَ بِنَا.

فَصلٌ مِن رِسالَةِ القِدِّيسِ بولُسَ الرَّسولِ إلى تيطس.

يا وَلدي تيطُس، صادِقَةٌ هِيَ الكَلِمةُ وَإيّاها أُريدُ أَن تُقَرِّرَ حَتّى يَهتَمَّ الذينَ آمَنوا بِاللهِ في القِيامِ بِالأَعمالِ الحَسَنَةِ، فَهَذِهِ هِيَ الأَعمالُ الحَسَنَةُ والنّافِعَة. أَمّا المُباحَثاتُ الهَذَيانِيَّةُ والأَنْسابُ والخُصوماتُ والمُماحَكاتُ النّاموسِيَّةُ فاجْتَنِبها، فَإنَّها غَيرُ نافِعَةٍ وَباطِلَةٌ. وَرَجُلُ البِدْعَةِ بَعدَ الإنْذارِ مَرَّةً وَأُخْرى أَعْرِضْ عَنهُ. عالِمًا أَنَّ مَنْ هُوَ كَذلِكَ قَدِ اعْتَسَفَ، وَهوَ في الخَطيئَةِ يَقْضي بِنَفسِهِ عَلى نَفسِهِ. وَمَتى أَرْسَلْتُ إلَيكَ أَرْتيماسَ أَو تيخيكُسَ، فَبادِرْ أَنْ تَأتِيَني إلى نيكوبولِسَ لأَنّي قَدْ عَزَمْتُ أَنْ أُشَتِّيَ هُناك. أَمّا زيناسُ مُعَلِّمُ النّاموسِ وَأَبُلّوسُ، فاجْتَهِدْ أَنْ تُشَيِّعَهُما مُتَأَهِّبَينِ لِئَلاَّ يُعوزَهُما شَيءٌ. وَلْيَتَعَلَّمْ ذَوونا أَنْ يَقوموا بِالأَعمالِ الصّالِحَةِ لِلْحاجاتِ الضَّرورِيَّةِ حَتّى لا يَكونوا غَيرَ مُثْمِرين. يُسَلِّمُ عَلَيكَ جَميعُ الذينَ مَعي، سَلِّم عَلى الذينَ يُحِبُّونَنا في الإيمانِ، النِّعمَةُ مَعَكُم أَجمَعينَ. آمين.

Blessed are Thou, O Lord, the God of our Fathers. For Thou art just in all that Thou hast done to us.

The Reading from the Epistle of St. Paul to St. Titus. (3:8-15)

Titus, my son, faithful is the saying, and concerning these things I desire you to affirm confidently, that those who have believed in God may be thoughtful of how to preside in honorable occupations. These things are good and profitable to men. But avoid foolish disputes, and genealogies, and contentions, and controversies about the Law; for they are unprofitable and vain. A man who is a heretic after the first and second admonition reject, knowing that such a one is subverted, and sins, being self-condemned. When I send Artemas to you, or Tychicós, give diligence to come to me to Nicopolis; for I have determined to winter there. Set forward Zenas the lawyer and Apollos on their journey diligently, that they may be lacking in nothing. And let our people also learn how to preside in honorable occupations, so as to help in cases of urgent need, that they should not be unfruitful. All who are with me salute you. Salute those who love us in the faith. Grace be with you all. Amen.

The Gospel for the Fourth Sunday of Luke

The Reading from the Holy Gospel according to St. Luke. (8:5-15)

The Lord spoke this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when His Disciples asked Him what this parable meant, Jesus said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As Jesus said this, He called out, "He who has ears to hear, let him hear."

فصلٌ شَريفٌ مِنْ بِشارَةِ القِدّيسِ لوقا الإنْجيلِيِّ البَشيرِ والتلْميذِ الطاهِرِ.

قالَ الرَّبُّ هَذا المَثَل: خَرَجَ الزارِعُ لِيَزْرَعَ زَرْعَهُ. وفيما هُوَ يَزْرَعُ، سَقَطَ بَعْضٌ على الطريقِ، فَوُطِئَ وأَكَلَتْهُ طُيورُ السماءِ. والبَعْضُ سَقَطَ على الصَّخْرِ، فَلَمَّا نَبَتَ يَبِسَ لأَنَّهُ لَمْ تَكُنْ لَهُ رُطوبَةٌ. وبَعْضٌ سَقَطَ بَيْنَ الشَّوْكِ، فَنَبَتَ الشَّوْكُ مَعَهُ فَخَنَقَهُ. وبَعْضٌ سَقَطَ في الأَرْضِ الصالِحَةِ، فَلَمّا نَبَتَ أَثْمَرَ مائَةَ ضِعْفٍ. فَسَأَلَهُ تلاميذُهُ ما عَسى أَنْ يَكونَ هذا الْمَثَلُ. فَقالَ: لَكُمْ قَدْ أُعْطِيَ أَنْ تَعْرِفُوا أَسْرارَ مَلَكوتِ الله، وأَمَّا الباقُونَ فَبِأَمْثالٍ، لِكَيْ لا يَنْظُرُوا وهُمْ ناظِرونَ، ولا يَفْهَمُوا وهُمْ سامِعُون. وهَذا هُوَ المَثَل: الزَّرْعُ هُوَ كَلِمَةُ الله. والذينَ على الطَّريقِ هُمُ الذينَ يَسْمَعونَ، ثُمَّ يَأْتي إبْليسُ ويَنْزِعُ الكَلِمَةَ مِنْ قُلوبِهِمْ لِئَلّا يُؤمِنوا فَيَخْلُصُوا. والذينَ عَلى الصَّخْرِ هُمُ الذينَ يَسْمَعونَ الكَلِمَةَ ويَقْبَلونَها بِفَرَحٍ، ولَكِنْ لَيْسَ لَهُمْ أَصْلٌ، وإنَّما يُؤمِنونَ إلى حينٍ، وفي وَقْتِ التَّجْرِبَةِ يَرْتَدُّون. والذي سَقَطَ في الشَّوكِ، هُمُ الذينَ يَسْمَعونَ ثُمَّ يَذْهَبونَ فَيَخْتَنِقونَ بِهُمومِ هَذِهِ الحَياةِ وغِناها وَمَلَذّاتِها، فَلا يَأْتونَ بِثَمَرٍ. وأَمَّا الذي سَقَطَ في الأَرْضِ الجَيِّدَةِ، فَهُمُ الذينَ يَسْمَعونَ الكَلِمَةَ فَيَحْفَظونَها في قَلْبٍ جَيِّدٍ صالِحٍ، ويُثْمِرونَ بالصَبْرِ. ولَمّا قالَ هَذا نادَى: مَنْ لَهُ أُذُنانِ لِلسَمَعِ فلْيَسْمَع.

Baptism

Zachariah

Parents: Carlos & Marianna Almanza

Congratulations!

3rd & 9th Day Memorial

Rachel Tadros

Memory Eternal!

40 Day Memorial
Atta Issa
Memory Eternal!

40 Day Memorial
Yazen Mnawar AlRabadi
Memory Eternal!

Upcoming Services & Events

Date	Time	Event
10/11/2026	8:25am	Prayers before Holy Communion
	8:45am	Orthros
	10:00am	Divine Liturgy
	10:00am	Sunday School
10/12/2026	8:40am	Prayers Before Holy Communion
	9:00am	Divine Liturgy
10/13/2026	8:40am	Prayers Before Holy Communion
	9:00am	Divine Liturgy
	6:00pm	Seniors Ministry
	6:00pm	Men's Basketball Open Gym
	7:00pm	Choir Practice
10/14/2026	8:40am	Prayers Before Holy Communion
	9:00am	Divine Liturgy
	10:30am	Arabic Bible Study
	6:00pm	Paraklesis
	7:00pm	Catechism Class
10/15/2026	8:40am	Prayers Before Holy Communion
	9:00am	Divine Liturgy
10/16/2026	8:40am	Prayers Before Holy Communion
	9:00am	Divine Liturgy
	6:00pm	Adult Education & Kids SOYO
10/17/2026	10:00am	Arabic School
	10:00am	Special Needs Gathering
	5:00pm	Great Vespers at St. Luke in Palos Park

Catechism Class with Fr. Mousa

Schedule 2026-2027

Everyone is welcome to attend catechism classes to learn more about Holy Orthodoxy.
If you have any questions, please see Reader Joseph.

Date	Time	Topic
Wed, August 26	7:00 PM	The True God
Wed, September 2	7:00 PM	The Human Being
Wed, September 16	7:30 PM	Sin
Wed, September 30	7:30 PM	Jesus Christ, the Son of God
Wed, October 14	7:00 PM	Jesus Christ, the Savior of the World
Wed, October 28	7:00 PM	Repentance and Faith
Wed, November 11	7:00 PM	The Holy Spirit and the Saints
Wed, November 18	7:00 PM	The Church
Wed, December 2	7:00 PM	The Theotokos (Mother of God)
Wed, December 16	7:30 PM	The Holy Mysteries and Baptism
Wed, January 13	7:00 PM	Chrismation
Wed, January 27	7:00 PM	Holy Eucharist
Wed, February 10	7:00 PM	Holy Confession
Wed, February 24	7:00 PM	Holy Priesthood
Wed, March 10	7:00 PM	Holy Matrimony
Mon, March 22	7:30 PM	Holy Unction
Mon, April 5	7:30 PM	The Mystery of Death and the Funeral

ATHLETICS MINISTRY SCHEDULE

The Athletics Ministry at St. Mary's is excited to host basketball and pickleball open gym dates! Basketball is for males ages 16 & up. Pickleball is co-ed ages 18 & up.

Basketball Open Gym

Basketball will take place on the following Tuesdays from 6:00pm - 9:00pm.

September 29
October 13
October 27
November 10
November 17
November 24
December 15

**Saturday, October 17th Basketball Tournament!*

Pickleball Open Gym

Pickleball will take place on the following Wednesdays at 7:00pm. There will be Paraklesis at 6:00pm.

October 7
October 21
November 4
December 9

SAINT MARY
ORTHODOX CHURCH
PALOS HEIGHTS, ILLINOIS

اجتماع تثقيفي للكبار باللغة العربية

الموضوع: القداس الإلهي

Arabic Adult Education

The Divine Liturgy

Friday, October 2nd, 2026

6:00pm

Starting Friday, October 2nd, Adult Education in Arabic will begin with Fr. Spyridon! This will be held at the same time as Adult Education (in English) and Kids SOYO. The Schedule is below. The topic will be The Divine Liturgy!

Class Dates

- Friday, October 2nd
- Friday, October 16th
- Friday, November 6th
- Friday, December 4th
- Friday, December 18th

General Schedule

6:00pm - Compline
6:30pm - Social hour
7:00pm - Class

During this time, the kids SOYO will be participating in their own Bible study and games. The evening will end at 8:00pm.

Contact Fr. Spyridon or Fabby with any questions.

St. Mary Orthodox Church

The Brotherhood of St. Paisios

Father/son Camping Trip

Where Camp Bullfrog Lake, Willow Springs

Who Fathers, Sons, & Male Chaperones

When Friday Oct. 23 – Saturday Oct. 24

What
Fri. 5 PM – Set Up Camp
Fri. 7 PM – Campfire Dinner
Sat. 8 AM – Breakfast
Sat. 9 AM – Kayaking, Fishing, Hiking
Sat. 12 PM – Break Camp

Fees Please bring your own camping supplies (tents, sleeping bags, etc.), $15/person for food, & $10/person for kayaking!

Questions: See Fr. Spyridon or Joseph Ciurej

ST. MARY ORTHODOX CHURCH OF PALOS HEIGHTS, IL

3V3 BASKETBALL TOURNAMENT

Saturday, October 24th | 1:00pm

PRIZES FOR WINNING TEAM

CONCESSIONS SERVED

SPECTATORS WELCOME

REGISTRATION REQUIREMENTS:
MALES, AGES 18+ | SOLO $20, TEAM $50

REGISTER HERE:

LET'S HOOP!

ST. MARY'S CHURCH

FOOD DRIVE

NON-PERISHABLE FOOD ITEMS ONLY

ITEMS ACCEPTED:

Beans, Chili, Cereal, Pasta, Pasta Sauce, Peanut Butter, Jelly, Rice, Dry Milk, Soup, Tuna, Canned Vegetables, Canned Fruit, Mac & Cheese, Juice.

October 4 - January 3

Drop Off Times

Sunday Mornings & Mon. – Fri. 10am – 3pm

HELP DONATE TO THOSE IN HUNGER!

Remembering the words of St. John Chrysostom: "It is a better thing to feed the hungry than to raise the dead."

6330 W. 127th St., Palos Heights, Il 60463 708-239-0004

ST. MARY
ORTHODOX CHURCH

Antiochian Women
are hosting a

Thanksgiving
LUNCHEON

Sunday, November 8
1:00 – 5:00 PM

$40
for Adults

$20
for Children
5-12 years old

6330 W. 127th St.
Palos Heights, IL

It is good to give thanks to the Lord,
and to sing praises to Your name, O Most High.
Psalm 92:1

Enjoy the football game and other activities!

Any questions please contact
Rita Sweis at 773-510-4303 | Nina Atiyeh at 708-768-4614
or any of the Antiochian women.

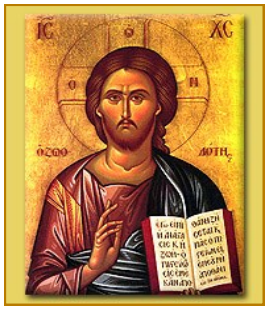
St. Mary Orthodox Church

New Year's Eve 2027

December 31st | 7:00pm

Dinner | Live Music
Private Kids' Party

More details coming soon!



Weekly Synaxarion

On October 11 in the Holy Orthodox Church, we commemorate the Apostle Philip, one of the Seven Deacons; and Venerable Theophanes the branded. On this day, we commemorate the holy and blessed Fathers who came together for the second time in Nicaea, during the reign of the pious and Christ-loving Sovereigns Constantine and Irene, against those who impiously, ignorantly and foolishly asserted that the Church of God worshippeth idols, and rejected the august and holy icons. The Council met in 787 to refute the Iconoclast heresy, whose camp believed that all depictions of Christ, His Mother and the saints should be destroyed. The iconophiles believed that icons served to preserve the doctrinal teachings of the Church; and they considered icons to be man's dynamic way of expressing the divine through art and beauty. The council decreed that the veneration of icons was not idolatry (Exodus 20:4-5), because the honor shown to them is not directed to the wood or paint, but passes to the prototype, or the person depicted. It also upheld the possibility of depicting Christ, Who became man and took flesh at His Incarnation. The Father, on the other hand, cannot be represented in His eternal nature, because "no man has seen God at any time" (John 1:18). By the intercessions of all Thy saints, O Christ God, have mercy upon us. Amen.