



Saint Mary Orthodox Church

Antiochian Orthodox Christian Archdiocese of North America

6330 W. 127th St., Palos Heights, IL 60463

Phone (708) 239-0004 | Fax (708) 221-6449 | www.stmaryoc.org | office@stmaryoc.org

Church Office Hours : Monday - Friday 10:00am-3:00pm

Sunday, September 29th, 2024

Fourteenth Sunday after Pentecost & Second Sunday of Luke

Venerable Kyriakos the hermit of Palestine

Martyr Petronia and those with her in Palestine; Mother Mary the Hermit of Palestine

Entrance Hymn

O Come, let us worship and fall down before Christ.

Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

هلم لنسجد ونركع للمسيح ملكنا والهنا، خلصنا يا ابن الله يا من قام من بين الاموات، لنرتل لك هلوليا!

Troparion of the Resurrection (Tone Five)

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

لنُسَبِّحْ نَحْنُ الْمُؤْمِنِينَ وَنَسْجُدُ لِلْكَلِمَةِ، الْمُسَاوِي لِلآبِ وَالرُّوحِ فِي الْأَزَلِيَّةِ وَعَدَمِ الْإِبْتِدَاءِ، الْمَوْلُودِ مِنَ الْعَذْرَاءِ لِخَلَاصِنَا، لِأَنَّهُ سَرَّ بِالْجَسَدِ أَنْ يَغْلُوَ عَلَى الصَّلِيبِ، وَيَحْتَمِلَ الْمَوْتَ، وَيُنْهَضَ الْمَوْتَى بِقِيَامَتِهِ الْمَجِيدَةِ.

Troparion for St. Kyriakos of Palestine (Tone One)

Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonderworker, O Kyriakos, our God-bearing Father. By fasting, vigil, and prayer thou didst obtain heavenly gifts, and thou healest the sick and the souls of them that have recourse to thee with faith. Glory to Him that hath given thee strength; glory to Him that hath crowned thee; glory to Him that worketh healings for all through thee.

لَقَدْ ظَهَرْتَ مُسْتَوْطِنًا الْفَقْرَ، وَمَلَاكَ بِالْجِسْمِ، وَصَانِعًا لِلْعَجَائِبِ، يَا أَبَانَا كِرْيَاكُوسَ اللَّابِسِ اللَّهِ. وَإِذْ أَحْرَزْتَ الْمَوَاهِبَ السَّمَاوِيَّةَ بِالصَّوْمِ وَالسَّهْرِ وَالصَّلَاةِ، فَأَنْتَ تَشْفِي السَّقَمَاءَ وَنُفُوسَ الْمُسَارِعِينَ إِلَيْكَ بِإِيمَانٍ. فَالْمَجْدُ لِلَّذِي أَعْطَاكَ الْقُوَّةَ، الْمَجْدُ لِلَّذِي كَلَّلَكَ، الْمَجْدُ لِلْمُجْرِي بِكَ الْأَشْفِيَّةَ لِلْجَمِيعِ.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

فِي مِيلَادِكَ حَفِظْتَ الْبَتُولِيَّةَ وَصَنَنْتَهَا وَفِي رِقَادِكَ مَا أَهْمَلْتِ الْعَالَمَ وَتَرَكْتِهِ يَا وَالِدَةَ الْإِلَهِ. لِأَنَّكَ انْتَقَلْتِ إِلَى الْحَيَاةِ بِمَا أَنْكَ أُمَّ الْحَيَاةِ. فَبِشَفَاعَاتِكَ أَنْقِذِي مِنَ الْمَوْتِ نَفُوسَنَا.

Kontakion of the Theotokos (Tone Two)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

يا شَفِيعَةَ الْمَسِيحِيِّينَ غَيْرَ الْخَازِيَةِ، الْوَسِيطَةَ لَدَى الْخَالِقِ غَيْرَ الْمَرْذُودَةِ، لَا تُعْرِضِي عَنِّ أَصْوَاتِ طَلِبَاتِنَا
نَحْنُ الْخَطَاةَ، بَلْ تَدَارِكِينَا بِالْمَعُونَةِ بِمَا أَتَكَ صَالِحَةَ، نَحْنُ الصَّارِخِينَ إِلَيْكَ بِإِيمَانٍ: بَادِرِي إِلَى الشَّفَاعَةِ
وَأَسْرِعِي فِي الطَّلِبَةِ، يَا وَالِدَةَ الْإِلَهِ، الْمُتَشَفِّعَةَ دَائِمًا بِمُكْرَمِيكَ.

The Epistle for the Fourteenth Sunday after Pentecost

*Thou, O Lord, wilt keep and preserve us.
Save me, O Lord, for the godly man has failed.*

The Reading from the Second Epistle of St. Paul to the Corinthians. (1:21-2:4)

Brethren, it is God who establishes us with you in Christ, and has commissioned us; He has put his seal upon us and given us His Spirit in our hearts as a guarantee. But I call God to witness against me—it was to spare you that I refrained from coming to Corinth. Not that we lord it over your faith; we work with you for your joy, for you stand firm in your faith. For I made up my mind not to make you another painful visit. For if I cause you pain, who is there to make me glad but the one whom I have pained? And I wrote as I did, so that when I came I might not suffer pain from those who should have made me rejoice, for I felt sure of all of you, that my joy would be the joy of you all. For I wrote you out of much affliction and anguish of heart and with many tears, not to cause you pain but to let you know the abundant love that I have for you. .

أَنْتَ يَا رَبُّ تَحْفَظُنَا وَتَسْتُرُنَا مِنْ هَذَا الْجِيلِ.

خَلِّصْنِي يَا رَبُّ، فَإِنَّ الْبَارَّ قَدْ فَنِيَ.

فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولْسِ الرَّسُولِ الثَّانِيَةِ إِلَى

أَهْلِ كورنثوس. (2:4-1:21)

يا إِخْوَةُ، إِنْ الَّذِي يُثَبِّتُنَا مَعَكُمْ فِي الْمَسِيحِ، وَقَدْ
مَسَحَنَا، هُوَ اللَّهُ، الَّذِي خَتَمَنَا أَيْضاً وَأَعْطَى غُزْبُونَ
الرُّوحِ فِي قُلُوبِنَا. وَإِنِّي أَسْتَشْهَدُ اللَّهَ عَلَى نَفْسِي، أَنِّي
لِإِشْفَاقِي عَلَيْكُمْ، لَمْ آتِ أَيْضاً إِلَى كورنثوس. لَا لِأَنَّ
نَسَوْتُ عَلَى إِيمَانِكُمْ، بَلْ نَحْنُ أَعْوَانُ سُورُورِكُمْ، لِأَنَّكُمْ
ثَابِتُونَ عَلَى الْإِيمَانِ، وَقَدْ جَزَمْتُ بِهَذَا فِي نَفْسِي أَنْ
لَا آتِيَكُمْ أَيْضاً فِي غَمٍّ. لِأَنِّي إِنْ كُنْتُ أُعْظِمُكُمْ، فَمَنْ
الَّذِي يَسُرُّنِي غَيْرُ مَنْ أُسَبِّبُ لَهُ الْعَمَّ؟ وَإِنَّمَا كَتَبْتُ
إِلَيْكُمْ هَذَا بَعِينِهِ لِئَلَّا يَنَالَنِي عِنْدَ قَدُومِي غَمٌّ مِمَّنْ كَانَ
يَنْبَغِي أَنْ أَفْرَحَ بِهِمْ، وَإِنِّي لَوَاتِقٌ بِجَمِيعِكُمْ أَنْ فَرَحِي
هُوَ فَرَحُ جَمِيعِكُمْ. فَإِنِّي مِنْ شِدَّةِ كَأْبَةِ وَكَرْبِ قَلْبِي،
كَتَبْتُ إِلَيْكُمْ بِدُمُوعٍ كَثِيرَةٍ، لَا لِتَعْتَمُوا، بَلْ لِتَعْرِفُوا مَا
عِنْدِي مِنَ الْمَحَبَّةِ بِالْأَكْثَرِ لَكُمْ.

The Gospel for the Second Sunday of Luke

The Reading from the Holy Gospel according to St. Luke. (6:31-36)

The Lord said: "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for He is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ لَوْقَا الْإِنْجِيلِيّ
الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ.

قَالَ الرَّبُّ: كَمَا تُرِيدُونَ أَنْ يَفْعَلَ النَّاسُ بِكُمْ، كَذَلِكَ
أَفْعَلُوا أَنْتُمْ بِهِمْ. فَإِنَّكُمْ إِنْ أَحْبَبْتُمْ الَّذِينَ يُحِبُّونَكُمْ، فَأَيَّةُ
مِنَّةٍ لَكُمْ؟ فَإِنَّ الْخَطَاةَ أَيْضاً يُحِبُّونَ الَّذِينَ يُحِبُّونَهُمْ.
وَإِذَا أَحْسَنْتُمْ إِلَى الَّذِينَ يُحْسِنُونَ إِلَيْكُمْ، فَأَيَّةُ مِنَّةٍ لَكُمْ؟
فإِنَّ الْخَطَاةَ أَيْضاً هَكَذَا يَصْنَعُونَ. وَإِنْ أَقْرَضْتُمْ الَّذِينَ
تَرْجُونَ أَنْ تَسْتَوْفُوا مِنْهُمْ، فَأَيَّةُ مِنَّةٍ لَكُمْ؟ فَإِنَّ الْخَطَاةَ
أَيْضاً يُقْرِضُونَ الْخَطَاةَ لِكَيْ يَسْتَوْفُوا مِنْهُمْ الْمِثْلَ.
وَلَكِنْ، أَحِبُّوا أَعْدَاءَكُمْ، وَأَحْسِنُوا وَأَقْرَضُوا غَيْرَ مُؤَمِّلِينَ
شَيْئاً، فَيَكُونَ أَجْرُكُمْ كَثِيراً، وَتَكُونُوا بَنِي الْعَلِيِّ. فَإِنَّهُ
مُنْعَمٌ عَلَى غَيْرِ الشَّاكِرِينَ وَالْأَشْرَارِ. فَكُونُوا رُحَمَاءَ كَمَا
أَنَّ أَبَاكُمْ هُوَ رَحِيمٌ.



Baptism

Ava Mariam

Parents: Timothy & Alvera Norman

Congratulations!



Churching

Samir

Hashem & Abeer Ta'amneh

Congratulations!

Upcoming Services & Events

Date	Time	Event
9/27/2024	7:00am	Orthros
9/28/2024	10:00am	Arabic School
	3:30pm	Catechism Class
	5:00pm	Great Vespers
	5:00pm	Young Adult Night w/Fr. Jacob of Hamatoura
	6:00pm	Compline with Canon for Holy Communion
9/29/2024	8:15am	Prayers before Holy Communion
	8:45am	Orthros
	10:00am	Divine Liturgy
	10:00am	Sunday School
	12:30pm	Q&A w/Fr Jacob of Hamatoura at coffee hour
10/1/2024	9:00am	Orthros
10/2/2024	7:00am	Orthros
	9:00am	Co-Op
	10:00am	Arabic Bible Study
	6:00pm	Vespers
	6:00pm	SOYO Night w/Fr Jacob, Abbot of Hamatoura
10/3/2024	8:30am	Prayers before Holy Communion
	9:00am	Divine Liturgy for St Dionysios
	9:00am	Co-Op

St. Mary Orthodox Church of Palos Heights

Join us for the visit of...
Archimandrite Fr. Jacob
Abbot of
Hamatoura
Monastery

Father Jacob, Abbot of the Monastery of the Dormition of the Theotokos in Hamatoura, Lebanon will be with us. All are welcome to attend the events below. It will be a great blessing to meet him and learn from him.

9/28 Saturday

5:00pm Vespers and YAM Night

9/29 Sunday

Orthros & Divine Liturgy followed by a Q&A during coffee hour

10/2 Wednesday

6:00pm Vespers and SOYO Night

10/4 Friday

6:00pm Antiochian Women Meeting

10/6 Sunday

Orthros & Divine Liturgy



*Contact Fabiola with any questions at
fsweis@stmaryoc.org*

St. Mary's Sunday School invites you to our

Godparent Sunday & Fall Harvest Festival

Sunday, October 6th, 2024

Godparents and your Godchildren are encouraged to attend Divine Liturgy at 10:00am followed by a fun filled afternoon! There will not be Sunday School. All students will remain in the church for the prayer with their Godparents, then go outside for the festival after the dismissal.

**Food Truck | Andy's Frozen Custard
Bounce House | Basketball | 4 Square
Raffle | Photo Booth**

Catechism Class

All are welcome! Class will be at 3:30pm

September 28

January 11

October 5

January 25

October 12

February 8

November 9

February 22

November 23

March 8

December 14

March 22

December 21

April 5



St Mary Orthodox Church of Palos Heights

Antiochian Women

Zucchini Bread/Cake Sale

Sunday, October 6th immediately after Liturgy

Delicious zucchini bread/cake loaded with zucchini, chocolate chips, raisins and cranberries.



1 loaf—\$10

2 loaves—\$15

1 Gluten Free loaf—\$12

If you have any questions please call Nawal Sweis 708-567-3626 or any of the see Antiochian Women.

Deadline to pre-order is Tuesday, October 1st.

[Click here to order online.](#)

18TH ANNUAL

Walk the Walk *for* IOCC

Saturday, October 5, 2024

*Join us for our 5K Walk/Run and make a difference
for those in need around the world!*

St. Andrew Greek Orthodox Church

5649 N. Sheridan Rd. • Chicago, IL 60660

Registration 8:00 AM • Walk/Run Begins 9:00 AM • Breakfast following the race

\$20 – Registration before 9/15 | \$30 – Registration after 9/15 | \$10 – Children under 12

Sponsorship levels: \$1,000 Platinum Medal | \$500 Gold Medal | \$250 Silver Medal

To guarantee a t-shirt, register by 9/20/2024.

Register or sponsor online at

iocc.org/chicago

For more information, email ioccchicago5k@gmail.com





St. Mary Orthodox Church Special Needs Ministry

Sunday, October 27th, 2024
2:00pm - 4:00pm

People with special needs are invited to join us for prayer, lunch and story time as we celebrate the feast of St. Demetrios, the great martyr!

Please [click here](#) or scan to register.

Questions? Contact Dn. Saed or Fabiola



Annual General Assembly Meeting and Parish Council Nominations

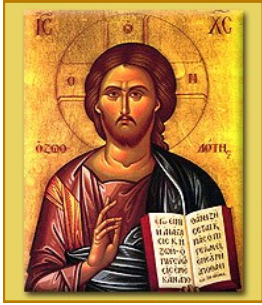


If you are interested in nominating yourself or another person for St. Mary's Parish Council, please let Danny Haddad know by Sunday, October 13th. Nominations will not be considered after that date. Confession and fulfillment of pledge required to be in good standing.

Our Annual General Assembly Meeting will take place Sunday, November 17th immediately following the Divine Liturgy. Mark your calendars and make every effort to attend.

Please make sure your up to date on your 2024 pledge, so that you can participate in the General Assembly.

Thanks and God bless!



Weekly Synaxarion



On September 29 in the Holy Orthodox Church, we commemorate our righteous father Kyriakos the Hermit of Palestine. Kyriakos was born in Corinth to John and Eudoxia. His father John was a presbyter and Peter, Bishop of Corinth, was his relative. In his early youth, the bishop tonsured Kyriakos as a reader in the cathedral church. Reading the Holy Scripture, Kyriakos marveled at God's providence: how God glorified all His true servants and how He arranged the salvation of the human race. At age eighteen, Kyriakos began a life of asceticism that eventually took him to the community supervised by St. Chariton at Souka. Kyriakos became a celebrated canonarch, defender of Orthodoxy, ascetic, priest, miracle-worker and comforter. Kyriakos was large and strong in body, even in deep old age, despite strict fasts and vigils. In the wilderness, for years he ate only raw greens called squills. Kyriakos entered the eternal joy of his Lord in 557 at age 109. On this day, we also commemorate the Martyr Petronia and those with her in Palestine; and Mother Mary the hermit of Palestine. By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.