



Saint Mary Orthodox Church

Antiochian Orthodox Christian Archdiocese of North America

6330 W. 127th St., Palos Heights, IL 60463

Phone (708) 239-0004 | Fax (708) 221-6449 | www.stmaryoc.org | office@stmaryoc.org

Church Office Hours : Monday - Friday 10:00am-3:00pm

Sunday, March 20th, 2022

Second Sunday of Great Lent

Commemoration of Gregory Palamas, Archbishop of Thessalonica

The Holy Fathers Slain at the Monastery of Mar Sabbas; New-Martyr Myron of Crete

Entrance Hymn

O Come, let us worship and fall down before Christ.

Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

هَلُمُّ لِنَسْجُدْ وَنَزْكَعْ لِلْمَسِيحِ مَلَكْنَا وَالْهَنَا، خَلَصْنَا يَا ابْنَ اللَّهِ يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، لِنُرْتَلِ لَكَ هَلْلُويَا!

Troparion of the Resurrection (Tone Six)

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

إِنَّ الْقُوَاتِ الْمَلَائِكِيَّةَ ظَهَرُوا عَلَى قَبْرِكَ الْمُوقَّرِ، وَالْحُرَّاسَ صَارُوا كَالْأَمْوَاتِ، وَمَرِيَمَ وَقَفَتْ عِنْدَ الْقَبْرِ طَالِبَةً
جَسَدَكَ الطَّاهِرَ، فَسَبَّيْتَ الْجَحِيمَ وَلَمْ تُجَرَّبْ مِنْهَا، وَصَادَقْتَ الْبَتُولَ مَانِحاً الْحَيَاةَ. فَيَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ،
يَا رَبُّ الْمَجْدُ لَكَ.

Troparion for St. Gregory Palamas (Tone Eight)

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonderworker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

يَا كَوْكَبَ الرَّأْيِ الْقَوِيمِ، وَثَبَاتِ الْكَنِيسَةِ وَمُعَلِّمَهَا، وَجَمَالَ الْمُتَوَجِّدِينَ، وَمُنَاصِلًا عَنِ الْمُتَكَلِّمِينَ بِاللَّاهُوتِ، الَّذِي
لَا يُحَارَبُ، غَرِيغُورِيُوسَ الْفَاعِلِ الْمُعْجَزَاتِ، فَخَرَّ تِسَالُونِيكِيَّةً وَكَارُوزَ النِّعْمَةِ. لَا تَنْفَكْ مُتَشَفِّعاً فِي خَلَاصِ
نُفُوسِنَا.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

فِي مِيلَادِكَ حَفِظْتَ الْبَتُولِيَّةَ وَصَنَّتْهَا وَفِي رِقَادِكَ مَا أَهْمَلْتَ الْعَالَمَ وَتَرَكْتَهُ يَا وَالِدَةَ الْإِلَهِ. لِأَنَّكَ انْتَقَلْتِ إِلَى
الْحَيَاةِ بِمَا أَنْكَ أُمُّ الْحَيَاةِ. فَبِشَفَاعَاتِكَ أَنْقِذِي مِنَ الْمَوْتِ نَفُوسَنَا.

Kontakion of the Theotokos for the Sundays of Lent (Tone Eight)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee:

Hail, O Bride without Bridegroom..

إني أنا عبدك يا والدة الإله أكتب لك ريات الغلبة يا جندية محامية وأقدم لك الشكر كمنقذة من الشدائد لكن بما أن لك العزة التي لا تحارب أعتقيني من صنوف الشدائد حتى أصرخ إليك: إفرحي يا عروساً لا عروس لها.

Epistle for Second Sunday of Lent

Thou, O Lord, shalt keep us and shalt preserve us. Save me, O Lord, for the godly man is no more!

The Reading from the Epistle of St. Paul to the Hebrews. (1:10-2:3)

Thou, "O Lord, in the beginning didst lay the foundation of the earth, and the heavens are the works of Thy hands; they will perish; but Thou remainest; and they will all grow old like a garment, and like a mantle Thou wilt roll them up, and they shall be changed; but Thou art the same, and Thy years will not fail." But to which of the angels did He say at any time, "Sit on My right hand, until I make thine enemies a footstool for thy feet?" Are they not all spirits for liturgical ministry, sent forth to minister for the sake of those who are to inherit salvation? Therefore, we ought to give the more earnest heed to the things that were heard, lest at any time we drift away from them. For if the word spoken through angels was confirmed, and every transgression and disobedience received a just retribution, how shall we escape, if we neglect so great a salvation, which having at first been spoken through the Lord, was confirmed to us by those who heard?

أنت يا رب تحفظنا وتسترنا.

خلصني يا رب فإن البار قد فني.

فصل من رسالة القديس بولس الرسول إلى العبرانيين.

"أنت يا رب في البدء أسست الأرض، والسماوات هي صنع يديك. هي تزول وأنت تبقى وكلها تبلى كالثوب. وتطويها كالرداء فتتغير، وأنت أنت وسنوك لن تفنى." ولمن من الملائكة قال قط "اجلس عن يميني حتى أجعل أعداءك موطئاً لقدميك؟ أليسوا جميعهم أرواحاً خادمة تُرسل للخدمة من أجل الذين سيرثون الخلاص؟ فلذلك يجب علينا أن نصغي إلى ما سمعناه إصغاءً أشد لئلا يسرب من أذهاننا. فإنها إن كانت الكلمة التي نطق بها على السنة ملائكة قد ثبتت، وكل تعدد ومغصية نال جزاء عدلاً. فكيف نُفلت نحن إن أهملنا خلاصاً عظيماً كهذا؟ قد ابتدأ النطق به على لسان الرب، ثم ثبتته لنا الذين سمعوه.

Gospel for the Second Sunday of Lent

The Reading from the Holy Gospel according to St. Mark. (2:1-12)

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were

فصل شريف من بشارة القديس مرقس الإنجيلي البشير والتلميذ الطاهر.

في ذلك الزمان، دخل يسوع كفرناحوم وسمع أنه في

gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven." Now, some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of Man has authority on earth to forgive sins" – He said to the paralytic – "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, "We never saw anything like this!"

بَيْتٍ. فَلَوْقَتِ اجْتَمَعَ كَثِيرُونَ، حَتَّى أَنَّهُ لَمْ يَعْذُ مَوْضِعٌ وَلَا مَا حَوْلَ الْبَابِ يَسْعُ، وَكَانَ يُخَاطِبُهُمْ بِالْكَلِمَةِ. فَآتَوْا إِلَيْهِ بِمُخْلَعٍ يَحْمِلُهُ أَرْبَعَةٌ. وَإِذْ لَمْ يَقْدِرُوا أَنْ يَقْتَرِبُوا إِلَيْهِ لِسَبَبِ الْجَمْعِ، كَشَفُوا السَّقْفَ حَيْثُ كَانَ. وَبَعْدَ مَا تَقَبَّوهُ، دَلُّوا السَّرِيرَ الَّذِي كَانَ الْمَخْلَعُ مُضْطَجِعاً عَلَيْهِ. فَلَمَّا رَأَى يَسُوعُ إِيمَانَهُمْ، قَالَ لِلْمَخْلَعِ: "يَا بَنِيَّ، مَغْفُورَةٌ لَكَ خَطَايَاكَ." وَكَانَ قَوْمٌ مِنَ الْكُتَّابَةِ جَالِسِينَ هُنَاكَ يُفَكِّرُونَ فِي قُلُوبِهِمْ "مَا بَالُ هَذَا يَتَكَلَّمُ هَكَذَا بِالتَّجْدِيفِ؟ مَنْ يَقْدِرُ أَنْ يَغْفِرَ الْخَطَايَا إِلَّا اللَّهُ وَحْدَهُ؟" فَلَوْقَتِ عَلِمَ يَسُوعُ بِرُوحِهِ أَنَّهُمْ يُفَكِّرُونَ هَكَذَا فِي أَنْفُسِهِمْ، فَقَالَ لَهُمْ: "لِمَاذَا تُفَكِّرُونَ بِهَذَا فِي قُلُوبِكُمْ؟ مَا الْأَيْسَرُ أَنْ يُقَالَ "مَغْفُورَةٌ لَكَ خَطَايَاكَ" أَمْ أَنْ يُقَالَ "قُمْ وَاحْمِلْ سَرِيرَكَ وَامْشِ؟" وَلَكِنْ لِكَيْ تَعْلَمُوا أَنَّ ابْنَ الْبَشَرِ لَهُ سُلْطَانٌ عَلَى الْأَرْضِ أَنْ يَغْفِرَ الْخَطَايَا (قَالَ لِلْمَخْلَعِ) "لَكَ أَقُولُ، قُمْ وَاحْمِلْ سَرِيرَكَ وَاذْهَبْ إِلَى بَيْتِكَ." فَقَامَ لِلَوْقَتِ وَحَمَلَ سَرِيرَهُ وَخَرَجَ أَمَامَ الْجَمِيعِ، حَتَّى دَهَشَ كُلُّهُمْ وَمَجَّدُوا اللَّهَ قَائِلِينَ "مَا رَأَيْنَا مِثْلَ هَذَا قَطُّ".

Megalynarion for the Theotokos from the Liturgy of St. Basil (Tone Eight)

All creation rejoiceth in thee, O thou who art full of grace: the angelic hosts and the race of men. O hallowed temple and spiritual paradise, glory of virgins, of whom God was incarnate and became a little child, even our God who is before all the ages; for he made thy womb a throne, and thy body more spacious than the heavens. All creation rejoiceth in thee, O thou who art full of grace. Glory to thee.

إِنَّ الْبَرَايَا بِأَسْرَهَا، تَفْرَحُ بِكَ يَا مُمْتَلِنَةٌ نِعْمَةً: مَحَافِلَ الْمَلَائِكَةِ، وَأَجْنَاسَ الْبَشَرِ. أَيُّهَا الْهَيْكَلُ الْمُتَقَدِّسُ، وَالْفِرْدَوْسُ النَّاطِقُ، فَخِرُ الْبِتُولِيَّةِ مَرْيَمَ، الَّتِي مِنْهَا تَجَسَّدَ الْإِلَهُ، وَصَارَ طِفْلاً، وَهُوَ إِلَهُنَا الَّذِي قَبْلَ الدُّهُورِ. لِأَنَّهُ صَنَعَ مُسْتَوْدَعَكَ عَرْشًا، وَجَعَلَ بَطْنَكَ أَرْحَبَ مِنَ السَّمَاوَاتِ. لِذَلِكَ يَا مُمْتَلِنَةٌ نِعْمَةً، تَفْرَحُ بِكَ كُلُّ الْبَرَايَا وَتُجَدِّدُكَ.

The Antiochian Women Falafel Sale



Sunday, March 20th

Immediately following Liturgy

Upcoming Services & Events

| Date | Time | Event |
|-----------|---------|---|
| 3/17/2022 | 6:00pm | Antiochian Women Meeting |
| 3/18/2022 | 10:00am | Presanctified Liturgy |
| | 7:00pm | 2nd Akathist (Madayeh) |
| 3/19/2022 | 10:00am | Arabic School |
| | 5:00pm | Great Vespers |
| | 5:45pm | Canon and Prayers in Preparation for Holy Communion |
| 3/20/2022 | 8:45am | Orthros |
| | 10:00am | Divine Liturgy |
| | 10:00am | Sunday School |
| | 11:00am | Falafel Sandwich Sale |
| | 2:00pm | YAM Monastery Visit |
| 3/21/2022 | 7:00pm | Great Compline |
| 3/23/2022 | 10:00am | Morning Prayers |
| | 10:30am | Arabic Bible Study |
| | 6:00pm | SOYO Night |
| | 7:00pm | Presanctified Liturgy (St. Mary's & Holy Transfiguration) |
| 3/24/2022 | 4:45pm | Great Vespers w/ Artoklasia for the Annunciation |
| | 5:45pm | Orthros for the Annunciation |
| | 7:00pm | Liturgy for the Annunciation |



3rd & 9th Day Memorial
Elias Tadros
Memory Eternal!



3rd & 9th Day Memorial
Mtnanios Romia
Memory Eternal!



40 Day Memorial
Khalil George Ibrahim
Memory Eternal!



9 Year Memorial
Kamal Kawar
Memory Eternal!



Removal of Crowns
Radi & Aida Haddad
Congratulations!

Young Adult Ministry

Growing closer to Christ by growing together

Sunday, March 20th at 2:00pm

St. John Chrysostom Monastery visit
followed by dinner

Saturday, April 2nd at 4:00pm

Lenten Retreat with Fr. Silviu Bunta



St Mary Orthodox Church of Palos Heights

Antiochian Women

A Night with the Angels

March 26th
6:30pm



All ladies are invited to join us on Saturday, March 26th at 6:30pm for a Night with the Angels. The night will include a discussion led by Fr. Mousa on the role of angels in our lives, great company & delicious Lenten appetizers.

Please contact Rita Sweis with any questions.

St. Mary Orthodox Church of Palos Heights
Lenten Retreat with Fr Silviu Bunta
April 1st-3rd

*“Orthodoxy in our Lives:
How Does Scripture Apply to Me?”*

Join us for an edifying weekend with Fr Silviu Bunta. Please see the schedule below for all the details.

[Click here to register.](#)



Friday 4/01

7:00pm Akathist to the Theotokos with reflection by Fr Silviu
8:00pm Parish Potluck

Saturday 4/02

9:30am Morning Prayers
10:00am Parish Breakfast
11:00am Parish Session and Q&A
1:00pm SOYO Lunch
2:00pm SOYO Session and Q&A
5:00pm Great Vespers
6:00pm Young Adult Dinner
7:00pm Young Adult Session and Q&A

Sunday 4/03

8:45am Orthros
10:00am Divine Liturgy (sermon given by Fr Silviu)

All events will take place at church.

If there are any questions please contact Fabiola at fsweis@stmaryoc.org



Bishop Anthony Welcomes You to the 2022

MIDWEST DIOCESE SPRING GATHERING

Hosted by St. John Chrysostom Antiochian Orthodox Church

APRIL 8-10, 2022

WEEKEND ACTIVITIES

- Fellowship
- "Ask Sayidna"
- Lenten meals for dinner on Friday; breakfast, lunch, and dinner on Saturday; and a Farewell Luncheon following Hierarchical Divine Liturgy on Sunday

REGISTRATION [> Click Here to Register](#)

Standard Fee: \$40 | Deadline: April 1, 2022

Early Bird Fee: \$35 | Deadline: March 20, 2022

Registration includes Lenten meals Friday, Saturday, and Sunday.

Please make check payable to "St. John Orthodox Church," indicate in the memo "Spring Gathering," and mail to:

St. John Orthodox Church
402 Badiac Road, Fort Wayne, IN 46845

ACCOMODATIONS [> Click Here for Room Availability](#)

Sonesta Select Hotel - Fort Wayne

111 W Washington Center Road, Fort Wayne, IN 46825

\$89 a night. 10 minute drive from the church. Grab-and-go breakfast available.

CONTACT

Contact us at [facebook.com/stjohnfortwayne](https://www.facebook.com/stjohnfortwayne) or ambojrab@gmail.com

Food For Hungry People 2022

This year we celebrate 48 years of raising funds for our FOOD FOR HUNGRY PEOPLE & CHARITABLE OUTREACH Program. Through your generosity, over \$6.3 million has been distributed to the hungry poor in the United States and around the World. During this past year, we made every effort to reach out to those in need in our own Parishes and in our local communities.



We are asking each Sunday School family to take home a box and help the FFHP reach their goal for 2022. Lent is not only about fasting, it is about helping those in need.

Let's make this 48th year the best ever!!!

Even during the Pandemic our Parishioners, collected over \$185,000 last year. With just a little extra effort from every parish we can try to collect and distribute more this year to those in need.

His Eminence Metropolitan JOSEPH determines where the money is sent.

“When you see a poor person, remember the words of our Lord Jesus Christ by which He declared that it is He, Himself who is fed. For though that which appears be not Christ, yet in that person's form, it is Christ Himself who receives and begs.”

St. John Chrysostom

Join us for fellowship, friendship, and worship!




SAINT GEORGE
ANTIOCHIAN ORTHODOX CHURCH

Grand Rapids, Michigan
invites you to join us for the
2022 Parish Life Conference
June 15 to June 19, 2022

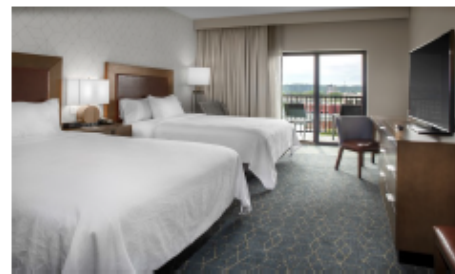
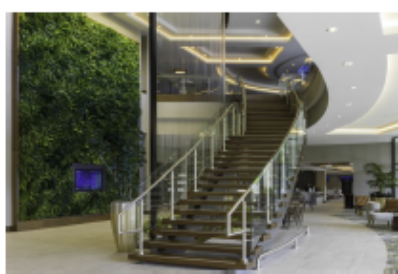
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\$99—\$129 room rates!

Includes Complimentary Daily Breakfast & Evening Reception

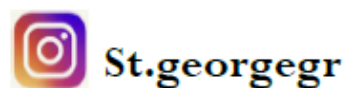


EVENT WEBISTE IS LIVE!

www.antiochianevents.org

Please visit to register your “AD” in our Souvenir Journal
In Celebration of Bishop Anthony’s 10Years or In Memory of Fr. John Winfrey

Find us on Socials!

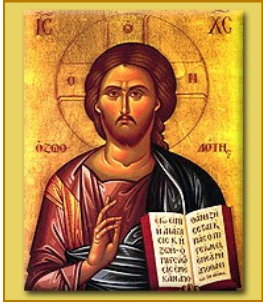


خدمات الصيام والاسبوع العظيم 2022 Lent & Holy Week Services

| | | |
|---------------|--|--|
| March 18 آذار | <p>Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه</p> <p>Friday: Akathist to the Theotokos الجمعة: خدمة مديح والدة الإله</p> | <p>10:00am صباحا</p> <p>7:00pm مساء</p> |
| March 19 آذار | Great Vespers صلاة الغروب | 5:00pm مساء |
| March 20 آذار | Divine Liturgy for the 2nd Sunday of Lent القداس الإلهي للأحد الثاني من الصوم | 10:00am صباحا |
| March 21 آذار | Monday: Great Compline الإثنين: صلاة النوم الكبرى | 7:00pm مساء |
| March 23 آذار | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه | 7:00pm مساء |
| March 24 آذار | <p>Great Vespers for the Annunciation w/ Artoklasia صلاة الغروب لعيد البشارة</p> <p>Orthros for the Annunciation صلاة السحر لعيد البشارة</p> <p>Divine Liturgy for the Annunciation خدمة القداس لعيد البشارة</p> | <p>4:45pm مساء</p> <p>5:45pm مساء</p> <p>7:00pm مساء</p> |
| March 25 آذار | Friday: Akathist to the Theotokos الجمعة: خدمة مديح والدة الإله | 7:00pm مساء |
| March 26 آذار | Great Vespers صلاة الغروب | 5:00pm مساء |
| March 27 آذار | Divine Liturgy for the 3rd Sunday of Lent القداس الإلهي للأحد الثالث من الصوم | 10:00am صباحا |
| March 28 آذار | Monday: Great Compline الإثنين: صلاة النوم الكبرى | 7:00pm مساء |
| March 30 آذار | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه | 7:00pm مساء |
| April 1 نيسان | <p>Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه</p> <p>Friday: Akathist to the Theotokos الجمعة: خدمة مديح والدة الإله</p> | <p>10:00am صباحا</p> <p>7:00pm مساء</p> |
| April 2 نيسان | Great Vespers صلاة الغروب | 5:00pm مساء |
| April 3 نيسان | Divine Liturgy for the 4th Sunday of Lent القداس الإلهي للأحد الرابع من الصوم | 10:00am صباحا |
| April 4 نيسان | Monday: Great Compline الإثنين: صلاة النوم الكبرى | 7:00pm مساء |
| April 6 نيسان | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه | 7:00pm مساء |
| April 7 نيسان | Thursday: Little Compline w/ Canon to St Andrew and life of St Mary of Egypt الخميس: صلاة النوم الصغرى مع قانون القديس أندراوس وسيرة القديسة مريم المصرية | 7:00pm مساء |
| April 8 نيسان | <p>Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه</p> <p>Friday: Great Akathist to the Theotokos الجمعة: خدمة المديح الكبير لوالدة الإله</p> | <p>10:00am صباحا</p> <p>7:00pm مساء</p> |

خدمات الصيام والاسبوع العظيم 2022 Lent & Holy Week Services

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| نيسان 9 April | Great Vespers صلاة الغروب | مساء 5:00pm |
| نيسان 10 April | Divine Liturgy for the 5th Sunday of Lent القداس الإلهي للأحد الخامس من الصوم | صباحا 10:00am |
| نيسان 11 April | Monday: Great Compline الإثنين: صلاة النوم الكبرى | مساء 7:00pm |
| نيسان 13 April | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه | مساء 7:00pm |
| نيسان 15 April | Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه Friday: Canon to Lazarus (w/ Little Compline) الجمعة: قانون سبت اليعازر | صباحا 10:00am مساء 7:00pm |
| نيسان 16 April | Saturday: Lazarus Saturday Orthros السبت: صلاة السحر لسبت اليعازر Lazarus Saturday Liturgy القداس لسبت اليعازر Great Vespers for Palm Sunday w/ Artoklasia صلاة الغروب لعيد الشعانين | صباحا 9:00am صباحا 10:00am مساء 5:00pm |
| نيسان 17 April | Sunday: Palm Sunday Liturgy الأحد: خدمة القداس لعيد الشعانين 1st Bridegroom Service الختن الأولى | صباحا 10:00am مساء 7:00pm |
| نيسان 18 April | Monday: Pre-Sanctified Liturgy الإثنين: القداس السابق تقديسه Monday: 2nd Bridegroom Service الإثنين: الختن الثانية | صباحا 10:00am مساء 7:00pm |
| نيسان 19 April | Tuesday: Pre-Sanctified Liturgy الثلاثاء: القداس السابق تقديسه Tuesday: 3rd Bridegroom Service الثلاثاء: الختن الثالثة | صباحا 10:00am مساء 7:00pm |
| نيسان 20 April | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه Wednesday: 4th Bridegroom Service الأربعاء: الختن الرابعة Wednesday: Holy Unction Service الأربعاء: صلاة الزيت المقدس | صباحا 10:00am مساء 5:00pm مساء 7:00pm |
| نيسان 21 April | Thursday: Divine Liturgy of St. Basil الخميس: قداس باسيليوس العظيم 12 Passion Gospels خدمة ١٢ انجيل والصلب | صباحا 10:00am مساء 7:00pm |
| نيسان 22 April | Friday: Royal Hours الجمعة: خدمة الساعات Taking Down From the Cross خدمة انزال المصلوب Lamentations جناز المسيح (HOLY FRIDAY All-Night VIGIL to follow سهرانية الجمعة العظيمة) | صباحا 10:00am مساء 3:00pm مساء 7:00pm |
| نيسان 23 April | Saturday: Vesperal Liturgy of St. Basil السبت: قداس سبت النور Rush Procession & Orthros followed by Paschal Liturgy سحرية العيد، الهجمة و قداس القيامة | صباحا 10:00am مساء 10:00pm |
| نيسان 24 April | Sunday: Agape Vespers Followed by Annual Parish Pascha Picnic الأحد: صلاة الباعوث | ظهرا 12:00pm |



Weekly Synaxarion



On March 20 in the Holy Orthodox Church, we commemorate the holy fathers slain at the monastery of Mar Sabbas; and New-martyr Myron of Crete. On this same day, the Second Sunday of the Fast, we make remembrance of our father among the saints, Gregory Palamas, archbishop of Thessalonica. This divine father was born in Asia and was brought up from infancy in the royal palace of Constantinople. When he was of age, Gregory left the palace and gave himself to asceticism on Mount Athos. He eventually moved to Thessalonica to seek cure for the diseases he contracted because of his asceticism and piety. In 1349, he was elevated to the episcopacy, tending to his people in an Apostolic fashion for 13 years. He is glorified as an ascetic, a theologian, a hierarch and a miracle-worker, who forsook a prominent, secular lifestyle to take up his cross and follow Christ. The Most-Holy Theotokos, St. John the Theologian, St. Demetrius, St. Anthony the Great, St. John Chrysostom and angels of God appeared to him at different times. Through his intercessions, O Lord Jesus Christ our God, have mercy upon us. Amen.