



Saint Mary Orthodox Church

Antiochian Orthodox Christian Archdiocese of America

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Church Office Hours : Monday - Friday 10:00am-3:00pm

Sunday, March 1st, 2020

Sunday of Forgiveness (Cheesefare Sunday)

Entrance Hymn

O Come, let us worship and fall down before Christ.

Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

هلم لنسجد ونركع للمسيح ملكنا والهنا، خلصنا يا ابن الله يا من قام من بين الاموات، لنرتل لك هلوليا!

Troparion of the Resurrection (Tone Four)

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation and proudly broke the news to the disciples, saying death hath been spoiled, Christ God is risen, granting the world great mercy.

إِنَّ تَلْمِيذَاتِ الرَّبِّ تَعَلَّمْنَ مِنَ الْمَلَائِكَةِ الْكَرَّرَ بِالْقِيَامَةِ الْبَهْجِ، وَطَرَحْنَ الْقَضَاءَ الْجَدِّيَّ، وَخَاطَبْنَ الرُّسُلَ مُفْتَخِرَاتٍ وَقَائِلَاتٍ: سُبِّي الْمَوْتُ وَقَامَ الْمَسِيحُ الْإِلَهُ، وَمَنَحَ الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

في ميلادك حفظت البتولية وصنيتها وفي رقادك ما أهملت العالم وتركته يا والدة الإله. لأنك انتقلت إلى الحياة بما أنك أم الحياة. فبشفاعاتك أنقذي من الموت نفوسنا.

Kontakion for the Sunday of Forgiveness (Tone Six)

O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master.

Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

أيها الهادي إلى الحكمة والرازق الفهم والفطنة والمؤدب الجهال والعاوض المساكين. شدّد قلبي وامنحه فهماً أيها السيد واعطني كلمة يا كلمة الأب. فها إني لا امنع شفتي من الهتاف إليك، يا رحيم ارحمني أنا الواقع.

Epistle for the Sunday of Forgiveness (Cheesefare Sunday)

*Sing praises to our God, sing praises.
Sing praises to our King, sing praises.
O clap your hands, all ye nations.*

The Reading is from the Epistle of St. Paul to the Romans (13:11-14:4).

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for the Master is able to make him stand.

رَتِّلُوا لِإِلَهِنَا رَتِّلُوا. رَتِّلُوا لِمَلَكِنَا رَتِّلُوا.

يَا جَمِيعَ الْأُمَمِ صَفِّقُوا بِالْأَيْدِي.

فصلٌ من رسالة القديس بولس الرسول إلى أهل رومية (١٣:١١-١٤:٤).

يَا إِخْوَةَ إِنَّ خَلَاصَنَا الْآنَ أَقْرَبُ مِمَّا كَانَ حِينَ آمَنَّا *
قد تَنَاهَى اللّيلُ وَاقْتَرَبَ النَّهَارُ فَلَنَدَعُ عَنَّا أَعْمَالَ
الظُّلْمَةِ وَنَلْبَسَ أَسْلِحَةَ النُّورِ * لِنَسْلُكَنَّ سُلُوكًا لَائِقًا كَمَا
فِي النَّهَارِ لَا بِالْقُصُوفِ وَالسُّكْرِ وَلَا بِالْمَضَاجِعِ وَالْعَهْرِ
وَلَا بِالخِصَامِ وَالْحَسَدِ * بل التَّبَسُّوا الرَّبَّ يَسُوعَ الْمَسِيحَ
وَلَا تَهْتَمُّوا بِأَجْسَادِكُمْ لِقَضَاءِ شَهَوَاتِهَا * مَنْ كَانَ
ضَعِيفًا فِي الْإِيمَانِ فَاتَّخِذُوهُ بِغَيْرِ مُبَاحَثَةٍ فِي الْآرَاءِ *
مِنَ النَّاسِ مَنْ يَعْتَقِدُ أَنَّ لَهُ أَنْ يَأْكُلَ كُلَّ شَيْءٍ . أَمَّا
الضَّعِيفُ فَيَأْكُلُ بَقَوْلًا * فَلَا يَزِدِرِ الَّذِي يَأْكُلُ مَنْ لَا
يَأْكُلُ وَلَا يَدِينُ الَّذِي لَا يَأْكُلُ مَنْ يَأْكُلُ فَإِنَّ اللَّهَ قَدْ
اتَّخَذَهُ * مَنْ أَنْتَ يَا مَنْ تَدِينُ عَبْدًا أَجْنَبِيًّا. إِنَّهُ لِمَوْلَاهُ
يَتَّبَعُ أَوْ يَسْقُطُ . لَكِنَّهُ سَيَتَّبَعُ لِأَنَّ اللَّهَ قَادِرٌ عَلَى أَنْ
يُنَيْتَهُ *

Gospel for the Sunday of Forgiveness (Cheesefare Sunday)

The Reading is from the Holy Gospel according to St. Matthew (6:14-21).

The Lord said to His Disciples: If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and

فصلٌ شريفٌ من بشارة القديس متى الإنجيلي
البشير، التلميذ الطاهر (٦:١٤-٢١).

قال الرب إن غفرتُم للناس زلاتهم يَغْفِرُ لكم أبوكُم
السَّمَاوِي أَيْضًا * وَإِنْ لَمْ تَغْفِرُوا لِلنَّاسِ زَلَاتِهِمْ فَأَبوكُم
أَيْضًا لَا يَغْفِرُ لكم زَلَاتِكُمْ * وَمتى صُمْتُمْ فَلَا تَكُونُوا
مُعْبَسِينَ كَالْمُرَائِينَ . فَإِنَّهُمْ يُنْكَرُونَ وُجُوهَهُمْ لِيُظْهِرُوا

wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

للنَّاسِ صَائِمِينَ. الْحَقُّ أَقُولُ لَكُمْ إِنَّهُمْ قَدْ أَخَذُوا أَجْرَهُمْ *
أَمَا أَنْتَ فَإِذَا صُمْتَ فَادْهَنْ رَأْسَكَ وَاغْسِلْ وَجْهَكَ لئَلَّا
تَظْهَرَ لِلنَّاسِ صَائِمًا بَلْ لِأَبِيكَ الَّذِي فِي الْخَفِيَّةِ. وَأَبُوكَ
الَّذِي يَرَى فِي الْخَفِيَّةِ يُجَازِيكَ عِلَانِيَةً * لَا تَكْنِزُوا لَكُمْ
كُنُوزًا عَلَى الْأَرْضِ حَيْثُ يُفْسِدُ السُّوسُ وَالْأَكِلَةُ وَيَنْقُبُ
السَّارِقُونَ وَيَسْرِقُونَ * لَكِنْ اكْنِزُوا لَكُمْ كُنُوزًا فِي السَّمَاءِ
حَيْثُ لَا يُفْسِدُ سَوْسٌ وَلَا آكِلَةٌ وَلَا يَنْقُبُ السَّارِقُونَ وَلَا
يَسْرِقُونَ * لِأَنَّهُ حَيْثُ تَكُونُ كُنُوزُكُمْ هُنَاكَ تَكُونُ قُلُوبُكُمْ *

CHEESEFARE SUNDAY

Today, March 1st is Cheesefare Sunday, the last day you can eat cheese and dairy products. Tomorrow, March 2nd, is the first day of the Lenten Fast and it will continue until Pascha (Easter), April 19th. Please do not forget that in order for our fasting to be effective and beneficial to our souls, it must be accompanied by prayer, repentance, forgiveness, alms-giving (giving to the poor), and good works. The fast is not a “diet” so that one could lose weight. What good is the fast if it does not change us and strengthen our relationship with Jesus Christ and with one another? Fast from anger, judging, pride, gossip, and lust. If you are not able to keep the discipline of fasting as prescribed by the church for health reasons, please speak to one of our clergy and they will offer you a discipline you can handle. Remember the words of St. John Chrysostom:

“Let the ear fast, by not listening to evil talk and gossip...”

“Let the mouth fast from foul words and unjust criticism...”

“For what good is it if we abstain from birds and fishes, but bite and devour our brothers?”

SOYO

Teen SOYO Night every Wednesday at 6:30pm

YAM

Adult Sunday School every Sunday after Liturgy

Catechism Class every Saturday from 6:00pm to 7:00pm. Everyone is welcome to attend.

Antiochian Women

Antiochian Women Meeting
Friday, February 28th at 6pm

Calzone Sale -Sunday, March 1st

Sunday School

Every Sunday starting at 10:00am with Divine Liturgy

3rd & 9th Day Memorial

Hanna Fakhoury

40 Day Memorial

Shaker Smeirat

Baptism

Isabella and Gabriella
Parents: Odeh & Joy Zedan

Newborn

Rafaella Irini
Parents: Subdn. Angelo and
Evangelia Niquila

Epistle Readers

3/1/20- Fabiola Sweis &
Rima Sleiman

3/8/20- Nancy Cannon &
Lily Sweiss

Coffee Hour

3/1/20- Antiochian Women

3/8/20- Khaled and Samira
Tadros & Family

3/15/20- Karim and Isbernas
Hadwah & Family

House Blessing

House Blessings will begin
January 6th! The office will be
calling you to schedule it. If
you would like to schedule
your house blessing sooner,
please call the church office.

** Please visit*

*www.stmaryoc.org to view
the complete online bulletin
which includes all of the
events and details.*

Upcoming Events

Date	Time	Event
2/28/2020	6:00pm	Antiochian Women Meeting
2/29/2020	10:45am	Arabic School
	5:00pm	Great Vespers
	6:00pm	Adult Catechism
3/1/2020	8:45am	Orthros
	10:00am	Divine Liturgy
		Sunday School
	11:30am	Cheesefare Sunday - Calzone Sale - Antiochian Women
	5:00pm	Forgiveness Sunday Vespers
3/2/2020	7:00pm	Great Compline w/ Canon of St. Andrew
3/3/2020	7:00pm	Great Compline w/ Canon of St. Andrew
3/4/2020	10:00am	Presanctified Liturgy
	11:00am	Bible Study
	6:30pm	SOYO Night - LAR
	7:00pm	Great Compline w/ Canon of St. Andrew
3/5/2020	7:00pm	Great Compline w/ Canon of St. Andrew
3/6/2020	10:00am	Presanctified Liturgy
	7:00pm	1st Akathist (Madayeh) w/potluck
3/7/2020	10:45am	Arabic School
	5:00pm	Great Vespers
	6:00pm	Adult Catechism
3/8/2020	8:45am	Orthros
	10:00am	Divine Liturgy
		Sunday School
	11:30am	Spinach Pie Sale - Antiochian Women
	6:30pm	Sunday of Orthodoxy Vespers - St. George Orthodox Church

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet."

May God bless you and give you many healthy years in His service.

Lent & Holy Week Services 2020 خدمات الصيام والاسبوع العظيم

February 29 شباط 29	Great Vespers صلاة الغروب	5:00pm مساء
March 1 آذار 1	Sunday of Forgiveness (Cheesefare Sunday) أحد الغفران (مرفع الجبن) Forgiveness Vespers غروب أحد الغفران	10:00am صباحا 5:00pm مساء
March 2 آذار 2	Monday: Great Compline w/ Canon to St. Andrew الإثنين: صلاة النوم الكبرى	7:00pm مساء
March 3 آذار 3	Tuesday: Great Compline w/ Canon to St. Andrew الثلاثاء: صلاة النوم الكبرى	7:00pm مساء
March 4 آذار 4	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه Great Compline w/ Canon to St. Andrew صلاة النوم الكبرى	10:00am صباحا 7:00pm مساء
March 5 آذار 5	Thursday: Great Compline w/ Canon to St. Andrew الخميس: صلاة النوم الكبرى	7:00pm مساء
March 6 آذار 6	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه Akathist w/ Potluck Dinner خدمة مديح والدة الإله	10:00am صباحا 7:00pm مساء
March 7 آذار 7	Great Vespers صلاة الغروب	5:00pm مساء
March 8 آذار 8	Divine Liturgy for the 1st Sunday of Lent القداس الإلهي للأحد الأول من الصوم	10:00am صباحا
March 9 آذار 9	Monday: Great Compline الإثنين: صلاة النوم الكبرى	7:00pm مساء
March 11 آذار 11	Wednesday: Pan-Orthodox Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه St. Luke Orthodox Church (OCA) 10700 S Kean Ave. Palos Hills, IL 60465	6:30pm مساء
March 13 آذار 13	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه Akathist w/ Potluck Dinner خدمة مديح والدة الإله	10:00am صباحا 7:00pm مساء
March 14 آذار 14	Great Vespers صلاة الغروب	5:00pm مساء
March 15 آذار 15	Divine Liturgy for the 2nd Sunday of Lent القداس الإلهي للأحد الثاني من الصوم	10:00am صباحا

Lent & Holy Week Services 2020 خدمات الصيام والاسبوع العظيم

March 16 آذار	Monday: Great Compline الإثنين: صلاة النوم الكبرى	7:00pm مساء
March 18 آذار	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه Sts. Peter & Paul Orthodox Church (OCA) 6980 S. County Line Rd. Burr Ridge, IL 60527	6:30pm مساء
March 20 آذار	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه Akathist w/ Potluck Dinner خدمة مديح والدة الإله	10:00am صباحا 7:00pm مساء
March 21 آذار	Great Vespers صلاة الغروب	5:00pm مساء
March 22 آذار	Divine Liturgy for the 3rd Sunday of Lent القداس الإلهي للأحد الثالث من الصوم	10:00am صباحا
March 23 آذار	Monday: Great Compline الإثنين: صلاة النوم الكبرى	7:00pm مساء
March 24 آذار	Great Vespers for the Annunciation w/Artoklasia صلاة الغروب لعيد البشارة	7:00pm مساء
March 25 آذار	Orthros for the Annunciation صلاة السحر لعيد البشارة Liturgy for the Annunciation خدمة القداس لعيد البشارة	9:00am صباحا 10:00am صباحا
March 27 آذار	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه Akathist w/ Potluck Dinner خدمة مديح والدة الإله	10:00am صباحا 7:00pm مساء
March 28 آذار	Great Vespers صلاة الغروب	5:00pm مساء
March 29 آذار	Divine Liturgy for the 4th Sunday of Lent القداس الإلهي للأحد الرابع من الصوم	10:00am صباحا
March 30 آذار	Monday: Great Compline الإثنين: صلاة النوم الكبرى	7:00pm مساء
April 1 نيسان	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه Sts. Peter & Paul Ukrainian 8410 W 131st St, Palos Park, IL 60464	6:30pm مساء
April 2 نيسان	Thursday: Little Compline w/ Canon of St. Andrew and life of St. Mary of Egypt الخميس: صلاة النوم الصغرى مع قانون القديس اندراوس وسيرة القديسة مريم المصرية	7:00pm مساء

Lent & Holy Week Services 2020 خدمات الصيام والاسبوع العظيم

نيسان 3 April	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه Akathist w/ Potluck Dinner خدمة مديح والدة الإله	10:00am صباحا 7:00pm مساء
نيسان 4 April	Great Vespers صلاة الغروب	5:00pm مساء
نيسان 5 April	Divine Liturgy for the 5th Sunday of Lent القداس الإلهي للأحد الرابع من الصوم	10:00am صباحا
نيسان 6 April	Monday: Great Compline الإثنين: صلاة النوم الكبرى	7:00pm مساء
نيسان 8 April	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه Hosted by: St. Mary Orthodox Church	6:30pm مساء
نيسان 10 April	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه Little Compline w/ Canon to Lazarus قانون سبت اليعازر	10:00am صباحا 7:00pm مساء
نيسان 11 April	Saturday: Lazarus Saturday Orthros السبت: صلاة السحر لسبت اليعازر Lazarus Saturday Liturgy القداس لسبت اليعازر Great Vespers for Palm Sunday w/ Artoklasia صلاة الغروب لعيد الشعانين	9:00am صباحا 10:00am صباحا 5:00pm مساء
نيسان 12 April	Sunday: Palm Sunday Liturgy الأحد: خدمة القداس لعيد الشعانين 1st Bridegroom Service الختن الأولى	10:00am صباحا 7:00pm مساء
نيسان 13 April	Monday: Pre-Sanctified Liturgy الإثنين: القداس السابق تقديسه 2nd Bridegroom Service الختن الثانية	10:00am صباحا 7:00pm مساء
نيسان 14 April	Tuesday: Pre-Sanctified Liturgy الثلاثاء: القداس السابق تقديسه الثالثة 3rd Bridegroom Service الختن الثالثة	10:00am صباحا 7:00pm مساء
نيسان 15 April	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه 4th Bridegroom Service الختن الرابعة Holy Unction Service صلاة الزيت المقدس	10:00am صباحا 5:00pm مساء 7:00pm مساء
نيسان 16 April	Thursday: Vesperal Liturgy of St. Basil الخميس: قداس باسيليوس الكبير Twelve Passion Gospels خدمة أناجيل الآلام الإثني عشر	10:00am صباحا 7:00pm مساء

Lent & Holy Week Services 2020 خدمات الصيام والاسبوع العظيم

نيسان 17 April	<p>Friday: Royal Hours الجمعة: خدمة الساعات</p> <p>Taking Down From the Cross خدمة انزال المصلوب</p> <p>Lamentations جناز المسيح</p> <p>(HOLY FRIDAY All-Night VIGIL to follow سهرانية الجمعة العظيمة)</p>	<p>10:00am صباحا</p> <p>3:00pm مساء</p> <p>7:00pm مساء</p>
نيسان 18 April	<p>Saturday: Vespers Liturgy of St. Basil السبت: قداس سبت النور</p> <p>Rush Procession & Matins followed by Paschal Liturgy</p> <p>سحرية العيد، الهجمة و قداس القيامة</p>	<p>10:00am صباحا</p> <p>10:00pm مساء</p>
نيسان 19 April	<p>Sunday: Agape Vespers الأحد: صلاة الباعوث</p>	<p>1:30pm ظهرا</p>

Annunciation Gift Shop & Bookstore



Glory be to God! Glory Forever!

St. Mary Orthodox Church would like to inform all its parishioners to take advantage of the materials that are offered at our Gift Shop & Bookstore. If you have not had the opportunity to stop by and check out our various selections, we ask that you please do. If you are looking for that perfect gift for birthdays, graduation, house warming, baptism, etc... we have many items to choose from. If there is something you would like but do not see, please let us know and we will try to accommodate you.

If you have any questions or comments please contact Nader or Angela Haddad at 989-780-2751 or naderemile3@yahoo.com or angelahaddad14@gmail.com

His Eminence
The Most Reverend
Metropolitan JOSEPH



Archbishop of New York and
Metropolitan of
All North America

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA

Great Lent 2020

TO BE READ FROM THE PULPIT AND PRINTED IN THE BULLETIN

Beloved Faithful in Christ,

Greetings and blessings to you and your families in the Name of our Great God Savior, Jesus Christ!

Last week, the Church called upon us during the chanting of the Praises to enter the “arena of virtues” to struggle in the “noble contest of the Fast.” We were entreated to arm ourselves for the contest:

Let us have as our invincible rampart the Faith, prayer as our breastplate, and as our helmet almsgiving; and as our sword let us use fasting that cuts away all evil from our heart. If we do this, we shall receive the true crown from Christ the King of all at the Day of Judgment.

Too often, we remember during Great Lent to take some time to learn more about the Faith, keep the dietary rules of the fast, and make an effort to increase our prayer life but forget about the call to give alms. While being strong in the Faith is our rampart, prayer is our breastplate, and fasting is our sword, we should notice that without almsgiving our armor is lacking a helmet! No warrior enters an arena without a helmet, and we should not think that we can win in our Lenten struggle and attain a crown from Christ without generosity to the poor and needy.

With this in mind, our Archdiocese has offered the faithful an opportunity to generously give alms throughout the Lenten season for the past forty-six years – *Food for Hungry People*. Over the last several weeks, the Church has warned us that the mere observance of the rules of Faith condemned the Pharisee and the ignoring of the poor, naked, sick, imprisoned, hungry, and thirsty placed a multitude on the left hand of the Savior at the day of judgment. I ask not just for the parishes as institutions to give generously to *Food for Hungry People* but each and every family! Do not neglect the helmet of almsgiving as you continue in the noble contest of the Fast!

With prayers for all of us to be granted the strength to struggle courageously in the arena of virtues and be found worthy to celebrate joyously the victory of our Crucified and Risen Lord, I remain,

Your Father in Christ,

A handwritten signature in blue ink that reads "Metropolitan Joseph". The signature is written in a cursive, flowing style.

+ JOSEPH

Archbishop of New York and Metropolitan of all North America

“The disciples were first called Christians in Antioch” (Acts 11: 26)

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Food For Hungry People 2020

This year we celebrate **46 years of raising funds for our FOOD FOR HUNGRY PEOPLE & CHARITABLE OUTREACH Program.** Through your generosity, over \$6.1 million has been distributed to the hungry poor in the United States and around the World. Every year, we are able to help more unfortunate men, women, and children.



We are asking each Sunday School family to take home a box and help the FFHP reach their goal for 2020. Lent is not only about fasting, it is about helping those in need.

Let's make this 46th year the best ever!!!

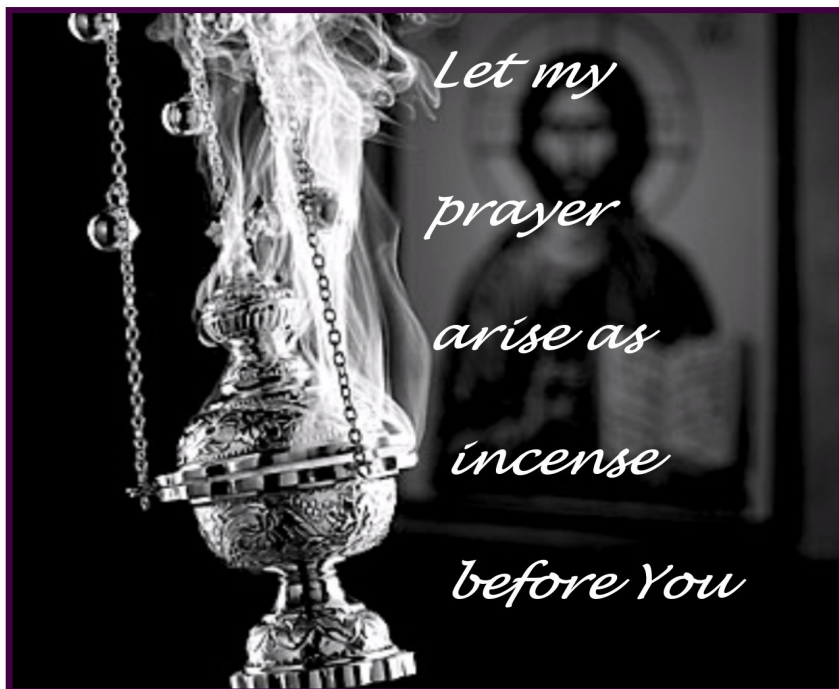
Last year we collected over \$200,000. With just a little extra effort from every parish we can reach our new goal of \$225,000.

His Eminence Metropolitan JOSEPH determines where the money is sent.

“When you see a poor person, remember the words of our Lord Jesus Christ by which He declared that it is He, Himself who is fed. For though that which appears be not Christ, yet in that person’s form, it is Christ Himself who receives and begs.”

St. John Chrysostom

Pan-Orthodox Presanctified Liturgies of the Southwest Churches 2020



St. Luke Orthodox Church (OCA)
10700 S. Kean Ave
Palos Hills, IL 60465

Sts. Peter & Paul Orthodox Church (OCA)
6980 S. County Line Rd.
Burr Ridge, IL 60527

Sts. Peter & Paul Ukrainian Orthodox Church
8410 W. 131st St.
Palos Park, IL 60464

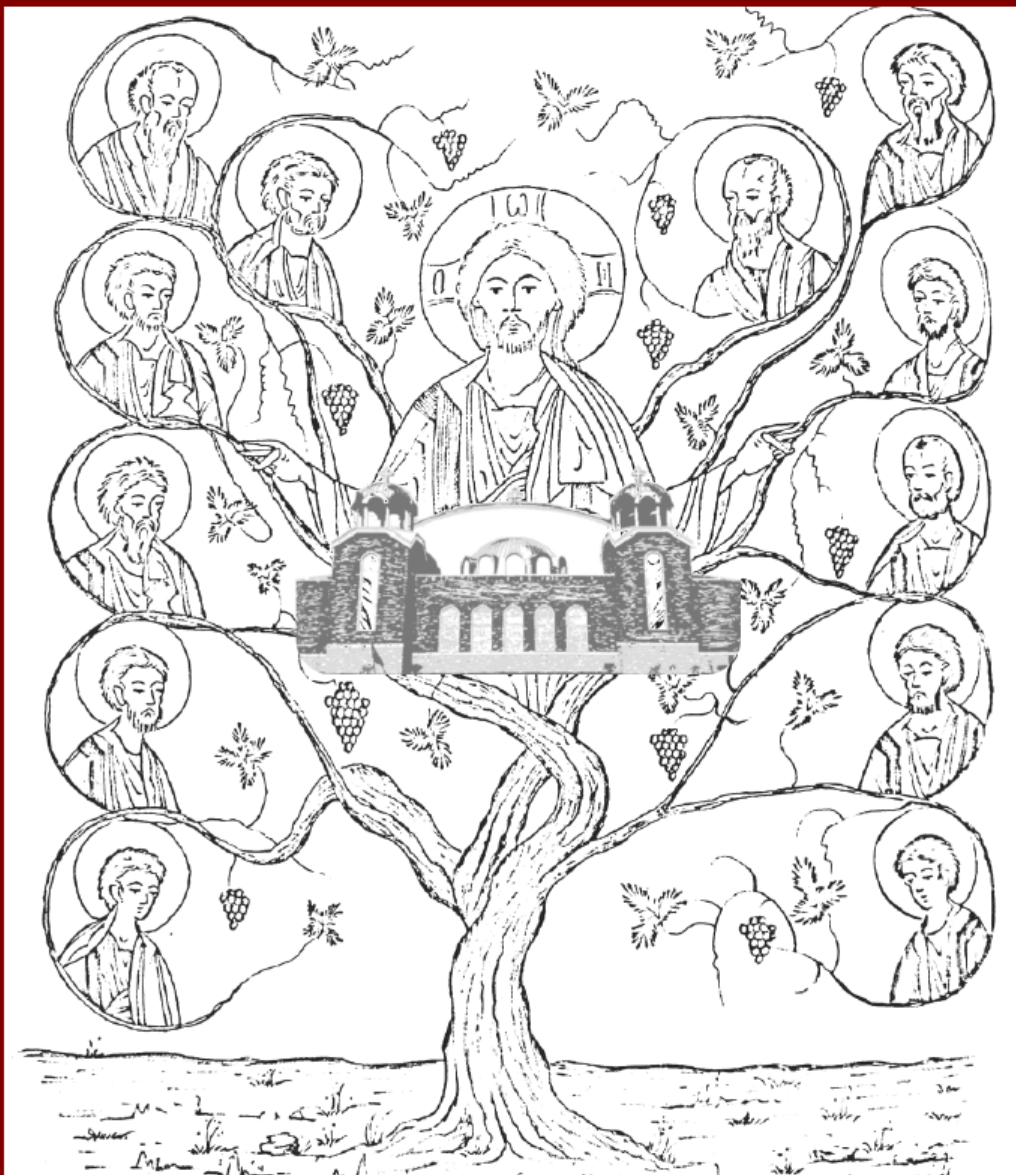
St. Mary Antiochian Orthodox Church
6330 W. 127th St.
Palos Heights, IL 60463

The Orthodox churches of the Southwest will come together to celebrate the Presanctified Liturgies on the Wednesdays listed below at 6:30pm. Each parish will take turns to welcome local Orthodox clergy and laity and provide a Lenten Potluck dinner following the Liturgy. Also, a brief Lenten reflection will be offered by one of our priests. Please mark your calendars with the schedule below.

“Behold, how good and how pleasant it is for brethren to dwell together in unity.” Psalm 133:1

Date (at 6:30pm)	Host Parish	Reflection
Wednesday, March 11th	St. Luke OCA	Fr. Herman Kincaid
Wednesday, March 18th	Sts. Peter & Paul OCA	Fr. Jacob Andoun
Wednesday, April 1st	Sts. Peter & Paul Ukrainian	Fr. Paul Jannakos
Wednesday, April 8th	St. Mary Antiochian	Fr. Vasyl Sendeha

St. Mary Orthodox Church of Palos Heights
Adult Catechism Class with Fr. Jacob



Know Your Church

*15 talks about the
Orthodox Faith*

*Lectures adapted from
Fr. Josiah Trenham*

Every Saturday
6:00-7:00pm

January 4th–
April 18th 2020

This class is open to all adults who are desiring to learn and grow in the Orthodox Faith. The schedule is listed below. Please contact Fr. Jacob with any questions.

1/4/20	Starting Down the Royal Path: How to become an O. C.	3/7/20	The Church and the Mother of God
1/11/20	The True God	3/14/20	The Mystery of Holy Baptism & Chrismation
1/18/20	The Human Being	3/21/20	The Mystery of Holy Confession
1/25/20	Sin	3/28/20	The Mystery of the Holy Eucharist
2/1/20	Jesus Christ the Son of God	4/4/20	The Mystery of Holy Unction, Death and the Funeral
2/8/20	Jesus Christ the Savior of the World	4/11/20	The Mystery of Holy Priesthood & Marriage
2/15/20	Repentance and Faith	4/18/20	(Baptism/Chrismation) Holy Saturday
2/29/20	The Holy Spirit		

" For GOD did not send His Son into the world to condemn the world, but that the world through Him might be saved" John 3:17

Due By March 8th, 2020

Creative Arts

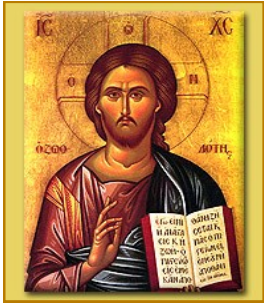
Art, Poetry, Writing, Photo and more
art & creativity

For More INFO Contact:

Manar Janinah: 708-248-0078

Marram Salman: 708-307-7473





Weekly Synaxarion



On March 1 in the Holy Orthodox Church, we commemorate the Venerable-martyr Eudokia of Heliopolis; Venerable Domnina of Syria; Martyrs Markellos and Anthony of Pamphylia; Venerable Agapios of Vatopedi monastery on Athos; and Venerable David of Wales, bishop of Menevia. On this day, we make remembrance of the exile of the first-fashioned, Adam, from the Paradise of delight. It is the Sunday of Forgiveness, known also as Cheese Fare Sunday. Today's lesson from the Holy Gospel teaches us about forgiveness and fasting, and how both are crucial to our own return to Paradise. The divine Fathers also set the anniversary of the exile of Adam from the Paradise of bliss on this day, at the entrance of Great Lent, to show us by deed as well as word how great is the benefit that accrues to man from fasting and repenting; and, on the contrary, how great the harm that comes from destructive gluttony and from disobedience to the divine commandments. The sin of gluttony resulted in Adam and Eve's banishment from Paradise, because they disobeyed God by eating from the tree which He had forbidden them. The Church reminds us of this event to encourage us to return to that ancient glory and primeval happiness by means of fasting and obedience to God and His commandments. By Thine ineffable compassion, O Christ our God, make us worthy of the delight of Paradise and have mercy on us, as Thou art alone the Lover of mankind. Amen.