



Saint Mary Orthodox Church

Antiochian Orthodox Christian Archdiocese of America

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Church Office Hours : Monday - Friday 10:00am-3:00pm

Sunday, February 23rd, 2020

Sunday of the Last Judgment (Meatfare Sunday)

We welcome our Father in Christ Bishop ANTHONY

Entrance Hymn

O Come, let us worship and fall down before Christ.

Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

هَلُمْ لِنَسْجُدْ وَنَرْكَعْ لِلْمَسِيحِ مَلَكْنَا وَالْهَنَا، خَلَصْنَا يَا ابْنَ اللَّهِ يَا مَنْ قَامَ مِنَ بَيْنِ الْأَمْوَاتِ، لِنُرْتَلِ لَكَ هَلْلُويَا!

Troparion of the Resurrection (Tone Three)

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

لِنَفْرَحِ السَّمَاوِيَّاتِ وَتَبْتَهِجِ الْأَرْضِيَّاتِ. لِأَنَّ الرَّبَّ صَنَعَ عِزًّا بِسَاعِدِهِ، وَوَطِئَ الْمَوْتَ بِالْمَوْتِ وَصَارَ بِكُرِّ الْأَمْوَاتِ. وَأَنْقَذَنَا مِنْ جَوْفِ الْجَحِيمِ. وَمَنْحَ الْعَالَمِ الرَّحْمَةَ الْعَظْمَى.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

فِي مِيلَادِكَ حَفِظْتَ الْبَتُولِيَّةَ وَصَنَنْتَهَا وَفِي رَقَادِكَ مَا أَهْمَلْتَ الْعَالَمَ وَتَرَكْتَهُ يَا وَالِدَةَ الْإِلَهِ. لِأَنَّكَ انْتَقَلْتِ إِلَى الْحَيَاةِ بِمَا أَنْكَ أُمُّ الْحَيَاةِ. فَبِشَفَاعَاتِكَ أَنْقِذِي مِنَ الْمَوْتِ نَفُوسَنَا.

Kontakion for the Sunday of the Last Judgment (Tone One)

When Thou comest, O God, to earth with glory, and all creatures tremble before Thee, and the river of fire floweth before the Altar, and the books are opened and sins revealed, deliver me then from that unquenchable fire, and make me worthy to stand at Thy right hand, O righteous Judge.

إِذْ أَتَيْتِ يَا اللَّهُ عَلَى الْأَرْضِ بِمَجْدٍ، فَتَرْتَعِدُ مِنْكَ الْبَرَايَا بِأَسْرَهَا. وَنَهْرُ النَّارِ يَجْرِي أَمَامَ عَرْشِكَ، وَالصُّحُفُ تَفْتَحُ، وَالْحَقَايَا تُشْهَرُ. فَجَنِّبْنِي حِينئذٍ مِنَ النَّارِ الَّتِي لَا تُطْفَأُ، وَأَهْلِنِي لِلْوُقُوفِ عَنْ يَمِينِكَ أَيُّهَا الدَّيَّانُ الْعَادِلُ.

Epistle for the Sunday of the Last Judgment (Meatfare Sunday)

*The Lord is my strength and my praise!
The Lord chastising hath chastised me, but
He hath not delivered me over to death!*

The Reading is from St. Paul's First Letter to the Corinthians (8:8-9:2).

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care, lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you—a man of knowledge—at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

قَوْتِي وَتَسْبِحَتِي الرَّبِّ!

أَدَبًا أَدَّبَنِي الرَّبُّ، وَإِلَى الْمَوْتِ لَمْ يَسْلَمْنِي!

فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولَسَ الرَّسُولِ الْأُولَى إِلَى
أَهْلِ كورِنثُوسَ (٢: ٩-٨: ٨).

يَا إِخْوَةُ إِنَّ الطَّعَامَ لَا يَقْرِبُنَا إِلَى اللَّهِ. لِأَنَّ إِنْ أَكَلْنَا لَا
نَزِيدُ وَإِنْ لَمْ نَأْكُلْ لَا نَنْقُصُ * وَلَكِنْ انظُرُوا أَنْ لَا
يَكُونَ سُلْطَانُكُمْ هَذَا مَعْتَرَةً لِلضُّعْفَاءِ * لِأَنَّهُ إِنْ رَأَى أَحَدٌ
يَأْمَنُ لَهُ الْعِلْمُ مُتَكِنًا فِي بَيْتِ الْأَوْثَانِ أَفَلَا يَتَقَوَّى
ضَمِيرُهُ وَهُوَ ضَعِيفٌ عَلَى أَكْلِ ذَبَائِحِ الْأَوْثَانِ * فَيَهْلِكُ
بِسَبَبِ عِلْمِكَ الْأَخُ الضُّعِيفُ الَّذِي مَاتَ الْمَسِيحُ
لِأَجْلِهِ * وَهَكَذَا إِذْ تُخْطِئُونَ إِلَى الْإِخْوَةِ وَتَجْرَحُونَ
ضَمَائِرَهُمْ وَهِيَ ضَعِيفَةٌ إِنَّمَا تُخْطِئُونَ إِلَى الْمَسِيحِ *
فَلِذَلِكَ إِنْ كَانَ الطَّعَامُ يُشَكِّكُ أَخِي فَلَا أَكُلْ لِحَمَاءٍ إِلَى
الْأَبَدِ لئَلَّا أُشَكِّكُ أَخِي * أَلَسْتُ أَنَا رَسُولًا. أَلَسْتُ أَنَا
حُرًّا. أَمَا رَأَيْتُ يَسُوعَ الْمَسِيحَ رَبَّنَا. أَلَسْتُمْ أَنْتُمْ عَمَلِي
فِي الرَّبِّ * وَإِنْ لَمْ أَكُنْ رَسُولًا إِلَى آخَرِينَ فَإِنِّي رَسُولٌ
إِلَيْكُمْ. لِأَنَّ خَاتَمَ رِسَالَتِي هُوَ أَنْتُمْ فِي الرَّبِّ.

Gospel for the Sunday of the Last Judgment (Meatfare Sunday)

The Reading is from the Holy Gospel according to St. Matthew (25:31-46).

The Lord said, "When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, 'Come, O

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ مَتَّى الْإِنْجِيلِي
الْبَشِيرِ، التَّلْمِيزِ الطَّاهِرِ (٦٤-٣١: ٢٥).

قَالَ الرَّبُّ مَتَى جَاءَ ابْنُ الْبَشَرِ فِي مَجْدِهِ وَجَمِيعِ
الْمَلَائِكَةِ الْقَدِيسِينَ مَعَهُ فَحِينِئذٍ يَجْلِسُ عَلَى عَرْشِ
مَجْدِهِ * وَتُجْمَعُ إِلَيْهِ كُلُّ الْأُمَّمِ فَيَمَيِّزُ بَعْضَهُمْ مِنْ
بَعْضٍ كَمَا يَمَيِّزُ الرَّاعِي الْخِرَافَ مِنَ الْجَدَاءِ * وَيَقِيمُ

blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.’ Then the righteous will answer Him, ‘Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these My brethren, you did it to Me.’ Then He will say to those at his left hand, ‘Depart from Me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer, ‘Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?’ Then He will answer them, ‘Truly, I say to you, as you did it not to one of the least of these, you did it not to Me.’ And they will go away into eternal punishment, but the righteous into eternal life.”

الخِرَافَ عَنِ يَمِينِهِ وَالْجِدَاءَ عَنِ يَسَارِهِ * حِينَئِذٍ يَقُولُ الْمَلِكُ لِلَّذِينَ عَنِ يَمِينِهِ تَعَالَوْا يَا مُبَارَكِي أَبِي رَثْوَا الْمَلِكِ الْمُعَدَّةَ لَكُمْ مِنْذُ إِنْشَاءِ الْعَالَمِ * لِأَنِّي جُعْتُ فَأَطْعَمْتُمُونِي وَعَطَشْتُ فَسَقَيْتُمُونِي وَكُنْتُ غَرِيبًا فَأَوَيْتُمُونِي * وَعُرِيَانًا فَكَسَوْتُمُونِي وَمَرِيضًا فَعُدْتُمُونِي وَمَحْبُوسًا فَأَتَيْتُمُ إِلَيَّ * حِينَئِذٍ يُجِيبُهُ الصِّدِّيقُونَ قَائِلِينَ يَا رَبُّ مَتَى رَأَيْنَاكَ جَائِعًا فَأَطْعَمْنَاكَ أَوْ عَطْشَانَ فَسَقَيْنَاكَ وَمَتَى رَأَيْنَاكَ غَرِيبًا فَأَوَيْنَاكَ أَوْ عُرِيَانًا فَكَسَوْنَاكَ * وَمَتَى رَأَيْنَاكَ مَرِيضًا أَوْ مَحْبُوسًا فَأَتَيْنَا إِلَيْكَ فَيُجِيبُ الْمَلِكُ وَيَقُولُ لَهُمْ: الْحَقُّ أَقُولُ لَكُمْ بِمَا أَنْتُمْ فَعَلْتُمْ ذَلِكَ بِأَحَدِ إِخْوَتِي هَؤُلَاءِ الصَّغَارِ فَبِي فَعَلْتُمُوهُ * حِينَئِذٍ يَقُولُ أَيْضًا لِلَّذِينَ عَنِ يَسَارِهِ اذْهَبُوا عَنِّي يَا مَلَاعِينُ إِلَى النَّارِ الْأَبَدِيَّةِ الْمُعَدَّةِ لِإِبْلِيسَ وَمَلَائِكَتِهِ * لِأَنِّي جُعْتُ فَلَمْ تُطْعِمُونِي وَعَطَشْتُ فَلَمْ تَسْقُونِي * وَكُنْتُ غَرِيبًا فَلَمْ تُؤْوُونِي وَعُرِيَانًا فَلَمْ تَكْسُونِي وَمَرِيضًا وَمَحْبُوسًا فَلَمْ تَزُورُونِي * حِينَئِذٍ يُجِيبُونَهُ هُمْ أَيْضًا قَائِلِينَ يَا رَبُّ مَتَى رَأَيْنَاكَ جَائِعًا أَوْ عَطْشَانَ أَوْ غَرِيبًا أَوْ عُرِيَانًا أَوْ مَرِيضًا أَوْ مَحْبُوسًا وَلَمْ نَخْدِمَكَ * حِينَئِذٍ يُجِيبُهُمْ قَائِلًا الْحَقُّ أَقُولُ لَكُمْ بِمَا أَنْتُمْ لَمْ تَفْعَلُوا ذَلِكَ بِأَحَدِ هَؤُلَاءِ الصَّغَارِ فَبِي لَمْ تَفْعَلُوهُ * فَيَذْهَبُ هَؤُلَاءِ إِلَى الْعَذَابِ الْأَبَدِيِّ وَالصِّدِّيقُونَ إِلَى الْحَيَاةِ الْأَبَدِيَّةِ.

SOYO

Teen SOYO LAR Wed., Feb. 26th at 6:30pm

Teen SOYO Night every Wednesday at 6:30pm

YAM

Adult Sunday School every Sunday after Liturgy

Catechism Class every Saturday from 6:00pm to 7:00pm. Everyone is welcome to attend.

Antiochian Women

Antiochian Women Meeting
Friday, February 28th at 6pm

Sunday School

Every Sunday starting at 10:00am with Divine Liturgy

Spring Gathering—February 20th-23rd

St. Mary's is hosting the Diocesan Spring Gathering. Please mark your calendars and register online! All of the information is on our website. See Fabiola Sweis with questions.

Wedding

Congratulations to
David Castronova &
Indira Ghandi Sweis

Wedding

Congratulations to
Odai Bajes Qammoh &
Chrystal Samir Samawi

Epistle Readers

2/23/20- Yousef A. Tadros &
Josephine Tadros
3/1/20- Fabiola Sweis &
Rima Sleiman

Coffee Hour

2/23/20– Bishara Sweiss
& Family
3/1/20– Antiochian Women
3/8/20– Khaled and Samira
Tadros & Family

House Blessing

House Blessings will begin
January 6th! The office will be
calling you to schedule it. If
you would like to schedule
your house blessing sooner,
please call the church office.

** Please visit*

*www.stmaryoc.org to view
the complete online bulletin
which includes all of the
events and details.*

Upcoming Events

Date	Time	Event
2/21/2020	5:00pm	Vespers for Saturday of Souls
2/22/2020	7:00am	Orthros for Saturday of Souls with Bishop ANTHONY
	8:00am	Divine Liturgy for Saturday of Souls with Bishop ANTHONY
	10:45am	Arabic School
	5:00pm	Great Vespers
2/23/2020	8:45am	Orthros
	10:00am	Hierarchical Divine Liturgy with Bishop ANTHONY
		Sunday School
	11:30am	Meatfare Sunday - Shawarma Sale - Antiochian Women
2/26/2020	10:00am	Morning Prayers & Bible Study
	6:30pm	SOYO Night - LAR
2/28/2020	6:00pm	Antiochian Women Meeting
2/29/2020	10:45am	Arabic School
	5:00pm	Great Vespers
	6:00pm	Adult Catechism
3/1/2020	8:45am	Orthros
	10:00am	Divine Liturgy
		Sunday School
	11:30am	Cheesefare Sunday - Pizza Sale - Antiochian Women
	5:00pm	Forgiveness Sunday Vespers
3/2/2020	7:00pm	Great Compline w/ Canon of St. Andrew
3/3/2020	7:00pm	Great Compline w/ Canon of St. Andrew
3/4/2020	10:00am	Presanctified Liturgy
	11:00am	Bible Study
	6:30pm	SOYO Night - LAR
	7:00pm	Great Compline w/ Canon of St. Andrew

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet."

May God bless you and give you many healthy years in His service.

Lent & Holy Week Services 2020 خدمات الصيام والاسبوع العظيم

February 22 شباط	Saturday: Orthros for Saturday of Souls السبت: صلاة السحر لسبت الأموات Liturgy for Saturday of Souls القداس لسبت الأموات Great Vespers صلاة الغروب	7:00am صباحا 8:00am صباحا 5:00pm مساء
February 23 شباط	Sunday of the Last Judgment (Meatfare Sunday) أحد الدينونة الأخيرة (مرفع اللحم)	10:00am صباحا
February 29 شباط	Great Vespers صلاة الغروب	5:00pm مساء
March 1 آذار	Sunday of Forgiveness (Cheesefare Sunday) أحد الغفران (مرفع الجبن) Forgiveness Vespers غروب أحد الغفران	10:00am صباحا 5:00pm مساء
March 2 آذار	Monday: Great Compline w/ Canon to St. Andrew الإثنين: صلاة النوم الكبرى	7:00pm مساء
March 3 آذار	Tuesday: Great Compline w/ Canon to St. Andrew الثلاثاء: صلاة النوم الكبرى	7:00pm مساء
March 4 آذار	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه Great Compline w/ Canon to St. Andrew صلاة النوم الكبرى	10:00am صباحا 7:00pm مساء
March 5 آذار	Thursday: Great Compline w/ Canon to St. Andrew الخميس: صلاة النوم الكبرى	7:00pm مساء
March 6 آذار	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه Akathist w/ Potluck Dinner خدمة مديح والدة الإله	10:00am صباحا 7:00pm مساء
March 7 آذار	Great Vespers صلاة الغروب	5:00pm مساء
March 8 آذار	Divine Liturgy for the 1st Sunday of Lent القداس الإلهي للأحد الأول من الصوم	10:00am صباحا
March 9 آذار	Monday: Great Compline الإثنين: صلاة النوم الكبرى	7:00pm مساء
March 11 آذار	Wednesday: Pan-Orthodox Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه St. Luke Orthodox Church (OCA) 10700 S Kean Ave. Palos Hills, IL 60465	6:30pm مساء

خدمات الصيام والاسبوع العظيم 2020 Lent & Holy Week Services

March 13 آذار	<p>Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه</p> <p>Akathist w/ Potluck Dinner خدمة مديح والدة الإله</p>	<p>10:00am صباحا</p> <p>7:00pm مساء</p>
March 14 آذار	<p>Great Vespers صلاة الغروب</p>	<p>5:00pm مساء</p>
March 15 آذار	<p>Divine Liturgy for the 2nd Sunday of Lent القداس الإلهي للأحد الثاني من الصوم</p>	<p>10:00am صباحا</p>
March 16 آذار	<p>Monday: Great Compline الإثنين: صلاة النوم الكبرى</p>	<p>7:00pm مساء</p>
March 18 آذار	<p>Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه</p> <p>Sts. Peter & Paul Orthodox Church (OCA) 6980 S. County Line Rd. Burr Ridge, IL 60527</p>	<p>6:30pm مساء</p>
March 20 آذار	<p>Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه</p> <p>Akathist w/ Potluck Dinner خدمة مديح والدة الإله</p>	<p>10:00am صباحا</p> <p>7:00pm مساء</p>
March 21 آذار	<p>Great Vespers صلاة الغروب</p>	<p>5:00pm مساء</p>
March 22 آذار	<p>Divine Liturgy for the 3rd Sunday of Lent القداس الإلهي للأحد الثالث من الصوم</p>	<p>10:00am صباحا</p>
March 23 آذار	<p>Monday: Great Compline الإثنين: صلاة النوم الكبرى</p>	<p>7:00pm مساء</p>
March 24 آذار	<p>Great Vespers for the Annunciation w/Artoklasia صلاة الغروب لعيد البشارة</p>	<p>7:00pm مساء</p>
March 25 آذار	<p>Orthros for the Annunciation صلاة السحر لعيد البشارة</p> <p>Liturgy for the Annunciation خدمة القداس لعيد البشارة</p>	<p>9:00am صباحا</p> <p>10:00am صباحا</p>
March 27 آذار	<p>Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه</p> <p>Akathist w/ Potluck Dinner خدمة مديح والدة الإله</p>	<p>10:00am صباحا</p> <p>7:00pm مساء</p>
March 28 آذار	<p>Great Vespers صلاة الغروب</p>	<p>5:00pm مساء</p>
March 29 آذار	<p>Divine Liturgy for the 4th Sunday of Lent القداس الإلهي للأحد الرابع من الصوم</p>	<p>10:00am صباحا</p>
March 30 آذار	<p>Monday: Great Compline الإثنين: صلاة النوم الكبرى</p>	<p>7:00pm مساء</p>

Lent & Holy Week Services 2020 خدمات الصيام والاسبوع العظيم

April 1 نيسان	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه Sts. Peter & Paul Ukrainian 8410 W 131st St, Palos Park, IL 60464	6:30pm مساء
April 2 نيسان	Thursday: Little Compline w/ Canon of St. Andrew and life of St. Mary of Egypt الخميس: صلاة النوم الصغرى مع قانون القديس اندراوس وسيرة القديسة مريم المصرية	7:00pm مساء
April 3 نيسان	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه Akathist w/ Potluck Dinner خدمة مديح والدة الإله	10:00am صباحا 7:00pm مساء
April 4 نيسان	Great Vespers صلاة الغروب	5:00pm مساء
April 5 نيسان	Divine Liturgy for the 5th Sunday of Lent القداس الإلهي للأحد الرابع من الصوم	10:00am صباحا
April 6 نيسان	Monday: Great Compline الإثنين: صلاة النوم الكبرى	7:00pm مساء
April 8 نيسان	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه Hosted by: St. Mary Orthodox Church	6:30pm مساء
April 10 نيسان	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه Little Compline w/ Canon to Lazarus قانون سبت اليعازر	10:00am صباحا 7:00pm مساء
April 11 نيسان	Saturday: Lazarus Saturday Orthros السبت: صلاة السحر لسبت اليعازر Lazarus Saturday Liturgy القداس لسبت اليعازر Great Vespers for Palm Sunday w/ Artoklasia صلاة الغروب لعيد الشعانين	9:00am صباحا 10:00am صباحا 5:00pm مساء
April 12 نيسان	Sunday: Palm Sunday Liturgy الأحد: خدمة القداس لعيد الشعانين 1st Bridegroom Service الختن الأولى	10:00am صباحا 7:00pm مساء
April 13 نيسان	Monday: Pre-Sanctified Liturgy الإثنين: القداس السابق تقديسه 2nd Bridegroom Service الختن الثانية	10:00am صباحا 7:00pm مساء
April 14 نيسان	Tuesday: Pre-Sanctified Liturgy الثلاثاء: القداس السابق تقديسه الثالثة 3rd Bridegroom Service الختن الثالثة	10:00am صباحا 7:00pm مساء
April 15 نيسان	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه 4th Bridegroom Service الختن الرابعة Holy Unction Service صلاة الزيت المقدس	10:00am صباحا 5:00pm مساء 7:00pm مساء

Lent & Holy Week Services 2020 خدمات الصيام والاسبوع العظيم

نيسان 16 April	Thursday: Vesperal Liturgy of St. Basil الخميس: قداس باسيليوس الكبير Twelve Passion Gospels خدمة أناجيل الآلام الإثني عشر	10:00am صباحا 7:00pm مساء
نيسان 17 April	Friday: Royal Hours الجمعة: خدمة الساعات Taking Down From the Cross خدمة انزال المصلوب Lamentations جناز المسيح (HOLY FRIDAY All-Night VIGIL to follow سهرانية الجمعة العظيمة)	10:00am صباحا 3:00pm مساء 7:00pm مساء
نيسان 18 April	Saturday: Vesperal Liturgy of St. Basil السبت: قداس سبت النور Rush Procession & Matins followed by Paschal Liturgy سحرية العيد، الهجمة وقداس القيامة	10:00am صباحا 10:00pm مساء
نيسان 19 April	Sunday: Agape Vespers الأحد: صلاة الباعوث	1:30pm ظهرا

MEATFARE SUNDAY

Today, February 23rd is Meatfare Sunday, the last day you can eat meat. Next Sunday, March 1st is Cheesefare Sunday, the last day you can have cheese and dairy products. March 2nd, is the first day of the Lenten Fast and it will continue until Pascha (Easter), April 19th. Please do not forget that in order for our fasting to be effective and beneficial to our souls, it must be accompanied by prayer, repentance, forgiveness, alms-giving (giving to the poor), and good works. The fast is not a “diet” so that one could lose weight. What good is the fast if it does not change us and strengthen our relationship with Jesus Christ and with one another? Fast from anger, judging, pride, gossip, and lust. If you are not able to keep the discipline of fasting as prescribed by the church for health reasons, please speak to one of our clergy and they will offer you a discipline you can handle. Remember the words of St. John Chrysostom:

“Let the ear fast, by not listening to evil talk and gossip...”

“Let the mouth fast from foul words and unjust criticism...”

“For what good is it if we abstain from birds and fishes, but bite and devour our brothers?”

Pan-Orthodox Presanctified Liturgies of the Southwest Churches 2020



St. Luke Orthodox Church (OCA)
10700 S. Kean Ave
Palos Hills, IL 60465

Sts. Peter & Paul Orthodox Church (OCA)
6980 S. County Line Rd.
Burr Ridge, IL 60527

Sts. Peter & Paul Ukrainian Orthodox Church
8410 W. 131st St.
Palos Park, IL 60464

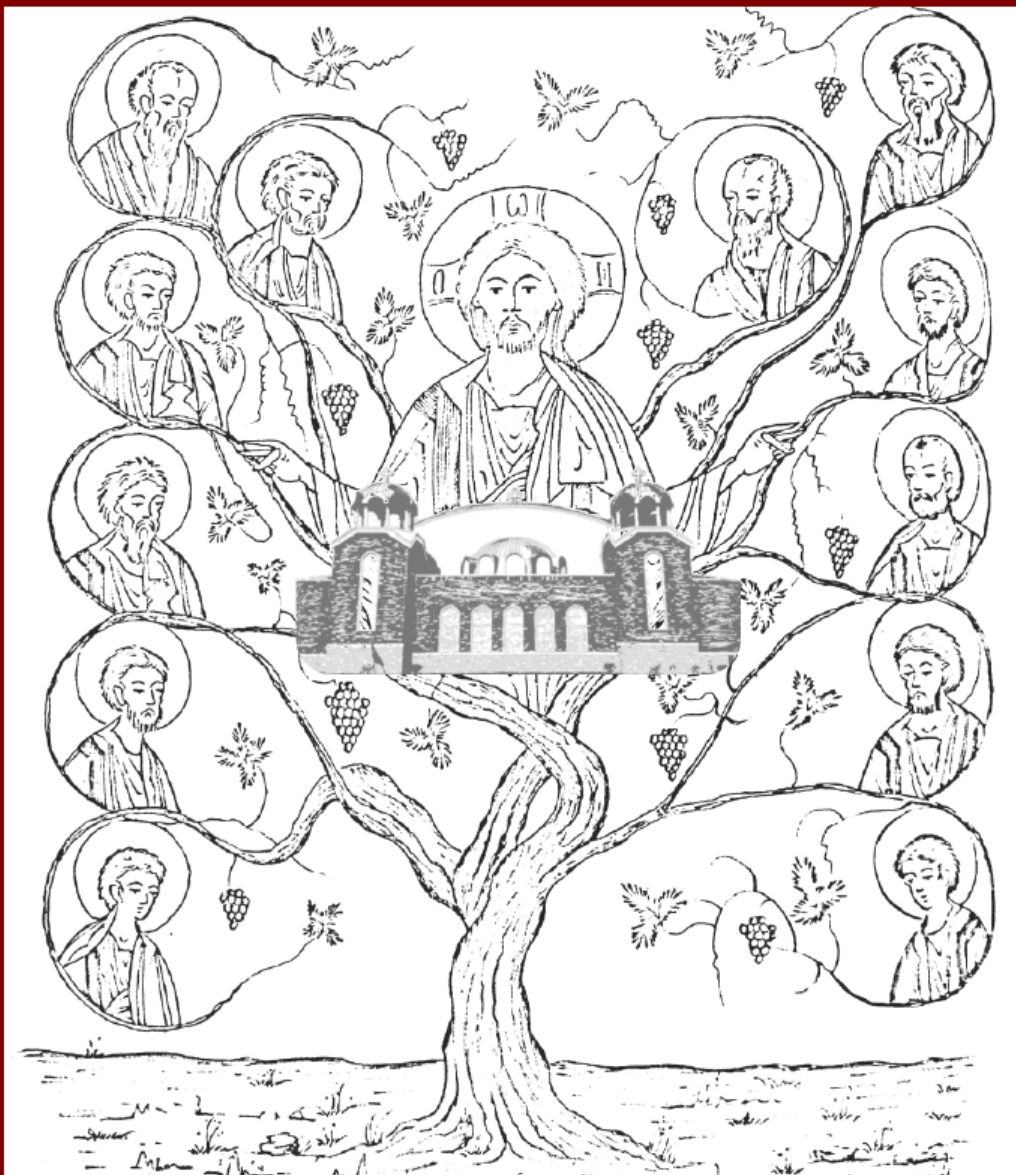
St. Mary Antiochian Orthodox Church
6330 W. 127th St.
Palos Heights, IL 60463

The Orthodox churches of the Southwest will come together to celebrate the Presanctified Liturgies on the Wednesdays listed below at 6:30pm. Each parish will take turns to welcome local Orthodox clergy and laity and provide a Lenten Potluck dinner following the Liturgy. Also, a brief Lenten reflection will be offered by one of our priests. Please mark your calendars with the schedule below.

“Behold, how good and how pleasant it is for brethren to dwell together in unity.” Psalm 133:1

Date (at 6:30pm)	Host Parish	Reflection
Wednesday, March 11th	St. Luke OCA	Fr. Herman Kincaid
Wednesday, March 18th	Sts. Peter & Paul OCA	Fr. Jacob Andoun
Wednesday, April 1st	Sts. Peter & Paul Ukrainian	Fr. Paul Jannakos
Wednesday, April 8th	St. Mary Antiochian	Fr. Vasyl Sendeha

St. Mary Orthodox Church of Palos Heights Adult Catechism Class with Fr. Jacob



Know Your Church

*15 talks about the
Orthodox Faith*

*Lectures adapted from
Fr. Josiah Trenham*

Every Saturday
6:00-7:00pm

January 4th–
April 18th 2020

This class is open to all adults who are desiring to learn and grow in the Orthodox Faith. The schedule is listed below. Please contact Fr. Jacob with any questions.

1/4/20	Starting Down the Royal Path: How to become an O. C.	3/7/20	The Church and the Mother of God
1/11/20	The True God	3/14/20	The Mystery of Holy Baptism & Chrismation
1/18/20	The Human Being	3/21/20	The Mystery of Holy Confession
1/25/20	Sin	3/28/20	The Mystery of the Holy Eucharist
2/1/20	Jesus Christ the Son of God	4/4/20	The Mystery of Holy Unction, Death and the Funeral
2/8/20	Jesus Christ the Savior of the World	4/11/20	The Mystery of Holy Priesthood & Marriage
2/15/20	Repentance and Faith	4/18/20	(Baptism/Chrismation) Holy Saturday
2/29/20	The Holy Spirit		

" For GOD did not send His Son into the world to condemn the world, but that the world through Him might be saved" John 3:17

Due By March 8th, 2020

Creative Arts

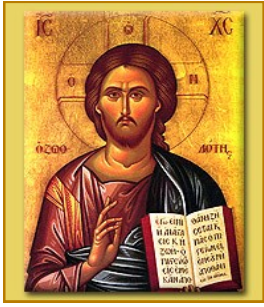
Art, Poetry, Writing, Photo and more
art & creativity

For More INFO Contact:

Manar Janinah: 708-248-0078

Marram Salman: 708-307-7473





Weekly Synaxarion



On February 23 in the Holy Orthodox Church, we commemorate the Hieromartyr Polycarp, bishop of Smyrna; Venerable Gorgonia, sister of Gregory the Theologian; Venerable Zebinas, Polychronios, Moses and Damian near Cyrrhus in Syria; and Venerable Damian of Esphigmenou Monastery on Mount Athos. Today, we commemorate the Second and impartial Coming of our Lord Jesus Christ. It is the Sunday of the Last Judgment—known also as Meat Fare Sunday—the lesson of which occurs in today’s Holy Gospel. Jesus illustrates to us God’s ineffable goodness and His great love for mankind. And so lest some who are lazy should loiter and spend the time appropriate to their salvation in the pursuit of sin, and be suddenly overtaken by death, the divine Fathers decree that on this day the remembrance of the Second Appearance of Christ may be celebrated. The intention is to remind them that, as God is good and loving to mankind, He is also a very righteous Judge Who recompenses each according to his deeds. Our Lord teaches us that when we minister to our brother or sister, we really minister to Him. This brings us righteousness and life eternal. By Thine ineffable love for mankind, O Christ God, make us worthy of Thy devoted voice, number us among Thy righteous ones and have mercy on us. Amen.