



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*"The disciples were first called Christians in Antioch." (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.stmaryoc.org (office@stmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

## St. Mary Parish Clergy

V. Rev. Fr. Mousa Haddad, Pastor

V. Rev. Fr. Malek Rihani

V. Rev. Fr. Danial Doss (OCA)

Rev. Fr. Jacob Andoun

Rev. Archdeacon Saed Rihani

## Parish Council

Fr. Mousa Haddad - Presiding Officer

Rashid Sweis - Chairman

Shireen Salman - Vice Chairman

Jason Haddad - Treasurer

Rain Chamoun - Financial Secretary

Fabiola Sweis - Secretary

Fadi Abu Manneh

Raed Bisharat

Laith Swais

Elia Sweis

Najib Zedan

## Parish Ministries

Sunday School - Elizabeth Andoun

SOYO - Daniel Nemri

YAM - Sally Sweis

Antiochian Women - Rita Sweis

Stewardship - Elia Sweis

Fundraising - Nassar Khoury

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Choir - Angela Haddad

Chanters - Khaled Salman and Danny

Haddad

Webmaster - Sana Sweis

Ushers - Jamal Swais, Louis Sweis

Couples Ministry - Nader & Angela

Haddad

## Office

May Sweis

office@stmaryoc.org

## Church Hall Rental

Call or email the church office

October 27<sup>th</sup>, 2019

*Nineteenth Sunday after Pentecost & Seventh Sunday of Luke  
The Holy Martyrs Zenobius and Zenobia*

الأحد التاسع عشر بعد العنصرة والأحد السابع من لوقا



## Weekly Schedule of Services:

Saturday Great Vespers 5:00pm

Sunday Orthros 8:45am followed by Divine Liturgy 10:00am

Wednesday Morning Prayers followed by Arabic Bible Study 10:00am

Check our website for feast day services and all other services

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

## Changes in the Liturgy

### تغييرات في القداس

#### Entrance Hymn

O Come, let us worship and fall down before Christ.

Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

هلم لنسجد ونركع للمسيح ملكنا والهنا، خلصنا يا ابن الله يا من قام من بين الاموات، لنرتل لك هلوليا!

#### Troparion of the Resurrection (Tone Two)

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

عندما انحدرت إلى الموت أيها الحياة الذي لا يموت. حينئذٍ أمتّ الجحيم ببرقٍ لاهوتك. وعندما أقمتّ الأموات من تحت الثرى. صرّخ نَحْوَك جميعُ القواتِ السَّمَاوِيِّينَ. أيُّها المسيحُ الإلهُ معطي الحياةِ المَجْدُ لَكَ.

#### Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

في ميلادِك حَفِظْتِ البتوليةَ وصننتِها وفي رقادِكِ ما أهملتِ العالمَ وتركتِهِ يا والدةَ الإلهِ. لأنكِ انتقلتِ إلى الحياةِ بما أنكِ أمُّ الحياةِ. فبشفاعاتِكِ أنقذي من الموتِ نفوسَنَا.

#### Kontakion of the Theotokos (Tone Two)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

يا شفيعَةَ المسيحيينَ غيرِ الخازيةِ، الوسيطةَ لدى الخالقِ غيرِ المردودةِ. لا تُعْرِضِي عن أصواتِ طِلْبَاتِنَا نحنُ الخطاةُ، بل تدارِكينا بالمعونةِ بما أنكِ صالحةٌ، نحنُ الصارخينَ نحوَكِ بإيمانٍ. بادري إلى الشفاعةِ وأسرعِي في الطلْبَةِ يا والدةَ الإلهِ، المتشفعةِ دائماً في مُكْرَمِيكِ.

### Epistle for the Nineteenth Sunday after Pentecost

### الرسالة للأحد التاسع عشر بعد العنصرة

*The Lord is my strength and my song. The Lord has chastened me severely.*

**The Reading from the Second Epistle of St. Paul to the Corinthians. (11:31-12:9)**

Brethren, the God and Father of the Lord Jesus, He Who is blessed forever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order

to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who 14 years ago was caught up to the third heaven—whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise—whether in the body or out of the body I do not know, God knows—and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but He said to me, “My grace is sufficient for you, for My power is made perfect in weakness.” I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

قَوْتِي وَتَسْبِحَتِي الرَّبِّ!

أَدْبَاباً أَدَّبَنِي الرَّبِّ!

فصلٌ من رسالة القديس بولس الرسول الثانية إلى أهل كورنثوس (١٢:٩؛ ١١:٣١).

يا إِخْوَةُ، قَدْ عَلِمَ اللَّهُ أَبُو رَبِّنَا يَسُوعَ الْمَسِيحَ، الْمُبَارَكُ إِلَى الْأَبَدِ أَنِّي لَا أَكْذِبُ \* كَانَ بِدِمَشْقَ الْحَاكِمِ تَحْتَ إِمْرَةِ الْمَلِكِ الْحَارِثِ، يَحْرُسُ مَدِينَةَ الدِّمَشْقِيِّينَ لِيَقْبِضَ عَلَيَّ \* فَذَلَّيْتُ مِنْ كَوَّةٍ فِي زَنْبِيلٍ مِنَ السُّورِ، وَنَجَوْتُ مِنْ يَدَيْهِ \* إِنَّهُ لَا يُوَافِقُنِي أَنْ أَفْتَخِرَ، فَأَتَيْتُ إِلَى رُؤْيِ الرَّبِّ وَإِعْلَانَاتِهِ \* إِنِّي أَعْرِفُ إِنْسَانًا فِي الْمَسِيحِ مُنْذُ أَرْبَعِ عَشْرَةَ سَنَةً (أَفِي الْجَسَدِ، لَسْتُ أَعْلَمُ، أَمْ خَارِجَ الْجَسَدِ لَسْتُ أَعْلَمُ، اللَّهُ يَعْلَمُ) اخْتُطِفَ إِلَى السَّمَاءِ الثَّالِثَةِ \* وَأَعْرِفُ أَنَّ هَذَا الْإِنْسَانَ (أَفِي الْجَسَدِ أَمْ خَارِجَ الْجَسَدِ لَسْتُ أَعْلَمُ، اللَّهُ يَعْلَمُ) \* اخْتُطِفَ إِلَى الْفِرْدَوْسِ، وَسَمِعَ كَلِمَاتٍ سِرِّيَّةٍ لَا يَحِلُّ لِإِنْسَانٍ أَنْ يَنْطِقَ بِهَا \* فَمِنْ جِهَةٍ هَذَا أَفْتَخِرُ، وَأَمَّا مِنْ جِهَةٍ نَفْسِي فَلَا أَفْتَخِرُ إِلَّا بِأَوْهَانِي \* فَإِنِّي لَوْ أَرَدْتُ الْإِفْتِخَارَ، لَمْ أَكُنْ جَاهِلًا لِأَنِّي أَقُولُ الْحَقَّ، لَكِنِّي أَتَحَاشَى لِئَلَّا يَظُنَّ بِي أَحَدٌ فَوْقَ مَا يَرَانِي عَلَيْهِ أَوْ يَسْمَعُهُ مِنِّي \* وَلِئَلَّا أَسْتَكْبِرُ بِفَرْطِ الْإِعْلَانَاتِ، أُعْطِيتُ شَوْكَةً فِي الْجَسَدِ، مَلَائِكَةُ الشَّيْطَانِ لِيَلْطَمَنِي لِئَلَّا أَسْتَكْبِرَ \* وَلِهَذَا طَلَبْتُ إِلَى الرَّبِّ ثَلَاثَ مَرَّاتٍ أَنْ تُفَارِقَنِي \* فَقَالَ لِي "تَكْفِيكَ نِعْمَتِي، لِأَنَّ قَوْتِي فِي الضَّعْفِ تَكْمُلُ" \* فَبِكُلِّ سُورٍ أَفْتَخِرُ بِالْحَرِيِّ بِأَوْهَانِي، لِتَسْتَنْقِرَ فِي قُوَّةِ الْمَسِيحِ.

## Gospel for the Seventh Sunday of St. Luke

### الإنجيل للأحد السابع من لوقا

**The Reading from the Holy Gospel according to St. Luke. (8:41-56)**

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. As Jesus went, the people pressed round Him. And a

woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind Him, and touched the fringe of His garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched Me?" When all denied it, Peter said, "Master, the multitudes surround Thee and press upon Thee! And Thou sayest, 'Who touched Me?'" But Jesus said, "Someone touched Me; for I perceive that power has gone forth from Me." And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace." While Jesus was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher any more." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

#### فصل شريف من بشارة القديس لوقا الإنجيلي البشير, التلميذ الطاهر. (٥٦-٤١:٨)

في ذلك الزمان، دنا إلى يسوع إنسان اسمه يابرس، وهو رئيس للمجمع، وخر عند قدمي يسوع، وطلب إليه أن يدخل إلى بيته \* لأن له ابنة وحيدة، لها نحو اثنتي عشرة سنة، قد أشرقت على الموت. وبينما هو مُطلق، كان الجموع يزحمونه \* وإن امرأة بها نزف دم منذ اثنتي عشرة سنة، وكانت قد أنفقت معيشتها كلها على الأطباء ولم يستطع أحد أن يشفيها، \* دنت من خلفه، ومسّت هذب ثوبه. وللوقت وقف نزف دمها \* فقال يسوع: "من لمسني؟" وإذ أنكر جميعهم، قال بطرس والذين معه: "يا معلم، إن الجموع يضايقونك ويزحمونك وتقول من لمسني؟" \* فقال يسوع: "إنه قد لمسني واحد. لأني علمت أن قوة قد خرجت مني \* فلما رأت المرأة أنها لم تخف، جاءت مرتعدة، وخرت له، وأخبرت أمام كل الشعب لأية علة لمسته وكيف برئت للوقت \* فقال لها: "تقي يا ابنة. إيمانك أبرك، فأذهبي بسلام" \* وفيما هو يتكلم، جاء واحد من ذوي رئيس المجمع، وقال له: "إن ابنتك قد ماتت، فلا تتعب المعلم" \* فسمع يسوع، فأجابه قائلاً: "لا تخف. أمّن فقط، فنبراً هي" \* ولما دخل البيت، لم يدع أحداً يدخل إلا بطرس ويعقوب ويوحنا وأبا الصبية وأمها \* وكان الجميع يبكون ويلطمون عليها. فقال لهم: "لا تبكوا. إنها لم تمت، ولكنها نائمة" \* فضحكوا عليه لعلمهم بأنها قد ماتت \* فأمسك بيدها ونادى قائلاً: "يا صبيّة، قومي" \* فرجعّت روحها، وقامت في الحال. فأمر أن تُعطى لتأكل. فدّهش أبواها، فأوصاهما أن لا يقولوا لأحد ما جرى.

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

10/27: Elias and Raedah Tadros & Family

11/03: Karim and Isberans Hadwah & Family

11/10: Feras and Jackie Salman & Family

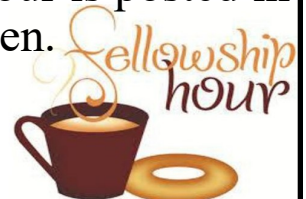
## Epistle Reading

10/27: Natalie Alsweis & Norma Tadros

11/03: Delia Haddad & Rima Sleiman

## **Holy Bread & Coffee Hour**

The sign up sheet for 2020 Holy Bread and Coffee Hour is posted in the Fellowship kitchen.

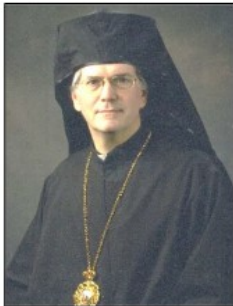


St. George Church ~ Akron, Ohio is honored to host the  
**Diocese of Toledo and the Midwest**

## **2019 CLERGY RETREAT AND FALL GATHERING**

*With His Grace Bishop ANTHONY Presiding*

Thursday, October 24 -- Sunday, October 27



◆ Accommodations: Double Tree Hilton Hotel 3150 W. Market Street, Fairlawn, OH 44333  
Special room rate: \$100 daily plus food vouchers  
Call 300-869-9000 to make your reservation and mention *St. George Fall Gathering* for discount!

### Activities include:

- ◆ Clergy Retreat ◆ Daily Services and Prayer Sessions ◆ Teen and Young Adult Activities
- ◆ Service Projects ◆ Antiochian Women meetings ◆ Meals
- An inspiring blending of worship, service, and fellowship!

### **MORE DETAILS TO FOLLOW**

For questions, please contact Coordinators: Julia Shaheen ([jmshaheen@gmail.com](mailto:jmshaheen@gmail.com)) or Bob Snyder 330-285-3688.

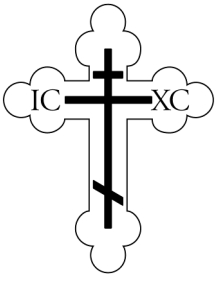
Thank you and God bless you

Very Rev. John Alassaf, Pastor

St. George Antiochian Orthodox Church • 3204 Ridgewood Road • Akron, OH 44333  
Phone: 330-666-7116 • Fax: 330-666-8292 • Email: [mail@stgeorgeakron.com](mailto:mail@stgeorgeakron.com) • Web: [www.stgeorgeakron.com](http://www.stgeorgeakron.com)

# Upcoming Events

<b>Sat Oct 26</b>	10:45am	Arabic School
	11:30am	Feed My Starving Children
	5:00pm	Great Vespers
<b>Sun Oct 27</b>	8:45am	Orthros
	10:00am	Divine Liturgy
	10:00am	Sunday School
<b>Mon Oct 28</b>	7:00pm	Open Gym
<b>Wed Oct 30</b>	10:00am	Morning Prayers
	10:30am	Arabic Bible Study
	6:30pm	Teen SOYO
	6:30pm	Parent Bible Study for Teen SOYO
<b>Sat Nov 2</b>	10:00am	St. Raphael Stewardship Day
	10:00am	Liturgy for St. Raphael of Brooklyn
	10:45am	Arabic School
	5:00pm	Great Vespers
<b>Sun Nov 3</b>	8:45am	Orthros
	10:00am	Divine Liturgy
	10:00am	Sunday School
<b>Mon Nov 4</b>	7:00pm	Open Gym
<b>Wed Nov 6</b>	10:00am	Morning Prayers
	10:30am	Arabic Bible Study
	6:30pm	Teen SOYO
<b>Fri Nov 8</b>	7:00pm	Antiochian Women Meeting
<b>Sat Nov 9</b>	10:45am	Arabic School
	5:00pm	Great Vespers
	6:00pm	Annual Thanksgiving Dinner



# "Liturgy after the Liturgy"

*Taking our faith outside the church walls*



**Date:**

Saturday - October 26<sup>th</sup>, 2019

**Time:**

11:30am - 1:30pm

**Location:**

Feed My Starving Children,  
555 Exchange Court, Aurora, IL

**Purpose:** Pack meals for starving children

Feed My Starving Children is a Christian nonprofit hunger relief organization.

Children (Kindergarten and older), teens, and adults are all welcome to attend. Volunteer hours will be granted upon request.

You need to register in order to attend. All volunteers are encouraged to donate at least \$7 (which will feed a child for an entire month!)

To register, [click here](#) or go to <https://form.jotform.com/92815599758984>.

*On behalf of God's children, thank you in advance for your commitment.*

# **YAM**

## **Upcoming Events**

October 25th - 26th - Fall Gathering

November 23rd - Chai Chat at Helena Janinah's House

December 14th - Theology and Iconography

# **SOYO**

## **Upcoming Events**

Pantry Partners with St. Innocent Orphanage

October - SOYO Month

October 25th - 26th - Fall Gathering

October 30th - SOYO Parent Bible Study

November 13th - Bowling Night



# "Liturgy after the Liturgy"

*Taking our faith outside the church walls*

## **Annual Christmas Toy Drive**

*"Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God." (Hebrews 13:16)*

It is that time of the year again to begin preparing for our Annual Christmas Drive. The wish lists for 80 children given to us by the Illinois Department of Children and Family Services will be distributed Sunday, October 27<sup>th</sup>. Please see Kh. Delia Haddad to sign-up and take a list. For most of these children, these will be the only Christmas gifts they receive.

**Please drop off your gifts at the church office  
during regular business hours:  
Monday - Friday, 10am - 3pm**

**Toys due Sunday, November 10<sup>th</sup>**

St. Mary Orthodox Church

# CASH RAFFLE

*Support the growth and sustainability of your church by participating in this raffle!*

**Grand Prize- \$10,000**

**2nd Prize- \$3,000**

**3rd Prize- \$2,000**

*Each raffle ticket costs \$100*

*The drawing will take place at our annual Thanksgiving Party on Saturday, November 9th.*

Please see any Parish Council member to purchase your tickets or follow this link to purchase tickets online!

<https://form.jotform.com/72487417019966>

*For questions contact the church office: (708)239-0004*

**YOU COULD WIN  
\$10,000**

# ST. RAPHAEL OF BROOKLYN STEWARDSHIP DAY

NOV. 2nd 2019

Divine Liturgy at 10am

Lunch at 11:30 am

Life of St Raphael Talk 11:50am

Stewardship Projects Begin 12:30pm

Wrap up 2:30pm

ALL ADULTS AND CHILDREN  
ARE ENCOURAGED TO ATTEND



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# STEWARDSHIP

stewardship refers to the way time, talents, material possessions, or wealth are used or given for the service of God.

RSVP BY: 10/31/19  
FOR INQUIRES SUSAN SWEIS 916-990-8335



*St. Mary's  
Annual Thanksgiving Dinner*

*Hosted by Our Antiochian Women*

*Saturday, November 9th, 2019*

*St. Mary Orthodox Church  
6330 W. 127th St.  
Palos Heights, IL 60463*

*Join us for music, food, and lots of fun!*

*Ticket: Adults - \$40  
Children (6-12yrs) - \$20  
Doors open at 6:00pm*

*Drawing for Cash Raffle will be held during this event*

*Please contact Muna Salman 708-769-5105, Hana Sweis  
916-673-8151, Rita Sweis 773-510-4303 or any of the  
Antiochian Women for tickets.*

*"It is a good thing to give thanks unto the Lord"*

*Psalm 92: 1*



2019

# Family PHOTO FUNDRAISER



Saturday November 9th during the Thanksgiving Dinner & November 10th after Liturgy

FROM,  
OUR FAMILY AT ST. MARY'S  
Made with PosterMyWall.com

CONTACT: SUSAN SWEIS  
TO RESERVE YOUR SPOT  
Phone: 916-990-8335  
OR

EMAIL SUNDAY SCHOOL:  
SUNDAYSCHOOL@ST.MARYOC.ORG



**St. Mary Antiochian Orthodox Church - Palos Heights, IL  
14th ANNUAL SOYO CHRISTMAS RETREAT - 2019**



**“Seek ye first the kingdom of God, and his righteousness; and all things shall be added unto you.” *Matthew 6:33***

**SOYO MEMBERS ARE INVITED  
TO OUR 14TH ANNUAL CHRISTMAS RETREAT!**

**Join us for inspiring sessions with our very own Father Mousa Haddad, Father Jacob Andoun and Deacon Saed Rihani  
Guest Speaker: Bishop Nicholas of Miami**

**Who: SOYO Members 13 - 18 years old**

**When: Friday, December 27th to Sunday, December 29th**

**Where: Dickson Valley Camp and Retreat Center  
8250 Finnie Rd.  
Newark, IL 60541**

**Cost: \$150.00**

**For Information Contact: Fr. Jacob Andoun, at 908-370-8632 or  
youthpastor@stmaryoc.org**

**For Scholarship or Financial Assistance. Please Contact Fr. Mousa Haddad Directly**

**Registration Starts: October 27, 2019**

**DEADLINE: December 15, 2019**

**\$50 Deposit Required to Reserve Spot**

**Teens will enjoy Outdoor Laser Tag, Gauntlet, Tubing,  
Wall Climbing and many more fun activities.**

# **Annual General Assembly Meeting and Parish Council Nominations**

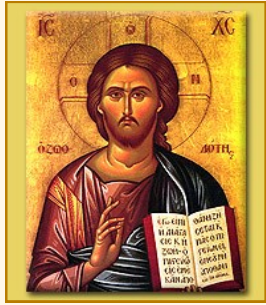


If you are interested in nominating yourself or another person for St. Mary's Parish Council, please let any member of the Parish Council know by Saturday, December 14<sup>th</sup>. Nominations will not be considered after that date.

Our Annual General Assembly Meeting will take place Sunday, January 12<sup>th</sup> immediately following the Divine Liturgy. Mark your calendars and make every effort to attend.

Please make sure your 2019 pledge is paid in full by Tuesday, December 31<sup>st</sup>, so that you can participate in the General Assembly.

**Thanks and God bless!**



## Weekly Synaxarion



On October 27 in the Holy Orthodox Church, we commemorate the companion of Great-Martyr Demetrios the Myrrh-Streamer: Martyr Nestor of Thessalonica. Nestor learned the Christian Faith from St. Demetrios himself. At that time, Christ's enemy, Emperor Maximian, highly prized a Vandal fighter named Lyaeus, a man of Goliath-like size and strength. He defeated all challengers and threw them to their deaths onto a forest of spears. Christians were arrested and forced to duel with Lyaeus. Nestor's heart was torn with pain, and he decided to duel Lyaeus. But first, he went to prison to see St. Demetrios and sought a blessing from him. St. Demetrios made the sign of the Cross on his chest and forehead and prophesied to him, "You will defeat Lyaeus, but you will suffer for Christ." Thus, young Nestor of David-like size went to duel with Lyaeus. Maximian was present with a great crowd. Everyone pitied and feared for Nestor, but he crossed himself and said: "O God of Demetrios, help me!" With God's help, he defeated Lyaeus, knocked him down, and threw him to his death onto the sharp spears. Then all the people cried out: "Great is the God of Demetrios!" But the humiliated emperor commanded that Nestor be beheaded and Demetrios run through with lances. Thus, both Christian heroes took up habitation in the Kingdom of their Lord in the year 306. On this day, we also commemorate Procla (Claudia) the wife of Pontius Pilate; Kyriakos, patriarch of Constantinople; and Venerable Nestor the Chronicler of the Kiev Caves. By their intercessions, O Christ God, have mercy upon us. Amen.