



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*"The disciples were first called Christians in Antioch." (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.stmaryoc.org (office@stmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

## St. Mary Parish Clergy

V. Rev. Fr. Mousa Haddad, Pastor

V. Rev. Fr. Malek Rihani

V. Rev. Fr. Danial Doss (OCA)

Rev. Archdeacon Saed Rihani

Rev. Dn. Jacob Andoun

## Parish Council

Fr. Mousa Haddad - Presiding Officer

Rashid Sweis - Chairman

Shireen Salman - Vice Chairman

Jason Haddad - Treasurer

Rain Chamoun - Financial Secretary

Fabiola Sweis - Secretary

Fadi Abu Manneh

Raed Bisharat

Laith Sweis

Elia Sweis

Najib Zedan

## Parish Ministries

Sunday School - Elizabeth Andoun

SOYO - Daniel Nemri

YAM - Sally Sweis

Antiochian Women - Rita Sweis

Stewardship - Elia Sweis

Fundraising - Nassar Khoury

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Choir - Angela Haddad

Chanters - Khaled Salman and Danny

Haddad

Webmaster - Sana Sweis

Ushers - Jamal Swais, Louis Sweis

Couples Ministry - Nader & Angela

Haddad

## Office

May Sweis

office@stmaryoc.org

## Church Hall Rental

Call or email the church office

August 18<sup>th</sup> 2019

*Ninth Sunday after Pentecost and Ninth Sunday of Matthew  
After-feast of the Dormition of the Theotokos*

الأحد التاسع بعد العنصرة والأحد التاسع من متى

الأحد الذي بعد عيد رقاد سيدتنا والدة الإله



*Welcome to his Grace Bishop Anthony!*

*God grant you many years!*

## Weekly Schedule of Services:

Saturday Great Vespers 5:00pm

Sunday Orthros 8:45am followed by Divine Liturgy 10:00am

Wednesday Morning Prayers followed by Arabic Bible Study 10:00am

Check our website for feast day services and all other services

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.



Please Join us for the Ordination of  
**Dn. Jacob Andoun to the Holy Priesthood**  
*By the laying on of hands of His Grace Bishop Anthony*



**Sunday, August 18<sup>th</sup> 2019**  
*Founders' Day Weekend*

**Orthros— 8:45am | Divine Liturgy— 10:00am**

**Wednesday 8/14/19**

*Vigil for the Feast of the Dormition  
 presided by His Grace Bishop Anthony*  
**4:30pm**— Great Vespers with Artoklasia  
**5:45pm**— Orthros & Lamentations  
**7:00pm**— Divine Liturgy followed by a  
 Parish Potluck

**Thursday 8/15/19**

**6:00pm**— SOYO Night with Bp. Anthony  
**7:30pm**— YAM Outing at Portillo's with  
 Bp. Anthony  
 (13130 S. Cicero Ave. Crestwood, IL)

**Friday 8/16/19**

**6:30pm**— An evening with the Antiochian  
 Women

**Saturday 8/17/19**

**9:00am—12:00pm**— St. Mary's Annual  
 Humanitarian Walk at Lake Katherine  
 followed by brunch at RoyalBerry  
**5:00pm**— Hierarchical Great Vespers  
**6:00pm**— Parish Council Dinner with  
 Bp. Anthony

**Sunday 8/18/19**

**8:45am**— Orthros with Byzantine Choir  
**10:00am**— Hierarchical Divine Liturgy with  
 Byzantine Choir followed by a luncheon  
 celebrating the ordination of  
 Fr. Jacob Andoun

Please contact the church office with any  
 questions: (708)239-0004

*"Be favorably pleased to grant unto him the great grace of thy Holy Spirit, and make him  
 wholly thy servant, in all things acceptable unto thee, and worthily exercising the great  
 honors of the priesthood which thou hast conferred upon him by thy prescient power."*

*-Service of the Ordination of a Priest*



# Changes in the Liturgy

## تغييرات في القداس

### First Antiphon

Shout with joy to God, all the earth, give thanks unto the Lord and call upon His name; declare among the nations His works.

*Through the intercessions of the Theotokos, Savior, save us!*

In the city of our God, in His holy mountain, His place has been made in peace, and His dwelling in Zion.

*Through the intercessions of the Theotokos, Savior, save us!*

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto ages of ages. Amen.

*Through the intercessions of the Theotokos, O Savior, save us!*

هَلِّلُوا لِلَّهِ يَا جَمِيعَ الْأَرْضِ، اعْتَرَفُوا لَهُ وَسَبِّحُوا لاسْمِهِ.

بشَفَاعَاتِ وَالِدَةِ الْإِلَهِ يَا مُخَلِّصُ خَلصِنَا!

في مدينة رب القوات في مدينة إلهنا. صار موضعه بسلام ومسكنه في صهيون.

بشَفَاعَاتِ وَالِدَةِ الْإِلَهِ يَا مُخَلِّصُ خَلصِنَا!

المجدُ للآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.

بشَفَاعَاتِ وَالِدَةِ الْإِلَهِ يَا مُخَلِّصُ خَلصِنَا!

### Second Antiphon

The Lord loves the gates of Zion more than all the dwellings of Jacob. Glorious things are spoken of thee, O city of God.

*Save us, O Son of God, Who art Risen from the dead, who sing to Thee, Alleluia!*

God has laid her foundation unto eternity. We have thought, O God, of Thy mercy in the midst of Thy people.

*Save us, O Son of God, Who art Risen from the dead, who sing to Thee, Alleluia!*

The most-high has hallowed His tabernacle.

*Save us, O Son of God, Who art Risen from the dead, who sing to Thee, Alleluia!*

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto ages of ages. Amen.

*O only-begotten son and word of God...*

يحب الربُّ أبوابَ صهيون أكثر من جميع مساكن يعقوب. لقد حُدِّثَ عنك بالمفاخر يا مدينة الله.

خَلصِنَا يَا ابْنَ اللَّهِ، يَا مَنْ قَامَ مِنَ بَيْنِ الْأَمْوَاتِ، لِنُرْتَلِ لَكَ، هَلِّلُوكُنَا!

اللَّهُ أَسَّسَهَا إِلَى الدَّهْرِ.

خَلصِنَا يَا ابْنَ اللَّهِ، يَا مَنْ قَامَ مِنَ بَيْنِ الْأَمْوَاتِ، لِنُرْتَلِ لَكَ، هَلِّلُوكُنَا!

لقد قَدَّسَ العلي مسكنه.

خلصنا يا ابن الله، يا من قام من بين الاموات، لنرتل لك، هلولويا!  
المجدُّ للآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.  
يا كلمة الله الابن الوحيد...

### Third Antiphon

Ready is my heart, O God, ready is my heart; I will sing and chant in my glory. What shall I render unto the Lord for all that He hath given me? I will receive the cup of salvation, and I will call upon the Name of the Lord.

*In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death !*

مستعدُّ قلبي يا الله مستعدُّ قلبي. بماذا اكافىء الربَّ عن كل ما اعطانيه. كأس الخلاص أقبل، وباسم الرب أدعو.

في ميلادكِ حفِظتِ البتوليةَ وصنيتها وفي رقادكِ ما أهملتِ العالمَ وتركتيه يا والدة الإله. لأنك انتقلتِ إلى الحياة بما أنك أم الحياة. فبشفاعاتك أنقذي من الموتِ نفوسنا.

### Entrance Hymn

O Come, let us worship and fall down before Christ.

Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

هلمُّ لنسجد ونركع للمسيح ملكنا والهنا، خالصنا يا ابن الله يا من قام من بين الاموات، لنرتل لك هلولويا!

### Troparion of the Resurrection (Tone Eight)

From the heights, thou didst descend, O compassionate one, and thou didst submit to the three-day burial, that thou might deliver us from passion, thou art our life and our resurrection, O Lord, glory to thee.

انحدرت من العلى أيها المتحنين . وقبِلت الدفنَ ذا الثلاثة الأيام، لكي تعفنا من الآلام . فيا حياتنا وقيامتنا ياربُّ المجد لك.

### Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

في ميلادكِ حفِظتِ البتوليةَ وصنيتها وفي رقادكِ ما أهملتِ العالمَ وتركتيه يا والدة الإله. لأنك انتقلتِ إلى الحياة بما أنك أم الحياة. فبشفاعاتك أنقذي من الموتِ نفوسنا.

## Kontakion of the Dormition (Tone Two)

Verily, the Theotokos, who is ever watchful in intercessions, who is never rejected, neither tomb nor death could control. But being the Mother of Life, He who dwelt in her ever-Virgin womb did translate her to life. .

انَّ وَالِدَةَ الْإِلَهِ الَّتِي لَا تَغْفَلُ فِي الشَّفَاعَاتِ وَالرَّجَاءِ غَيْرِ الْمَرْدُودِ فِي النَّجْدَاتِ لَمْ يَضْبُطْهَا قَبْرٌ وَلَا مَوْتٌ. لَكِنْ  
بِمَا أَنَّهَا أُمُّ الْحَيَاةِ نَقَلَهَا إِلَى الْحَيَاةِ الَّذِي حَلَّ فِي مُسْتَوْدَعِهَا الدَّائِمِ الْبَتُولِيَّةِ.

## Epistle for the Ninth Sunday after Pentecost

### الرسالة للأحد التاسع بعد العنصرة

*Make your vows to the Lord our God and perform them!*

*In Judah God is known; His Name is great in Israel.*

**The Reading is from Saint Paul's First Letter to Corinthians (3:9-17).**

Brethren, we are God's fellow workers; you are God's field, God's building. According to the grace of God given to me, like a skilled master builder I laid a foundation, and another man is building upon it. Let each man take care how he builds upon it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if any one builds on the foundation with gold, silver, precious stones, wood, hay or straw, each man's work will become manifest; for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each one has done. If the work which any man has built on the foundation survives, he will receive a reward. If any man's work is burned up, he will suffer loss, though he himself will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy him; for God's temple is holy, and you are that temple.

صَلُّوا وَأَوْفُوا الرَّبَّ إِلَهَنَا نُذَوِّرْكُمْ!

اللَّهُ مَعْرُوفٌ فِي أَرْضِ يَهُودَا، وَاسْمُهُ عَظِيمٌ فِي إِسْرَائِيلَ!

فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولَسَ الرِّسُولِ الْأُولَى إِلَى أَهْلِ كُورِنْثُسَ (١٧-٩:٣) .

يَا أُخُوَّةُ إِنَّا نَحْنُ عَامِلُونَ مَعَ اللَّهِ وَانْتُمْ حَزَبُ اللَّهِ وَبِنَاءُ اللَّهِ \* أَنَا بِحَسَبِ نِعْمَةِ اللَّهِ الْمِعْطَاةِ لِي كِبْنَاءِ حَكِيمٍ  
وَضَعْتُ الْأَسَاسَ وَآخِرُ يَبْنِي عَلَيْهِ. فَلْيَنْظُرْ كُلُّ وَاحِدٍ كَيْفَ يَبْنِي عَلَيْهِ \* إِذْ لَا يَسْتَطِيعُ أَحَدٌ أَنْ يَضَعَ أُسَاسًا  
غَيْرَ الْمَوْضُوعِ وَهُوَ يَسُوعُ الْمَسِيحُ \* فَإِنْ كَانَ أَحَدٌ يَبْنِي عَلَى هَذَا الْأَسَاسِ ذَهَبًا أَوْ فِضَّةً أَوْ حِجَارَةً ثَمِينَةً أَوْ  
خَشْبًا أَوْ حَشِيشًا أَوْ تَبْنًا \* فَإِنْ عَمَلَ كُلُّ وَاحِدٍ سَيَكُونُ بَيِّنًا لِأَنَّ يَوْمَ الرَّبِّ سَيُظْهِرُهُ لِأَنَّهُ يُعْلَنُ بِالنَّارِ وَسَتَمْتَحَنُ  
النَّارُ عَمَلَ كُلِّ وَاحِدٍ مَا هُوَ \* فَمَنْ بَقِيَ عَمَلُهُ الَّذِي بَنَاهُ عَلَى الْأَسَاسِ فَسَيُنَالُ أَجْرَهُ \* وَمَنْ احْتَرَقَ عَمَلُهُ  
فَسَيَخْسَرُ وَسَيَخْلُصُ هُوَ وَلَكِنْ كَمَنْ يَمُرُّ فِي النَّارِ \* أَمَا تَعْلَمُونَ أَنَّكُمْ هَيْكَلُ اللَّهِ وَأَنَّ رُوحَ اللَّهِ سَاكِنٌ فِيكُمْ \* مَنْ  
يُفْسِدُ هَيْكَلَ اللَّهِ يُفْسِدُهُ اللَّهُ. لِأَنَّ هَيْكَلَ اللَّهِ مُقَدَّسٌ وَهُوَ أَنْتُمْ.

## Gospel for the Ninth Sunday after Pentecost

### إنجيل الأحد التاسع بعد العنصرة

#### The Reading of the Holy Gospel according to St. Matthew (14:22-34)

At that time, Jesus made the Disciples get into the boat and go before Him to the other side, while He dismissed the crowds. And after He had dismissed the crowds, He went up on the mountain by Himself to pray. When evening came, He was there alone, but the Disciples' boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night He came to them, walking on the sea. But when the Disciples saw Jesus walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately He spoke to them, saying, "Take heart, it is I; have no fear." And Peter answered Him, "Lord, if it is Thee, bid me come to Thee on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me!" Jesus immediately reached out His hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they got into the boat, the wind ceased. And those in the boat worshiped Him, saying, "Truly, Thou art the Son of God." And when they had crossed over, they came to land at Gennesaret.

فصلٌ شريفٌ من بشارَةِ القديسِ متىّ الإنجيلي البشير، التلميذِ الطاهر (٣٤-٢٢: ١٤).

في ذلكَ الزمانِ، اضطرَّ يسوعُ تلاميذهُ أنْ يَدْخُلُوا السَّفِينَةَ وَيَسْبِقُوهُ إِلَى الْعَبْرِ حَتَّى يَصْرِفَ الْجُمُوعَ \* وَلَمَّا صَرَفَ الْجُمُوعَ، صَعِدَ وَخَذَهُ إِلَى الْجَبَلِ لِيُصَلِّيَ. وَلَمَّا كَانَ الْمَسَاءَ، كَانَ هُنَاكَ وَخَذَهُ \* وَكَانَتِ السَّفِينَةُ فِي وَسْطِ الْبَحْرِ تَكْدُّهَا الْأَمْوَاجُ، لِأَنَّ الرِّيحَ كَانَتْ مُضَادَّةً لَهَا \* وَعِنْدَ الْهَجْعَةِ الرَّابِعَةِ مِنَ اللَّيْلِ، مَضَى إِلَيْهِمْ مَاشِيًا عَلَى الْبَحْرِ \* فَلَمَّا رَأَى التَّلَامِيذُ مَاشِيًا عَلَى الْبَحْرِ، اضْطَرَبُوا وَقَالُوا "إِنَّهُ خَيَالٌ"، وَمِنَ الْخَوْفِ صَرَخُوا \* فَلِلْوَقْتِ كَلَّمَهُمْ يَسُوعُ قَائِلًا: "تَقْوُوا، أَنَا هُوَ، لَا تَخَافُوا" \* فَأَجَابَهُ بُطْرُسُ قَائِلًا: "يَا رَبُّ، إِنْ كُنْتَ أَنْتَ هُوَ، فَمُرْنِي أَنْ آتِيَ إِلَيْكَ عَلَى الْمِيَاهِ" \* فَقَالَ: "تَعَالَ". فَتَنَزَلَ بُطْرُسُ مِنَ السَّفِينَةِ، وَمَشَى عَلَى الْمِيَاهِ آتِيًا إِلَى يَسُوعَ \* فَلَمَّا رَأَى شِدَّةَ الرِّيحِ، خَافَ، وَإِذْ بَدَأَ يَغْرَقُ، صَاحَ قَائِلًا: "يَا رَبُّ نَجِّنِي!". وَلِلْوَقْتِ مَدَّ يَسُوعُ يَدَهُ وَأَمْسَكَ بِهِ، وَقَالَ لَهُ: "يَا قَلِيلَ الْإِيمَانِ، لِمَاذَا شَكَّكَتَ؟" \* وَلَمَّا دَخَلَ السَّفِينَةَ، سَكَنَتِ الرِّيحُ \* فَجَاءَ الَّذِينَ كَانُوا فِي السَّفِينَةِ وَسَجَدُوا لَهُ قَائِلِينَ: "بِالْحَقِيقَةِ أَنْتَ ابْنُ اللَّهِ" \* وَلَمَّا عَبَرُوا، جَاءُوا إِلَى أَرْضِ جَنِّيَسَارَتِ.

### REMINDER

In an effort to eliminate distractions, collection baskets will not be passed during the Divine Liturgy. Instead, we kindly ask you to make your donation or pledge before or after service by placing it in the **donation box** at the entrance of the church. Envelopes are available on both sides of the donation box. Please keep this in mind since we depend on your contributions. Thank you for your generosity!



# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

8/18: Bishara Sweis & Family

8/25: Refqa Sweis & Bishara Sweis  
& Families

9/1: Bishara Sweis & Family



## **Baptism**

Zara

Parents: Elias & Mary Zabora

**Congratulations!**



## **Churching**

Olivia Grace

Parents: Samr & Rana Musa

**Congratulations!**

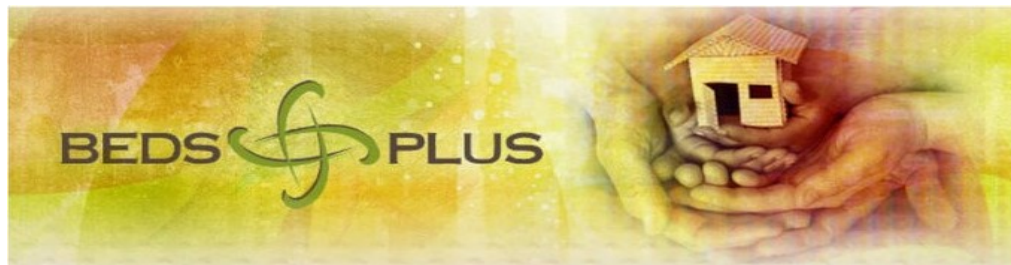
## **40 Days of Liturgies**

August 19th - September 27th  
starting at 10:00am

## **Epistle Reading**

8/18: Majd Akkawi & Amjad Khalil

8/25: Murad Salman & Lily Sweiss



## **BEDS Backpack Drive**

Do you have any new or gently used backpacks? Help us collect 75 backpacks to donate towards the BEDS Backpack Drive. Please drop off your backpacks to the church as soon as you can.

Thank you for your generosity!

# Upcoming Events

<b>Thurs Aug 15</b>	6:00pm	SOYO Night w/ Bishop Anthony
	7:30pm	YAM Outing at Portillo's w/Bishop Anthony
<b>Fri Aug 16</b>	6:30pm	Antiochian Women Evening w/Bishop Anthony
<b>Sat Aug 17</b>	9:00am	Humanitarian Walk
	5:00pm	Hierarchical Great Vespers
	6:00pm	Parish Council Dinner w/Bishop Anthony
<b>Sun Aug 18</b>	8:45am	Orthros
	10:00am	Hierarchical Divine Liturgy w/Bishop Anthony
<b>Mon Aug 19</b>	10:00am	Divine Liturgy
	7:00pm	Open Gym
<b>Tues Aug 20</b>	10:00am	Divine Liturgy
<b>Wed Aug 21</b>	10:00am	Divine Liturgy
	11:30am	Arabic Bible Study
<b>Thurs Aug 22</b>	10:00am	Divine Liturgy
<b>Fri Aug 23</b>	10:00am	Divine Liturgy
<b>Sat Aug 24</b>	10:00am	Divine Liturgy
	5:00pm	Great Vespers
	6:00pm	St. Mary's Family Night
<b>Sun Aug 25</b>	8:45am	Orthros
	10:00am	Divine Liturgy
<b>Mon Aug 26</b>	10:00am	Divine Liturgy
	7:00pm	Open Gym
<b>Tues Aug 27</b>	10:00am	Divine Liturgy
<b>Wed Aug 28</b>	10:00am	Divine Liturgy
	11:30am	Arabic Bible Study
<b>Thurs Aug 29</b>	9:00am	Orthros for the Beheading of St. John the Baptist
	10:00am	Liturgy for the Beheading of St. John the Baptist

## **SOYO UPCOMING EVENTS**

Thurs. Aug. 15 <sup>th</sup> - SOYO Night w/Bishop Anthony	6:00pm
Wed. Sept. 18th SOYO Nights Resume	6:30pm
Wed. Sept. 18 <sup>th</sup> - Laser Tag	6:30pm
Wed. Sept. 25 <sup>th</sup> - SOYO Parent Bible Study	6:30pm
October SOYO Month	

# **Back to Sunday School Party**

**Join us on**

**Saturday, September 7, 2019**

**at 5:30pm**

**for Parent Orientation, refreshments  
and fun Parent vs. Kids activities.**

You will also have a chance to see what your child will be doing throughout the year, sign up to volunteer and socialize with other parents.

*If you have any questions contact Elizabeth Andoun at [Sundayschool@stmaryoc.org](mailto:Sundayschool@stmaryoc.org)*

*St. Mary Orthodox Church*

*6330 W. 127th St. Palos Heights, IL 60463*

*Join your church family at  
Family Night*

**Saturday, August 24, 2019**

**Beginning at 7:00pm in the gymnasium**

**Join us for an evening of music,  
dancing & dinner for the entire family!**

**\$10 entrance fee per person—including dinner!**

*Contact the church office with questions (708)239-0004*



St. Mary Orthodox Church

# CASH RAFFLE

*Support the growth and sustainability of your church by participating in this raffle!*

**Grand Prize- \$10,000**

**2nd Prize- \$3,000**

**3rd Prize- \$2,000**

*Each raffle ticket costs \$100*

*The drawing will take place at our annual Thanksgiving Party on Saturday, November 9th.*

Please see any Parish Council member to purchase your tickets or follow this link to purchase tickets online!

<https://form.jotform.com/72487417019966>

*For questions contact the church office: (708)239-0004*

**YOU COULD WIN  
\$10,000**

# St. Mary's Arabic School

Dear families and friends, we are glad to  
announce that Arabic school will be  
starting **September 14th**  
and it will be held on  
**Saturdays from 10:45am to 1:00pm.**



Registration will begin **August 11th** in the  
hallway outside of the church hall. If you have  
any questions please call the Arabic School  
Director Elia Sweiss at 708-707-1395.



- ◆ Provide your children with an outstanding Orthodox Christian education.
- ◆ Let your children become more well rounded with their Faith , community, and culture.
- ◆ Set your kids on the right path to success!

**SUNDAY SCHOOL REGISTRATION STARTS AUGUST 11th**

Please see Elizabeth Andoun to register your children!

*“Jesus said, “Let the little children come to me, and do not forbid them; for of such is the kingdom of heaven” “ - Matthew 19:14*

**St. Mary Orthodox Church of Palos Heights**

# FOCUS Backpack Drive

Everyone knows the building anticipation as kids get ready to return to school. There's excitement and nerves, an eagerness to start a new year, a sadness that summer is ending. Unfortunately, counting down the days to a new school year is yet another reminder of struggle for many kids across the country. Imagine how excitement would turn to anxiety if going back to school meant a supply list filled with items that mom and dad couldn't afford.

**FOCUS** North America's Back to School program involves parishes across the country in providing high quality backpacks and school supplies to children when it is time to return to school. **FOCUS** works closely with school workers in every community to ensure that donated items are given to the kids who are experiencing homelessness, living in hotels, or doubled up with friends or family.

**FOCUS** sent our Parish 48 brand-new backpacks to sponsor. There is a sign-out sheet for Parish families to take the backpacks home and fill them with the supplies that are listed on a sheet included inside the backpack. Also, included in the backpack is a \$10 donation envelope to **FOCUS** to cover the cost of the backpack. Once filled, parishioners need to return the backpacks to church no later than **August 25<sup>th</sup>** and the coordinator will deliver them a local **FOCUS** partner that works with children in need.

## Supplies Needed

Glue Stick  
Ruler  
3 Ring Binder  
Pack of Pens  
Highlighter  
Subject Folder  
Box of Pencils  
Lined Paper  
Scissors  
Pencil Box  
Spiral Notebooks  
Crayons  
Calculator  
Notebook Dividers  
Colored Pencils

And \$10 donation to cover cost of Backpack.

**Please return backpacks by  
August 25<sup>th</sup>**



If you have any questions please contact Shireen Salman at 708-717-9640, Marram Salman at 708-307-7473, or the church office at 708-239-0004.



St. Mary Orthodox Church of Palos Heights

# 6th Annual Humanitarian Walk

Saturday, August 17th, 2019

9:00am - 12:00pm

Registration: \$20 Adults Children: \$10 (10 & under)



Lake Katherine Nature Center and Botanic Gardens  
7402 Lake Katherine Dr. Palos Heights, IL 60463

Participant Name(s): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ Email address: \_\_\_\_\_

Please Circle Adult Shirt Size:            S        M        L        XL        XXL        XXXL

Please Circle Youth Shirt Size:            S        M        L        XL        XXL        XXXL

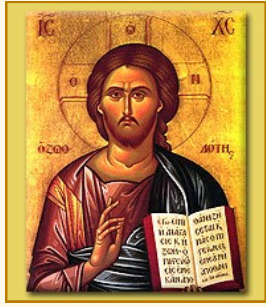
Checks payable to **St. Mary Orthodox Church**

Please complete form and return to Shireen Salman or mail to:  
St. Mary Orthodox Church  
6330 W 127th Street. Palos Heights , IL 60463

Any questions or comments please contact the church office at (708) 239-0004 or  
Shireen Salman at (708) 717-9640

*Have Faith. Give generously. Spread hope. Laugh frequently.  
Love unconditionally. Live fully.*





## Weekly Synaxarion



On August 18 in the Holy Orthodox Church we continue to celebrate the feast of the Holy Dormition of our Lady the Theotokos and Ever-virgin Mary; and we commemorate the Holy Martyrs Floros and Lauros of Illyria. Florus and Laurus were brothers and stonecutters. A pagan prince hired them to build a temple to the idols. During their work, a piece of stone flew and struck the eye of the pagan priest's son. Seeing his son blind and bloody, the pagan priest shouted at Floros and Lauros and wanted to beat them. Then, the holy brothers said to him that if he would believe in the true God his son would be healed. The pagan priest promised. Florus and Laurus prayed with tears and traced the sign of the Cross over the child's injured eye, which was healed and made whole. Then the pagan priest Merentius and his son were baptized and, shortly after that, both suffered for Christ by fire. Floros and Lauros placed a cross on the completed temple, summoned all Christians and consecrated it in the name of the Lord Jesus with an all-night vigil. Hearing of this, the Illyrian deputy burned many of those Christians and threw Floros and Lauros alive into a well and then filled it with dirt. Later, their relics were revealed and translated to Constantinople. These two wonderful brothers were glorified by Christ in the second century. On this day, we also commemorate the Venerable Sophronios of St. Anne Skete on Athos. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.