



SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

"The disciples were first called Christians in Antioch." (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463
Phone : (708) 239-0004, Fax : (708) 221-6449
www.stmaryoc.org (office@stmaryoc.org)
Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy

V. Rev. Fr. Mousa Haddad, Pastor
V. Rev. Fr. Malek Rihani
V. Rev. Fr. Danial Doss (OCA)
Rev. Archdeacon Saed Rihani
Rev. Dn. Jacob Andoun

Parish Council

Fr. Mousa Haddad - Presiding Officer
Rashid Sweis - Chairman
Shireen Salman - Vice Chairman
Jason Haddad - Treasurer
Rain Chamoun - Financial Secretary
Fabiola Sweis - Secretary
Fadi Abu Manneh
Raed Bisharat
Laith Swais
Elia Sweiss
Najib Zedan

Parish Ministries

Sunday School - Elizabeth Andoun
SOYO - Daniel Nemri
YAM - Sally Sweis
Antiochian Women - Rita Sweis
Stewardship - Elia Sweiss
Fundraising - Nassar Khoury
Humanitarian - Shireen Salman
OCLife - Nancy Cannon
Choir - Angela Haddad
Chanters - Khaled Salman and Danny Haddad
Webmaster - Sana Sweis
Ushers - Jamal Swais, Louis Sweiss
Couples Ministry - Nader & Angela Haddad

Office

May Sweis
office@stmaryoc.org

Church Hall Rental

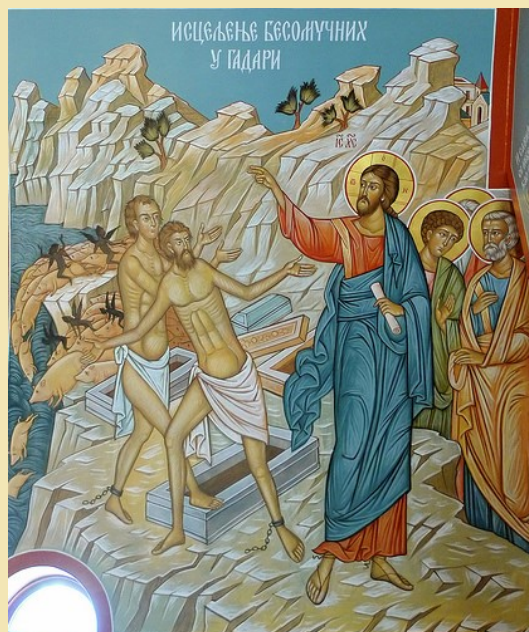
Call or email the church office

July 21st 2019

*Fifth Sunday after Pentecost
Fifth Sunday of Matthew*

الأحد الخامس بعد العنصرة

الأحد الخامس من متى



Weekly Schedule of Services:

Saturday Great Vespers 5:00pm

Sunday Orthros 8:45am followed by Divine Liturgy 10:00am

Wednesday Morning Prayers followed by Arabic Bible Study 10:00am

Check our website for feast day services and all other services

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

Please Join us for the Ordination of
Dn. Jacob Andoun to the Holy Priesthood
By the laying on of hands of His Grace Bishop Anthony



Sunday, August 18th 2019
Founders' Day Weekend

Orthros— 8:45am | Divine Liturgy— 10:00am

Wednesday 8/14/19

*Vigil for the Feast of the Dormition
presided by His Grace Bishop Anthony*
4:30pm— Great Vespers with Artoklasia
5:45pm— Orthros & Lamentations
7:00pm— Divine Liturgy followed by a
Parish Potluck

Thursday 8/15/19

6:00pm— SOYO Night with Bp. Anthony
7:30pm— YAM Outing at Portillo's with
Bp. Anthony
(13130 S. Cicero Ave. Crestwood, IL)

Friday 8/16/19

6:30pm— An evening with the Antiochian
Women

Saturday 8/17/19

9:00am—12:00pm— St. Mary's Annual
Humanitarian Walk at Lake Katherine
followed by brunch at RoyalBerry
5:00pm— Hierarchical Great Vespers
6:00pm— Parish Council Dinner with
Bp. Anthony

Sunday 8/18/19

8:45am— Orthros
10:00am— Hierarchical Divine Liturgy with
special Byzantine Choir followed by a
luncheon celebrating the ordination of
Fr. Jacob Andoun

Please contact the church office with any
questions: (708)239-0004

*"Be favorably pleased to grant unto him the great grace of thy Holy Spirit, and make him
wholly thy servant, in all things acceptable unto thee, and worthily exercising the great
honors of the priesthood which thou hast conferred upon him by thy prescient power."*

-Service of the Ordination of a Priest

Changes in the Liturgy

تغييرات في القداس

Entrance Hymn

O Come, let us worship and fall down before Christ.

Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

هلم لنسجد ونركع للمسيح ملكنا والهنا، خلصنا يا ابن الله يا من قام من بين الاموات، لنرتل لك هلوليا!

Troparion of the Resurrection (Tone Four)

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation and proudly broke the news to the disciples, saying death hath been spoiled, Christ God is risen, granting the world great mercy.

إن تلميذات الرب تعلمن من الملاك بشرى القيامة البهيج. وطرحن عنهن القضاء الجدي. وخاطبن الرسل مفتخرات وقائلات. قد سبي الموت وقام المسيح الإله. مانحاً العالم الرحمة العظمى.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

في ميلادك حفظت البتولية وصنيتها وفي رقادك ما أهملت العالم وتركته يا والدة الإله. لأنك انتقلت إلى الحياة بما أنك أم الحياة. فبشفاعاتك أنقذي من الموت نفوسنا.

Kontakion of the Theotokos (Tone Two)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

يا شفيعة المسيحيين غير الخازية، الوسيطة لدى الخالق غير المردودة. لا تعرضي عن أصوات طلباتنا نحن الخطاة، بل تداركينا بالمعونة بما أنك صالحة، نحن الصارخين نوك بإيمان. بادري إلى الشفاعة وأسرعني في الطلبة يا والدة الإله، المتشفعة دائماً في مكرميك.

Epistle for the Fifth Sunday after Pentecost

الرسالة للأحد الخامس بعد العنصرة

*How great are Thy works, O Lord!
In wisdom hast Thou made them all!
Bless the Lord, O my soul!*

The Reading is from Saint Paul's Letter to the Romans (10:1-10).

Brethren, my heart's desire and prayer to God for Israel is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that everyone who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

ما اعظم أعمالك يا رب، كلها بحكمة صنعت.
باركي يا نفسي الرب.

فصل من رسالة القديس بولس الرسول إلى أهل رومية (١٠: ١-١٠).

يا إخوة إنَّ بُغْيَةَ قلبي وابتهالي إلى الله هُما لأجل إسرائيل لخالصه * فإني أشهد لهم أن فيهم غيرة لله إلا أنها ليست عن معرفة * لأنهم إذ كانوا يجهلون برَّ الله ويطلبون أن يُقيموا برَّ أنفسهم لم يخضعوا لبرِّ الله * إنما غاية الناموس هي المسيح للبرِّ لكل من يؤمن * فإن موسى يصف البرَّ الذي من الناموس بأن الإنسان الذي يعمل هذه الأشياء سيحيا فيها * أمَّا البرُّ الذي من الإيمان فهكذا يقول فيه لا تقل في قلبك من يصعد إلى السماء. أي لينزل المسيح * أو من يهبط إلى الهاوية. أي ليُصعد المسيح من بين الأموات * لكن ماذا يقول. إنَّ الكلمة قريبة منك في فمك وفي قلبك أي كلمة الإيمان التي نبشِّر نحن بها * لأنك إن اعترفت بِفمك بالرب يسوع وأمنت بقلبك أن الله قد أقامه من بين الأموات فإنك تخلص * لأنه بالقلب يؤمن للبرِّ وبالفم يُعترف للخلاص.

Gospel for the Fifth Sunday of Matthew

الإنجيل للأحد الخامس من متى

The Reading is from the Holy Gospel according to St. Matthew (8:28-9:1).

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into sea, and perished in the waters. The herdsman fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city.

فصل شريف من بشارة القديس متى الإنجيلي البشير، التلميذ الطاهر (٨:٢٨-٩:١).

في ذلك الزمان لما أتى يسوع إلى كورة الجرجسيين استقبله مجنونان خارجان من القبور شرسان جداً حتى إنه لم يكن أحد يقدر أن يجتاز من تلك الطريق * فصاحا قائلين ما لنا ولك يا يسوع ابن الله. أجيئت إلى ههنا قبل الزمان لتعذبنا * وكان بعيداً منهم قطع خنازير كثيرة ترعى * فأخذ الشياطين يطلبون إليه قائلين إن كنت تخرجنا فأئذن لنا أن نذهب إلى قطع الخنازير * فقال لهم اذهبوا. فخرجوا وذهبوا إلى قطع الخنازير. فإذا بالقطع كله قد وثب عن الجرف إلى البحر ومات في المياه * أما الرعاة فهربوا ومضوا إلى المدينة وأخبروا بكل شيء وبأمر المجنونين * فخرجت المدينة كلها للقاء يسوع. ولما رأوه طلبوا إليه أن يتحول عن تخومهم * فدخل السفينة واجتاز وأتى إلى مدينته.

REMINDER

In an effort to eliminate distractions, collection baskets will not be passed during the Divine Liturgy. Instead, we kindly ask you to make your donation or pledge before or after service by placing it in the **donation box** at the entrance of the church. Envelopes are available on both sides of the donation box. Please keep this in mind since we depend on your contributions. Thank you for your generosity!



PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

7/21: Wajih and Suhad Haddad & Family

7/28: Refqa Sweis & Family

8/4: Emile and Wajih Haddad & Families



40 Day Memorial
Larice Kandah
Memory Eternal!



40 Day Memorial
Jeanette Sweiss
Memory Eternal!



40 Day Memorial
Issa Sweiss
Memory Eternal!



6 Month Memorial
Mary Tannous
Memory Eternal!

Epistle Reading

7/21: Subdn. Matthew & Wajih Haddad

7/28: Angela Haddad & Nour Swaiss



BEDS Backpack Drive

Do you have any new or gently used backpacks? Help us collect 75 backpacks to donate towards the BEDS Backpack Drive. Please drop off your backpacks to the church as soon as you can.

Thank you for your generosity!

Upcoming Events

Sat July 20	5:00pm	Great Vespers
Sun July 21	8:45am	Orthros
	10:00am	Divine Liturgy
Mon July 22	7:00pm	Open Gym
	7:00pm	VCS Staff Meeting
Wed July 24	10:00am	Morning Prayer
	10:30am	Arabic Bible Study
Sat July 27	5:00pm	Great Vespers
Sun July 28	8:45am	Orthros
	10:00am	Divine Liturgy
Mon July 29	7:00pm	Open Gym
Wed July 31	10:00am	Morning Prayer
	10:30am	Arabic Bible Study
Thurs Aug 1		Dormition Fast Begins
Fri Aug 2	6:00pm	Paraklesis Service
	7:00pm	Antiochian Women Meeting
Sat Aug 3	11:30am	Feed My Starving Children
	5:00pm	Great Vespers
Sun Aug 4	8:45am	Orthros
	10:00am	Divine Liturgy
	11:30am	Falafel Sale
Mon Aug 5	6:00pm	Great Vespers with Artoklasia for the Feast of the Transfiguration of our Lord
Tues Aug 6	9:00am	Orthros for the Transfiguration of our Lord
	10:00am	Liturgy for the Transfiguration of our Lord with the Blessing of Grapes

ANTIOCHIAN ORTHODOX ARCHDIOCESE CONVENTION 2019

July 21-28, 2019

in cool city

GRAND RAPIDS, MICHIGAN

you'll love it here!

AN UNCONVENTIONAL CONVENTION YOU WON'T FORGET

- **Workshops:** Relationships, Parenting, Christianity in Society
- **Keynote Speaker:** Paul Karos, Living the Faith
- **Faith:** Worship, Bible Study, Chats with Sayidna
- **Entertainment:** Family Fair, Broadway Music, Hafli, Dinner Dance
- **Reunions:** 50th NAC SOYO, 40th Village

NOT TO MENTION...

Experience Grand Rapids' breweries, cafes, gardens and museums and nearby Lake Michigan. You don't want to miss out!



BOOK YOUR HOTEL NOW & BUY YOUR EVENT PACKAGE

for more information and to REGISTER NOW visit www.ac2019gr.org





DORMITION FAST

Thursday, August 1st begins the Dormition Fast which is a two week fast in honor of our Patron Saint, the Virgin Mary.

Friday, August 2nd

6:00 pm Paraklesis Services

Monday, August 5th

6:00pm Great Vespers with Artoklasia for the Feast of the Transfiguration of our Lord

Tuesday, August 6th

9:00am Orthros for the Transfiguration of our Lord

10:00am Liturgy for the Transfiguration of our Lord with the Blessing of Grapes

Wednesday, August 7th

6:00 pm Paraklesis Services

Friday, August 9th

6:00 pm Paraklesis Services

Monday, August 12th

6:00 pm Paraklesis Services

Wednesday, August 14th

4:30 pm Great Vespers w/ Artoklasia for Feast of Dormition

5:45 pm - Orthros & Lamentations for Feast of Dormition

7:00 pm Divine Liturgy for Dormition followed by a potluck dinner

St. Mary Orthodox Church

6330 W. 127th St. Palos Heights, IL 60463

*Join your church family at
Family Night*

Saturday, August 24, 2019

Beginning at 7:00pm in the gymnasium

**Join us for an evening of music,
dancing & dinner for the entire family!**

\$10 entrance fee per person—including dinner!

Contact the church office with questions (708)239-0004



St. Mary Orthodox Church

CASH RAFFLE

Support the growth and sustainability of your church by participating in this raffle!

Grand Prize- \$10,000

2nd Prize- \$3,000

3rd Prize- \$2,000

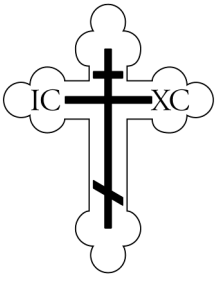
Each raffle ticket costs \$100

The drawing will take place at our annual Thanksgiving Party.

Please see any Parish Council member to purchase your tickets!

For questions contact the church office:
(708)239-0004

**YOU COULD WIN
\$10,000**



"Liturgy after the Liturgy"

Taking our faith outside the church walls



Date:

Saturday - August 3rd, 2019

Time:

11:30am - 1:30pm

Location:

Feed My Starving Children,
555 Exchange Court, Aurora, IL

Purpose: Pack meals for starving children

Feed My Starving Children is a Christian nonprofit hunger relief organization.

Children (Kindergarten and older), teens, and adults are all welcome to attend. Volunteer hours will be granted upon request.

You need to register in order to attend. All volunteers are encouraged to donate at least \$7 (which will feed a child for an entire month!)

To register, [click here](https://www.jotform.com/build/91895912061967) or go to <https://www.jotform.com/build/91895912061967>.

On behalf of God's children, thank you in advance for your commitment.

SOYO UPCOMING EVENTS

Wed. July 17 th - Ask Abouna/Bonfire	6:30pm
Sat. Aug. 15 th - SOYO Night with Bishop Anthony	6:30pm
Wed. Sept. 18th SOYO Nights Resume	6:30pm
Wed. Sept. 18 th - Laser Tag	6:30pm
Wed. Sept. 25 th - SOYO Parent Bible Study	6:30pm
October SOYO Month	



VCS
is coming
to SMC

Save The Date
AUG 2019
5th thru 9th
5:30pm-8:30pm

AGES
5-12

CHRIST CALLS US
RESCUED BY JESUS

More Info:
Elizabeth Andoun: 240-434-9821
Dena Tadros: 708-691-0321
Susan Sweis: 916-990-8335

To register for VCS go to
<https://form.jotform.com/90844708861971>

6330 W. 127TH ST.
PALOS HEIGHTS, IL 60463



CHRIST CALLS US!
Vacation Church School 2019

**BE A
VCS
VOLUNTEER**

Adult Volunteer

Ages 18 and Up

Junior Staff

Ages 15 to 17

Please see Elizabeth Andoun or Dena Tadros to sign up.

All volunteers must attend all meetings, and be available the entire week of

Vacation Church School

August 5th - 9th

5pm - 9pm



St. Mary's Arabic School

Dear families and friends, we are glad to
announce that Arabic school will be
starting **September 14th**
and it will be held on
Saturdays from 10:45am to 1:00pm.



Registration will begin **August 11th** in the
hallway outside of the church hall. If you have
any questions please call the Arabic School
Director Elia Sweiss at 708-707-1395.



- ◆ Provide your children with an outstanding Orthodox Christian education.
- ◆ Let your children become more well rounded with their Faith , community, and culture.
- ◆ Set your kids on the right path to success!

SUNDAY SCHOOL REGISTRATION STARTS AUGUST 11th

Please see Elizabeth Andoun to register your children!

“Jesus said, “Let the little children come to me, and do not forbid them; for of such is the kingdom of heaven” “ - Matthew 19:14

St. Mary Orthodox Church of Palos Heights

FOCUS Backpack Drive

Everyone knows the building anticipation as kids get ready to return to school. There's excitement and nerves, an eagerness to start a new year, a sadness that summer is ending. Unfortunately, counting down the days to a new school year is yet another reminder of struggle for many kids across the country. Imagine how excitement would turn to anxiety if going back to school meant a supply list filled with items that mom and dad couldn't afford.

FOCUS North America's Back to School program involves parishes across the country in providing high quality backpacks and school supplies to children when it is time to return to school. **FOCUS** works closely with school workers in every community to ensure that donated items are given to the kids who are experiencing homelessness, living in hotels, or doubled up with friends or family.

FOCUS sent our Parish 24 brand-new backpacks to sponsor. There is a sign-out sheet for Parish families to take the backpacks home and fill them with the supplies that are listed on a sheet included inside the backpack. Also, included in the backpack is a \$10 donation envelope to **FOCUS** to cover the cost of the backpack. Once filled, parishioners need to return the backpacks to church no later than **August 26th** and the coordinator will deliver them a local **FOCUS** partner that works with children in need.

Supplies Needed

Glue Stick
Ruler
3 Ring Binder
Pack of Pens
Highlighter
Subject Folder
Box of Pencils
Lined Paper
Scissors
Pencil Box
Spiral Notebooks
Crayons
Calculator
Notebook Dividers
Colored Pencils

And \$10 donation to cover cost of Backpack.

Please sign-out your backpack
starting next week.



If you have any questions please contact Shireen Salman at 708-717-9640, Marram Salman at 708-307-7473, or the church office at 708-239-0004.



St. Mary Orthodox Church of Palos Heights

6th Annual Humanitarian Walk

Saturday, August 17th, 2019

9:00am - 12:00pm

Registration: \$20 Adults Children: \$10 (10 & under)



Lake Katherine Nature Center and Botanic Gardens
7402 Lake Katherine Dr. Palos Heights, IL 60463

Participant Name(s): _____

Phone: _____ Email address: _____

Please Circle Adult Shirt Size: S M L XL XXL XXXL

Please Circle Youth Shirt Size: S M L XL XXL XXXL

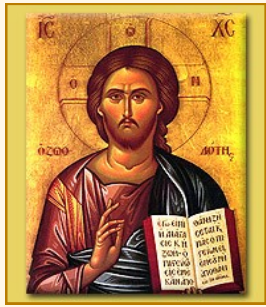
Checks payable to **St. Mary Orthodox Church**

Please complete form and return to Shireen Salman or mail to:
St. Mary Orthodox Church
6330 W 127th Street. Palos Heights , IL 60463

Any questions or comments please contact the church office at (708) 239-0004 or
Shireen Salman at (708) 717-9640

*Have Faith. Give generously. Spread hope. Laugh frequently.
Love unconditionally. Live fully.*





Weekly Synaxarion



On July 21 in the Holy Orthodox Church we commemorate our Righteous Fathers John of Edessa in Mesopotamia; and Simeon of Homs (Emesa), the Fool-for-Christ. Both men received the monastic tonsure at the hands of the Abbot Nikon in the Monastery of St. Gerasimos. They withdrew into the wilderness near the Dead Sea where they lived an austere life of asceticism for nearly thirty years. They mortified their bodies so much that they resembled two withered trees. One day Simeon told John that, according to God's command, he must depart from the wilderness, go among the people and serve God there. John said to Simeon, "Pray to God for me, that He does not separate us, one from the other, in the future life." Simeon went among the people of Homs, Syria as a "fool for Christ," to teach people and to convert them to the Faith of Christ. He pretended insanity before everyone but his heart was the temple of the Holy Spirit and, in that temple, was unceasing prayer. Simeon possessed abundant grace from God and was able to discern all the inner secrets of people, healing them from evil spirits and other ailments. Simeon came across a young fornicator who went out of his mind. Simeon struck him across the face with his hand and said: "Do not commit fornication." At that moment the unclean demon departed from the young man and he became well. Simeon reposed in 570; by the providence of God, John, who had remained in the wilderness, departed soon after. On this day, we also commemorate Parthenios, bishop of Radovizlios; and Martyr Victor of Marseilles. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.