



SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

"The disciples were first called Christians in Antioch." (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.stmaryoc.org (office@stmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy

V. Rev. Fr. Mousa Haddad, Pastor

V. Rev. Fr. Malek Rihani

V. Rev. Fr. Danial Doss (OCA)

Rev. Archdeacon Saed Rihani

Rev. Dn. Jacob Andoun

Parish Council

Fr. Mousa Haddad - Presiding Officer

Rashid Sweis - Chairman

Shireen Salman - Vice Chairman

Jason Haddad - Treasurer

Rain Chamoun - Financial Secretary

Fabiola Sweis - Secretary

Fadi Abu Manneh

Raed Bisharat

Laith Swais

Elia Sweis

Najib Zedan

Parish Ministries

Sunday School - Elizabeth Andoun

SOYO - Daniel Nemri

YAM - Murad Salman

Antiochian Women - Rita Sweis

Stewardship - Elia Sweis

Fundraising - Nassar Khoury

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Choir - Angela Haddad

Chanters - Khaled Salman and Danny

Haddad

Webmaster - Sana Sweis

Ushers - Jamal Swais, Louis Sweis

Couples Ministry- Nader & Angela

Haddad

Office

May Sweis

office@stmaryoc.org

Church Hall Rental

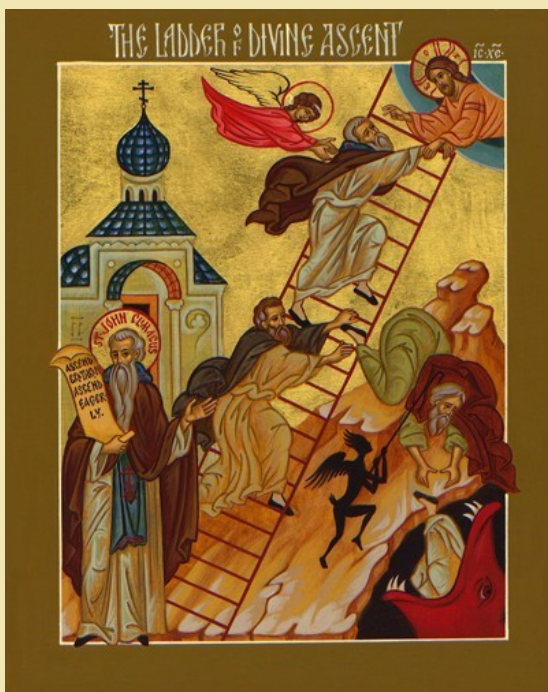
Call or email the church office

April 7th, 2019

Fourth Sunday of Great Lent

St. John Climacus of the Ladder

الأحد الرابع من الصوم واحد تكريم القديس يوحنا السلمى



Weekly Schedule of Services:

Saturday Great Vespers 5:00pm

Sunday Orthros 8:45am followed by Divine Liturgy 10:00am

Wednesday Morning Prayers followed by Arabic Bible Study 10:00am

Check our website for feast day services and all other services

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

Changes in the Liturgy

تغييرات في القداس

Entrance Hymn

O Come, let us worship and fall down before Christ.

Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

هلم لنسجد ونركع للمسيح ملكنا والهنا، خلصنا يا ابن الله يا من قام من بين الاموات، لنرتل لك هلوليا!

Troparion of the Resurrection (Tone Four)

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

إن تلميذات الرب تعلمن من الملاك بشرى القيامة البهجة. وطرحن القضاء الجدي. وخاطبن الرسل مفتخرات وقائلات. قد سبي الموت وقام المسيح الإله. مانحاً العالم الرحمة العظمى.

Troparion of St. John of the Ladder (Tone Eight)

The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundred-fold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John, intercede with Christ God to save our souls.

للبرية غير المثمرة بمجاري دموعك أمرعت، وبالتنهديات التي من الأعماق أثمرت بأتعابك إلى مئة ضعف. فصرت كوكباً للمسكونة متلألئاً بالعجائب، يا أبانا البار يوحنا. فتشفع إلى المسيح الإله أن يخلص نفوسنا.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

في ميلادك حفظت البتولية وصنيتها وفي رقادك ما أهملت العالم وتركته يا والدة الإله. لأنك انتقلت إلى الحياة بما أنك أم الحياة. فبشفاعاتك أنقذي من الموت نفوسنا.

Kontakion of the Theotokos for the Sundays of Lent (Tone Eight)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee:

“Hail, O Bride without Bridegroom.”

إني أنا عبدك يا والدة الإله، اكتب لك رايات الغلبة يا جندية محامية. وأقدم لك الشكر كمنقذة من الشدائد. لكن بما أن لك العزة التي لا تحارب، أعتقيني من صنوف الشدائد. حتى أصرخ إليك: إفرحي يا عروساً لا

عروس لها!

Epistle of the Fourth Sunday of Lent

الرسالة للأحد الرابع من الصوم

The Lord will give strength to his people!

The Lord will bless His people with peace!

The Reading from the Epistle of St. Paul to the Hebrews (6:13-20).

Brethren, when God made a promise to Abraham, since He had no one greater by whom to swear, He swore by Himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by one greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of His purpose, He interposed with an oath. So that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest forever after the order of Melchizedek.

الرَّبُّ يُعْطِي قُوَّةً لِّشَعْبِهِ!

الرَّبُّ يُبَارِكُ شَعْبَهُ بِالسَّلَامِ!

فصل من رسالة القديس بولس الرسول إلى العبرانيين (٦: ١٣-٢٠).

يا إخوة إنَّ اللهَ لَمَّا وَعَدَ إِبْرَاهِيمَ إِذْ لَمْ يُمْكِنَ أَنْ يُقْسِمَ بِمَا هُوَ أَعْظَمُ مِنْهُ أَقْسَمَ بِنَفْسِهِ * قَائِلاً لِأَبَارِكَنَّكَ بِرَكَّةٍ وَأَكْثَرَتَكَ تَكْثِيراً * وَذَلِكَ إِذْ تَأْتَى نَالَ الْمَوْعِدِ * وَإِنَّمَا النَّاسُ يُقْسِمُونَ بِمَا هُوَ أَعْظَمُ مِنْهُمْ وَتَنْقِضِي كُلَّ مَشَاوِرَةٍ بَيْنَهُمْ بِالْقَسَمِ لِلتَّيْبِتِ * فَلِذَلِكَ لَمَّا شَاءَ اللهُ أَنْ يَزِيدَ وَرَثَةَ الْمَوْعِدِ بَيَاناً لِعَدَمِ تَحَوُّلِ عَزْمِهِ تَوَسَّطَ بِالْقَسَمِ * حَتَّى نَحْصَلَ بِأَمْرَيْنِ لَا يَتَحَوَّلَانِ وَلَا يُمْكِنُ أَنْ يُخْلَفَ اللهُ فِيهِمَا عَلَى تَعْزِيَةٍ قَوِيَّةٍ نَحْنُ الَّذِينَ التَّجَانَا إِلَى التَّمَسُّكِ بِالرَّجَاءِ الْمَوْضُوعِ أَمَامَنَا * الَّذِي هُوَ لَنَا كَمِرْسَاةٍ لِلنَّفْسِ أَمِينَةٍ رَاسِخَةٍ تَدْخُلُ إِلَى دَاخِلِ الْحِجَابِ * حَيْثُ دَخَلَ يَسُوعُ كَسَابِقِ لَنَا وَقَدْ صَارَ عَلَى رَتْبَةِ مَلِكِيصَادَقَ رَئِيسِ كَهَنَةٍ إِلَى الْأَبَدِ.

Gospel of the Fourth Sunday of Lent

الأنجيل للأحد الرابع من الصوم

The Reading is from the Holy Gospel according to St. Mark (9:17-31).

At that time, a man came to Jesus, kneeling down and saying unto him, "Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Thy Disciples to cast it out, and they were not able." And Jesus answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the

water, to destroy him; but if Thou canst do anything, have pity on us and help us.” And Jesus said to him, “If you can believe, all things are possible to him who believes.” Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!” And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, “You dumb and deaf spirit, I command you, come out of him, and never enter him again.” And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, “He is dead.” But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, His Disciples asked Him privately, “Why could we not cast it out?” And Jesus said to them, “This kind cannot be driven out by anything but prayer and fasting.” They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His Disciples, saying to them, “The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day.”

فصل شريف من بشارة القديس مرقس الإنجيلي البشير, التلميذ الطاهر (٣١-١٧ : ٩).

في ذلك الزمانِ دنا إلى يسوع إنسانٌ وسجدَ له قائلاً يا معلّم قد أتيتك بابني به روحُ أبكم * وحيثما أخذهُ يصرعهُ فيزيدُ ويصرفُ بأسنانه ويبيسُ . وقد سألتُ تلاميذك أن يُخرجوه فلم يقدرُوا * فأجابهُ قائلاً أيّها الجيلُ الغيرُ المؤمنِ إلى متى أكونُ عندكم حتى متى أحتملكم هلمّ به إليّ * فاتوه به . فلما رآهُ للوقتِ صرعه الروحُ فسقطَ على الأرضِ يترمّغُ ويزيدُ * فسألَ أباه منذُ كم من الزمانِ أصابه هذا * فقالَ منذُ صباه * وكثيراً ما ألقاهُ في النارِ وفي المياهِ ليهلكهُ . لكنّ إن استطعتَ شيئاً فتحننْ علينا وأغننا * فقالَ له يسوع إن استطعتَ أن تؤمنَ فكلُّ شيءٍ مُستطاعٌ للمؤمنِ * فصاحَ أبو الصبيّ من ساعته بدموعٍ وقالَ إني أؤمنُ يا سيّد. فأغثَ عدمَ إيماني * فلما رأى يسوعُ أن الجمعَ يتبادرونَ إليه انتهرَ الروحَ النجسَ قائلاً له أيّها الروحُ الأبكمُ الأصمُّ أنا أمرُك أن اخرجَ منه ولا تعدّ تدخلُ فيه * فصرخَ وخبطهُ كثيراً وخرَجَ منه فصارَ كالميتِ حتى قالَ كثيرونَ إنّه قد ماتَ * فأخذَ يسوعُ بيده وأنهضهُ فقامَ * ولما دخلَ بيتاً سألهُ تلاميذهُ على انفرادٍ لماذا لم نستطعْ نحنُ أن نُخرجهُ * فقالَ لهم إنَّ هذا الجنسَ لا يمكنُ أن يخرَجَ بشيءٍ إلّا بالصلاةِ والصومِ * ولما خرَجُوا من هُنالكِ اجتازوا في الجليلِ ولم يردْ أن يدري أحدٌ . فإنّه كانَ يُعلِّمُ تلاميذهُ ويقولُ لهم إنَّ ابنَ البَشَرِ يُسلَّمُ إلى أيديِ النَّاسِ فيقتلونه، وبعدَ أن يُقتلَ يقومُ في اليومِ الثَّالثِ.

Megalynarion for the Theotokos from the Liturgy of St. Basil (Tone Eight)

In thee all creation rejoices, O Full of Grace; the assembly of angels and the race of men; O sanctified temple and spiritual paradise; the glory of virgins, from whom God was incarnate and became a child; our God before the ages, He made thy womb a throne, and thy body He made more spacious than the heavens. In thee all creation rejoices, O Full of Grace, glory to thee.

إن البرايا بأسرها تفرحُ بكِ يا ممتلئةً نعمةً، محافلَ الملائكةِ وأجناسَ البَشَرِ، أيتها الهيكلُ المتقدِّسُ والفردوسُ الناطقُ، فخرَ البتوليةِ مريم التي منها تجسَّدَ الإلهُ وصارَ طفلاً وهو الإلهُ الذي قبلَ الدَّهورِ، لأنَّهُ صنعَ مُستودَعَكِ عرشاً وجعلَ بطنكِ أرحبَ من السَّمَاوَاتِ، لذلكِ يا ممتلئةً نعمةً تفرحُ بكِ كلُّ البرايا وتُمجِّدُكِ.

REMINDER

In an effort to eliminate distractions, collection baskets will not be passed during the Divine Liturgy. Instead, we kindly ask you to make your donation or pledge before or after service by placing it in the **donation box** at the entrance of the church. Envelopes are available on both sides of the donation box. Please keep this in mind since we depend on your contributions. Thank you for your generosity!



Volunteers Needed

The Antiochian Women are in need of women volunteers on Monday and Tuesday, **April 15th and 16th** to help with the Kaek and Mamoul.



Book Club



Join us every Monday for St. Mary's Book Club, starting March 11th at 6:00pm in the Conference Room.

We will be discussing **St. Silouan the Athonite**

Discussion will be lead by Dn. Jacob Andoun **St. Silouan the Athonite** will be available for purchase in the church Bookstore.

ALTAR BOY AND SUBDEACON RETREAT

St. Mary's is having a mandatory Altar Boy and Subdeacon retreat.

On Saturday, April 20th
5:30 - 8:00pm
Dinner will be provided



PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour.

It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

4/07: George and Randa Sweiss & Family

4/14: Elias and Raedah Tadros & Family

4/21: Antiochian Women



1 Year Memorial

Rafael Facuse
Memory Eternal!



Baptism

Luka
Parents: Randy & Meghan Sweis
Congratulations!



Churching

Adam
Parents: Haitham & Dania Abbassi
Congratulations!

Epistle Reading

4/07: Elaine Riadi & Norma Tadros

4/14: Fabiola Sweis & Lily Sweiss

VCS
is coming
to SMC

Save The Date
AUG 2019
5th thru 9th
5:30pm-8:30pm

AGES
5-12

CHRIST CALLS US
RESCUED BY JESUS

More Info:
Elizabeth Andoun: 240-434-9821
Dena Tadros: 708-691-0321
Susan Sweis: 916-996-8335

6330 W. 127TH ST.
PALOS HEIGHTS, IL 60463

Upcoming Events

Thurs Apr 4	7:00pm	Open Gym
Fri Apr 5	7:00pm	4th Akathist (Madayeh) w/ potluck
Sat Apr 6	10:45am	Arabic School
	5:00pm	Great Vespers
Sun Apr 7	8:45am	Orthros
	10:00am	Divine Liturgy
	10:00am	Sunday School (starts with Divine Liturgy)
	11:30am	Wareq Plate Sale - Antiochian Women
Mon Apr 8	6:00pm	Book Club with Dn. Jacob
	7:00pm	Great Compline
Tues Apr 9	6:00pm	Antiochian Women Meeting
	6:30pm	SOYO Night
Wed Apr 10	10:00am	Morning Prayers
	10:30am	Arabic Bible Study
	7:00pm	Pan-Orthodox Presanctified Liturgy St. Mary Orthodox Church
Thurs Apr 11	7:00pm	Little Compline with Canon of St. Andrew and Life of St. Mary of Egypt
Fri Apr 12	7:00pm	5th Akathist (Madayeh) w/ potluck
Sat Apr 13	10:45am	Arabic School
	5:00pm	Great Vespers
Sun Apr 14	8:45am	Orthros
	10:00am	Divine Liturgy
	10:00am	Sunday School (starts with Divine Liturgy)
Mon Apr 15	6:00pm	Book Club with Dn. Jacob
	7:00pm	Great Compline

Lent & Holy Week Services 2019 خدمات الصيام والاسبوع العظيم

نيسان 5 April	الجمعة: خدمة مديح والدة الإله Friday: Akathist w/ Potluck Dinner	مساء 7:00pm
نيسان 6 April	صلاة الغروب Great Vespers	مساء 5:00pm
نيسان 7 April	القداس الإلهي للأحد الرابع من الصوم Divine Liturgy for the 4th Sunday of Lent	صباحا 10:00am
نيسان 8 April	الإثنين: صلاة النوم الكبرى Monday: Great Compline	مساء 7:00pm
نيسان 10 April	الأربعاء: القداس السابق تقديسه Wednesday: Pre-Sanctified Liturgy Hosted by St. Mary Orthodox Church	مساء 7:00pm
نيسان 11 April	الخميس: صلاة النوم الصغرى مع قانون القديس اندراوس وسيرة القديسة مريم المصرية Thursday: Little Compline w/ Canon of St. Andrew and life of St. Mary of Egypt	مساء 7:00pm
نيسان 12 April	الجمعة: خدمة المديح الكبير لوالدة الإله Friday: Great Akathist w/ Potluck Dinner	مساء 7:00pm
نيسان 13 April	صلاة الغروب Great Vespers	مساء 5:00pm
نيسان 14 April	القداس الإلهي للأحد الرابع من الصوم Divine Liturgy for the 5th Sunday of Lent	صباحا 10:00am
نيسان 15 April	الإثنين: صلاة النوم الكبرى Monday: Great Compline	مساء 7:00pm
نيسان 17 April	الأربعاء: القداس السابق تقديسه Wednesday: Pre-Sanctified Liturgy	مساء 7:00pm
نيسان 19 April	الجمعة: قانون سبت اليعازر Friday: Little Compline w/ Canon to Lazarus	مساء 7:00pm
نيسان 20 April	السبت: صلاة السحر لسبت اليعازر Saturday: Lazarus Saturday Orthros القداس لسبت اليعازر Lazarus Saturday Liturgy صلاة الغروب لعيد الشعانين Great Vespers for Palm Sunday w/ Artoklasia	صباحا 9:00am صباحا 10:00am مساء 5:00pm
نيسان 21 April	الأحد: خدمة القداس لعيد الشعانين Sunday: Palm Sunday Liturgy الختن الأولى 1st Bridegroom Service	صباحا 10:00am مساء 7:00pm
نيسان 22 April	الإثنين: الختن الثانية Monday: 2nd Bridegroom Service	مساء 7:00pm
نيسان 23 April	الثلاثاء: الختن الثالثة Tuesday: 3rd Bridegroom Service	مساء 7:00pm
نيسان 24 April	الأربعاء: صلاة الزيت المقدس Wednesday: Holy Unction Service	مساء 7:00pm

Lent & Holy Week Services 2019 خدمات الصيام والاسبوع العظيم

نيسان 25 April	Thursday: Vesperal Liturgy of St. Basil الخميس: قداس باسيليوس العظيم Twelve Passion Gospels خدمة أناجيل الآلام الإثني عشر	صباحا 10:00am مساء 7:00pm
نيسان 26 April	Friday: Royal Hours الجمعة: خدمة الساعات Taking Down From the Cross خدمة انزال المصلوب Lamentations جناز المسيح (HOLY FRIDAY All-Night VIGIL to follow سهرانية الجمعة العظيمة)	صباحا 10:00am مساء 3:00pm مساء 7:00pm
نيسان 27 April	Saturday: Vesperal Liturgy of St. Basil السبت: قداس سبت النور Rush Procession & Matins followed by Paschal Liturgy سحرية العيد، الهجمة وقداس القيامة	صباحا 10:00am مساء 10:00pm
نيسان 28 April	Sunday: Agape Vespers الأحد: صلاة الباعوث	ظهرا 1:30pm

Warak Dawali Plate Sale

Sunday, April 7th

Sponsored by the Antiochian Women



Warak Plate includes: Warak Dawali, Salad, Hummus and Harissa

Pan-Orthodox Presanctified Liturgies of the Southwest Churches 2019



**Sts. Peter & Paul
Ukrainian Orthodox Church
8410 W. 131st St.
Palos Park, IL 60464**

**Sts. Peter & Paul
Orthodox Church (OCA)
6980 S. County Line Rd.
Burr Ridge, IL 60527**

**St. Luke Orthodox
Church (OCA)
10700 S. Kean Ave
Palos Hills, IL 60465**

**St. Mary Antiochian
Orthodox Church
6330 W. 127th St.
Palos Heights, IL 60463**

The Orthodox churches of the Southwest will come together to celebrate the Presanctified Liturgies of the 2nd, 3rd, 4th, and 5th Wednesdays of Lent at 7:00pm. Each parish will take turns to welcome local Orthodox clergy and laity and provide a Lenten Potluck dinner following the Liturgy. Also, a brief Lenten reflection will be offered by one of our priests. Please mark your calendars with the schedule below.

“Behold, how good and how pleasant it is for brethren to dwell together in unity.” Psalm 133:1

Date (at 7:00pm)	Host Parish	Reflection
Wed, March 20th	Sts. Peter & Paul Ukrainian	Fr. Herman Kincaid
Wed, March 27th	Sts. Peter & Paul OCA	Fr. Mousa Haddad
Wed, April 3rd	St. Luke OCA	Fr. Vasyl Sendeha
Wed, April 10th	St. Mary AOCA	Fr. Paul Jannakos

*St. Mary's Antiochian Women
Kaek and Mamoul Sale*

Name: _____ *Phone #:* _____

Full Sheet - \$40
_____ Mix

صينية حجم كبير - \$٤٠
_____ مختلطة

Half Sheet -\$25

_____ Kaek
_____ Mix

صينية حجم متوسط - \$٢٥
_____ كعك
_____ مختلطة

Half Sheet -\$30

_____ Pistachio Mamoul

صينية حجم متوسط - \$٣٠
_____ معمول بالفستق الحلبي

Orders need to be submitted no later than April 14th

If you have any questions call Saeda at 708-307-9906 or Rita at 773-510-4303



St. Mary's Orthodox Church
2019 Easter Flower Donation

For the Health of:

In Memory of:

From: _____

Amount: _____

Thank you for your support!



St. Mary Orthodox Church of Palos Heights

HOLY FRIDAY VIGIL

My House Shall be the House of Prayer For all Nations

Friday, April 26th 2019

**Immediately after Holy Friday service through
Holy Saturday morning services**

**Vigil will include discussions, sessions, presentations,
tour of the Altar, a common meal, and Scripture
reading by attendees.**

**Open to parishioners ages 16 and older. Anyone under
the age of 16 must be accompanied by a chaperone
over the age of 21.**

*This is a lockdown; all teens in attendance will have to
sign in. All doors will be locked at midnight.*

Please see any SOYO officer or advisor with questions.

Sunday School Families we invite you to our

END OF YEAR SUNDAY SCHOOL PICNIC

Sunday, May 19, 2019

Immediately following Liturgy

In the field behind the North parking lot



Hot Dogs and Hamburgers provided

**This is a potluck event please see
sign-up sheet for dishes to bring.**





Happy Mother's Day

*Honoring our Mothers on their Special Day
St. Mary Orthodox Church
Would like to invite you to attend our annual*

Mother's Day Party

*Saturday, May 11th
12:00pm - 4:00pm
Tickets: \$50.00 per person
at
Holiday Banquet
10140 Roberts Rd.
Palos Hills, IL 60465*

*For more information please contact
Suzan Sweis at 708-655-4757 or
any of the Antiochian Women for tickets*

TIME TO SAVE A LIFE!



ST. MARY
ORTHODOX
CHURCH

ALONGSIDE

vitalantSM 

INVITE EVERYONE TO OUR

BLOOD DRIVE!

SUNDAY, MAY 26, 2019

8AM – 2PM

~FREE T-SHIRT TO ALL DONORS~

SIGN-UP WITH ANGELA HADDAD AT THE BOOKSTORE OR
AT ANGELAHADDAD14@GMAIL.COM

St. Mary Orthodox Church | 6330 W. 127th St. Palos Heights, IL | www.stmaryoc.org

Car Wash Fundraising Event!



**Vacation Church School Is Fast
Approaching.
To Have A Fun And Successful VCS
We Need To Raise \$3,500.
We Are Calling All Parents To
Participate In Our Car Wash
Fundraising Event.
Saturday, June 29th.
7am –3pm
Sign Up Sheet Will Be By The
Sunday School Doors.**



MIDWEST PARISH LIFE CONFERENCE

"I can do all things through Christ who strengthens me"

June 19-22, 2019 at Champaign-Urbana, Illinois

Hosted by St. Nicholas Antiochian Orthodox Church

Registration will be opening soon!

This year we are trying something a little different.

We will take all our meals together to enhance our fellowship.

8 great meals for \$75 (*kids 3-12 are 1/2 price*)

Other meals options for late arrivals

We will worship morning and evening in the chapel where Thomas Howard was inspired to write Splendor in the Ordinary

Where

St. John's Catholic Newman Center on the campus of the University of Illinois

Housing Option #1

Family Friendly

A family of four can stay for \$60 per night in their own suite

Singles or groups of singles can stay for as little as \$35 per person per night

- Registration information for this option coming soon -

Housing Option #2

Conference Hotel- Holiday Inn 104.99 per night

1-1/2 miles from conference site

Reservations at IHG.com - conference rate code PLC

Bible Bowl Thursday evening followed by separate activities for youth and adults

Oratorical Competition Friday evening in Gregory Hall, Teen Dance to follow

Hierarchical Divine Liturgy Saturday morning, deluxe brunch & awards to follow

Great Speakers and Workshops

Bill Marianes – Why Are We Here?

"The 15 Steps to Create a Culture of True Stewardship and Generosity in our Churches"

"How Do We Empower Engaged Disciples of Christ to Create a Consensus Vision and Strategic Plan for our Parish"

John & Carrie Colis - How Our Life In Christ Is Mission

"Short term missions -Long term local results"

Rev. Fr. Paul Abernathy - "An Eye To See, An Ear to Hear:

What is the ministry God has for me?"

Discovering Our Own Mission Field

And other workshop leaders including:

Molly Sabourin

Holy Motherhood

Kh Linda Ellison

Helping Those Who Grieve

John Maddex

AFR In Your Parish

Robert Snyder

Parents as Christian
Educators

Annunciation Gift Shop & Bookstore



Glory be to God! Glory Forever!

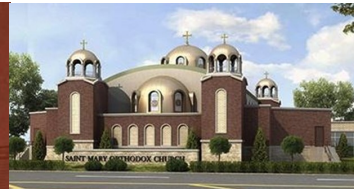
St. Mary Orthodox Church would like to inform all its parishioners to take advantage of the materials that are offered at our Gift Shop & Bookstore. If you have not had the opportunity to stop by and check out our various selections, we ask that you please do. If you are looking for that perfect gift for birthdays, graduation, house warming, baptism, etc... we have many items to choose from. If there is something you would like but do not see, please let us know and we will try to accommodate you.

If you have any questions or comments please contact Nader or Angela Haddad at 989.780.2751 or naderemile3@yahoo.com

SAINT MARY ORTHODOX CHURCH OF PALOS HEIGHTS, ILLINOIS

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

"The disciples were first called Christians in Antioch" (Acts 11:26)



BUILDING COMMITTEE

St. Mary's building committee is looking for individuals to volunteer their skills and time!

Are you or someone you know a carpenter, electrician, plumber, HVAC technician or have other trade skills? We hope you would consider volunteering and helping us complete small projects.

Please email the church office at office@stmaryoc.org

We will share with you our list of open projects and coordinate with you the right project that fits your schedule and ability.

Thank you,





Weekly Synaxarion



On April 7 in the Holy Orthodox Church, we commemorate the Martyr Kalliopios of Cilicia; Venerable George, bishop of Mitylene; and Tikhon, patriarch of Moscow and Enlightener of North America. On this same day, the Fourth Sunday of Great Lent, we make remembrance of our godly father, John, the author of The Ladder of Divine Ascent (or Climacus). The celebration of his feast on this day arose from the custom prevalent in the honorable monasteries of starting Great Lent with the reading of his lessons. John describes the method of elevating the soul to God as ascending a ladder. He teaches those who seek salvation how to lay a firm foundation for struggles, how to detect and fight every passion, how to avoid demonic snares, and how to rise from the rudimental virtues to the heights of Godlike love and humility. John of the Ladder came to Mount Sinai at age 16 and remained there, first as a novice under obedience, then as a recluse, and finally as abbot until his eightieth year. One time, his disciple, Moses, fell asleep under the shade of a large stone. John, in prayer in his cell, saw that his disciple was in danger and prayed to God for him. Later, when Moses returned, he fell on his knees and gave thanks to his spiritual father for saving him from certain death. He related how, in a dream, he heard John calling him and he jumped up and, at that moment, the stone tumbled. Had he not jumped, the stone would have crushed him. John Climacus died on March 30, 606. Through his intercessions, O Christ God, have mercy upon us. Amen.