



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*"The disciples were first called Christians in Antioch." (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.stmaryoc.org (office@stmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

## St. Mary Parish Clergy

V. Rev. Fr. Mousa Haddad, Pastor

V. Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

## Parish Council

Luai Sweiss - Chairman

Abdullah Tadros - Vice Chairman

Jason Haddad - Treasurer

Ramiz Sweiss - Financial Secretary

Fabiola Sweis - Secretary

Nidal Al-Farah

Constantin Kari

Abeer Khouri

Faris Samawi

Bassam Shaheen

Feras Sweis

## Parish Ministries

Sunday School - Philip Riske

SOYO - Murad Salman

Fellowship - Fabiola Sweis

Antiochian Women -

Magida Abudayyeh

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

## Office

May Sweis

administrator@stmaryoc.org

## Church Hall Rental

Call the church office or email our

Office Administrator

*July 19<sup>th</sup>, 2015*

## *Sunday of the Holy Fathers of the Fourth Ecumenical Council*



## Weekly Schedule of Services

Saturday: 5:00p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study  
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

## **Changes in the Liturgy**

### **Entrance Hymn**

O Come, let us worship and fall down before Christ.  
Save us, O Son of God, who art risen from the dead, who sing to Thee:  
Alleluia!

### **Troparion of the Resurrection (Tone Six)**

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

### **Troparion of the Holy Fathers (Tone Eight)**

Thou, O Christ, art our God of exceeding praise, who didst establish our holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to thee.

### **Troparion of the Dormition (Tone One)**

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

### **Kontakion of the Theotokos (Tone Two)**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

## **Epistle for the Sunday of the Holy Fathers of the Fourth Ecumenical Council**

*Blessed art thou, O Lord, the God of our Fathers!*

*For thou art just in all that thou hast done for us!*

**The Reading is from Saint Paul's Letter to Titus (3:8-15).**

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

## **Gospel for the Sunday of the Holy Fathers of the Fourth Ecumenical Council**

**The Reading is from the Holy Gospel according to St. Matthew (5:14-19).**

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven." "Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

07/19: Karim and Isberans Hadwah & Family

07/26: Bishara Sweis & Family

08/02: Emile and Eideh Haddad & Family

## **Annunciation Book Store**

Open every Sunday after Liturgy and  
Monday -Friday  
11:00am - 2:00pm

Please email Nader Haddad at  
naderemile3@yahoo.com with any requests.

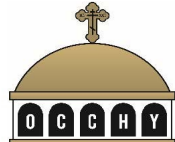


## **Wedding**

George Habib Jafilan  
and

Sandrella Emanuel Bakow

**Congratulations!**



## OCCHY QUIZ

Tobacco is the leading preventable cause of disease and death in the U.S. It causes how many early deaths?

- A. About 1 in every 5 early deaths
- B. About 1 in every 20 early deaths
- C. About 1 in every 100 early deaths
- D. About 1 in every 200 early deaths

The answer is A. According to the Centers for Disease Control and Prevention (CDC), cigarette smoking results in more than 443,000 premature deaths in the U.S. each year—about 1 in every 5 early deaths. An additional 8.6 million people suffer with a serious illness caused by smoking. Learn more:  
<http://www.drugabuse.gov/drugs-abuse/tobacco-addiction-nicotine>



Source: <http://www.drugabuse.gov/publications/national-drug-ig-challenge>

**NO MATTER HOW YOU SMOKE IT, HOOKAH IS TOBACCO!**

Like us on Facebook at <https://www.facebook.com/OCCHYChicago>

## **Epistle Reading**

07/19: Khaled Salman & Maram Salman

07/26: Lily Sweiss & Marian Fahmy

## *Understanding the TEN COMMANDMENTS*

### *First Commandment:*

“I am the Lord your God, you shall have no other Gods before me.”



Have I believed in God the Father, the Son, the Holy Spirit? Have I failed to trust in God and His mercy? Have I complained against God's blessings? Have I been thankful for God's blessings? Have I doubted the Christian Faith and the teachings of the Church? Have I tried to serve God and keep His Commandments? Have I given way superstition? Have I frequented the religious meetings of heretics and schismatics? Have I neglected my duties to God through fear of ridicule or persecution? Have I failed to pray to God faithfully? Have I put myself before God?

The Fellowship of St. John the Divine invite you to a

## SOFTBALL GAME

Sunday, July 19, 2015 | 2:00 P.M.

Palos Heights Parks & Recreation  
6601 West 127th Street,  
Palos Heights, IL 60463

Ages 17 and up  
\$25 per person includes a  
t-shirt and lunch!

- Sign up by Sunday, July 12, 2015
- Teams will be selected at random.

Contact Marram Salman with questions.

6330 W. 127th St. Palos Heights, IL | @StMaryFSJD



## Volunteers Needed



Adult and High School counselors needed for Vacation Church School! We cannot run this awesome event without you! You can volunteer 1 day or all 5 days. It is from 12 noon until 5:30. Lunch will be included. If you have any questions go to [SundaySchool@StMaryOC.org](mailto:SundaySchool@StMaryOC.org)

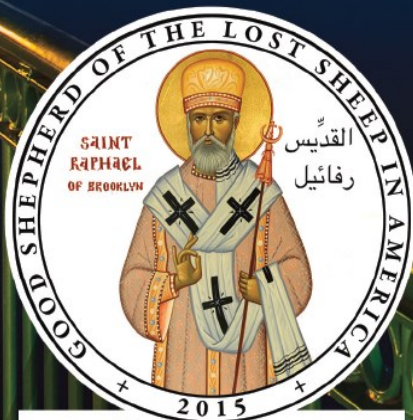
# Something for Everyone!

St. Mary, Cambridge MA invites you  
to join us for the

## Boston 52<sup>ND</sup> ANTIOCHIAN ARCHDIOCESE CONVENTION

2015

July 20-26  
Sheraton Boston Hotel



100<sup>TH</sup> ANNIVERSARY of the  
FALLING ASLEEP of SAINT RAPHAEL

- Kids Club/Tween Club
- Bible Bowl
- Oratorical Festival
- Enliven to Christ
- Daily Bible Study
- Department Meetings
- An Enchanting Evening over Boston
- A Night to Celebrate our Archdiocese
- Cabaret & Hufi
- Grand Banquet
- Teen Banquet/Pool Party
- 21/40 Event

Go to [www.acboston2015.com](http://www.acboston2015.com) for more information and to register

St. Mary Orthodox Church of Palos Heights

## Bible Study followed by Potluck

*Brought to you by the  
Fellowship of St. John the Divine*

“Knowing Mary as We Prepare for Her  
Feast of Dormition”

Sunday, July 26th, 2015  
12:30 p.m. in the Nadi  
Ages 19 and older

Contact any Fellowship  
officer with questions.



6330 W. 127th St. Palos Heights, IL

| StMaryFSJD   

# CAMP ST. GEORGE

*Celebrating 14 Years!*

**AUGUST 9<sup>th</sup> – 15<sup>th</sup>, 2015**

**Ages 9-18**

**Located at YMCA Camp Wapsie**

**Just North of Cedar Rapids, Iowa**

## **We enjoy:**

- **Prayers!**
- **Fellowship!**
- **Zip line!**
- **Swimming!**
- **Climbing Tower!**
- **Canoeing!**
- **Outdoor activities!**
- **Growing in our Faith!**
- **Building Friendships!**



**NOW ACCEPTING CAMPER REGISTRATIONS AND STAFF APPLICATIONS.**

**For more information and to register or apply - Visit**  
[CampStGeorge.org](http://CampStGeorge.org)

**Did you ever think living out your Orthodox Faith could be fun?!  
Join us for a week and meet other Orthodox kids your age!  
Enjoy daily services, cabin activities, sports, and evening programs!**

**Camp St. George is the Midwest Diocesan camp  
of the Self-Ruled Antiochian Archdiocese of North America**  
Metropolitan JOSEPH, Primate - Bishop ANTHONY, Toledo Auxiliary

**St. Mary Orthodox Church  
of Palos Heights**  
invites you to our

**Annual Founders' Day Weekend  
with our Bishop!**

**His Grace Bishop ANTHONY**  
Bishop of Toledo and the Midwest



**Saturday, August 15th**

5:00 pm - Great Vespers

**Sunday, August 16th**

10:00 am - Divine Liturgy for the  
Feast of the Dormition

11:30 am - Luncheon



**Fuheis American Association  
and St. Mary Orthodox Church  
invites you to a**



# Mediterranean Festival

**Free Admission  
August 21-23, 2015**

Friday: 2pm-11pm, Saturday 11am-11pm, Sunday: 11:30am-8pm

**A FUN-FILLED  
FESTIVAL**



**FOR THE WHOLE  
FAMILY!**

**\* Food \* Drinks \* Camel Rides \* Music \* Games \* Vendors \***



**St. Mary Orthodox Church  
6330 W. 127th St., Palos Heights, IL 60463**

# DodgeBall

- What:** Dodge Ball Tournament Presented by St. Mary's Orthodox Athletic Ministry
- Who:** Ages 14 and up, 5 players per team; *1 must be female*
- Fee:** \$20 per person/\$100 per team
- When:** Sunday, September 6<sup>th</sup> 2015 at 3:00 PM
- Where:** The Gymnasium of St. Mary Orthodox Church at 6330 W, 127<sup>th</sup> St., Palos Heights, IL, 60463



FOR  
REGISTRATION  
FORMS AND MORE  
INFORMATION,  
CONTACT US AT  
[athletics@stmaryoc.org](mailto:athletics@stmaryoc.org)



# St. Mary's Arabic School

Dear families and friends, we are glad to announce that Arabic school will be starting September 12<sup>th</sup> and it will be held on Saturdays from 11:00am to 1:00pm. An e-mail with additional information will go out in July.

العربية



## !!!Register Today!!!

Please see Lamese Ammari after Liturgy to register your child or if you have any questions please call the Arabic School Director Elia Sweiss at 708-707-1395.



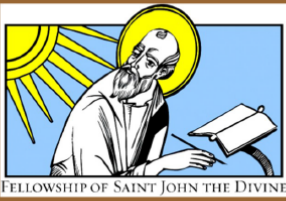
- ◆ Provide your children with an outstanding Orthodox Christian education.
- ◆ Let your children become more well rounded with their Faith , community, and culture.
- ◆ Set your kids on the right path to success!

**SUNDAY SCHOOL STARTS SEPTEMBER 13th**

Please see Philip Riske to register your children!

*“Jesus said, “Let the little children come to me, and do not forbid them; for of such is the kingdom of heaven” “ - Matthew 19:14*

*St. Mary Orthodox Church of Palos Heights*



# St. Mary Orthodox Church of Palos Heights



*“For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.” Mark 10:45*

This Fall you do not want to miss the...

## Fellowship Retreat

*Hosted by the Fellowship of St. John the Divine*

October 9<sup>th</sup> – 11<sup>th</sup> 2015

St. Iakovos Retreat Center

Kansasville, WI

The Fellowship at St. Mary invites everyone ages 19-99 to experience the weekend of a lifetime! The keynote speaker for the weekend will be our beloved Archdeacon Saed Rihani. During the Fellowship Retreat we will partake in church services, interactive sessions, indoor/outdoor leisure activities, and much more. We will be surrounded by nothing but Orthodoxy and beauty in the newly built retreat center opened by the Greek Archdiocese.

\$200 (per person) will cover the cost of the entire weekend including meals, lodging, and transportation.

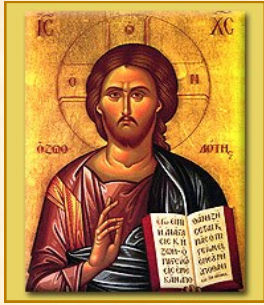
### EARLY BIRD REGISTRATION

\$175 if you sign up and pay a \$50 non-refundable deposit by July 26th!

*As with all events at St. Mary, if you would like to participate but need financial assistance, please see Fr. Mousa.*

To sign up or address any questions, contact  
Fabiola Sweis at [fabiolasweis@gmail.com](mailto:fabiolasweis@gmail.com)





## Weekly Synaxarion



On July 19 in the Holy Orthodox Church, we commemorate the Venerable Macrina, sister of Basil the Great; Venerable Dios of Antioch; Theodore, archbishop of Edessa; Venerable Seraphim of Sarov; Holy Stephen Lazarevic, Serbian Prince and Holy Militsa, his mother. On this Sunday, we commemorate the 630 holy and God-bearing Fathers of the Fourth Ecumenical Council, which convened in Chalcedon in 451 against the Monophysites. The Holy Fathers were, once again, concerned with the nature of Jesus Christ. The false teaching arose that Christ's human nature (considered by heretics as less perfect) dissolved itself in His divine nature (considered by heretics as more perfect): like a cube of sugar in a parcel of water. Thus, in that scenario, Christ had only one nature, the Divine. These false preachers were called Monophysites ("mono", meaning "one" and "physis", meaning "nature"), and they were led by Eutyches and Dioscorus. Monophysitism overemphasized the divine nature of Christ, at the expense of the human. The Fourth Ecumenical Council condemned Monophysitism and proclaimed that Christ has two complete natures: the divine and the human, as defined by previous Councils. These two natures function as equally perfect, without confusion, and are neither divided nor separate. The Fathers declared that at no time did they undergo any change. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.