



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*“The disciples were first called Christians in Antioch.” (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.stmaryoc.org (office@stmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

#### St. Mary Parish Clergy

V. Rev. Fr. Mousa Haddad, Pastor

V. Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

#### Parish Council

Luai Sweis - Chairman

Abdullah Tadros - Vice Chairman

Jason Haddad - Treasurer

Ramiz Sweis- Financial Secretary

Fabiola Sweis - Secretary

Nidal Al-Farah

Constantin Kari

Abeer Khouri

Faris Samawi

Bassam Shaheen

Feras Sweis

#### Parish Ministries

Sunday School - Philip Riske

SOYO - Murad Salman

Fellowship - Fabiola Sweis

Antiochian Women -

Magida Abudayyeh

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

#### Office

May Sweis

administrator@stmaryoc.org

#### Church Hall Rental

Call the church office or email our

Office Administrator

*June 21<sup>st</sup>, 2015*

*Third Sunday after Pentecost*

*Third Sunday of Matthew*



#### Weekly Schedule of Services

Saturday: 5:00p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study

(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

## **Changes in the Liturgy**

### **Entrance Hymn**

O Come, let us worship and fall down before Christ.  
Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

### **Troparion of the Resurrection (Tone Two)**

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

### **Troparion of the Dormition (Tone One)**

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

### **Kontakion of the Theotokos (Tone Two)**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

## Epistle of the Third Sunday after Pentecost

*The Lord is my strength and my song!*

*The Lord has chastened me sorely!*

**The Reading is from St. Paul's Letter to the Romans (5:1-11).**

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man--though perhaps for a good man one will dare even to die. But God shows his love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

## Gospel of the Third Sunday of Matthew

**The Reading is from the Holy Gospel according to St. Matthew (6:22-33).**

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well."

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

06/21: Emad and Nabila Haddad & Family

06/28: Munther and Shireen Salman  
& Family

07/05: Joseph and Dena Salman & Family

## Epistle Reading

06/21: Wajih Haddad & Salena Ibrahim

06/28: Lily Sweiss & Abeer Khouri



## Wedding

Anthony Keith Tolbert

&

Rhonda Bassam Shaheen

**Congratulations!**



## OCCHY QUIZ

**TRUE/FALSE:** In the summer, 3,750 teens per day will try marijuana for the first time.



**FALSE:** During the months of June and July, more than 4,500 teens per day will try marijuana for the first time! This is when adolescents are on school break and have more idle time; less structured responsibilities and less adult supervision.

<http://health.usnews.com/health-news/news/articles/2012/07/03/summer-is-peak-time-for-teens-to-try-drugs-alcohol-report>

Like us on Facebook at <https://www.facebook.com/OCCHYChicago>

## *Bible Study verse of the week (from the Orthodox Study Bible)*



*John 20:23* “If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.”

Christ commissions the disciples to continue His mission on earth, granting them the Holy Spirit and the power to forgive sins. These words of Christ are among the scriptural foundations of the Sacrament of Holy Orders (priesthood), and the Sacrament of Confession (repentance). Through the consecration and empowerment of the Apostles by the Lord, and through the ordination of others to continue their apostolic mission, Christ's own Holy Priesthood is communicated to the Bishops and Priests of the Church.

**St. Mary Orthodox Church of Palos Heights**

**The Fellowship of St. John the Divine  
is hosting a**



# **Father's Day Bake Sale!**

**HAPPY  
FATHER'S  
DAY!**

**6330 W. 127th St. Palos Heights, IL |@StMaryFSJD**



**Aloha Ladies!**

We're having a  
**Hawaiian Party**  
and you're invited!

Date: July 10, 2015  
Place: Fellowship Hall  
Time: 6:00 p.m.  
Cost: \$25 per person

Come join us for a fun night out.

Sponsored by the Antiochian Women

# DodgeBall

- What:** Dodge Ball Tournament Presented by St. Mary's Orthodox Athletic Ministry
- Who:** Ages 14 and up, 5 players per team; *1 must be female*
- Fee:** \$20 per person/\$100 per team
- When:** Sunday, September 6<sup>th</sup> 2015 at 3:00 PM
- Where:** The Gymnasium of St. Mary Orthodox Church at 6330 W, 127<sup>th</sup> St., Palos Heights, IL, 60463



FOR  
REGISTRATION  
FORMS AND MORE  
INFORMATION,  
CONTACT US AT  
[athletics@stmaryoc.org](mailto:athletics@stmaryoc.org)



# CAMP ST. GEORGE

*Celebrating 14 Years!*

**AUGUST 9<sup>th</sup> – 15<sup>th</sup>, 2015**

**Ages 9-18**

**Located at YMCA Camp Wapsie**

**Just North of Cedar Rapids, Iowa**

**We enjoy:**

- **Prayers!**
- **Fellowship!**
- **Zip line!**
- **Swimming!**
- **Climbing Tower!**
- **Canoeing!**
- **Outdoor activities!**
- **Growing in our Faith!**
- **Building Friendships!**



**NOW ACCEPTING CAMPER REGISTRATIONS AND STAFF APPLICATIONS.**

**For more information and to register or apply - Visit**  
[CampStGeorge.org](http://CampStGeorge.org)

**Did you ever think living out your Orthodox Faith could be fun?!  
Join us for a week and meet other Orthodox kids your age!  
Enjoy daily services, cabin activities, sports, and evening programs!**

**Camp St. George is the Midwest Diocesan camp  
of the Self-Ruled Antiochian Archdiocese of North America**  
Metropolitan JOSEPH, Primate - Bishop ANTHONY, Toledo Auxiliary

# Midwest Parish Life Conference 2015

Host: St. Nicholas Antiochian Orthodox Church

June 24-28 Amway Grand Plaza: \$118/night

Buy a ticket book by April 1st for a chance to win a Free Night Stay  
[www.midwestplc2015.com](http://www.midwestplc2015.com)



## Grand Rapids, PURE MICHIGAN®



[facebook.com/midwestPLC](https://facebook.com/midwestPLC)

DANCING WITH OUR STARS HAFLI

BIBLE BOWL

CELEBRATION ON THE GRAND

GAME SHOW

TEEN ORATORICAL

SERVICE PROJECT

REUNION ON THE GRAND

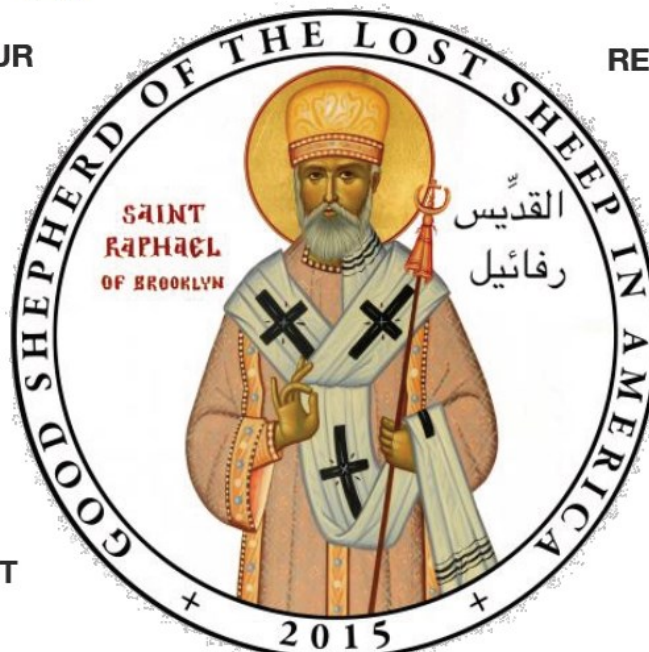
GOLF OUTING

PARISH SPORTS COMPETITION

URBAN MARKET

PICNIC AT THE ZOO

LITURGICAL SERVICES



100<sup>TH</sup> ANNIVERSARY of the FALLING ASLEEP of SAINT RAPHAEL

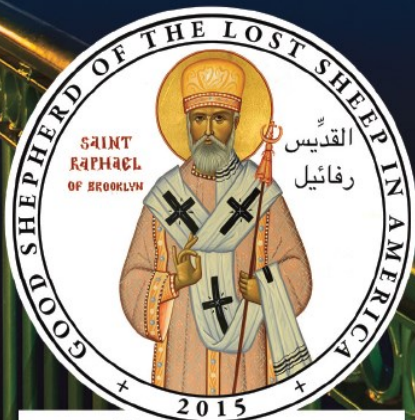
# Something for Everyone!

St. Mary, Cambridge MA invites you  
to join us for the

## Boston 52<sup>ND</sup> ANTIOCHIAN ARCHDIOCESE CONVENTION

2015

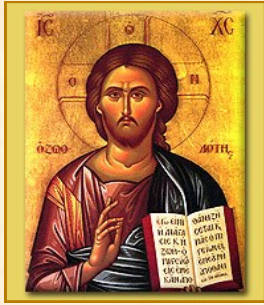
July 20-26  
Sheraton Boston Hotel



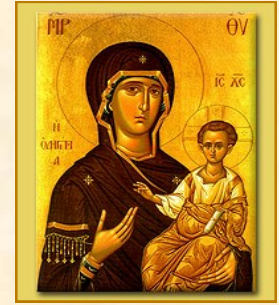
100<sup>TH</sup> ANNIVERSARY of the  
FALLING ASLEEP of SAINT RAPHAEL

- Kids Club/Tween Club
- Bible Bowl
- Oratorical Festival
- Enliven to Christ
- Daily Bible Study
- Department Meetings
- An Enchanting Evening over Boston
- A Night to Celebrate our Archdiocese
- Cabaret & Hufi
- Grand Banquet
- Teen Banquet/Pool Party
- 21/40 Event

Go to [www.acboston2015.com](http://www.acboston2015.com) for more information and to register



## Weekly Synaxarion



On June 21 in the Holy Orthodox Church, we commemorate the holy Martyr Julian of Tarsus. Of a noble senatorial family, Julian was only 18 years old when he was taken to trial for the Faith. But Julian was already educated and resolute in Christian faith and devotion. The imperial governor took him from city to city for a whole year, torturing him all the while and attempting to persuade him to renounce Christ. The governor seized Julian's mother and sent her to urge her son to renounce Christ. She spent three days in prison with him, giving him precisely the opposite advice, teaching him to go to his death with courage and gratitude to God. His torturers then sewed Julian into a sack of sand with scorpions and snakes and threw him into the sea, and his mother also died under torture. The waves carried Julian's body onto the shore, and the faithful took it to Alexandria, where they buried it in 290. His relics were later taken to Antioch. On this day, we also commemorate the Martyr Aphrodisius of Cilicia; and New-martyr Nikita of Nisyros near Rhodes. By their intercessions, O Christ God, have mercy upon us. Amen.