



SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

“The disciples were first called Christians in Antioch.” (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.stmaryoc.org (office@stmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy

V. Rev. Fr. Mousa Haddad, Pastor

V. Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

Parish Council

Luai Sweiss - Chairman

Abdullah Tadros - Vice Chairman

Jason Haddad - Treasurer

Ramiz Sweiss - Financial Secretary

Fabiola Sweis - Secretary

Nidal Al-Farah

Constantin Kari

Abeer Khouri

Faris Samawi

Bassam Shaheen

Feras Sweis

Parish Ministries

Sunday School - Philip Riske

SOYO - Murad Salman

Fellowship - Fabiola Sweis

Antiochian Women -

Magida Abudayyeh

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

Office

May Sweis

administrator@stmaryoc.org

Church Hall Rental

Call the church office or email our

Office Administrator

May 3rd, 2015

Sunday of the Paralytic



Christ is Risen! Indeed He is Risen!

*Christ is risen from the dead, trampling down death by death,
and upon those in the tombs bestowing life!*

Weekly Schedule of Services

Saturday: 5:00p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study

(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

Changes in the Liturgy

First Antiphon

Shout with joy to God, all the earth. Sing to His name; give glory to His praises.

Through the intercessions of the Theotokos, O Saviour save us!

Say to God: How awesome are Thy works; let all the earth worship Thee, and sing to Thee. Let it sing a song to Thy Name, O Most High.

Through the intercessions of the Theotokos, O Saviour save us!

Glory to the Father, and to the Son, and to the Holy Spirit. Now and ever, and unto ages of ages. Amen.

Through the intercessions of the Theotokos, O Saviour save us!

Second Antiphon

May God have mercy upon us, and bless us, and may He cause His face to shine upon us, and have mercy on us.

Save us, O Son of God, who art risen from the dead, who sing to thee, Alleluia!

That thy way may be known upon earth, thy salvation among all nations. Let the people give thanks to Thee, O God; let all the people give thanks to Thee.

Save us, O Son of God, who art risen from the dead, who sing to thee, Alleluia!

May God bless us, and may all the ends of the earth fear Him.

Save us, O Son of God, who art risen from the dead, who sing to thee, Alleluia!

Glory to the Father, and to the Son, and to the Holy Spirit. Now and ever, and unto ages of ages. Amen.

O only-begotten Son, etc.

Third Antiphon

Let God arise, and let his enemies be scattered, and let those who hate Him flee from his face.

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

As smoke vanishes, let them vanish; as wax melts before the fire.

Christ is risen, etc.

So let sinners perish at the presence of God, and let the righteous be glad.

Christ is risen, etc.

This is the day which the Lord has made; let us rejoice and be glad in it.

Christ is risen, etc.

Entrance Hymn (Tone Two)

In the gathering places, bless ye God the Lord from the springs of Israel. Save us
O Son of God, Who art Risen from the dead, who sing to thee: Alleluia!

Paschal Troparion (Tone Five)

Christ is risen from the dead, trampling down death by death, and upon those in
the tombs, bestowing life! (3x)

Troparion of the Resurrection (Tone Three)

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act
with His own arm, He hath trampled down death by death and became the first-
born from the dead; He hath delivered us from the depths of Hades, granting the
world the great mercy.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy
falling asleep thou hast not forsaken the world; for thou wast translated into life,
being the Mother of Life. Wherefore by thine intercessions, deliver our souls from
death.

Kontakion of Pascha (Tone Eight)

Though thou, O deathless One, didst descend into the grave, thou didst destroy
the power of hell and, as Victor, thou didst rise again, O Christ our God. Thou
didst greet the ointment-bearing women, saying, Rejoice! Thou didst bestow
peace upon Thy Disciples, and resurrection upon those that are fallen.

Epistle of the Sunday of the Paralytic

Sing praises to our God, sing praises!

Clap your hands, all you nations!

The Reading is from the Acts of the Apostles (9:32-42).

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel of the Sunday of the Paralytic

The Reading is from the Holy Gospel according to St. John (5:1-15).

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethzatha, which has five porticos. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there for a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befalls you." The man went away and told the Jews that it was Jesus who had healed him.

Megalynarion (Tone One)

The angel spake to her that is full of grace, saying, O pure Virgin, rejoice. And I say also, Rejoice. For thy son is risen from the tomb on the third day. Shine, shine, O new Jerusalem; for the glory of the Lord hath risen upon thee. Rejoice and exult now, O Zion, and thou, O pure one; Theotokos, rejoice at the Resurrection of thy Son.

Koinonikon (Communion Hymn)

Receive ye the Body of Christ, and taste ye Him who is the Fountain of Immortality. Alleluia!

Instead of “We have seen the true light”, we sing “Christ is Risen” (Once)



Starting Saturday, May 2nd

Saturdays 4PM-6PM for 1st through 8th Grades

Learn the basics of music, church music & sing/chant Vespers.
You don't need to know how to read music, WE WILL TEACH YOU!!!
Questions or Concerns? See Preyma Grace or Angela



PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour.

It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

05/03: Kamal and Nawal Sweis & Family

05/10: Bishara Sweis & Family

05/17: Laith and Nour Swaiss & Family



Wedding

Michael Nabil Nakhleh

&

Orieb Ghaleb Sweis

Congratulations!



Baptism

Nicholas

Parents: Fadi & Katie Matalka

Congratulations!

Epistle Reading

05/03: Lily Sweiss & Reem Sweis

05/10: Norma Tadros & Fabiola Sweis

“Bible Verse of the Week”

For the Son of Man has come to seek and to save that which was lost.

Luke 19:10



Reminder!

All Food for Hungry People Boxes are due.

Thank You!

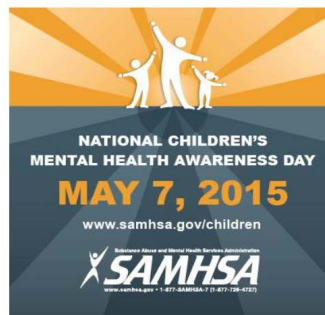


OCCHY QUIZ

TRUE/FALSE:

Children who experience abuse & household dysfunction have a 4 to 12 times increase risk for alcoholism.

TRUE: They also have a 4 to 12 times increase risk for drug abuse, depression, & suicide attempt.



www.samhsa.gov/children

Like us on Facebook at <https://www.facebook.com/OCCHYChicago>



Washington, DC Headquarters
P.O. Box 2881
Merrifield, VA 22116

April 17, 2015

V. Rev. Fr. Mousa Haddad
V. Rev. Fr. Malek Rahani
St. Mary Antiochian Orthodox Church
6330 W. 127th St.
Palos Heights, IL 60463

Dear St. Mary Antiochian Orthodox Church, Clergy and Congregation:

On behalf of Coptic Orphans, I would like to extend our sincere and heartfelt thanks for your love and generosity. We are full of gratitude for your generous contribution of \$5,419 to support the families of the 21 martyrs who were killed in Libya. We feel that your support is nothing less than a true reflection of Christ's love and the true unity and solidarity of the one Holy Apostolic Church.

We began investigating the needs of these families when we learned the news of the kidnappings. While being respectful of the privacy of the mourners, we are in the process of enrolling the children affected by this tragedy in our programs. Our aim is to ensure that these children get the assistance they need in the long term, even after the martyrdoms in Libya have faded from the headlines. By God's grace, we've spent the last 25 years preparing to meet exactly these kinds of long-term family needs.

Your loving gesture is an inspiration to all of us here, especially in light of the tribulations facing our brothers and sisters in Syria. May God reward you abundantly and bless you all. Please remember us in your prayers.

One Body in Christ,

Nermien Riad
Executive Director



Fishers of Men Monthly Breakfast



Saturday, May 2nd
at 10 am
Royalberry Waffle House
6417 127th St.
Palos Heights, IL
Social breakfast no topic this month.

Mother's Day Raffle Ticket Sale

Tickets are being sold from
Palm Sunday thru Mother's Day

5 tickets for \$10

Buy your tickets from any of the
Antiochian Women today!



ST. MARY'S ATHLETIC'S

6330 West 127th St. Palos Heights, IL

3-on-3 Basketball Tournament

St. Mary is hosting their annual 3-on-3 basketball tournament! Get your starting line-ups ready for a weekend full of family, friends and FUN!!! Come support your community and enjoy some friendly competition.

The tournament will be held on **Saturday, May 9th 2015 at 10:00am.**

SEE YOU THERE!



Requirements:

- Completed Registration/Waiver Form
- Registration Fee \$25/person
- Ages 14+
- 3 players per team
Men's and women's bracket
- All forms and fees due by:
May 3rd 2015

For questions contact:

Melad Qodsi
708-692-0561
athletics@stmaryoc.org

Nidal Haddad
708-691-8849

Fabiola Sweis
708-715-3229



St. Mary's Men's Basketball League



The time has finally come for family, friends, and lots of fun! We are pleased to present the 4th Annual Men's Basketball League. The games will be held in the gymnasium of St. Mary's Orthodox Church. This league will be open to members of the community and to our sister churches. The timing of this league couldn't be better as we try to come together as a community to enjoy companionship and some friendly competition. We ask that you all spread the word as much as possible, as we get things started to have another successful season! There will be sign-ups held during coffee hour and open gyms.

Season begins on June 2nd 2015

***Forms, Teams, and Fees due by May 17th 2015**

Requirements:

- Signed waiver
- Team registration sheet
- Fees
- \$75/ person- No Purchase of Jersey
- \$100/ person- With Purchase of Jersey

Information:

- Ages 16 and up
- Make your own team
- Min members per team -- 7
- Max members per team – 9

Contact: athletics@stmaryoc.org

Nidal Haddad 708-691-8849 or Melad Qodsi 708-692-0561

DodgeBall

- What:** Dodge Ball Tournament Presented by St. Mary's Orthodox Athletic Ministry
- Who:** Ages 14 and up, 5 players per team; *1 must be female*
- Fee:** \$20 per person/\$100 per team
- When:** Sunday, September 6th 2015 at 3:00 PM
- Where:** The Gymnasium of St. Mary Orthodox Church at 6330 W, 127th St., Palos Heights, IL, 60463



FOR
REGISTRATION
FORMS AND MORE
INFORMATION,
CONTACT US AT
athletics@stmaryoc.org





IOCC ANNUAL PAN-ORTHODOX GRAND BANQUET AND SILENT AUCTION

Thursday, April 30, 2015

6:00pm Cocktails • 7:00pm Dinner

CAFÉ LA CAVE

2777 Mannheim Road • Des Plaines, IL 60018

Join us for a special IOCC presentation!

Tickets are \$125 per person
Please RSVP by April 17, 2015
Net proceeds from this event will benefit
IOCC's humanitarian relief work



IOCC

Registration online at ioccc.org/chicago



Midwest Parish Life Conference 2015

Host: St. Nicholas Antiochian Orthodox Church

June 24-28 Amway Grand Plaza: \$118/night

Buy a ticket book by April 1st for a chance to win a Free Night Stay
www.midwestplc2015.com



Grand Rapids, PURE MICHIGAN®

 facebook.com/midwestPLC

DANCING WITH OUR STARS HAFLI

BIBLE BOWL

CELEBRATION ON THE GRAND

GAME SHOW

TEEN ORATORICAL

SERVICE PROJECT

REUNION ON THE GRAND

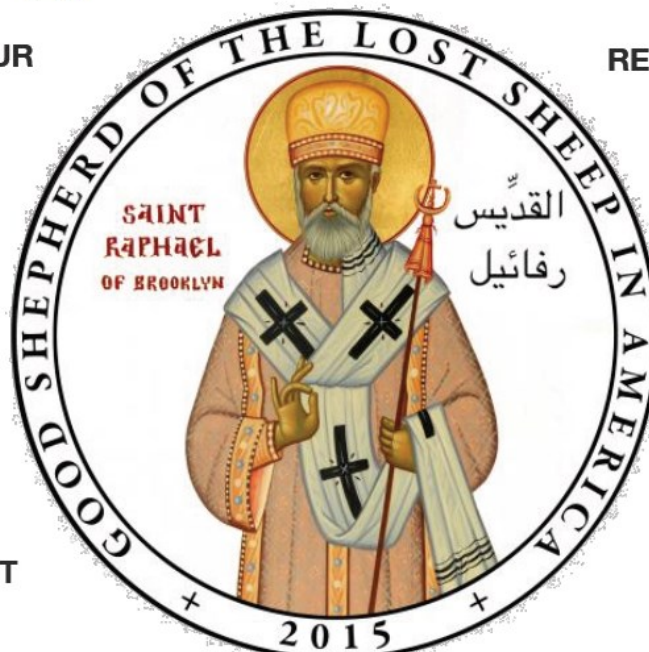
GOLF OUTING

PARISH SPORTS COMPETITION

URBAN MARKET

PICNIC AT THE ZOO

LITURGICAL SERVICES



100TH ANNIVERSARY of the FALLING ASLEEP of SAINT RAPHAEL

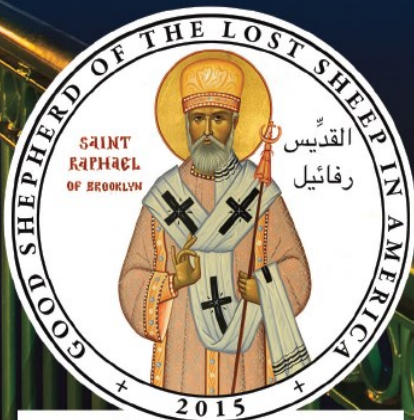
Something for Everyone!

St. Mary, Cambridge MA invites you
to join us for the

Boston 52ND ANTIOCHIAN ARCHDIOCESE CONVENTION

2015

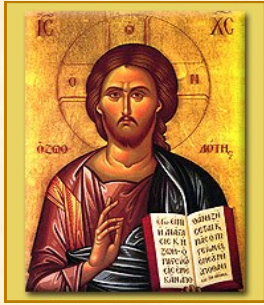
July 20-26
Sheraton Boston Hotel



100TH ANNIVERSARY of the
FALLING ASLEEP of SAINT RAPHAEL

Kids Club/Tween Club
Bible Bowl
Oratorical Festival
Enliven to Christ
Daily Bible Study
Department Meetings
An Enchanting Evening over Boston
A Night to Celebrate our Archdiocese
Cabaret & Hufi
Grand Banquet
Teen Banquet/Pool Party
21/40 Event

Go to www.acboston2015.com for more information and to register



Weekly Synaxarion



On May 3 in the Holy Orthodox Church, we commemorate the Martyrs Timothy the reader and his wife Maura of Egypt; Peter, archbishop of Argolis; Ekumenios, bishop of Trikala; Venerable Luke of Mt. Stirion; and Venerable Theodosios of the Kiev Caves, founder of Russian monasticism. On this, the fourth Sunday of Pascha, we make commemoration of the Paralytic and, as is meet, we celebrate the miracle wrought for him. Jesus healed the Paralytic at the Sheep's Pool, located near the Sheep's Gate of Jerusalem, where people sacrificed their beasts and washed their insides. The pool had five sides, with a porch and arch on each. A number of people, afflicted with various diseases, passed through them, waiting at the water for an angel to come down and stir it. Once it moved, whoever stepped into the water first was instantly healed. One poor man, whose story is recounted in today's Gospel lection in the Divine Liturgy, waited 38 years for someone to lower him into the water, because he was unable to move into the water himself. However, the Savior merely commanded the man to get up and walk, and he was healed. By Thy boundless mercy, O Christ our God, have mercy on us. Amen.