



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*“The disciples were first called Christians in Antioch.” (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.stmaryoc.org (office@stmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

### St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor

Very Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

### Parish Council

Luai Sweiss - Chairman

Constantin Kari - Vice Chairman

Louis Sweiss - Treasurer

Jason Haddad - Financial Secretary

Lana Sweis - Secretary

Nidal Al-Farah

Feras Salman

Faris Samawi

Bassam Shaheen

Feras Sweis

### Parish Ministries

Sunday School - Hanada Sweis

SOYO - Jasmine Sweis

Fellowship - Rachel Kari

Antiochian Women - Susan Sweis

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

### Office Administrator

Marram Salman

administrator@stmaryoc.org

### Parish Administrator

Rachel Kari

rkari@stmaryoc.org

### Church Hall Rental

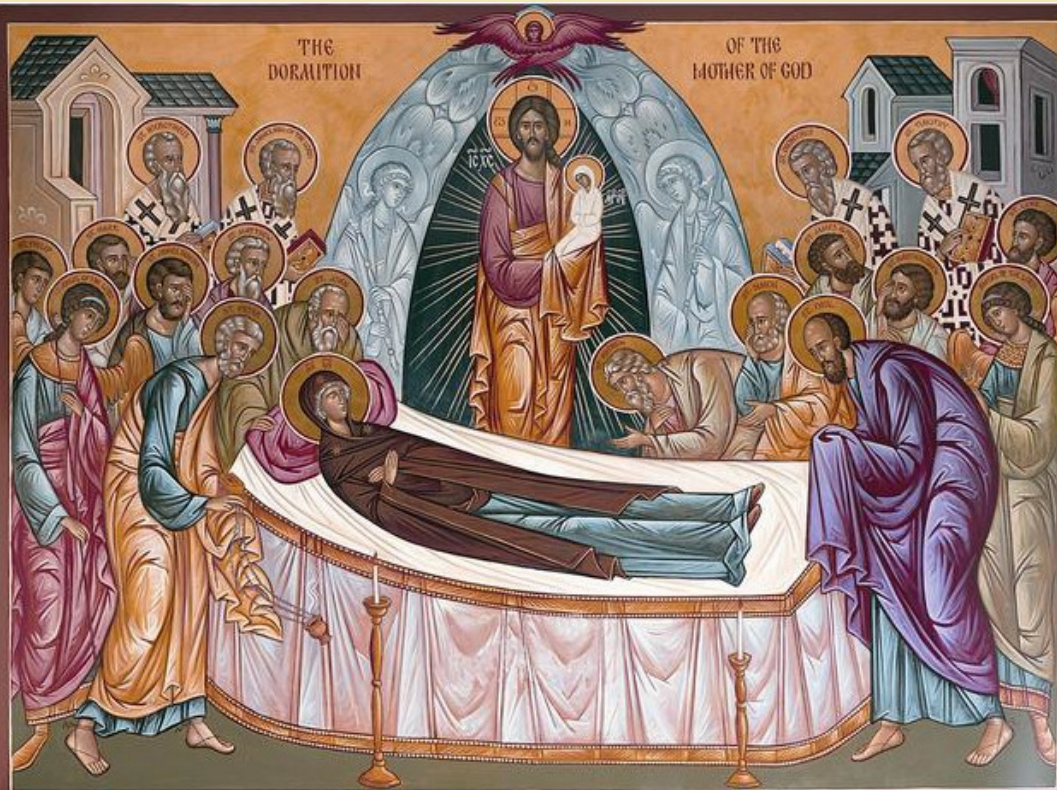
Call the church office or email our

Office Administrator

August 17, 2014

Tenth Sunday after Pentecost

and the Sunday after the Dormition of the Theotokos



### Weekly Schedule of Services

Saturday: 5:30 p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study

(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family.

If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet."

May God bless you and give you many healthy years in His service.

## Changes in the Liturgy

### First Antiphon

Shout with joy to God, all the earth, give thanks unto the Lord and call upon His name; declare among the nations His works.

*Through the intercessions of the Theotokos, Savior, save us!*

In the city of our God, in His holy mountain, His place has been made in peace, and His dwelling in Zion.

*Through the intercessions of the Theotokos, Savior, save us!*

Glory to the Father, and to the Son, and to the Holy Spirit. Now and ever, and unto ages of ages. Amen.

*Through the intercessions of the Theotokos, O Savior, save us!*

### Second Antiphon

The Lord loves the gates of Zion more than all the dwellings of Jacob. Glorious things are spoken of thee, O city of God.

*Save us, O Son of God, Who art Risen from the dead, who sing to Thee, Alleluia!*

God has laid her foundation unto eternity. We have thought, O God, of Thy mercy in the midst of Thy people.

*Save us, O Son of God, Who art Risen from the dead, who sing to Thee, Alleluia!*

The most-high has hallowed His tabernacle.

*Save us, O Son of God, Who art Risen from the dead, who sing to Thee, Alleluia!*

Glory to the Father, and to the Son, and to the Holy Spirit. Now and ever, and unto ages of ages. Amen.

*O only-begotten son and word of God...*

### Third Antiphon

Ready is my heart, O God, ready is my heart; I will sing and chant in my glory. What shall I render unto the Lord for all that He hath given me? I will receive the cup of salvation, and I will call upon the Name of the Lord.

*In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.*

# Changes in the Liturgy

## Entrance Hymn

O Come, let us worship and fall down before Christ.  
Save us, O Son of God, who art risen from the dead, who sing to  
Thee: Alleluia!

## Troparion of the Resurrection (Tone One)

While the stone was sealed by the Jews, and the soldiers were  
guarding Thy most pure body, Thou didst arise on the third day, O  
Saviour, granting life to the world; for which cause the Heavenly  
Powers cried aloud unto Thee, O Giver of Life, Glory to Thy Res-  
urrection, O Christ! Glory to Thy Kingdom! Glory to Thy Provi-  
dence! O Thou who alone art the Lover of Mankind.

## Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve vir-  
ginity; and in thy falling asleep thou hast not forsaken the world;  
for thou wast translated into life, being the Mother of Life.  
Wherefore by thine intercessions, deliver our souls from death.

## Kontakion of the Dormition (Tone Two)

Verily, the Theotokos, who is ever watchful in intercessions, who  
is never rejected, neither tomb nor death could control. But being  
the Mother of Life, He who dwelt in her ever-Virgin womb did  
translate her to life.

## **Epistle of the Tenth Sunday after Pentecost**

*Let your mercy, O Lord, be upon us!*

*Rejoice in the Lord, O you righteous!*

**The Reading is from Saint Paul's First Letter to the Corinthians (4:9-16).**

Brethren, God has exhibited us apostles as last of all, like men sentenced to death because we have become a spectacle to the world, to angels and to men. We are fools for Christ's sake, but you are wise in Christ. We are weak, but you are strong. You are held in honor, but we in disrepute. To the present hour we hunger and thirst, we are ill-clad and buffeted and homeless, and we labor, working with our own hands. When reviled, we bless; when persecuted, we endure; when slandered, we try to conciliate; we have become, and are now, as the refuse of the world, the off scouring of all things. I do not write this to make you ashamed, but to admonish you as my beloved children. For though you have countless guides in Christ, you do not have many fathers. For I became your father in Christ Jesus through the gospel. I urge you, then, be imitators of me.

## **Gospel of the Tenth Sunday of Matthew**

**The Reading is from the Holy Gospel according to St. Matthew (17:14-23).**

At that time, a man came up to Jesus and kneeling before him said, "Lord, have mercy on my son, for he is an epileptic and he suffers terribly; for often he falls into the fire, and often into the water. And I brought him to your disciples, and they could not heal him." And Jesus answered, "O faithless and perverse generation, how long am I to be with you? How long am I to bear with you? Bring him here to me." And Jesus rebuked him, and the demon came out of him, and the boy was cured instantly. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" Jesus said to them, "Because you have no faith. For truly, I say to you, if you have faith, even as a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible to you. This kind never comes out except by prayer and fasting." As they were travelling together through Galilee, Jesus said to them, "The Son of man is to be delivered into the hands of men, and they will kill him, and he will rise on the third day."

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## Holy Bread and Coffee Hour

8/17: Shamel and Suna Al Hourani & Family

8/24: Joseph and Muna Makri & Family

8/31: Maher Ibrahim

## Epistle Reading

8/17: Lily Sweiss & Angela Haddad  
8/24: Awwan Sweis & Salena Ibrahim

## Baptism

Omar & Juliana  
Parents: Saleh and Rasha Tadros  
**Congratulations!**



St. Mary's Athletics Ministry  
invites you to our

## Volleyball League Games

Every Thursday at 7:00 p.m

## Bookstore is open

Every Sunday after Liturgy  
and  
Monday - Friday from  
11:00am - 2:00pm

Please email Nader Haddad at  
[naderemile3@yahoo.com](mailto:naderemile3@yahoo.com) with  
any special requests.

## "Bible Verse of the Week"

Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

1 Corinthians 6:19-20



**NOBODY QUILTS LIKE CHICAGO**  
MORE CHICAGOANS THAN EVER BEFORE ARE CHOOSING A SMOKE-FREE LIFE.<sup>1</sup>  
**YOU CAN TOO.**

**SMOKING CESSATION AWARENESS WEEK**  
AUGUST 18 TO 22, 2014

- Talk to your doctor or healthcare provider today about help quitting
- Find helpful tools online at [www.MyTimeToQuit.com](http://www.MyTimeToQuit.com)
- Call the Illinois Tobacco Quit line at 866-784-8937 to access FREE smoking cessation resources
- Use #ChicagoQuits to share your quit story on Twitter, Instagram, and Facebook

Logos for Pfizer, HEALTHY CHICAGO, THE UNIVERSITY OF CHICAGO MEDICINE, Northwestern Medicine, Advocate Medical Group, Cancer Action Network, American Diabetes Association, AMERICAN LUNG ASSOCIATION, The Institute of Medicine of Chicago, MICH, ALBERT EINSTEIN COLLEGE OF BIOMEDICAL SCIENCE, National Kidney Foundation, nchi, REGULATORY HEALTH ASSOCIATION, LORETO Hospital, ASIAN HEALTH COALITION, Chicago Hispanic Health Coalition, HOWARD BROWN HEALTH CENTER, 4C PROUD, CENTER ON SENIORS HALSTED, UIC Hispanic Center of Excellence.

Reference: 1. Chicago Department of Public Health's Healthy Chicago Spotlight, Tobacco Use, March 2014. [http://www.cityofchicago.org/content/dam/city/depts/dph/tobacco\\_ajctohd\\_and\\_drug\\_abuser/tobacco\\_Use\\_Spotlight.pdf](http://www.cityofchicago.org/content/dam/city/depts/dph/tobacco_ajctohd_and_drug_abuser/tobacco_Use_Spotlight.pdf). Accessed July 3, 2014.

# Upcoming Events

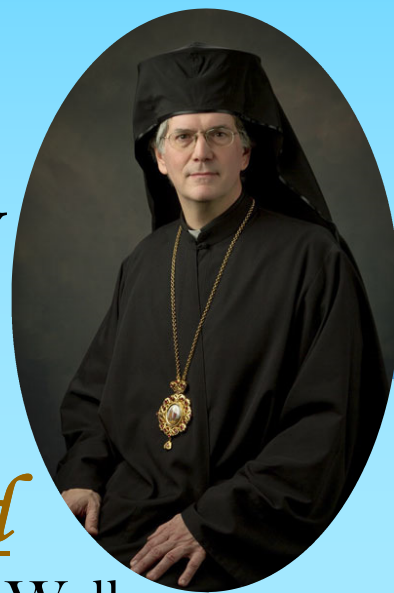
Thu Aug 14	7:00pm	Annual Feast Day Liturgy w/ Pot Luck Dinner
Sat Aug 16	5:30pm	Great Vespers
Sun Aug 17	8:45am	Matins
	10:00am	Divine Liturgy
	2:00pm	Open Gym - Basketball
Tue Aug 19	7:00pm	Open Gym - Volleyball
Wed Aug 20	10:00am	Morning Prayers
	10:30am	Parish Bible Study
Thu Aug 21	7:00pm	Volleyball Games
Sat Aug 23	8:00am	St. Mary's Annual Humanitarian Walk
	5:00pm	Great Vespers
Sun Aug 24	8:45am	Matins
	10:00am	Divine Liturgy
	6:00pm	Annual Founders' Day Banquet
Tue Aug 26	7:00pm	Open Gym - Volleyball
Wed Aug 27	10:00am	Morning Prayers
	10:30am	Parish Bible Study
Thu Aug 28	7:00pm	Volleyball Games
Fri Aug 29	7:00pm	Antiochian Women Meeting
Sat Aug 30	11:00am	Arabic School Parent Meeting/Student Orientation
	5:30pm	Great Vespers

# St. Mary Orthodox Church of Palos Heights invites you to our

## Annual Founders' Day Weekend with our Bishop!

**His Grace Bishop ANTHONY**

Bishop of Toledo and the Midwest



### Saturday, August 23rd

8:00 am - St. Mary's Humanitarian Walk

**Where:** Lake Katherine Nature Center and Botanic Gardens

7402 Lake Katherine Dr.

Palos Heights, IL 60463

**Registration:** Adults - \$20 | Children(10yrs. & under) - \$10

### Sunday, August 24th

6:00 pm - Annual Founders' Day Banquet

**Where:** St. Mary Orthodox Church

6330 West 127th Street

Palos Heights, IL 60463

**Tickets:** \$45 per person | \$20 per child under 12

**Live Entertainment**

**RAFFLE TICKET:** \$10 per ticket

- ◆ 1st Prize: \$1000
- ◆ 2nd Prize: \$500
- ◆ 3rd Prize: \$250



**St. Mary Orthodox Church of Palos Heights**  
**1st Annual**  
**Humanitarian Walk**

**Saturday, August 23rd 2014**  
**8:30am - 11:30am**

**Lake Katherine Nature Center and Botanic Gardens**  
7402 Lake Katherine Dr.  
Palos Heights, IL 60463

**ALL AGES EVENT**

**Contact**

Shireen Salman  
708-717-9640

**Registration**

Adults: \$20  
Youth: \$10 (10 & under)

**Benefiting**

St. Mary's Orthodox Church  
Humanitarian Fund

**Sponsors**

If you are interested in  
sponsoring this event  
please contact  
Shireen Salman.

*Have Faith. Give generously. Spread hope. Laugh frequently.*

*Love unconditionally. Live fully.*

# **St. Mary Antiochian Orthodox Church**

## **1<sup>st</sup> Annual Humanitarian Walk**

**Saturday August 23, 2014**  
**8:30am – 11:30am**

**Lake Katherine Nature Center and Botanic Gardens**  
**7402 Lake Katherine Dr., Palos Heights, IL 60463**

### **Gold Sponsors - \$1,000**

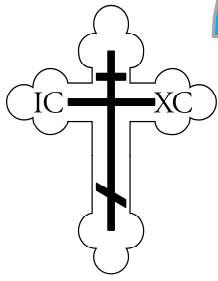
- ◆ Recognition at event as Gold Sponsor.
- ◆ Opportunity for 5 company team members to participate in walk. Each team member will receive a T-shirt.
- ◆ Recognition as Sponsor with company logo on t-shirt.
- ◆ Listing in all media releases as a Gold Sponsor.
- ◆ Company logo on St. Mary's web page.
- ◆ Opportunity to distribute promotional items in gift bag provided to all walkers.
- ◆ Recognition in the church weekly bulletin.

### **Silver Sponsors - \$500**

- ◆ Recognition at the event as Silver Sponsor.
- ◆ Opportunity for 3 company team members to participate in walk. Each team member will receive a T-shirt.
- ◆ Recognition as Sponsor with company logo on t-shirt.
- ◆ Listing in all media releases as a Silver Sponsor.
- ◆ Company logo on St. Mary's web page.
- ◆ Opportunity to distribute promotional items in gift bag provided to all walkers.
- ◆ Recognition in the church weekly bulletin.

### **Bronze Sponsors - \$250**

- ◆ Recognition at the event as Bronze Sponsor.
- ◆ Opportunity for 2 company team members to participate in walk. Each team member will receive a T-shirt.
- ◆ Recognition as Sponsor with company logo on t-shirt.
- ◆ Listing in all media releases as a Bronze Sponsor.
- ◆ Company logo on St. Mary's web page.
- ◆ Opportunity to distribute promotional items in gift bag provided to all walkers.
- ◆ Recognition in the church weekly bulletin.



# "Liturgy after the Liturgy"

*Taking our faith outside the church walls*



## **Date:**

Saturday, September 6, 2014

## **Time:**

11:30am - 1:30pm

## **Location:**

Feed My Starving Children,  
555 Exchange Court, Aurora, IL

## **Purpose:** Pack meals for starving children

Feed My Starving Children is a Christian nonprofit hunger relief organization. We have 89 spots reserved for this event.

Children (Kindergarten and older), teens, and adults are all welcome to attend. Volunteer hours will be granted upon request.

You need to register in order to attend. All volunteers are encouraged to donate at least \$5 (which will feed a child for an entire month!)

To register, please contact Kh. Delia Haddad.

*On behalf of God's children, thank you in advance for your commitment.*

# St. Mary Arabic School

Join us for a new and improved Arabic school year!

- ◆ Arabic School Director: Elia Sweiss
- ◆ Improved Curriculum
- ◆ Monthly Professional Development Workshops for all teachers lead by Professor Maha Sweis-Dababneh, PhD.
- ◆ Information Desk / Hall Monitor present during school hours.
- ◆ Students will not be allowed to leave the school premises.
- ◆ Adult class available again this year.

Saturdays from 11:00am to 1:00pm

- ◆ **First Day** - September 13th, 2014
- ◆ **Last Day** - May 16th, 2015

The following fees include all textbooks:



◆ 1st Student	\$250
◆ 2nd Student	\$200
◆ 3rd Student	\$150
◆ 4th Student	Free



## Register in the Fellowship Hall

For more information, please contact Arabic School Director,  
Elia Sweis at [arabic@stmaryoc.org](mailto:arabic@stmaryoc.org) or (708) 707-1395.

# SUNDAY SCHOOL



- Provide your children with an outstanding Orthodox Christian education.
- Let your children become more well rounded with their faith and community
- Set your kids on the right path to success!

SUNDAY SCHOOL STARTS SEPTEMBER 14th

Please see Philip Riske to register your children!

*“Jesus said, “Let the little children come to me, and do not forbid them; for of such is the kingdom of heaven” - Matthew 19:14*

*St. Mary Orthodox Church of Palos Heights*

INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES



## WALK THE WALK FOR IOCC

**JOIN US FOR OUR EIGHT ANNUAL  
5K WALK/RUN TO SUPPORT IOCC GLOBAL  
HUMANITARIAN RELIEF PROGRAMS!**

**Saturday, September 27, 2014**

**St. Andrew Greek Orthodox Church  
5649 N. Sheridan Rd. • Chicago, IL 60660**

**REGISTRATION: 8:00 AM • WALK/RUN BEGINS: 9:00 AM  
BREAKFAST: FOLLOWING THE RACE**

**For more information, visit [www.iocc.org/chicago](http://www.iocc.org/chicago)  
or email [iocccchicago5k@gmail.com](mailto:iocccchicago5k@gmail.com)**

*IOCC, in the spirit of Christ's love, offers emergency relief and development programs to those in need worldwide, without discrimination, and strengthens the capacity of the Orthodox Church to so respond.*



**IOCC<sup>®</sup>**

Net proceeds from this event will  
benefit IOCC's humanitarian relief fund

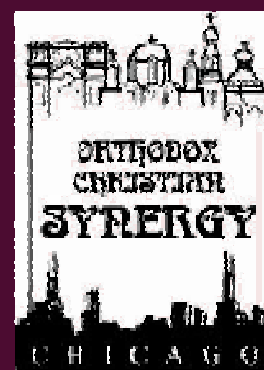
**[www.iocc.org](http://www.iocc.org)**

# 2014 CHICAGO SYNERGY ANNUAL SYMPOSIUM

OCTOBER 18, 2014

**OPERATION THY KINGDOM COME**

*HOW DO WE LIVE OUR FAITH IN A  
SECULAR AGE?*



- God's Kingdom has **POWER** to Take Back His People from the Secular World
- God's Kingdom has **GLORY** to Fill the Empty Secular Heart

**Saturday, October 18, 2014**

**9:00 a.m. – 2:00 p.m.**

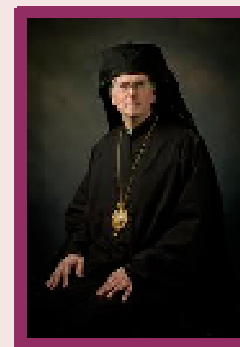
**Holy Resurrection Serbian Orthodox Cathedral**

**5701 N. Redwood Drive, Chicago, Illinois**

**Speaker: HIS GRACE BISHOP ANTHONY**

**Bishop of the Antiochian Orthodox Diocese of**

**Toledo and the Midwest**



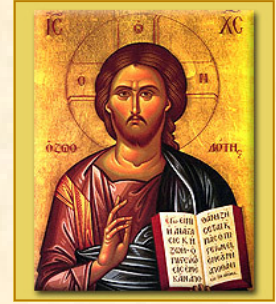
HIS GRACE BISHOP ANTHONY was born and raised in Ironwood, Michigan and attended the University of Michigan, where he received his B.A. in Literature, Science and the Arts, having a double major in History and English literature. He attended St. Vladimir's Orthodox Theological Seminary in Crestwood, New York. Bishop Anthony grew up in a Par-Orthodox community, was a football star and as a youth worker, toured with a Christian rock group. Today, Bishop Anthony is a popular and effective speaker. [www.antiochian.org/BishopAnthony](http://www.antiochian.org/BishopAnthony)

Registration and payment prior to October 9: \$35. (Husband and wife couples: \$50 ) October 10 –18: \$40 per person High School and College Students: \$20.00. Registration includes coffee service and lunch. For more information, Please see Synergy's website [chicagosynergy.org/symposium](http://chicagosynergy.org/symposium) or call (847) 647-8880 or (630) 230-0079.

Orthodox Christian SYNERGY consists of clergy and lay representative of Chicago-area Orthodox Christian parishes who seek to project awareness of Orthodox Christianity to the public at large. SYNERGY works together with its parent organization, the Orthodox Christian Clergy Association of Greater Chicago, and with the blessings of the Chicago area Orthodox Hierarchy.



## Weekly Synaxarion



On August 17 in the Holy Orthodox Church, we continue to celebrate the Dormition of the Most Holy Theotokos, and we commemorate the holy Hieromartyr Myron the Presbyter of Kyzikos. Myron was a priest in the town of Achaia of wealthy and prominent origin and by nature was kind and meek, both a lover of God and of man. During the reign of Emperor Decius and, on the Feast of the Nativity of Christ, pagans charged into the church, dragged Myron out from the service and subjected him to torture. While in the fire, an angel appeared to Myron and encouraged him. After that, torturers began to cut his skin in strips. The martyr grabbed one strip of his skin and, with it, struck the torturer—the judge—on the face. The judge Antipater, as though possessed, took a sword and killed himself. Finally, torturers took Myron to the city of Kyzikos and there slew him with the sword in 250, and he entered into the Heavenly Kingdom. On this day, we also commemorate the righteous siblings Eutybios, Eutybian, and Kassiane of Crete; Venerable Alypios the iconographer of the Kiev Caves; Martyrs Paul and Juliana of Ptolemais in Palestine; and Theodoretos of Solovky, enlightener of the Lapps. By their intercessions, O Christ God, have mercy upon us. Amen.