



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*"The disciples were first called Christians in Antioch." (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463  
Phone : (708) 239-0004, Fax : (708) 221-6449  
www.stmaryoc.org (office@stmaryoc.org)  
Church Office Hours : Monday - Friday 10:00am-3:00pm

## St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor  
Very Rev. Fr. Malek Rihani  
Subdeacon Matthew Sweis  
Subdeacon Ameer Tadros

## Parish Council

Luai Sweiss - Chairman  
Constantin Kari - Vice Chairman  
Louis Sweiss - Treasurer  
Jason Haddad - Financial Secretary  
Lana Sweis - Secretary  
Nidal Al-Farah  
Feras Salman  
Faris Samawi  
Bassam Shaheen  
Feras Sweis

## Parish Ministries

Sunday School - Hanada Sweis  
SOYO - Jasmine Sweis  
Fellowship - Rachel Kari  
Antiochian Women - Susan Sweis  
Handmaids - Mansoura Khouri and Lina Haddad  
Humanitarian - Shireen Salman  
OCLife - Nancy Cannon  
Fishers of Men - John Eannace  
Athletics - Melad Qodsi  
Choir - Michael Rascia  
Chanters - Khaled Salman and Faris Samawi  
Webmaster - Sana Sweis

## Office Administrator

Katia Haddad  
administrator@stmaryoc.org

## Parish Administrator

Rachel Kari  
rkari@stmaryoc.org

## Church Hall Rental

Call the church office or email our  
Office Administrator

July 13, 2014

## Sunday of the Holy Fathers of the Fourth Ecumenical Council



## Weekly Schedule of Services

Saturday: 5:30 p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study  
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

# Changes in the Liturgy

## Entrance Hymn

O Come, let us worship and fall down before Christ.  
Save us, O Son of God, who art risen from the dead, who sing to Thee:  
Alleluia!

## Troparion of the Resurrection (Tone Four)

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation and proudly broke the news to the disciples, saying death hath been spoiled, Christ God is risen, granting the world great mercy.

## Troparion of the Fathers (Tone Eight)

Thou, O Christ, art our God of exceeding praise who didst establish our Holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

## Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

## Kontakion of the Theotokos (Tone Two)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

## Epistle for the Sunday of the Holy Fathers of the 4th Ecumenical Council

*Blessed art thou, O Lord, the God of our Fathers!*

*For thou art just in all that thou hast done for us!*

**The Reading is from Saint Paul's Letter to Titus (3:8-15).**

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

## Gospel for the Sunday of the Holy Fathers of the 4th Ecumenical Council

**The Reading is from the Holy Gospel according to St. Matthew (5:14-19).**

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven." "Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

# Upcoming Events

Sat Jul 12	3:30pm	Bible Study with guest speaker Andrew Meena
	5:30pm	Great Vespers
Sun Jul 13	8:45am	Matins
	10:00am	Divine Liturgy
	12:00pm	Teen SOYO Car Wash
	2:00pm	Open Gym - Basketball
Tue Jul 15	7:00pm	Open Gym - Volleyball
Wed Jul 16	10:00am	Morning Prayers
	10:30am	Parish Bible Study
Sat Jul 19	All day	Fellowship Softball Game
	5:30pm	Great Vespers
Sun Jul 20	8:45am	Matins
	10:00am	Divine Liturgy
	2:00pm	Open Gym - Basketball
Mon Jul 21	9:00am	St. Mary's IT Summer Camp
Tue Jul 22	9:00am	St. Mary's IT Summer Camp
	7:00pm	Open Gym - Volleyball
Wed Jul 23	9:00am	St. Mary's IT Summer Camp
	10:00am	Morning Prayers
	10:30am	Parish Bible Study

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

7/13: Ghassan and Maggie Kawwa & Family

07/20: Rashid and Suzan Sweis & Family

07/27: Bishara Sweis & Family

## Epistle Reading

07/13: Norma Tadros & Andrew Meena

07/20: Faris Samawi & Kh.Delia Haddad

## **Bookstore is open**

Every Sunday after Liturgy  
and  
Monday - Friday  
from 11:00am - 2:00pm

Please email Nader Haddad at [naderemile3@yahoo.com](mailto:naderemile3@yahoo.com) with any special requests.



## **Engagement**

Mutasem Issa Sweis  
(Subdeacon Matthew)

&

Hala George Salman  
**Congratulations!**



## **Newborn**

Sameer

Parents: Samer & Amanda Tadros  
**Congratulations!**



## **OCCHY BLURB SUMMER SERIES**

**4 WAYS PARENTS CAN MAKE A DIFFERENCE IN PROTECTING THEIR KIDS FROM RISKY BEHAVIORS:**

### **#1 - SET AN EXAMPLE**

When parents model behaviors, kids are more likely to follow in their footsteps. According to a new study from Partnership for Drug-Free Kids at [Drugfree.org](http://Drugfree.org), 16% of parents admitted to consuming too much alcohol and 14% to misusing or abusing prescription drugs in front of their children. Hookah smoking with parents was reported by 56.8% male teens and 47.5% female teens, in a 2012 Antiochian Archdiocesan survey.

Look for #2 in next week's bulletin.

<http://www.drugfree.org/> and <http://medicineabuseproject.org/>

If you suspect your child might be abusing, contact [drugfree.org](http://drugfree.org) or the toll-free helpline at **1-855-DRUGFREE** to talk to an expert.

Like us on Facebook at <https://www.facebook.com/OCCHYClia.org>

## **“Bible Verse of the Week”**

As for God, His way is perfect; The word of the LORD is proven; He is a shield to all who trust in Him. **Psalm 18:30 NKJV**

# Congratulations!!!

## Congratulations to our Teen Bible Bowl Team!

During the Midwest Diocese Parish Life Conference in Fort Wayne, IN, St. Mary's Teen team won 1st place in the Bible Bowl Competition!!! Our team will represent the Midwest Diocese at the National Bible Bowl competition at the Antiochian Village on July 19.

Congratulations to the members of the team: Salena Ibrahim, Elizabeth Khouri, Sandra Khouri, and Marlena Sweiss. Mabrouk!!!

## 2014 Creative Festivals Winners!!!

### Poetry

Zayna Zraigat - 1st grade -3rd place  
Sarah Eisouh - 7th grade -3rd place  
Jamil Salman - 7th grade -3rd place  
Samer Sweis - 9th grade - 1st place  
Sandra Khouri - 10th grade - 1st place  
Murad Salman - 10th grade - 3rd place  
Muthana Sweis - 11th grade - 3rd place

### Photography

Philip Haddad - 1st grade - 1st place  
Anthony Haddad - 3rd grade - 1st place  
Hanada Sweis - Adult - 1st place

### Writing

Philip Haddad - 1st grade - 1st place  
Anthony Haddad - 3rd grade - 1st place

*All winners will receive their medals and trophies at the end of Liturgy.*

# SAVE THE DATE!

Annual Founders' Day Weekend with our Bishop!

**His Grace Bishop ANTHONY**

Bishop of Toledo and the Midwest



*Saturday, August 23rd*

- Humanitarian Walk

*Sunday, August 24th*

- Annual Founders' Day Banquet

# Teen SOYO

## TODAY!!!

# CAR WASH

Sunday, July 13th

after Liturgy



ST. MARY ORTHODOX CHURCH OF PALOS HEIGHTS

**Bible Study:**  
**The Greatest Commandment**  
(Matthew 22:36-40)

**Guest Speaker: Andrew Meena**

**Saturday, July 12th at 3:30 p.m.**

**Ages 13 and older**

**Join St. Mary's for a Bible Study and potluck  
in the Nadi.**



**Questions? Please contact the church office at 708-239-0004**

The Fellowship of St. John the Divine and the Athletics Department at St. Mary invite you to a

# SOFTBALL GAME

**Saturday, July 19, 2014**  
**St. Mary Orthodox Church**  
**South Lot | 1:00pm**  
**Ages 17 and up**

**\$15 per person includes a  
t-shirt and lunch!**

- Sign up by Friday, July 11, 2014
- Submit registration forms to [fabiolasweis@gmail.com](mailto:fabiolasweis@gmail.com)
- Teams will be selected at random.

Contact Chuck Samawi or Jawad Salman with questions.

# Camp St. Mary

For Students Entering Kindergarten Thru 8th Grade

What are you doing with your summer?

Gaming to improve your scores?

Twittering the day away? Snap chatting?

How about joining us for a week (or two) of fun, friends, fellowship and FIELD TRIPS!!!

**WHERE???** St. Mary Orthodox Church

**WHEN???** Session 1: Aug 4th-8th (9:30AM to 3:30PM)  
Session 2: Aug 11th-15th (9:30AM to 3:30PM)

**WHO???** Explorers Program: Entering K-5th Grades  
OMG\* Program: Entering 6th-8th Grades

\*Orthodox Middleschool Group

**HOW MUCH?** \$100 each week, \$75 each additional sibling

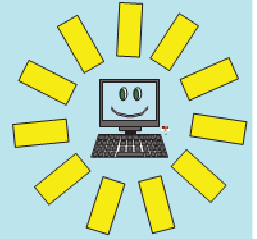
**SIGN ME UP!!!!**

Registration is after Liturgies during  
Coffee Hour ONLY every Sunday in July.

Questions? Contact Rachel Kari  
at [rkari@stmaryoc.org](mailto:rkari@stmaryoc.org)



**St. Mary's  
Fishers of Men Ministry  
Introduces the 2014**



# **IT Summer Camp**

**AGE: 13-18 years old**

Come and learn from the best

**July 21- August 1**

Monday through Friday  
9AM- 3PM

Robert Morris University  
Orland Park Campus  
43 Orland Square  
Orland Park, IL 60462

Sign up for:	<u>Member</u>	<u>Non-member</u>
Week 1:        7/21- 7/25	\$300	\$400
Week 2:        7/28- 8/1	\$300	\$400
2 Weeks:       7/21- 8/1	\$500	\$750

\*\* A non-refundable deposit of \$100 is due at the time of registration.

\*\* Make Checks Payable to: St. Mary Orthodox Church

Take the IT challenge and make the most out of this summer!

**Seats are limited to 24**

first come, first serve

# ST. MARY

## FOOD PANTRY

FEEDING THE HUNGRY, HELPING THE HOPELESS



## COMING SOON!!!

If you are interested in being a part of the Food Pantry staff and you are available to volunteer a few hours every week or every month, please send an email to

[foodpantry@stmaryoc.org](mailto:foodpantry@stmaryoc.org) or contact:

Kholoud Swais [708-431-0084](tel:708-431-0084)

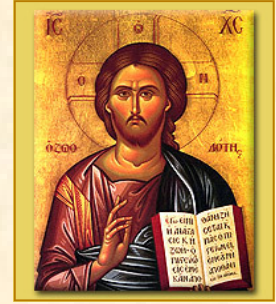
Kh.Delia Haddad [914-573-1577](tel:914-573-1577)

or contact the church office at [708-239-0004](tel:708-239-0004)

There will be many volunteering positions available, including food pickup, registration, loading and unloading, distribution, packing, sorting, etc.



## Weekly Synaxarion



On July 13 in the Holy Orthodox Church, we celebrate the Synaxis of the Archangel Gabriel and all of his appearances and miracles. We commemorate the Venerable Stephen of Mar Sabbas monastery and Heliophotos; and Martyr Golinduch of Persia. On this Sunday, we commemorate the 630 holy and God-bearing Fathers of the Fourth Ecumenical Council, which convened in Chalcedon in 451 against the Monophysites. The Holy Fathers were, once again, concerned with the nature of Jesus Christ. The false teaching arose that Christ's human nature (considered by heretics as less perfect) dissolved itself in His divine nature (considered by heretics as more perfect): like a cube of sugar in a parcel of water. Thus, in that scenario, Christ had only one nature, the Divine. These false preachers were called Monophysites ("mono", meaning "one" and "physis", meaning "nature"), and they were led by Eutyches and Dioscorus. Monophysitism overemphasized the divine nature of Christ, at the expense of the human. The Fourth Ecumenical Council condemned Monophysitism and proclaimed that Christ has two complete natures: the divine and the human, as defined by previous Councils. These two natures function as equally perfect, without confusion, and are neither divided nor separate. The Fathers declared that at no time did they undergo any change. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.