



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*"The disciples were first called Christians in Antioch." (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463  
Phone : (708) 239-0004, Fax : (708) 221-6449  
www.stmaryoc.org (office@stmaryoc.org)  
Church Office Hours : Monday - Friday 10:00am-3:00pm

## St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor  
Very Rev. Fr. Malek Rihani  
Subdeacon Matthew Sweis  
Subdeacon Ameer Tadros

## Parish Council

Luai Sweiss - Chairman  
Constantin Kari - Vice Chairman  
Louis Sweiss - Treasurer  
Jason Haddad - Financial Secretary  
Lana Sweis - Secretary  
Nidal Al-Farah  
Feras Salman  
Faris Samawi  
Bassam Shaheen  
Feras Sweis

## Parish Ministries

Sunday School - Hanada Sweis  
SOYO - Jasmine Sweis  
Fellowship - Rachel Kari  
Antiochian Women - Susan Sweis  
Handmaids - Mansoura Khouri and  
Lina Haddad  
Humanitarian - Shireen Salman  
OCLife - Nancy Cannon  
Fishers of Men - John Eannace  
Athletics - Melad Qodsi  
Choir - Michael Rascia  
Chanters - Khaled Salman and  
Faris Samawi  
Webmaster - Sana Sweis

## Office Administrator

Katia Haddad  
administrator@stmaryoc.org

## Parish Administrator

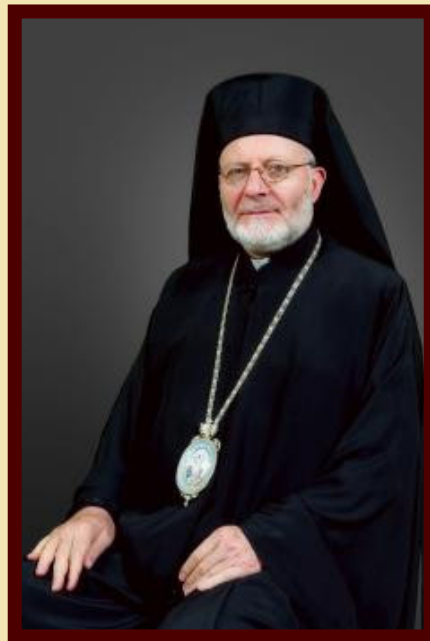
Rachel Kari  
rkari@stmaryoc.org

## Church Hall Rental

Call the church office or email our  
Office Administrator

*July 06, 2014*

*Fourth Sunday after Pentecost*



Congratulations to our  
newly elected  
Metropolitan Joseph  
Axios! Axios! Axios!

## Weekly Schedule of Services

Saturday: 5:30 p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study  
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

# Changes in the Liturgy

## Entrance Hymn

O Come, let us worship and fall down before Christ.  
Save us, O Son of God, who art risen from the dead, who  
sing to Thee: Alleluia!

## Troparion of the Resurrection (Tone Three)

Let the heavens rejoice and the earth be glad, for the Lord  
hath done a mighty act with His own arm; He hath trampled  
down death by death and became the first-born from the  
dead; He hath delivered us from the depths of Hades, grant-  
ing the world the great mercy.

## Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and pre-  
serve virginity; and in thy falling asleep thou hast not for-  
saken the world; for thou wast translated into life, being the  
Mother of Life. Wherefore by thine intercessions, deliver  
our souls from death.

## Kontakion of the Theotokos (Tone Four)

O protection of Christians that cannot be put to shame, me-  
diation unto the Creator most constant, O despise not the  
suppliant voices of those who have sinned; but be thou  
quick, O good one, to come unto our aid, who in faith cry  
unto thee: Hasten to intercession, and speed thou to make  
supplication, thou who dost ever protect, O Theotokos,  
them that honor thee.

## **Epistle for the Fourth Sunday after Pentecost**

*Sing praises to our God, sing praises!*

*Clap your hands, all you nations!*

**The Reading is from Saint Paul's Letter to the Romans (6:18-23).**

Brethren, having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

## **Gospel for the Fourth Sunday after Pentecost**

**The Reading is from the Holy Gospel according to St. Matthew (8:5-13)**

At that time, Jesus entered Capernaum, and a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And Jesus said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marveled, and said to those who were following him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

# Upcoming Events

Fri Jul 4	All day	Have a safe Fourth of July celebration!
Sun Jul 6	8:45am	Matins
	10:00am	Divine Liturgy
	2:00pm	Open Gym - Basketball
Tue Jul 8	7:00pm	Open Gym - Volleyball
Wed Jul 9	10:00am	Morning Prayers
	10:30am	Parish Bible Study
	7:00pm	Parish Council Meeting
Sat Jul 12	3:30pm	Bible Study with guest speaker Andrew Meena
	5:30pm	Great Vespers
Sun Jul 13	8:45am	Matins
	10:00am	Divine Liturgy
	11:30am	Car Wash - SOYO
	2:00pm	Open Gym - Basketball
Tue Jul 15	7:00pm	Open Gym - Volleyball
Wed Jul 16	10:00am	Morning Prayers
	10:30am	Parish Bible Study
Sat Jul 19	All day	Fellowship Softball Game
	5:30pm	Great Vespers
Sun Jul 20	8:45am	Matins
	10:00am	Divine Liturgy
	2:00pm	Open Gym - Basketball

## **“Bible Verse of the Week”**

And the LORD shall be King over all the earth. In that day it shall be—  
 “The LORD is one,” And His name one. [Zechariah 14:9 NKJV](#)

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

07/06: Fellowship of St. John the Divine

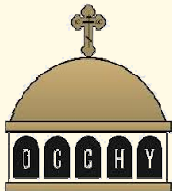
7/13: Ghassan and Maggie Kawwa & Family

07/20: Rashid and Suzan Sweis & Family

## Epistle Reading

07/06: Awwan Sweis & Lana Ammari

07/13: Norma Tadros & Andrew Meena



Orthodox Christian Coalition  
Healthy Youth

## OCCHY QUIZ

About how many 8<sup>th</sup> graders have tried an inhalant to get high?

- A. 1 in 5      C. 1 in 25  
B. 1 in 10     D. 1 in 200



Learn more:  
<http://www.drugabuse.gov/drugs-abuse/inhalants>

The answer is B: A little more than 1 in 10 8<sup>th</sup> graders have tried inhalants to get high. Common inhalants are glue, cleaning fluid, permanent markers, hairspray, and spray paints. The National Inhalant Prevention Coalition (NIPC) reports that approximately 100-125 people lose their lives every year from "sudden sniffing death syndrome," when inhalants cause the heart to stop.

Like us on Facebook at <https://www.facebook.com/OCCHYChicago>



## Wedding

Omar Ihsan Sweiss

&

Christine Rafael Hattar  
**Congratulations!**



## Removal of Crowns

Tawfiq & Suraya Sweis

**Congratulations!**



## Baptism

Rita

Parents: Eid & Rana Haddad

**Congratulations!**



## Churching

George

Parents: John & Maysoun Hanna

**Congratulations!**



## Newborn

Jaxon

Parents: Jason & Katia Haddad

**Congratulations!**



**Martha and Mary Maternity House  
Baby Bottle Fund Raiser  
All bottles are now due.**

The Orthodox Christians for Life group has provided a **box** which is located in the Narthex, for you to place your baby bottle.



**Thank you all for your dedication  
and contributions toward this annual event.**

**Martha and Mary Maternity House Supply List**

Please pick up your **Supply list** in the Narthex. The House is in need of the items on his list. You can drop off your donations and pick up a receipt at the church.

# Sponsors Needed

for our Annual  
Founders' Day Banquet

Sunday  
August 24, 2014

ST. MARY ORTHODOX CHURCH OF PALOS HEIGHTS

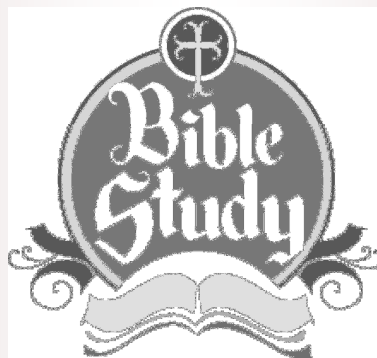
**Bible Study:**  
**The Greatest Commandment**  
(Matthew 22:36-40)

**Guest Speaker: Andrew Meena**

**Saturday, July 12th at 3:30 p.m.**

**Ages 13 and older**

**Join St. Mary's for a Bible Study and potluck  
in the Nadi.**



**Questions? Please contact the church office at 708-239-0004**

# Camp St. Mary

For Students Entering Kindergarten Thru 8th Grade

What are you doing with your summer?

Gaming to improve your scores?

Twittering the day away? Snap chatting?

How about joining us for a week (or two) of fun, friends, fellowship and FIELD TRIPS!!!

**WHERE???** St. Mary Orthodox Church

**WHEN???** Session 1: Aug 4th-8th (9:30AM to 3:30PM)  
Session 2: Aug 11th-15th (9:30AM to 3:30PM)

**WHO???** Explorers Program: Entering K-5th Grades  
OMG\* Program: Entering 6th-8th Grades

\*Orthodox Middleschool Group

**HOW MUCH?** \$100 each week, \$75 each additional sibling

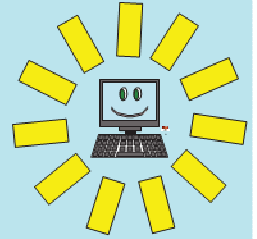
**SIGN ME UP!!!!**

Registration is after Liturgies during  
Coffee Hour ONLY every Sunday in July.

Questions? Contact Rachel Kari  
at [rkari@stmaryoc.org](mailto:rkari@stmaryoc.org)



**St. Mary's  
Fishers of Men Ministry  
Introduces the 2014**



# **IT Summer Camp**

**AGE: 13-18 years old**

Come and learn from the best

**July 21- August 1**

Monday through Friday  
9AM- 3PM

Robert Morris University  
Orland Park Campus  
43 Orland Square  
Orland Park, IL 60462

Sign up for:	<u>Member</u>	<u>Non-member</u>
Week 1:        7/21- 7/25	\$300	\$400
Week 2:        7/28- 8/1	\$300	\$400
2 Weeks:       7/21- 8/1	\$500	\$750

- \*\* A non-refundable deposit of \$100 is due at the time of registration.
- \*\* Make Checks Payable to: St. Mary Orthodox Church

Take the IT challenge and make the most out of this summer!  
**Seats are limited to 24**  
first come, first serve

# ST. MARY

## FOOD PANTRY

FEEDING THE HUNGRY, HELPING THE HOPELESS



## COMING SOON!!!

If you are interested in being a part of the Food Pantry staff and you are available to volunteer a few hours every week or every month, please send an email to

[foodpantry@stmaryoc.org](mailto:foodpantry@stmaryoc.org) or contact:

Kholoud Swais [708-431-0084](tel:708-431-0084)

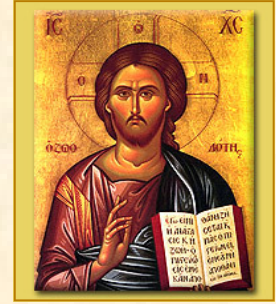
Kh.Delia Haddad [914-573-1577](tel:914-573-1577)

or contact the church office at [708-239-0004](tel:708-239-0004)

There will be many volunteering positions available, including food pickup, registration, loading and unloading, distribution, packing, sorting, etc.



## Weekly Synaxarion



On July 6 in the Holy Orthodox Church, we commemorate our Righteous Father Sisoës the Great of Egypt. Sisoës was a disciple of St. Anthony the Great. Imposing difficult ascetic labors on himself in the wilderness for 60 years, Sisoës humbled himself so much that he became meek and guileless as a lamb. God endowed Sisoës with abundant grace so that he was able to heal the sick, drive out unclean spirits and resurrect the dead. Sisoës taught those who visited him: “Regardless in what way temptation comes to man, a man should give himself to the will of God and to recognize that temptation occurred because of his sins. If something good happens, it should be said that it happened according to God’s Providence.” Sisoës died peacefully in extreme old age in 429. On this day, we also commemorate the Apostles Archippos, Philemon and Onesimos of the Seventy; Martyrs Lucy the Virgin, Rex the Imperial Vicar in Campania and 24 others with them; and the Martyrs Apollonius, Epimachus and Alexander. By the intercessions of Thy Saints, O Christ our God, have mercy on us. Amen.