



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*"The disciples were first called Christians in Antioch." (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

[www.stmaryoc.org](http://www.stmaryoc.org) (office@stmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

## St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor

Very Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

## Parish Council

Luai Sweiss - Chairman

Constantin Kari - Vice Chairman

Louis Sweiss - Treasurer

Jason Haddad - Financial Secretary

Lana Sweis - Secretary

Nidal Al-Farah

Feras Salman

Faris Samawi

Bassam Shaheen

Feras Sweis

## Parish Ministries

Sunday School - Hanada Sweis

SOYO - Jasmine Sweis

Fellowship - Rachel Kari

Antiochian Women - Susan Sweis

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

## Office Administrator

Katia Haddad

administrator@stmaryoc.org

## Parish Administrator

Rachel Kari

rkari@stmaryoc.org

## Church Hall Rental

Call the church office or email our

Office Administrator

*May 4, 2014*

**Sunday of the Myrrh-Bearing Women and  
Saints Joseph of Arimathea and Nicodemus**

**Christ is Risen! Indeed He is Risen!**

**Christ is risen from the dead, trampling down death by  
death, and upon those in the tombs bestowing life!**



## Handmaids of the Lord Sunday

Today at St. Mary's we recognize and celebrate our Handmaids of the Lord ministry. Our Handmaids will help with the ushering, collections, and Epistle Readings. May God bless them all.

## Weekly Schedule of Services

Saturday: 5:30 p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study  
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

## Changes in the Liturgy

### First Antiphon

Shout with joy to God, all the earth. Sing to His name; give glory to His praises.

***Through the intercessions of the Theotokos, O Saviour save us!***

Say to God: "How awesome are thy works." Let all the earth worship Thee, and sing to Thee.

***Through the intercessions of the Theotokos, O Saviour save us!***

Glory to the Father, and to the Son, and to the Holy Spirit. Now and ever, and unto ages of ages. Amen.

***Through the intercessions of the Theotokos, O Saviour save us!***

### Second Antiphon

May God have mercy upon us, and bless us, and may He cause His face to shine upon us, and have mercy on us.

***Save us, O Son of God, who art risen from the dead, who sing to thee, Alleluia!***

That thy way may be known upon earth, thy salvation among all nations. Let the peoples give thanks to Thee, O God; let all the peoples give thanks to Thee.

***Save us, O Son of God, who art risen from the dead, who sing to thee, Alleluia!***

May God bless us, and may all the ends of the earth fear Him.

***Save us, O Son of God, who art risen from the dead, who sing to thee, Alleluia!***

Glory to the Father, and to the Son, and to the Holy Spirit. Now and ever, and unto ages of ages. Amen.

***O only-begotten Son, etc.***

### Third Antiphon

Let God arise, and let his enemies be scattered, and let those who hate Him flee from his face.

***Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!***

As smoke vanishes, let them vanish; as wax melts before the fire.

***Christ is risen, etc.***

So let the sinners perish before God, but let the righteous rejoice.

***Christ is risen, etc.***

This is the day which the Lord has made; let us rejoice and be glad in it.

***Christ is risen, etc.***

# Changes in the Liturgy

## Entrance Hymn (Tone Two)

In the gathering places, bless ye God the Lord from the springs of Israel. Save us O Son of God, Who art Risen from the dead, who sing unto thee:  
Alleluia!

## Paschal Troparion (Tone Five) 3x

Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

## Troparion of the Resurrection (Tone Two)

When thou didst submit thyself unto death, O thou deathless and immortal one, then thou didst destroy Hell with thy Godly power, and when thou didst raise the dead from beneath the earth, all the powers of heaven did cry aloud unto thee, O Christ, thou giver of life, glory to thee.

## Troparion of St. Joseph (Tone Two)

The pious Joseph, having brought down thy pure body from the Tree, wrapped it in fine linen, embalmed it with ointment, provided for it, and laid it in a new tomb. But thou didst verily rise, after three days, O Lord, granting the world the Great Mercy.

## Troparion of Myrrh-Bearing Women (Tone Two)

Verily, the angel came to the tomb and said to the ointment-bearing women, the ointment is meet for the dead, but Christ is shown to be remote from corruption. But cry ye, the Lord is risen, granting the world the Great Mercy.

## Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

## Kontakion of Pascha (Tone Eight)

O Immortal One, when Thou didst descend into the tomb, Thou didst destroy the power of Hades; and Thou didst rise victorious, O Christ God. Thou hast said to the ointment-bearing women: Rejoice! And Thou gavest peace to Thy Disciples, O Bestower of Resurrection to those Who had fallen.

## **Epistle for the Sunday of the Myrrh-Bearing Women**

*The Lord is my strength and my song!*

*The Lord has chastened me sorely!*

**The Reading is from the Acts of the Apostles (6:1-7).**

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the apostles and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid hands upon them. And the word of the God increased; and the number of the disciples multiplied greatly in Jerusalem, and many of the priests were obedient to the faith.

## **Gospel for the Sunday of the Myrrh-Bearing Women**

**The Reading is from the Holy Gospel according to St. Mark (15:43-16:8).**

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of James saw where he was laid. When the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back—it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to any one, for they were afraid.

### **Megalynarion (Tone One)**

The angel spake to her that is full of grace, saying, O pure Virgin, rejoice. And I say also, Rejoice. For thy son is risen from the tomb on the third day.

Shine, shine, O new Jerusalem; for the glory of the Lord hath risen upon thee. Rejoice and exult now, O Zion, and thou, O pure one; Theotokos, rejoice at the Resurrection of thy Son.

### **Koinonikon (Communion Hymn)**

Receive ye the Body of Christ, and taste ye Him who is the Fountain of Immortality. Alleluia!

Instead of “We have seen the true light”, we sing “Christ is Risen” (Once)

## **Upcoming Events**

Sat May 3	9:00am	Second Annual Marriage Retreat
	10:00am	Fishers of Men Monthly Breakfast
	11:00am	Arabic School
	1:30pm	Youth Sports League
	5:30pm	Great Vespers
Sun May 4	8:45am	Matins
	10:00am	Divine Liturgy / Sunday School
Wed May 7	10:00am	Morning Prayers
	10:30am	Parish Bible Study
Sat May 10	11:00am	Arabic School
	12:00pm	Annual Mother's Day Hafleh – Antiochian Women
	1:30pm	Youth Sports League
	4:30pm	SOYO Officers Meeting
	5:30pm	Great Vespers
	5:30pm	SOYO Bible Study
Sun May 11	All day	Sunday of the Paralytic
	All day	Mother's Day
	All day	Martha Mary Maternity House Baby Bottle Drive Begins
	8:45am	Matins
	10:00am	Divine Liturgy / Sunday School

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

05/04: Ghaleb and Rita Sweis & Family

05/11: Bishara Sweis & Family

05/18: Jamal Khouri & Family

## Epistle Reading

05/04: Handmaids of the Lord

05/11: Abeer Khouri & Salena Ibrahim

## Fishers of Men Monthly Breakfast

### Saturday, May 3rd

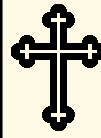
St. Mary's Nadi

Topic:

"How much drinking is okay?"

## "Bible Verse of the Week"

Let this mind be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a bond-servant, and coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. Philippians 2:5-8



## 40th Day Memorial

Metropolitan PHILIP

May his memory be eternal!



## Baptism

Nancy

Parents: Issa & Semar Tadros

Congratulations!

## Newborn

Olivia

Parents: Daniel & Rolla Sweis

Congratulations!

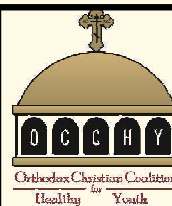


## Newborn

Talal

Parents: Thamer & Dana Haddadin

Congratulations!



## OCCHY QUIZ

TRUE/FALSE:

Children who experience abuse & household dysfunction have a 4 to 12 times increase risk for alcoholism.



TRUE: They also have a 4 to 12 times increase risk for drug abuse depression, & suicide attempt.

[www.samhsa.gov/children](http://www.samhsa.gov/children)

Like us on Facebook at <https://www.facebook.com/OCCHYChicago>

## Today is “Handmaids of the Lord” Sunday.

In honor of the Virgin Mary our Patron Saint, members of the group “Handmaids of the Lord” will today be serving the church in ushering and reading the Epistle.

“Handmaids of the Lord” is open to all young ladies ages seven and older. Their mission is to live a life founded on the virtues of the Virgin Mary. They all have taken the following pledge:

*I pledge...*

- *To live a life of purity in my thoughts, words and behavior*
- *To be modest and wholesome in my dress and appearance*
- *To be obedient to the teachings of Jesus Christ and His Church*
- *And to live a life of prayer and service for the Glory of God.*

*Through the prayers of the Theotokos, and all the Saints, so help me God.*



Please keep them in your prayers, and encourage your daughters, nieces, Goddaughters, etc., to join. For more information, please see the group’s adult advisors Mansoura Khoury or Lina Haddad, or any of the clergy.



# All Boxes are due Thank You!

# Teen SOYO

## Saturday

## May 10th

## 5:30pm

## St. Mary's Nadi





WE HONOR AND LOVE YOU

*Honoring our Mothers on their Special Day  
St. Mary Orthodox Church*

*Would like to invite you to attend our annual*

## *2014 Mother's Day Party*

**Saturday, May 10<sup>th</sup> at 11:30am (sharp)**

*Fashion Show (Elegant Couture Boutique)  
Jewelry show (LaBelle Jewelry & Repair)  
DJ & Lunch*

**Girls participating in the Fashion Show:**

*Please visit Elegant Couture Boutique Located at 12236 S. Harlem in Palos Heights to choose your dress. Also, please contact Hiam's Touch at (708) 429-4949 to schedule an appointment for hair and make-up for a reasonable price!*

**Tickets: \$30.00 per person  
please contact any of the ladies for tickets  
6330 W. 127th St., Palos Heights, IL 60463 / Gym Hall**



# Baby Bottle Drive 2014

May 11 - June 15

To benefit the  
Martha and Mary Maternity  
Your spare change makes a big difference!

*Be a voice for the babies...*



Behold,  
children are a  
gift  
of the Lord...



# Annual Antiochian Women's Retreat

**Friday May 16th & Saturday May 17th**

Retreat at Cedar Lake Ministries, Indiana

Retreat Master: Fr. Danial Doss

Visit to The Shrine of Christ's Passion  
&

Our Lady of The Millennium

**Cost is \$125 which includes:**

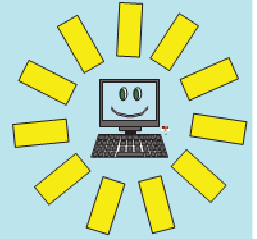
Transportation, stay and food at Cedar Lake Ministries, Indiana

Questions, Please contact Shireen Salman at 708-717-9640





**St. Mary's  
Fishers of Men Ministry  
Introduces the 2014**



# **IT Summer Camp**

**AGE: 13-18 years old**

Come and learn from the best

**July 21- August 1**

Monday through Friday  
9AM- 3PM

Robert Morris University  
Orland Park Campus  
43 Orland Square  
Orland Park, IL 60462

Sign up for:	<u>Member</u>	<u>Non-member</u>
Week 1:        7/21- 7/25	\$300	\$400
Week 2:        7/28- 8/1	\$300	\$400
2 Weeks:       7/21- 8/1	\$500	\$750

\*\* A non-refundable deposit of \$100 is due at the time of registration.

\*\* Make Checks Payable to: St. Mary Orthodox Church

Take the IT challenge and make the most out of this summer!

**Seats are limited to 24**

first come, first serve

# ST. MARY

## FOOD PANTRY

FEEDING THE HUNGRY, HELPING THE HOPELESS



## COMING SOON!!!

If you are interested in being a part of the Food Pantry staff and you are available to volunteer a few hours every week or every month, please send an email to

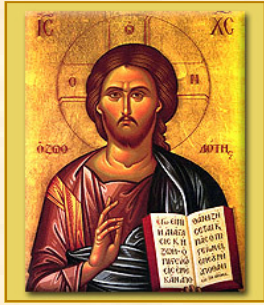
[foodpantry@stmaryoc.org](mailto:foodpantry@stmaryoc.org) or contact:

Kholoud Swais 708-431-0084

Kh.Delia Haddad 914-573-1577

or contact the church office at 708-239-0004

There will be many volunteering positions available, including food pickup, registration, loading and unloading, distribution, packing, sorting, etc.



## Weekly Synaxarion



On May 4 in the Holy Orthodox Church, we commemorate the Venerable Martyr Pelagia of Tarsus; Athanasios, bishop of Corinth; and Venerable Nikephoros the Solitary of Athos. On this day, the third Sunday of Pascha, we celebrate the feast of the holy Myrrh-bearing women. And we also make commemoration of Joseph of Arimathea, who was a secret disciple, and Nicodemus, who was a disciple by night. The women went to Christ's tomb on Holy Pascha to anoint His body, only to discover it empty. We know the names of only eight of these women: Mary the Theotokos, the "mother" of James and Joses, who were the sons of Joseph the Betrothed from his previous marriage (Matt. 27:56 and Mark 15:40); Mary Magdalene; Mary, the wife of Cleopas; Joanna the wife of Chuza; Salome the mother of the sons of Zebedee; Susanna; and Mary and Martha, the sisters of Lazarus. Joseph was a rich and noble man, and a member of the Privy Council of Jerusalem. He dared to ask Pilate for the undefiled body of our Savior, which he took and buried in his own new tomb. Accompanying Joseph to the sepulcher was Nicodemus, a Jerusalemite who was one of the leaders of the Pharisees. Nicodemus brought 100 pounds of myrrh and aloes to scent and embalm the body of Christ. By the intercessions of the holy Myrrh-bearers, Joseph of Arimathea and Nicodemus, O God, have mercy on us. Amen.