



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*“The disciples were first called Christians in Antioch.” (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463  
Phone : (708) 239-0004, Fax : (708) 221-6449  
www.stmaryoc.org (office@stmaryoc.org)  
Church Office Hours : Monday - Friday 10:00am-3:00pm

### St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor  
Very Rev. Fr. Malek Rihani  
Subdeacon Matthew Sweis  
Subdeacon Ameer Tadros

### Parish Council

Luai Sweiss - Chairman  
Constantin Kari - Vice Chairman  
Louis Sweiss - Treasurer  
Jason Haddad - Financial Secretary  
Lana Sweis - Secretary  
Nidal Al-Farah  
Feras Salman  
Faris Samawi  
Bassam Shaheen  
Feras Sweis

### Parish Ministries

Sunday School - Hanada Sweis  
SOYO - Jasmine Sweis  
Fellowship - Rachel Kari  
Antiochian Women - Susan Sweis  
Handmaids - Mansoura Khouri and Lina Haddad  
Humanitarian - Shireen Salman  
OCLife - Nancy Cannon  
Fishers of Men - John Eannace  
Athletics - Melad Qodsi  
Choir - Michael Rascia  
Chanters - Khaled Salman and Faris Samawi  
Webmaster - Sana Sweis

### Office Administrator

Katia Haddad  
administrator@stmaryoc.org

### Parish Administrator

Rachel Kari  
rkari@stmaryoc.org

### Church Hall Rental

Call the church office or email our Office Administrator

## March 9th, 2014

### First Sunday of Lent

### Sunday of Orthodoxy

## The Holy and Great Forty Martyrs of Sebastia



### Weekly Schedule of Services

Saturday: 5:30 p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study  
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

# Hymns of the Day

## Entrance Hymn

O Come, let us worship and fall down before Christ.  
Save us, O Son of God, who art risen from the dead, who sing to Thee:  
Alleluia!

## Troparion of the Resurrection (Tone Four)

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation and proudly broke the news to the disciples, saying death hath been spoiled, Christ God is risen, granting the world great mercy.

## Troparion of the First Sunday of Lent (Tone Two)

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by thine own will thou didst ascend the Cross in thy body, to save thy creatures from the bondage of the enemy. Thou hast verily filled all with joy, since thou didst come, O our Savior, to save the world.

## Troparion of the Forty Martyrs of Sebastia (Tone One)

Be Thou entreated for the sake of the sufferings of Thy Saints which they endured for Thee, O Lord, and do Thou heal all our pains, we pray, O Lover of mankind.

## Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

## Kontakion of the Theotokos for the Sundays of Lent (Tone Eight)

To thee the champion leader, I thy city ascribe thank-offerings of victory. For thou hast delivered me from terrors O Theotokos. But as thou hast that power which is invincible, from all dangers set me free that I may cry out unto thee: Hail, O Bride without Bridegroom!

## **Epistle for the Forty Martyrs**

*You, O Lord, shall keep us and preserve us!*

*Save me, O Lord, for there is no longer any that is godly!*

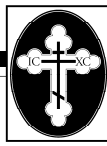
**The Reading is from Saint Paul's Letter to the Hebrews (12:1 -10)**

Brethren, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted. In your struggle against sin you have not yet resisted to the point of shedding your blood. And have you forgotten the exhortation which addresses you as sons?—"My son, do not regard lightly the discipline of the Lord, nor lose courage when you are punished by him. For the Lord disciplines him whom he loves, and chastises every son whom he receives." It is for discipline that you have to endure. God is treating you as sons; for what son is there whom his father does not discipline? If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. Besides this, we have had earthly fathers to discipline us and we respected them. Shall we not much more be subject to the Father of spirits and live? For they disciplined us for a short time at their pleasure, but he disciplines us for our good, that we may share his holiness.

## **Gospel for the First Sunday of Lent**

**The Reading is from the Holy Gospel according to St. John (1:43-51).**

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."



# Sunday of Orthodoxy

## THE SYNODIKON (CONFESSION OF FAITH) OF THE SUNDAY OF ORTHODOXY

As the Prophets beheld, as the Apostles have taught, as the Church has received, as the Teachers have dogmatized, as the Universe has agreed, as Grace has shown forth, as Truth has revealed, as falsehood has been dissolved, as Wisdom has presented, as Christ awarded, thus we declare, thus we assert, thus we preach Christ our true God, and honor His Saints in words, in writings, in thoughts, in sacrifices, in churches, in Holy Icons; on the one hand worshipping and reverencing Christ as God and Lord; and on the other hand honoring as true servants of the same Lord of all and accordingly offering them veneration.

**(Louder)** This is the Faith of the Apostles, this is the Faith of the Fathers, this is the Faith of the Orthodox, this is the Faith which has established the Universe.

### **Prokeimenon (3x)**

Who is so great a God as our God? Thou art the God, who alone workest wonders!

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

03/09: Amjad Sweiss & Family

03/16: Elia and Lily Sweiss & Family

03/23: Rashid & Suzan Sweiss

## Epistle Reading

03/09: Nour Swaiss & Elaine Riadi

03/16: Norma Tadros & Delia Haddad

## “Bible Verse of the Week”

O Lord, You are my God. I will exalt You, I will praise Your name, For You have done wonderful things; Your counsels of old are faithfulness and truth. Isaiah 25:1



## OCCHY Quiz 03/09/2014

**True or False:** Street heroin often contains toxic Contaminants or additives that can clog blood vessels causing permanent damage to vital organs

**True:** The toxic contaminants or additives can clog blood vessels that lead to the lungs, liver, kidneys, or brain , causing permanent damage to vital organs.

<http://www.drugabuse.gov/publications/drugfacts/heroin>

Today, we will have our Annual Second Collection on the Sunday of Orthodoxy to support the Seminarians of our Archdiocese.

## Orthodox Christians for Life – (OCLife) at St. Mary Church

**You** are needed! A group  
Of adults, **men and women**, and  
A group of teens, **boys and girls**,  
Are needed to become members

Of the **OCLife group at St. Mary's!**

Current members, as well as new people, should plan to attend the informational meeting which will be held on **Sunday, March 16, immediately after Divine Liturgy in the Nadi.** Please don't leave the 'attending' to other people. **YOU** are needed to attend. We have much to do! A list of upcoming events during the next twelve months will be displayed in the bulletin board. Questions? Please call **Nancy:**

708-834-0680 or write me at:

[nc316grace@aol.com](mailto:nc316grace@aol.com). SEE YOU there!!!

## Spinach Pie Sale

Today, March 9th  
after Liturgy  
Sponsored by our Antiochian  
Women.



# **Triumph Of Orthodoxy** **Pan Orthodox Vespers**

Sponsored by the Orthodox Christian Clergy Association of Greater Chicago



**Sunday, March 9, 2014**  
**at 6:30 p.m.**

**St. John the Baptist Greek Orthodox Church**  
**2350 W. Dempster Street**  
**Des Plaines, IL**

**Homilist:**  
**His Grace Bishop Anthony**  
**Diocese of Toledo and the Midwest**  
**Antiochian Orthodox Christian Archdiocese**  
**Of North America**

**Responses chanted by**  
**The Pan Orthodox Choir of Greater Chicago**  
Gordana Trbuhovich, Director

# **SOYO BOWLING OUTING**



**Saturday, March 15th, 2014  
3:00pm-5:00pm**

**Palos Lanes**

**11025 Southwest Hwy, Palos Hills, IL 60465**

**\$20.00 A person which includes:  
2 hours of bowling, shoes, food & drinks.**

**Please see any Teen SOYO Officer with questions.**

- St. Mary Orthodox Church of Palos Heights -

# The Fellowship is going on a field trip to the movies!



Join us during our Lenten journey as we attend a showing of the

## **SON OF GOD**

**Sunday, March 23<sup>rd</sup> after Divine Liturgy**

**Discussion in the Nadi to follow.**

**This is open to everyone ages 19 and over.**

**Details on time and location will be determined.**

**Questions? Contact Rachel Kari or Fabiola Sweis.**

6330 W. 127th St. Palos Heights, IL | @StMaryFSJD



# Lenten Retreat



## Saturday April 12

Lazarus Saturday Divine Liturgy at 10:00am  
Potluck Fasting Lunch at 11:15am  
Retreat to start promptly at 12:00 noon

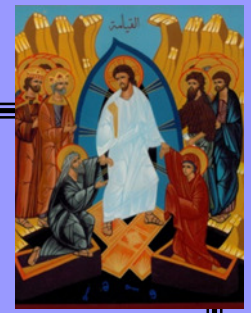
### **The Mystery of One Flesh: Why There Is No Such Thing as "Gay Marriage"**

- 12:00 - 12:45: Session One
- 12:45 - 1:15: Small Group discussions
- 1:15 - 2:00: Session Two
- 2:00 - 2:30: Small Group discussions with a break
- 2:30 - 3:15: Session Three and wrap up



### **Retreat Master: James M. Kushiner**

Jim is the Executive Director of The Fellowship of St. James. The Fellowship was established in 1976 to encourage greater Christian unity, and fidelity to the historic doctrines of the Christian faith and its moral teachings. He is the Executive Editor of Salvo and Touchstone magazines.



Chicago-area Antiochian Churches present  
**2014 Lenten Lecture Series**  
*Uniting our faithful; and together sharing in the  
 Passion of our Lord, and celebrating His Glori-  
 ous Resurrection*

All lectures will begin promptly at 7:00pm and will last for 45 minutes, followed by a 15 minute Q&A.  
 Fellowship and light refreshments will follow.

Please join us for these discussions and let's travel together on a meaningful journey through this Holy Season of Lent

| <b>Date / Time</b>     | <b>Presenter</b>   | <b>Topic</b>  | <b>Name and Location of Host Parish</b>                                |
|------------------------|--|---|--|
| Thursday<br>March 6    | Fr. Musil Shihadeh<br>St. Michael Melkite Church                                   | <i>"Into the Desert:<br/>Exploring the Temptation of Jesus"</i>     | St John Melkite Church<br>200 East North Ave.<br>Northlake, IL         |
| Thursday<br>March 13   | Dr. Hassan Al-Aswad<br>(representing Fr. Samer Youhanoun)<br>St John Syriac Church | <i>"Exodus: The journey and the lessons learned"</i>                | Our Lady of Lebanon Maronite Church<br>950 N Grace St.,<br>Lombard, IL |
| Thursday<br>March 20th | Fr. Ezzat Bathouche<br>St John Melkite Church                                      | <i>"Prayer in Christianity"</i>                                     | St John Syriac Church<br>250 S. Villa Ave.<br>Villa Park, IL           |
| Thursday<br>March 27th | Fr. Mousa Haddad<br>St Mary Orthodox Church  | <i>"There's no place like home - Return from Exile"</i>             | St Michael Melkite Church<br>606 141st St.<br>Hammond, IN              |
| Thursday<br>April 3rd  | Fr. Pierre AlBalaa<br>Our Lady of Lebanon Maronite Church                          | <i>"The hour of Jesus in the Gospel of John"</i>                    | St Mary Orthodox Church<br>6330 W. 127th St.<br>Palos Heights, IL      |
| Thursday<br>April 10th | Fr. Sharbel Bcheiry<br>St . Afrem Syriac Church                                    | <i>"Holy Lent: Between Mystical Tradition &amp; Parochial Life"</i> | St John Melkite Church<br>200 East North Ave.<br>Northlake, IL         |

*"For what good is it if we abstain from birds and fishes, but bite and devour our brothers and sisters?" St. John Chrysostom*

# Food for Hungry People



This year we celebrate 40 years of raising funds for our FOOD FOR HUNGRY PEOPLE program. Through your generosity, over \$4 million has been distributed to the hungry poor in the United States and around the World. Every year, we are able to help more unfortunate men, women and children.

**Please pick up your Food for hungry box today!**

## Food Drive

Sunday School is hosting a Food Drive! Each class will compete to raise the most food.



**FOOD DRIVE**

**Winning class will have a Pizza Party!!!**



**FOOD DRIVE**

### Food Drive Grocery List:

Beans, Chili, Cereal, Pasta, Pasta Sauce, Jelly, Peanut Butter, Rice, Shelf Stable Milk, Soup, Tuna, Stew, Canned Vegetables Canned Fruit, Mac & Cheese.

Sunday School Student should drop their food items in the cart in their classroom. Any questions please see Hanada Sweis.

## خدمات الصيام والاسبوع العظيم 2014 Lent & Holy Week Services

|                |  |               |
|----------------|--|---------------|
| آذار 3 March   | Monday: Great Compline الإثنين: صلاة النوم الكبرى                | مساء 7:00pm   |
| آذار 5 March   | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه | مساء 7:00pm   |
| آذار 7 March   | Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله | مساء 7:00pm   |
| آذار 10 March  | Monday: Great Compline الإثنين: صلاة النوم الكبرى                | مساء 7:00pm   |
| آذار 12 March  | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه | مساء 7:00pm   |
| آذار 14 March  | Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله | مساء 7:00pm   |
| آذار 17 March  | Monday: Great Compline الإثنين: صلاة النوم الكبرى                | مساء 7:00pm   |
| آذار 19 March  | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه | مساء 7:00pm   |
| آذار 21 March  | Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله | مساء 7:00pm   |
| آذار 24 March  | Monday: Annunciation Liturgy الإثنين: خدمة القداس لعيد البشارة   | مساء 7:00pm   |
| آذار 26 March  | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه | مساء 7:00pm   |
| آذار 28 March  | Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله | مساء 7:00pm   |
| آذار 31 March  | Monday: Great Compline الإثنين: صلاة النوم الكبرى                | مساء 7:00pm   |
| نيسان 2 April  | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه | مساء 7:00pm   |
| نيسان 4 April  | Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله | مساء 7:00pm   |
| نيسان 7 April  | Monday: Great Compline الإثنين: صلاة النوم الكبرى                | مساء 7:00pm   |
| نيسان 9 April  | Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه | مساء 7:00pm   |
| نيسان 11 April | Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه      | مساء 7:00pm   |
| نيسان 12 April | Saturday: Lazarus Saturday Liturgy السبت: القداس لسبت اليعازر    | صباحا 10:00am |

## Lent & Holy Week Services 2014 خدمات الصيام والاسبوع العظيم

|                |   |   |
|----------------|---|---|
| نيسان 13 April | Sunday: Palm Sunday Liturgy <b>الاحد: خدمة القديس لعيد الشعانين</b><br>Sunday: 1st Bridegroom Service <b>الاحد: الختن الأولى</b>  | صباحا 10:00am<br>مساء 7:00pm                |
| نيسان 14 April | Monday: 2nd Bridegroom Service <b>الإثنين: الختن الثانية</b>  | مساء 7:00pm                                 |
| نيسان 15 April | Tuesday: 3rd Bridegroom Service <b>الثلاثاء: الختن الثالثة</b>  | مساء 7:00pm                                 |
| نيسان 16 April | Wednesday: Holy Unction Service <b>الأربعاء: صلاة الزيت المقدس</b>  | مساء 7:00pm                                 |
| نيسان 17 April | Thursday: Divine Liturgy of St. Basil <b>الخميس: قداس باسيليوس العظيم</b><br>Thursday: 12 Passion Gospels <b>الخميس: خدمة 12 انجيل والصلب</b>   | صباحا 10:00am<br>مساء 7:00pm                |
| نيسان 18 April | Friday: Royal Hours <b>الجمعة: خدمة الساعات</b><br>Friday: Taking Down From the Cross <b>الجمعة: خدمة انزال المصلوب</b><br>Friday: Lamentations <b>الجمعة: جناز المسيح</b><br>(GOOD FRIDAY All-Night VIGIL to follow <b>سهرانية العيد</b> ) | صباحا 10:00am<br>مساء 3:00pm<br>مساء 7:00pm |
| نيسان 19 April | Saturday: Vesperal Liturgy of St. Basil <b>السبت: قداس سبت النور</b><br>Saturday: Rush Procession & Matins followed by Paschal Liturgy<br><b>السبت: سحرية العيد، الهجمة وقداس القيامة</b>   | صباحا 10:00am<br>مساء 10:00pm               |
| نيسان 20 April | Sunday: AGAPE VESPERS <b>الاحد: صلاة الباعوث</b>  | ظهرا 1:00pm                                 |

# Upcoming Events

|            |         |   |
|------------|---------|---|
| Thu Mar 6  | 7:00pm  | Antiochian Churches Lenten Lecture<br>Presenter: Fr. Musil Shihadeh<br>Location: St. John Melkite Church, 200 E. North Ave, Northlake, IL |
| Fri Mar 7  | 7:00pm  | 1st Akathist (Madayeh) w/ Potluck   |
| Sat Mar 8  | 11:00am | Arabic School - Education Building  |
|            | 1:30pm  | Youth Sports League - St. Mary's Gymnasium  |
| Sun Mar 9  |         | Daylight Saving Time Begins   |
|            |         | First Sunday of Lent - Sunday of Orthodoxy with Procession of Icons   |
|            | 8:45am  | Matins  |
|            | 10:00am | Divine Liturgy / Sunday School  |
|            | 11:30am | Spinach Pie Sale – Antiochian Women   |
|            | 12:30pm | St. Mary's Dabkeh Troupe Practice   |
|            | 3:00pm  | Open Gym - Men's Basketball League  |
|            | 6:30pm  | Sunday of Orthodoxy Vespers - Bishop ANTHONY Homilist - St. John the Baptist, 2350 E. Dempster St., Des Plaines, IL 60016                 |
| Mon Mar 10 | 7:00pm  | Great Compline  |
| Tue Mar 11 | 7:00pm  | Parish Council Meeting  |
| Wed Mar 12 | 10:00am | Morning Prayers   |
|            | 10:30am | Parish Bible Study  |
|            | 7:00pm  | Presanctified Liturgy   |
| Thu Mar 13 | 7:00pm  | Antiochian Churches Lenten Lecture<br>Presenter: Dr. Hassan Al-Aswad<br>Location: Our Lady of Lebanon, 950 N Grace St., Lombard, IL       |
| Fri Mar 14 | 7:00pm  | 2nd Akathist (Madayeh) w/ Potluck   |
| Sat Mar 15 | 11:00am | Arabic School   |
|            | 1:30pm  | Youth Sports League   |
|            | 5:30pm  | Great Vespers   |



# IOCC ANNUAL PAN-ORTHODOX GRAND BANQUET AND SILENT AUCTION

## Thursday, March 20th, 2014

6:00pm Cocktails • 7:00pm Dinner

ROSEWOOD RESTAURANT AND BANQUETS  
9421 W Higgins Road • Rosemont, Illinois 60018

*Guest Speaker: Mark Gruin, IOCC Director of Strategic Initiatives*

Tickets are \$125 per person  
Please RSVP by March 10, 2014

*Net proceeds from this event will benefit  
IOCC's humanitarian relief work*



Yes, I'd like to attend the IOCC Chicago Grand Banquet.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Yes, I would like to save IOCC money and help preserve the environment. Please e-mail my tax receipt electronically to the address provided above.

Number of tickets:

\_\_\_\_\_ x \$125.00 = \_\_\_\_\_

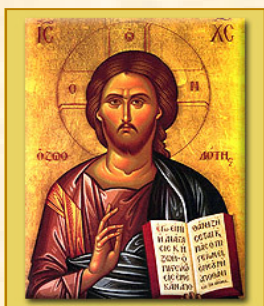
My check is enclosed.

**PLEASE REMIT TO:**

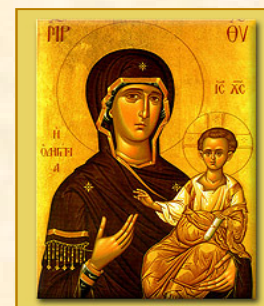
International Orthodox  
Christian Charities  
PO Box 7124  
Prospect Heights, Illinois  
60070-7124

**QUESTIONS? CONTACT:**

Maria Loukaki (773) 490-5569  
Bonnie Popovic (847) 394-3946



## Weekly Synaxarion



On March 9 in the Holy Orthodox Church, we commemorate the Holy and Great Forty Martyrs who were martyred at Sebastia of Pontus. All of these martyrs were Roman soldiers. When their commander threatened to strip them of their ranks, one of them responded, “Not only the honor of being a soldier, but take away our bodies, for nothing is more dear or honorable to us than Christ our God.” The angry torturers bound all of the holy martyrs and tossed them into the freezing lake. The torturers even heated a bath by the lake in sight of the frozen men. One lost his courage and entered the bath. An extraordinary light appeared from Heaven and 39 wreaths descended upon their heads. Upon seeing this, a guard on the shore removed his clothes, confessed the Name of the Lord Jesus and entered the lake so that he could become worthy of the fortieth wreath, which indeed descended upon him. The local bishop, Peter, with his clergy went out into the dark of night and beheld the martyrs shining brightly in the water. Bishop Peter honorably buried them in 320. On this same day, the First Sunday of the Fast, we make remembrance of the restoration of the holy and venerable Icons, which took place through the ever-memorable Sovereigns of Constantinople, Michael and his mother, Theodora, during the patriarchate of Saint Methodios the Confessor. This restoration was accomplished in the year 842. Theodora’s husband was an iconoclast. After his death, Theodora venerated an icon of the Theotokos in front of Patriarch Methodios. The other faithful in the church did the same, venerating all the icons, considering them to be representations of their original elements, not idols. Theodora prayed to God to forgive her husband during the first week of Great Lent; and on the First Sunday of the Fast, she led the way in hanging up the icons to adorn the churches. O invariant Icon of the Father, through the intercessions of Thy holy Confessors, have mercy on us. Amen.