



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*"The disciples were first called Christians in Antioch." (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

[www.stmaryoc.org](http://www.stmaryoc.org) (office@stmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

## St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor

Very Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

## Parish Council

Luai Sweiss - Chairman

Constantin Kari - Vice Chairman

Louis Sweiss - Treasurer

Jason Haddad - Financial Secretary

Lana Sweis - Secretary

Nidal Al-Farah

Feras Salman

Faris Samawi

Bassam Shaheen

Feras Sweis

## Parish Ministries

Sunday School - Hanada Sweis

SOYO - Jasmine Sweis

Fellowship - Rachel Kari

Antiochian Women - Susan Sweis

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

## Office Administrator

Katia Haddad

administrator@stmaryoc.org

## Parish Administrator

Rachel Kari

rkari@stmaryoc.org

## Church Hall Rental

Call the church office or email our  
Office Administrator

## February 23rd, 2014 Sunday of the Last Judgment (Meatfare Sunday)



## Weekly Schedule of Services

Saturday: 5:30 p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study  
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

## **Hymns of the Day**

### **Entrance Hymn**

O Come, let us worship and fall down before Christ.  
Save us, O Son of God, who art risen from the dead, who  
sing to Thee: Alleluia!

### **Troparion of the Resurrection (Tone Two)**

When Thou didst submit Thyself unto death, O Thou  
deathless and immortal One, then Thou didst destroy hell  
with Thy Godly power. And when Thou didst raise the  
dead from beneath the earth, all the powers of Heaven did  
cry aloud unto Thee: O Christ, Thou giver of life, glory to  
Thee.

### **Troparion of the Dormition (Tone One)**

In thy birth giving O Theotokos, thou didst keep and  
preserve virginity; and in thy falling asleep thou hast not  
forsaken the world; for thou wast translated into life,  
being the Mother of Life. Wherefore by thine  
intercessions, deliver our souls from death.

### **Kontakion for the Sunday of the Last Judgment (Tone One)**

When Thou comest, O God, to earth with glory, and all  
creatures tremble before Thee, and the river of fire  
floweth before the Altar, and the books are opened and  
sins revealed, deliver me then from that unquenchable  
fire, and make me worthy to stand at Thy right hand, O  
righteous Judge.

## **Epistle for the Sunday of the Final Judgment (Meatfare Sunday)**

*The Lord is my strength and my praise!*

*The Lord chastising hath chastised me, but He hath not delivered me over to death!*

**The Reading is from St. Paul's First Letter to the Corinthians (8:8-13; 9:1-2).**

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

## **Gospel for the Sunday of the Final Judgment (Meatfare Sunday)**

**The Reading is from the Holy Gospel according to St. Matthew (25:31-46).**

The Lord said, "When the Son of man comes in his glory, and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the King will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see thee hungry and feed thee, or thirsty and give thee drink? And when did we see thee a stranger and welcome thee, or naked and clothe thee? And when did we see thee sick or in prison and visit thee?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to thee?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

02/23: Abdullah and Dena Tadros & Family

03/02: Karim and Isprans Hadweh & Family

03/09: Amjad Sweiss & Family

## Epistle Reading

02/23: Faris Samawi & Sub.Dn. Matthew

03/02: Asmahan Fakhouri & Lana Sweis

**!!!Reminder!!!**

**Dabkeh Troupe Practice**

**Sunday 2/23/2014**

**12:30**

**!!!Reminder!!!**

**Men's Basketball League**

**Open Gym**

**Sunday 2/23/2014**

**from 3pm-6pm**



## **Engagement**

**Ameer Zahi Tadros**

**&**

**Demma Munther Tadros**

**Congratulations!**



## **Churching**

**Natalia**

**Parents: Tarek and Haifa Fakhoury**

**Congratulations!**

## **"Bible Verse of the Week"**

For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord. Romans 8:38-39

## **OCCHY Quiz**

True or False: 1 in 4 adolescents reports verbal, emotional, physical, or sexual dating violence each year.

True. Dating violence has important negative effects on the mental & physical health of youth, as well as on their adolescent relationship sets the stage for problems in future relationships.

[www.cdc.gov/violenceprevention/Datingmatter/](http://www.cdc.gov/violenceprevention/Datingmatter/)

# Upcoming Events

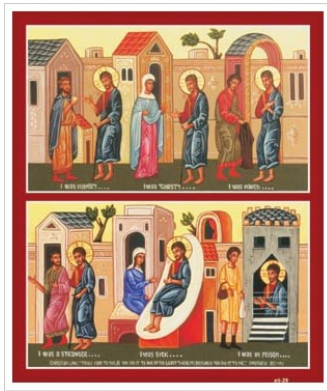
Fri Feb 21	6:00pm	Antiochian Women Meeting
Sat Feb 22	10:00am	Liturgy for Saturday of Souls
	11:00am	Arabic School
	1:30pm	Youth Sports League
	3:00pm	SOYO Officer's Meeting
	4:00pm	SOYO LAR/Bible Study
	5:30pm	Great Vespers
Sun Feb 23	8:45am	Matins
	10:00am	Divine Liturgy / Sunday School
	11:30am	Chili Sale – Antiochian Women
	12:30pm	St. Mary's Dabkeh Troupe Practice
	3:00pm	Open Gym - Men's Basketball League
Wed Feb 26	10:00am	Morning Prayers
	10:30am	Parish Bible Study
Thu Feb 27	6:30pm	OCMC Mission Team Chicago Benefit Dinner - St. John the Baptist Greel Orthodox Church
Fri Feb 28	6:30pm	"Life: the Orthodox Way" - Presentation by Fr. Timothy Sas
Sat Mar 1		Antiochian Women Month
	9:00am	Workshop for Parish Council and Organizational Leaders
	10:00am	Fishers of Men Monthly Breakfast
	11:00am	Arabic School
	1:30pm	Youth Sports League
	5:00pm	Great Vespers
	5:00pm	SOYO Bible Study

## خدمات الصيام والاسبوع العظيم 2014 Lent & Holy Week Services

آذار 3 March	Monday: Great Compline الإثنين: صلاة النوم الكبرى	مساء 7:00pm
آذار 5 March	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه	مساء 7:00pm
آذار 7 March	Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله	مساء 7:00pm
آذار 10 March	Monday: Great Compline الإثنين: صلاة النوم الكبرى	مساء 7:00pm
آذار 12 March	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه	مساء 7:00pm
آذار 14 March	Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله	مساء 7:00pm
آذار 17 March	Monday: Great Compline الإثنين: صلاة النوم الكبرى	مساء 7:00pm
آذار 19 March	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه	مساء 7:00pm
آذار 21 March	Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله	مساء 7:00pm
آذار 24 March	Monday: Annunciation Liturgy الإثنين: خدمة القداس لعيد البشارة	مساء 7:00pm
آذار 26 March	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه	مساء 7:00pm
آذار 28 March	Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله	مساء 7:00pm
آذار 31 March	Monday: Great Compline الإثنين: صلاة النوم الكبرى	مساء 7:00pm
نيسان 2 April	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه	مساء 7:00pm
نيسان 4 April	Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله	مساء 7:00pm
نيسان 7 April	Monday: Great Compline الإثنين: صلاة النوم الكبرى	مساء 7:00pm
نيسان 9 April	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه	مساء 7:00pm
نيسان 11 April	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه	مساء 7:00pm
نيسان 12 April	Saturday: Lazarus Saturday Liturgy السبت: القداس لسبت اليعازر	صباحا 10:00am

## خدمات الصيام والاسبوع العظيم 2014 Lent & Holy Week Services

نيسان 13 April	Sunday: Palm Sunday Liturgy لعيد الشعانين الاحد: خدمة القديس لعيد الشعانين Sunday: 1st Bridegroom Service الاحد: الختن الأولى	صباحا 10:00am مساء 7:00pm
نيسان 14 April	Monday: 2nd Bridegroom Service الإثنين: الختن الثانية	مساء 7:00pm
نيسان 15 April	Tuesday: 3rd Bridegroom Service الثلاثاء: الختن الثالثة	مساء 7:00pm
نيسان 16 April	Wednesday: Holy Unction Service الأربعاء: صلاة الزيت المقدس	مساء 7:00pm
نيسان 17 April	Thursday: Divine Liturgy of St. Basil الخميس: قداس باسيليوس العظيم Thursday: 12 Passion Gospels الخميس: خدمة 12 انجيل والصلب	صباحا 10:00am مساء 7:00pm
نيسان 18 April	Friday: Royal Hours الجمعة: خدمة الساعات Friday: Taking Down From the Cross الجمعة: خدمة انزال المصلوب Friday: Lamentations الجمعة: جناز المسيح (GOOD FRIDAY All-Night VIGIL to follow سهرانية العيد)	صباحا 10:00am مساء 3:00pm مساء 7:00pm
نيسان 19 April	Saturday: Vespereal Liturgy of St. Basil السبت: قداس سبت النور Saturday: Rush Procession & Matins followed by Paschal Liturgy السبت: سحرية العيد، الهجمة وقداس القيامة	صباحا 10:00am مساء 10:00pm
نيسان 20 April	Sunday: AGAPE VESPERS الاحد: صلاة الباعوث	ظهرا 1:00pm



Today in the Church is Meatfare Sunday, the last day in which you can eat Meat. The Church begins fasting from all Meats tomorrow February 24<sup>th</sup> until Easter on April 20<sup>th</sup>. God bless!

2014 Easter

## FLOWER DONATIONS

All names will be placed in the tomb of Christ on Holy Friday. On Pascha (Easter), the names will be read privately during a special prayer service inside the Holy Altar.

Thank you for your support!  
St. Mary's Antiochian Women

Please see Nawal Sweis or Send your donations to:  
6330 W. 127<sup>th</sup> St., Palos Heights, IL 60463  
(708) 239-0004 [www.stmaryoc.org](http://www.stmaryoc.org)



# Teen SOYO



## Officer Meeting & Bible Study

Saturday, February 22, 2014

Meeting at 3:00pm

LAR Bible Study at 4:00pm



Fellowship Hall



# Chili Sale



Sunday, February 23rd, 2014

After Liturgy - Sponsored by our Antiochian Women

*St. Mary Orthodox Church of Palos Heights  
invites you to a discussion on:*

# *"Life: the Orthodox Way"*

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*Guest Speaker: Fr. Timothy Sas*

*Pastor of Twelve Holy Apostles Church  
Duluth, Minnesota*

*Friday, February 28th, 2014*

- 6:30pm - Daily Vespers*
- 7:00pm - Presentation by Fr. Timothy*
- 8:00pm - Q & A*

*This event will take place in the church sanctuary.  
6330 W. 127th Street., Palos Heights, IL 60463*

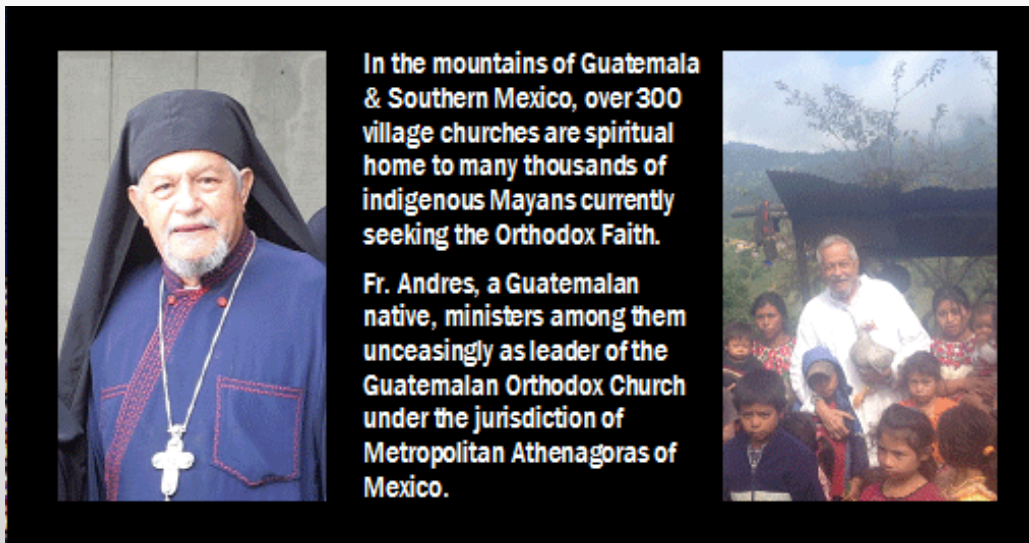
**"Declare His glory among the nations, His wonders among all peoples." Psalm 96:3**

Please join us for the 17th Annual

## **Mission Team Chicago Benefit Dinner**

Featuring Keynote Speaker

**The Very Rev. Fr. Andres Girón de Leon of Guatemala**



**Thursday, February 27, 2014, 6:30 pm**

St. John the Baptist Greek Orthodox Church  
2350 East Dempster Street, Des Plaines, Illinois, 60016

**\$30 donation requested per person**

(Proceeds to benefit Orthodox Christian Mission Center and missions in Guatemala.)

Kindly respond by February 20, 2014.

Reserve your place or make your donation by:

Mail: [Click here](#) for an RSVP card to mail in    Email: Send your info to [MTCBenefit@yahoo.com](mailto:MTCBenefit@yahoo.com)

Phone: Call (773) 447-3335    Online: To register or donate, [click here](#)



**Thank you for your support!**

**We look forward to seeing you at the benefit!**

# INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES



## IOCC ANNUAL PAN-ORTHODOX GRAND BANQUET AND SILENT AUCTION

Thursday, March 20th, 2014

6:00pm Cocktails • 7:00pm Dinner

ROSEWOOD RESTAURANT AND BANQUETS

9421 W Higgins Road • Rosemont, Illinois 60018

*Guest Speaker: Mark Gruin, IOCC Director of Strategic Initiatives*

Tickets are \$125 per person  
Please RSVP by March 10, 2014

*Net proceeds from this event will benefit  
IOCC's humanitarian relief work*



Yes, I'd like to attend the IOCC Chicago Grand Banquet.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Yes, I would like to save IOCC money and help preserve the environment. Please e-mail my tax receipt electronically to the address provided above.

Number of tickets:

\_\_\_\_\_ x \$125.00 = \_\_\_\_\_

My check is enclosed.

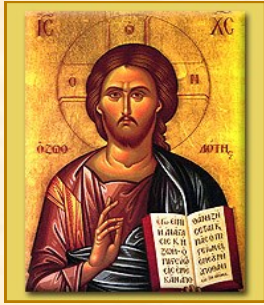
**PLEASE REMIT TO:**

International Orthodox  
Christian Charities  
PO Box 7124  
Prospect Heights, Illinois  
60070-7124

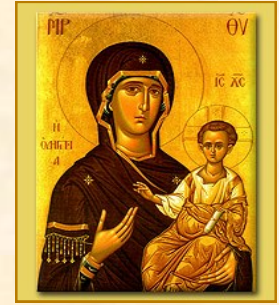
**QUESTIONS? CONTACT:**

Maria Loukaki (773) 490-5569  
Bonnie Popovic (847) 394-3946

**IOCC CHICAGO METROPOLITAN COMMITTEE**



## Weekly Synaxarion



On February 23 in the Holy Orthodox Church, we commemorate the Hieromartyr Polycarp, bishop of Smyrna; Venerable Gorgonia, sister of Gregory the Theologian; Venerable Zebinas, Polychronios, Moses and Damian near Cyrrhus in Syria; and Venerable Damian of Esphigmenou Monastery on Mount Athos. Today, we commemorate the Second and impartial Coming of our Lord Jesus Christ. It is the Sunday of the Last Judgment—known also as Meat Fare Sunday—the lesson of which occurs in today’s Holy Gospel. Jesus illustrates to us God’s ineffable goodness and His great love for mankind. And so lest some who are lazy should loiter and spend the time appropriate to their salvation in the pursuit of sin, and be suddenly overtaken by death, the divine Fathers decree that on this day the remembrance of the Second Appearance of Christ may be celebrated. The intention is to remind them that, as God is good and loving to mankind, He is also a very righteous Judge Who recompenses each according to his deeds. Our Lord teaches us that when we minister to our brother or sister, we really minister to Him. This brings us righteousness and life eternal. By Thine ineffable love for mankind, O Christ God, make us worthy of Thy devoted voice, number us among Thy righteous ones and have mercy on us. Amen.