



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*"The disciples were first called Christians in Antioch." (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463  
Phone : (708) 239-0004, Fax : (708) 221-6449  
www.stmaryoc.org (office@stmaryoc.org)  
Church Office Hours : Monday - Friday 10:00am-3:00pm

## St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor  
Very Rev. Fr. Malek Rihani  
Subdeacon Matthew Sweis  
Subdeacon Ameer Tadros

## Parish Council

Fr. Mousa - Presiding Officer  
Fadi Abu Manneh - Chairman  
Feras Sweis - Vice Chairman  
Abdullah Tadros - Treasurer  
Constantin Kari - Financial Sec.  
Abeer Khouri - Secretary  
Nidal Al-Farah  
George Barakat  
Bassam Salman  
Feras Salman  
Faris Samawi  
Samer Tadros

## Parish Ministries

Sunday School - Omar Sweis  
SOYO - Marram Salman  
Fellowship - Khalil Haddad  
Antiochian Women - Susan Sweis  
Handmaids - Mansoura Khouri and  
Lina Haddad  
Humanitarian - Shireen Salman  
OCLife - Nancy Cannon  
Fishers of Men - John Eannace  
Athletics - Melad Qodsi  
Choir - Michael Rascia  
Chanters - Khaled Salman and  
Faris Samawi  
Webmaster - Sana Sweis

## Office Administrator

Katia Haddad  
administrator@stmaryoc.org

## Parish Administrator

Rachel Kari  
rkari@stmaryoc.org

## Church Hall Rental

Call the church office or email our  
Office Administrator

Please note our new website address: [www.stmaryoc.org](http://www.stmaryoc.org)

# October 20, 2013

## Seventeenth Sunday after Pentecost



## Weekly Schedule of Services

Saturday: 5:30 p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study  
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

# Hymns of the Day

## Entrance Hymn (Tone Two)

O Come, let us worship and fall down before Christ. Save us,  
O Son of God, who art risen from the dead,  
who sing to Thee: Alleluia!

## Troparion of the Resurrection (Tone Eight)

From the heights, thou didst descend, O compassionate one, and  
thou didst submit to the three-day burial, that thou might deliver  
us from passion, thou art our life and our resurrection, O Lord,  
glory to thee.

## Troparion of St. Artemios (Tone Four)

Thy Martyr, O Lord, by his struggle hath received from thee, our  
God, the imperishable crown; because, acquiring thy strength,  
he demolished usurpers and crushed the powerless might of Sa-  
tan. Therefore, through his intercessions, O Christ God, save our  
souls

## Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve  
virginity; and in thy falling asleep thou hast not forsaken the  
world; for thou wast translated into life, being the Mother of  
Life. Wherefore by thine intercessions, deliver our souls from  
death.

## Kontakion of the Theotokos (Tone Four)

O protection of Christians that cannot be put to shame, media-  
tion unto the Creator most constant, O despise not the suppliant  
voices of those who have sinned; but be thou quick, O good one,  
to come unto our aid, who in faith cry unto thee: Hasten to inter-  
cession, and speed thou to make supplication, thou who dost ev-  
er protect, O Theotokos, them that honor thee.

## **Epistle Reading for the Seventeenth Sunday after Pentecost**

*Make your vows to the Lord our God, and perform them!*

*God is known in Judah; His Name is great in Israel!*

**The Reading is from Saint Paul's Second Letter to the Corinthians (6:16-18; 7:1).**

Brethren, we are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

## **Gospel for the Sixth Sunday of St. Luke**

**The Reading is from the Holy Gospel according to St Luke (8:26-39)**

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert. Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

# Godparents' Sunday

## RECONFIRMATION OF BAPTISMAL VOWS BY GODPARENTS AND GODCHILD

*Immediately before the Creed, the Priest invites the congregation to face west to reconfirm their baptismal vows, saying:*

PRIEST: Do you renounce Satan, and all his angels, and all his works, and all his services, and all his pride? (3x)

ALL: I do.

PRIEST: Have you renounced Satan? (3x)

ALL: I have.

PRIEST: Breathe and spit upon him!

*Now the Priest directs the congregation to face east, saying:*

PRIEST: Do you unite yourself unto Christ?(3x)

ALL: I do.

PRIEST: Have you united yourself unto Christ? (3x)

ALL: I have.

PRIEST: Do you believe in Him?

ALL: I believe in Him as King and as God.

## Now the congregation recites the Creed

**All:** I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the Only-Begotten, begotten of the Father before all worlds, Light of Light, Very God of Very God, begotten, not made; of one essence with the Father, by whom all things were made. Who for us men and for our salvation came down from Heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and was made man. And was crucified also for us under Pontius Pilate, and suffered and was buried. And the third day He rose again, according to the Scriptures. And ascended into heaven, and sitteth at the right hand of the Father. And He shall come again with glory to judge the quick and the dead, whose kingdom shall have no end.

And I believe in the Holy Spirit, the Lord and Giver of Life, who proceedeth from the Father, who with the Father and the Son together is worshipped and glorified, who spake by the Prophets.

And I believe in One Holy Catholic and Apostolic Church;

I acknowledge one Baptism for the remission of sins;

I look for the resurrection of the dead, and the Life of the world to come. Amen.

PRIEST: Have you united yourself unto Christ? (3x)

ALL: I have.

PRIEST: Then bow down before Him.

ALL: I bow down before the Father and the Son and the Holy Spirit, the Trinity, one in Essence and undivided.

PRIEST: Blessed is God Who desires that all men should be saved, and should come to the knowledge of the truth, now and ever and unto the ages of ages.

ALL: Amen.

### *A Prayer of Godparents*

O Lord Jesus Christ our God, we thank You for all the good things that You have showered upon us from above, blessings seen and unseen and for the sacred task that You have placed before us as Godparents of our spiritual children. Recalling Your words to let the little children come unto You and that it is not the will of our Heavenly Father that one of these little ones should perish, we beg You to look upon our spiritual children and have mercy on them.

Grant them the grace to know You and the desire to serve You. Inscribe their names in Your book of life. Let no evil thought find a place in their hearts and become a passion that brings destruction. Rather surround our Godchildren with Your heavenly angels. Having been baptized with the Holy Spirit and fire, guide them toward Your blessed commandments and burn up the weeds of all their offenses.

Forgive us, also, Lord, for all of the ways in which we have neglected, in thought, word or deed, to set an example of repentance and faith for our spiritual children to follow. Enlighten our hearts and minds with the will and knowledge, from this moment forward, to fulfill our holy calling as the sponsors of their birth on high.

For thou art our life, O Christ our God, and unto thee do we ascribe glory, together with thy father who is from everlasting, and thine all-holy, good, and life-giving Spirit, always, now and ever, and unto ages of ages.  
AMEN!

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

10/20: Hasan and Saeda Sweis & Family

10/27: Elias Tadros & Family

11/03: Jamileh Zedan & Family

## Epistle Reading

10/20: Diana Qudsi & Murad Salman

10/27: Simon Tadros & Rachel Tadros



## **Antiochian Women Meeting**

Friday, October 25, 2013  
7:00 pm

## “Bible Verse of the Week”

The secret of the Lord *is* with those who fear Him, And He will show them His covenant. My eyes *are* ever toward the Lord, For He shall pluck my feet out of the net. Psalm 25:14-15

# Save the Date

## 9th Annual Christmas High School Retreat

Friday, 12/27/13  
Through  
Sunday, 12/29/13



**Bulletin Blurb for  
Sunday October 20, 2013  
OCCHY Quiz**

### **True or False:**

Bullying is a form of child abuse that can harm a person physically and emotionally and lead to homicide and suicide. It is estimated that 77% of students are bullied mentally, verbally, & physically.

**ANSWER: TRUE**

1 out of 4 kids are bullied. Each day 160,000 students miss school for fear of being bullied.

<http://www.a4kclub.org/get-the-facts/bullying-statistics>



# Upcoming Events

Fri Oct 18	7:30pm	Co-Ed Volleyball League Open Gym
Sat Oct 19	11:00am	Arabic School
	1:30pm	Youth Sports League
	5:30pm	Great Vespers
Sun Oct 20		Godparents' Sunday
	8:45am	Matins
	10:00am	Divine Liturgy / Sunday School
	12:00pm	St. Mary's Dabkeh Troupe Practice
	3:00pm	Co-Ed Volleyball League Games
	7:00pm	Fellowship Elections & Potluck in the Nadi!
Tue Oct 22	6:30pm	"Gospel in an Hour"
Wed Oct 23	10:00am	Morning Prayers
	10:30am	Parish Bible Study
	7:00pm	Co-Ed Volleyball League Open Gym
Fri Oct 25	7:00pm	Antiochian Women Meeting
	7:30pm	Co-Ed Volleyball League Open Gym
Sat Oct 26	9:00am	AAFS Domestic Violence / Breast Cancer Walk
	11:00am	Arabic School
	1:30pm	Youth Sports League
	5:30pm	Great Vespers

St. Mary's Invites you to Celebrate

# Godparents' Sunday

Sunday, October 20 @ 10:00 a.m.

Why? Because Godparents are a huge part of their Godchildren's spiritual upbringing, we would like to honor them for their dedication. Please be in church on time with your Godchild. If you wish to receive Communion, please be prepared to do so with your Godchild.



We hope to see you all.  
God bless you!



St. Mary Orthodox Church of Palos Heights

**Fellowship of St. John the Divine  
- ELECTIONS -**

**Sunday, October 20th 2013  
6:00 p.m. in the Nadi**

President—Vice President—Treasurer—Secretary—Public Relations

To submit a nomination or to have your name listed on the ballot please contact Khalil Haddad 708.653.7067 by Sunday October 13, 2013

**Make your voice heard and VOTE!**

*This is a potluck event.*

*“And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.” Colossians 3:17*



To register for the AAFS Walk, please see Kholoud Swais

# CANCER & DOMESTIC VIOLENCE AWARENESS WALK

Saturday, October 26, 2013

9 AM - 12 PM

**aafs**

arab american family services  
مركز خدمات العائلة العربية الأمريكية



## 2013 6<sup>TH</sup> ANNUAL WALK IN FAITH NOT IN FEAR!



**CONTACT INFO:**

9044 S. OCTAVIA  
BRIDGEVIEW, IL 60455  
708.599.AAFS (2237)

**EVENT LOCATION:**

LAKE KATHERINE NATURE CENTER  
7402 W. LAKE KATHERINE DR.  
PALOS HEIGHTS, IL 60463

**REGISTRATION FEES:**

\$20.00 ADULTS & \$10.00 CHILDREN  
WHICH WILL INCLUDE A  
COMPLEMENTARY T-SHIRT &  
REFRESHMENTS WILL BE SERVED



*St. Mary's*  
*Annual Thanksgiving Dinner*

*(Hosted by Our Antiochian Women)*

*Saturday*  
*November 9th, 2013*

*Saints Constantine and Helen Church*

*11025 S Roberts Road*  
*Palos Hills, IL 60465*

*Ticket: Adults - \$30*  
*Children (6-12yrs) - \$15*  
*Doors open at 6:00pm*

*"It is a good thing to give thanks unto the Lord."*

*Please contact Rita Sweis 773-510-4303 or*  
*Yasmin Sweis 708-712-9502 for Tickets.*



# Teen SOYO

## Cold Stone Ice-Cream PIE Sale

Sale Going on NOW!!!

**S'more Some More Pie**  
**There's Chocolate on my**  
**Peanut Butter Pie**  
**Cookie Dough Pie**  
**Caramel Turtle Treat**  
**Mintastic Chip Pie**  
**Caramel Apple Pie**

**Homemade Ice Cream Pies**



**S'more Some More Pie™**  
Dark Chocolate Ice Cream with Marshmallows in a Graham Cracker Pie Crust, covered in Creamy White Frosting

**There's Chocolate On My Peanut Butter Pie™**  
Chocolate Ice Cream with Fudge and Reese's™ Peanut Butter Cups® on a layer of creamy Peanut Butter in an OREO® Pie Crust topped with Rich Fudge Ganache

**Cookie Dough Pie**  
Coke Butter Ice Cream™ with Cookie Dough, Caramel and Fudge in a Graham Cracker Pie Crust, covered in Creamy White Frosting

**Caramel Turtle Treat™**  
Sweet Cream Ice Cream with Pecans, Caramel and Fudge in a Graham Cracker Pie Crust, covered in Creamy White Frosting

**Mintastic Chip Pie™**  
Mint Ice Cream with Chocolate Shavings and Fudge in an OREO® Pie Crust, covered in Creamy White Frosting

**Caramel Apple Pie**  
Sweet Cream Ice Cream with Caramel and Apple Pie Filling in a Graham Cracker Pie Crust, covered in Creamy White Frosting

**COLD STONE**  
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Please see any of the Teen SOYO members  
to put in you order for your Holiday PIE!!!

**\$15 each**



# "Liturgy after the Liturgy"

*Taking our faith outside the church walls*

## **Annual Christmas Toy Drive**

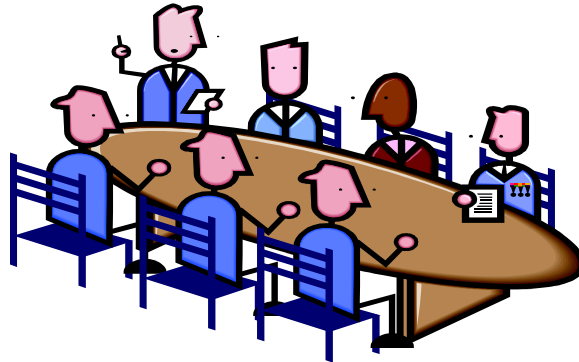
It is that time of the year again to begin preparing for our Annual Christmas Drive. We have 60 wish lists for 60 children given to us by the Illinois Department of Children and Family Services. For most of these children, these will be the only Christmas gifts they receive. Most of these children are young children, from newborns to teenagers. Please, if you find it in your heart to do so, take one of these wish lists and buy Christmas gifts for a child. This way, you are bringing God into someone's life and strengthening your own Christian faith. Thanks for your support!

**Please see Rachel Kari to get a list.  
Gifts are due by Wednesday, November 20th.**



*"Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God." (Hebrews 13:16)*

# **Annual General Assembly Meeting and Parish Council Nominations**

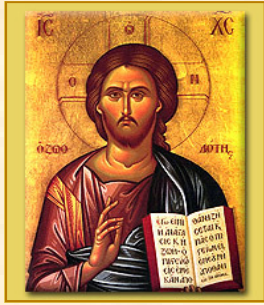


If you are interested in nominating yourself or another person for St. Mary's Parish Council, please let Fr. Mousa or Fadi Abu Manneh know by Sunday, December 15th. Nominations will not be considered after that date.

Our Annual General Assembly Meeting will take place Sunday, January 12th immediately following the Divine Liturgy. Mark your calendars and make every effort to attend.

Please make sure your 2013 pledge is paid in full by Sunday, December 29th, so that you can participate in the General Assembly.

**Thanks and God bless!**



## Weekly Synaxarion



On October 20 in the Holy Orthodox Church we commemorate the holy Great-Martyr Artemios at Antioch. This glorious saint was Egyptian by birth and the chief commander under Emperor Constantine the Great. Artemios was present with the emperor when the victorious Cross appeared to him. At that moment, Artemios believed in the Lord Christ and was baptized. He was appointed as imperial prefect in Egypt and remained in this position under Emperor Julian the Apostate. He summoned Artemios to Antioch where the apostate emperor subjected two Christian priests, Eugenius and Macarius, to torture. Seeing this, Artemios became greatly enraged and told Julian, “Your death is near.” Julian then stripped Artemios of his military rank and ordered him to be flogged and torn asunder. Artemios was thrown into prison, where the Lord Jesus Christ appeared and healed him. Artemios was beheaded in the year 362. Emperor Julian went out against the Persians and perished dishonorably, as Artemios had foretold. On this day, we also commemorate the Venerable Gerasimos the New Ascetic of Kephallenia; and Venerable Matrona of Chios. By their intercessions, O Christ God, have mercy upon us. Amen.