



SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

"The disciples were first called Christians in Antioch." (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.virginmaryoc.org (virginmary@virginmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor

Very Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

Parish Council

Fr. Mousa - Presiding Officer

Fadi Abu Manneh - Chairman

Feras Sweis - Vice Chairman

Abdullah Tadros - Treasurer

Constantin Kari - Financial Sec.

Abeer Khouri - Secretary

Nidal Al-Farah

George Barakat

Bassam Salman

Feras Salman

Faris Samawi

Samer Tadros

Parish Ministries

Sunday School - Hanada Sweis

SOYO - Marram Salman

Fellowship - Khalil Haddad

Antiochian Women - Susan Sweis

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

Office Administrator

Katia Haddad

katiahaddad@virginmaryoc.org

Church Hall Rental

Call the church office or email our
Office Administrator

September 1, 2013

Tenth Sunday after Pentecost Beginning of the Ecclesiastical Year (The Indiction) and Venerable Simeon the Stylite

Our Future Altar



Sunday Matins -- 8:45 a.m.
Sunday Divine Liturgy -- 10:00 a.m.
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

Hymns of the Day

Entrance Hymn (Tone Two)

O Come, let us worship and fall down before Christ.
Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

Troparion of the Resurrection (Tone One)

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Saviour, granting life to the world; for which cause the Heavenly Powers cried aloud unto Thee, O Giver of Life, Glory to Thy Resurrection, O Christ! Glory to Thy Kingdom! Glory to Thy Providence! O Thou who alone art the Lover of Mankind.

Troparion for the Indiction (Tone Two)

O Thou Creator of the whole universe, Who didst appoint times by Thine own power, bless the crown of the year with Thy goodness, O Lord. Preserve in safety Thy rulers and Thy city, through the intercessions of the Theotokos, and save us.

Troparion for St. Simeon The Stylite (Tone One)

For patience thou hast become a pillar, and the ancient fathers thou hast equaled and rivaled. Thou hast rivaled Job in sufferings, Joseph in temptations, and the life of the incorporeals while thou wast in the flesh. Therefore, O our righteous Father Simeon, intercede with Christ God to save our souls.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

Kontakion for the Indiction (Tone Four)

O God of all, verily transcendent in essence, Creator of the ages and their Master, bless the cycle of this year, saving by Thy boundless mercy, O compassionate One, all those who worship only Thee, O Master, and who cry out unto Thee in fear, saying: Grant to all, O Savior, a fertile year.

Epistle of the Indiction

Great is our Lord, and great is His power!

Praise the Lord, for the Lord is good!

The Reading from the First Epistle of St. Paul to St. Timothy. (2:1-7).

Timothy, my son, first of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all men, for kings and all who are in high positions, that we may lead a quiet and peaceable life, godly and respectful in every way. This is good, and it is acceptable in the sight of God our Savior, Who desires all men to be saved and to come to the knowledge of the truth. For there is one God, and there is one mediator between God and men, the man Christ Jesus, Who gave Himself as a ransom for all, the testimony to which was borne at the proper time. For this I was appointed a preacher and apostle (I am telling the truth, I am not lying), a teacher of the Gentiles in faith and truth.

Gospel of the Indiction

The Reading from the Holy Gospel according to St. Luke. (4:16-22).

At that time, Jesus came to Nazareth, where He had been brought up; and He went to the synagogue, as His custom was, on the Sabbath day. And He stood up to read; and there was given to Him the book of the prophet Isaiah. Jesus opened the book and found the place where it was written, “The Spirit of the Lord is upon Me, because He has anointed Me to preach good news to the poor and to heal the broken hearted. He has sent Me to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the acceptable year of the Lord.” And Jesus closed the book, and gave it back to the attendant, and sat down; and the eyes of all in the synagogue were fixed on Him. And He began to say to them, “Today this Scripture has been fulfilled in your hearing.” And all spoke well of Him, and wondered at the gracious words which proceeded out of His mouth.

September 1st is the beginning of the Liturgical Church Year. Blessed New Year to all!

Prayer for the Beginning of the New Year

O Lord Jesus Christ, Creator of all things, who by Thy authority has established the times and the seasons, who provides us with rain and the abundance of the fruits of the earth, and who hears the prayers of those who humbly seek Thee, accept also our requests about our needs and concerns and deliver us from every worry, danger, and sin. Thy mercy is as abundant as thy works. Bless all our activities, direct our steps by Thy Holy Spirit, and forgive our sins. O Lord, bless the beginning of our New Year with Thy goodness and make it a year of grace for all of us. Preserve us in peace through the prayers of Thy Most Holy Mother, the Theotokos, and of all Thy Saints. Amen.

صلاة لبداية السنة الجديدة

أَيُّهَا الرَّبُّ يَسُوعُ الْمَسِيحُ، يَا خَالِقَ جَمِيعِ الْأَشْيَاءِ، يَا مَنْ بِسُلْطَانِهِ خَلَقَ الْأَزْمَنَةَ وَالْمَوَاسِمَ وَمَدَّنَا بِالْأَمْطَارِ وَبُقُولِ الْأَرْضِ الْغَزِيرَةِ، يَا مَنْ يَسْتَمِعُ إِلَى صَلَوَاتِ طَالِبِيهِ، إِقْبَلْ طَلَبَاتِنَا لِمَا نَحْتَاجُ إِلَيْهِ وَنَهْتَمُّ بِهِ وَخَلَّصْنَا مِنَ الْهُمُومِ وَالْأَخْطَارِ وَالْخَطَايَا. رَحْمَتُكَ عَظِيمَةٌ كَأَفْعَالِكَ. بَارِكْ كُلَّ أَعْمَالِنَا، سَدِّدْ خُطَايَا بَرُوحِكَ الْقُدُّوسِ وَاغْفِرْ لَنَا خَطَايَانَا. يَا رَبُّ، بَارِكْ بِدَايَةَ هَذِهِ السَّنَةِ الْجَدِيدَةِ بِصَلَاحِكَ وَاجْعَلْهَا سَنَةً خَيْرٍ عَلَى الْجَمِيعِ. إِحْفَظْنَا بِسَلَامٍ، بِشَفَاعَةِ أُمَّكَ الْكُلِّيَّةِ الْقَدَّاسَةِ وَجَمِيعِ قَدِيسِيكَ. آمِينَ.

PARISH NEWS



A Blessed and Safe Labor Day to the community of St. Mary's! Tomorrow, Monday, September 2nd, St. Mary's Antiochian Women will be hosting our Annual Labor Day Picnic celebration. It will go from 12pm to Dusk. God bless!



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

09/01: Nader and Angela Haddad & Family

09/08: Jamileh Zedan & Family

9/15: Refqa Sweis & Family

Epistle Reading

09/01 - Ameer Tadros & Jennifer Sweis

09/08 - Khalil Haddad & Rachel Kari

“Bible Verse of the Week”

Jesus answered and said to them, “This is the work of God, that you believe in Him whom He sent.”

John 6:29



3rd & 9th Day Memorial

John Louis Vinke

May his memory be eternal!

Removal of Crowns



David & Rula Hanania

Congratulations!



Churching

Samir

Parents: Tamer & Jehan Haddad

Congratulations!

**Bulletin Blurb for
Sunday September 1, 2013
OCCHY Quiz**



True or False: According to a recent 2013 national study, one in four teens has misused or abused a prescription drug at least once in their lifetime.

True - National study: Teen Misuse and Abuse of prescription drugs are up 33% since 2008.



St. Mary Fishers of Men
Proudly Present:



A Family Retreat with our Bishop!

September 14th & 15th - Celebrating the Elevation of the Holy Cross

His Grace Bishop ANTHONY

Bishop of Toledo and the Midwest



Saturday, September 14th

- 10:00 am -Divine Liturgy for the Elevation of the Cross
 With Sunday School Procession of the Holy Cross
- 11:30 am -Fasting Pot Luck Lunch hosted by our Antiochian Women
- 12:30 pm -Bishop ANTHONY will give a Presentation to our Adults entitled:
“The Role of the Husband/Father in a Christian Home.”
 (During the adult workshop, children will play sports in the gym or watch a movie in the Nadi. Chaperones will be available.)
- 2:30 pm -Bishop ANTHONY will give a Presentation to our Sunday School
 -Adult Backgammon and Chess tournament (in the Nadi with Arabic Coffee)
- 5:00 pm -Great Vespers

Sunday, September 15th

- 8:45 am -Matins and Hierarchical Divine Liturgy with Bishop ANTHONY
 With the swearing-in of new Fishers of Men members
- 12:00 pm -Fellowship hour after the Liturgy

Following Fellowship Hour members of the Fishers of Men are hosting a luncheon for Bishop ANTHONY at Franchesca’s
(Luncheon open only to members of the Fishers of Men)

Upcoming Events

Friday, August 30, 2013 - 7:00pm	Open Gym - Men's Basketball League
Monday, September 2, 2013 - 12:00pm	Annual Labor Day Picnic / Championship Game
Tuesday, September 3, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Saturday, September 7, 2013 - 10:00am	St. Mary's Fishers Men Monthly Breakfast
Saturday, September 7, 2013 - 11:00am	Arabic School Orientation
Saturday, September 7, 2013 - 1:30am	Youth Sports League
Sunday, September 8, 2013 - 10:00am	Sunday School
Tuesday, September 10, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, September 11, 2013 - 10am	Morning Prayers & Parish Bible Study
Saturday, September 14-15, 2013	Family Retreat with Bishop Anthony
Sunday, September 15, 2013 - 10:00am	Sunday School
Tuesday, September 17, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, September 18, 2013 - 10am	Morning Prayers & Parish Bible Study
Saturday, September 21, 2013 - 11:00am	Arabic School
Saturday, September 21, 2013 - 1:30am	Youth Sports League
Saturday, September 21, 2013 - 6:30am	Teen SOYO Formal
Sunday, September 22, 2013 - 10:00am	Sunday School
Tuesday, September 24, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, September 25, 2013 - 10am	Morning Prayers & Parish Bible Study
Friday, September 27, 2013 - 7:00pm	Antiochian Women Meeting
Saturday, September 28, 2013 - 8:00am	Annual IOCC Walk
Saturday, September 28, 2013 - 11:00am	Arabic School
Saturday, September 28, 2013 - 1:30am	Youth Sports League
Sunday, September 29, 2013 - 10:00am	Sunday School



St. Mary Orthodox Church



**Our Annual
Labor Day Picnic**

Monday, September 2nd, 2013 @ 12pm

Featuring the Championship Game for
St. Mary Men's Basketball League!

- **Kids Fire Truck Tour**
- **Face Painting**
- **Balloons**
- **Bouncy House**

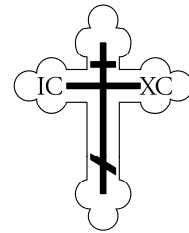
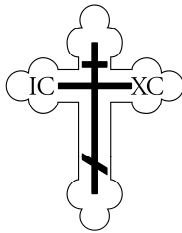


6330 W. 127th St., Palos Heights

Please park at Moraine Valley Church's parking lot

FOOD * MUSIC * GAMES * SPORTS & MORE!!!

**SAINT MARY MEN'S
BASKETBALL LEAGUE
CHAMPIONSHIP GAME**



MEN'S BASKETBALL LEAGUE



CHAMPIONSHIP GAME



MONDAY, SEPTEMBER 2nd, 2013

LABOR DAY PICNIC

FOOD, MUSIC, GAMES, ENTERTAINMENT, FAMILY, FUN

ST. MARY ORTHODOX CHURCH OF PALOS HEIGHTS

6330 W. 127th ST, PALOS HEIGHTS, IL 60463

SUNDAY SCHOOL



- ◆ Provide your children with an outstanding Orthodox Christian education.
- ◆ Let your children become more well rounded with their Faith , community, and culture.
- ◆ Set your kids on the right path to success!

SUNDAY SCHOOL STARTS SEPTEMBER 8th

Please see Hanada Sweis or any Sunday School Staff in the Fellowship Hall to register your children today!

“Jesus said, “Let the little children come to me, and do not forbid them; for of such is the kingdom of heaven” “ - Matthew 19:14

St. Mary Orthodox Church of Palos Heights

St. Mary Arabic School

Dear families and friends, we are glad to announce that Arabic school will start September 7th, 2013 and it will be held Saturdays from 11:00am to 1:00pm.

*Exception Adult Class (see details below).

- ◆ **First Semester** - September 7th - December 21st, 2013
- ◆ **Second Semester** - January 11th - May 17th, 2014

العربية



!!!Register Today!!!

Fees will include books plus religion book:

- | | |
|---------------|-------|
| ◆ 1st Student | \$275 |
| ◆ 2nd Student | \$225 |
| ◆ 3rd Student | \$175 |
| ◆ 4th Student | Free |

***Adult Class available as well!**

Taught by professor Maha Sweis-Dababneh, PhD.

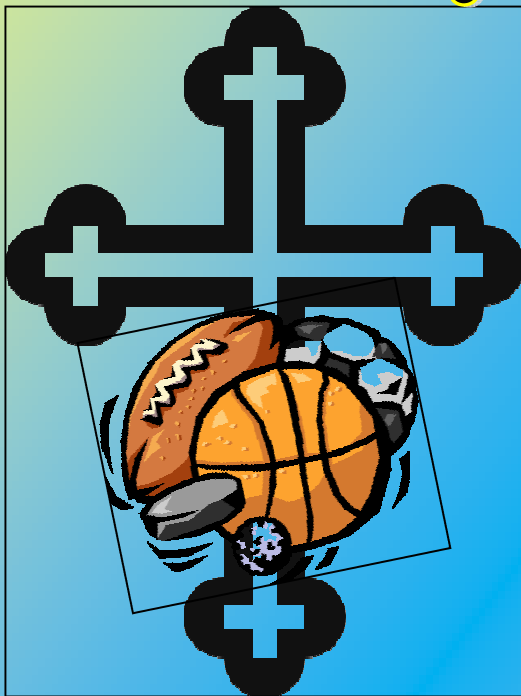
Adult classes schedule:

- ◆ Level 102 10:00am - 11:30am
- ◆ Level 101 11:30am - 1:00pm

For more information, please contact Arabic school representative after church, or contact Mariana Sweis at nabmar3@yahoo.com

ST. MARY YOUTH SPORTS LEAGUE

LEAGUE Begins SATURDAY, SEP 7th



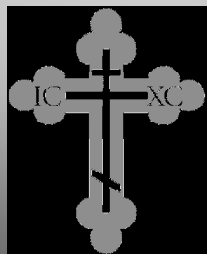
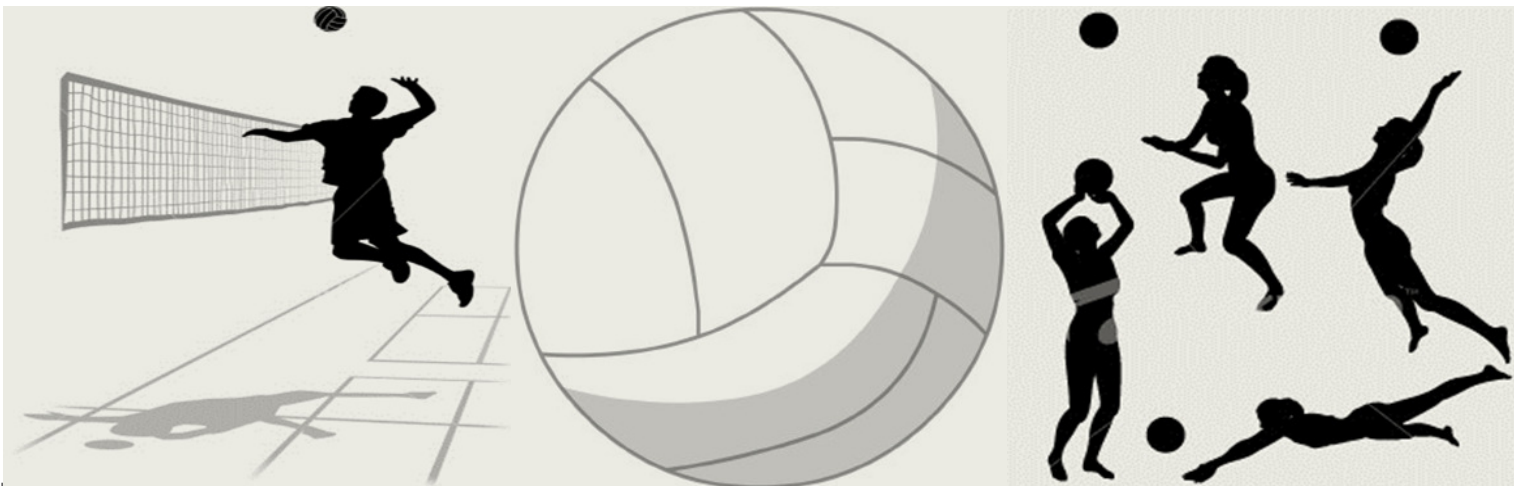
- League will be every Saturday Until May 17, 2014
 - Ages 5-7 \$60 for the year/\$40 per half
 - Ages 8-12 \$80 for the year/\$50 per half.
 - All games and open gyms will be held at St. Mary Orthodox Church of Palos Heights
- !!!Register Today!!!**

**Saturdays at St. Mary will be filled with lots of activities!
The day will begin with the Arabic School at 11:00 a.m.
Followed by Youth Sports League at 1:30 p.m.
All families are encouraged to participate!**

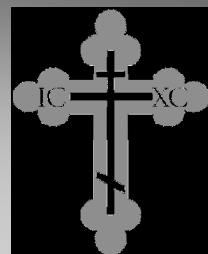
If there is anyone interested in volunteering please see Fr. Mousa or Fabiola Sweis.
Thank you for your ongoing support!

St. Mary Orthodox Church
6330 W. 127th St.
Palos Heights, IL 60463

Contact Fabiola Sweis
fabiolasweis@gmail.com
with any questions.



St. Mary's Co-Ed Volleyball League



The time has finally come! Our volleyball season is near and the excitement is building. St. Mary's Orthodox Church is proud to present our 2nd annual Co-Ed Volleyball League. What better way to enjoy yourself then with family, friends, and fun! This season will be a great one and you will not want to miss out.

General Information:

- ◆ Start date is September 22, 2013
- ◆ End date is December 15, 2013
- ◆ Must be 14 years or older
- ◆ \$100.00 per player (Cash or Check)
- ◆ **Deadline: September 8, 2013**
- ◆ Teams must be Co-ed
- ◆ Games will be Sunday afternoons (Times TBD)

* Schedule is subject to change

Location: 6330 W. 127th St, Palos Heights, IL, 60463

Kati Khouri- Volleyball Coordinator
Melad Qodsi- Athletic Director

708.257.7579
708.692.0561
athletics@stmaryoc.org

Chicago Arabic Teachers Conference

Sponsored by Qatar Foundation International

Invites you to...

A conference featuring workshops, seminars, talks, and networking opportunities for the Arabic teachers from the Chicago and neighboring areas and interested parties... We look forward to your participation...

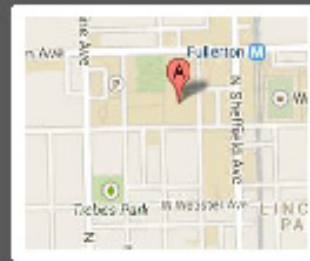
Join us...

WHEN

Saturday, Aug. 31st, 8:30am to 8:30 pm

WHERE

DePaul University, Lincoln Park Campus
2320 North Kenmore Ave



Agenda:

- 8:30-9:00: Registration
- 9:00-12:30: Plenaries & Presentations
- 12:30-1:30: Lunch – provided
- 1:30-5:00: Workshops
- 5:00-6:00: Dinner- provided
- 6:00-8:30: Cultural Events



Including a...

ALL DAY BOOK EXHIBIT

8:30 a.m. – 7:30 p.m.

Featuring Arabic and English literature, materials, teaching resources, children's books, and more!

Please register at the following link:

<https://docs.google.com/forms/d/1G1fDDrkvn68bCOwGXO-72iPzG11TAmsz-irax6wsszE/viewform>

For more information contact Dr. Nesreen Ahktarkavari at nahktark@depaul.edu
773-325-8639

1ST ANNUAL PAN-CHRISTIAN CHURCH PICNIC

When: Sunday, September 15, 2013

Location: Bemis Woods Groves 6 and 7.

**Corner of Ogden Ave and Wolf Road
in Western Springs, IL.**

Time: 1:00 PM.

**Grilled food , soft drinks, and appetizers will be served. A DJ with music will also perform
Please bring your own dessert, small tent,
lawn chair and other picnic needs.**

There will be some sporting activities.

Suggested donation: \$5.00 per person.

INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES



WALK THE WALK FOR IOCC

Join us for our annual 5K Walk/Run to support
IOCC global humanitarian aid programs!

Saturday, September 28, 2013

St. Andrew Greek Orthodox Church
5649 N. Sheridan Rd. • Chicago, IL 60660

Registration: 8:00 AM • Walk/Run Begins: 9:00 AM • Breakfast: following the race

Adult: \$20 • Children 12 and under: \$10 • Day of Race: \$25



Security Awareness Symposium

ATTENTION: Parents, Teachers and Children

Encouraging the community to gather together and understand better approaches to
PROTECT OUR CHILDREN from Cyber Space

KEYNOTE SPEAKER:

Dr. Suzanna Flores,
author of "Am I My Profile Pic"
(out on the market in 2014)
will present a Step-by-Step guide on
how to address and avoid dangerous situations
on social media sites.



Topics include:

- How Facebook influences teens and young adults
- Self-identity and self-esteem
- Effect of social media on relationships & friendships
- Changes regarding on-line privacy
- Facebook addiction
- Emotional manipulators found on Facebook
- Online bullying
- Juvenile financial ID theft

Law enforcement speaker(s)
Chief Pat O'Connor,
Moraine Valley Community College.

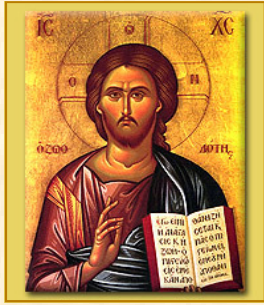
Discussion panel moderated by
Professor Faisal Akkawi,
Northwestern University School of
Continuing Studies.



Friday, Sept 6, 2013



6-9pm



Weekly Synaxarion



On September 1 in the Holy Orthodox Church we celebrate the Beginning of the Indiction—the Ecclesiastical (Church) New Year. The First Ecumenical Council in Nicaea in 325 decreed that the Church year should begin on September 1. The month of September was, for the Hebrews, the beginning of the civil year, the month of gathering the harvest and of the offering of thanks to God. It was on this feast that the Lord Jesus entered the synagogue in Nazareth, and opened the book to read from the Prophet Isaiah, as found in today's Liturgy Gospel reading. The month of September is also important in the history of Christianity, because Emperor Constantine the Great was victorious over Maxentius, the enemy of the Christian Faith, in September. Following this victory, Constantine granted freedom of confession to the Christian Faith throughout the Roman Empire. On this day we also commemorate the miracle wrought by the Most-holy Theotokos at Miasinae Monastery and the Great Conflagration (fire) which followed. The Virgin's holy icon had been cast into Lake Zaguru so that the iconoclasts would not desecrate it. It miraculously arose intact from the lake's depths after many years in 864. On this day we also commemorate Simeon the Stylite. He was born in Syria of peasant parents. At the age of eighteen, Simeon left home and was tonsured a monk. He undertook the most difficult ascetic practices, including a strict fast for forty days. Simeon eventually took upon himself a form of asceticism that was previously unknown. He stood day and night on a pillar, in unceasing prayer. At first, his pillar was six cubits (7.5 feet) high; Simeon eventually raised it to forty cubits (60 feet) high. The saint worked many great miracles, healing infirmities by word and prayer, comforting those in need, instructing others, and reproaching some who held heretical beliefs. Simeon lived to be 103 years old. He reposed in the Lord on September 1, 459. His pillar and the cathedral named in his honor still stand outside of Aleppo, Syria. On September 1, we also commemorate Simeon's mother, Martha; the 40 virgin-martyrs and Ammon the deacon in Heraclea; Venerable Evanthia of Skepsis; Righteous Joshua, son of Nun (Jesus of Navi); Meletios the New of Mount Myoupolis; Venerable Nicholas of Crete; New-martyr Angelis of Constantinople; the martyr Aethalas of Persia; and the martyrs Callista, Evodus and Hermogenes the siblings. By their intercessions, O Christ God, have mercy upon us. Amen.