



SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

“The disciples were first called Christians in Antioch.” (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.virginmaryoc.org (virginmary@virginmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor

Very Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

Parish Council

Fr. Mousa - Presiding Officer

Fadi Abu Manneh - Chairman

Feras Sweis - Vice Chairman

Abdullah Tadros - Treasurer

Constantin Kari - Financial Sec.

Abeer Khouri - Secretary

Nidal Al-Farah

George Barakat

Bassam Salman

Feras Salman

Faris Samawi

Samer Tadros

Parish Ministries

Sunday School - Hanada Sweis

SOYO - Marram Salman

Fellowship - Khalil Haddad

Antiochian Women - Susan Sweis

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

Office Administrator

Katia Haddad

katiahaddad@virginmaryoc.org

Church Hall Rental

Call the church office or email our
Office Administrator

August 25, 2013

Ninth Sunday after Pentecost

Our Future Altar



Sunday Matins – 8:45 a.m.

Sunday Divine Liturgy – 10:00 a.m.

(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

Hymns of the Day

Entrance Hymn (Tone Two)

O Come, let us worship and fall down before Christ.
Save us, O Son of God, who art risen from the dead, who
sing to Thee: Alleluia!

Troparion of the Resurrection (Tone Eight)

From the heights, thou didst descend, O compassionate one,
and thou didst submit to the three-day burial, that thou might
deliver us from passion, thou art our life and our resurrec-
tion, O Lord, glory to thee.

Troparion of the Apostles (Tone Three)

O Holy Apostles Bartholomew and Titus, intercede with our
merciful God to grant our souls forgiveness of sins.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and pre-
serve virginity; and in thy falling asleep thou hast not forsak-
en the world; for thou wast translated into life, being the
Mother of Life. Wherefore by thine intercessions, deliver our
souls from death.

Kontakion of the Nativity of the Theotokos (Tone Four)

By thy holy birth-giving, O pure one, Joachim and Anna
were delivered from the reproach of barrenness; and Adam
and Eve were delivered from the corruption of death; thy
people do celebrate it, having been saved from the stain of
iniquity, crying unto thee, the barren doth give birth to the
Theotokos, who nourishes our life.

Epistle for the Ninth Sunday after Pentecost

Make your vows to the Lord our God and perform them!

God is known in Judah; his name is great in Israel!

The Reading is from Saint Paul's First Letter to Corinthians (3:9-17).

Brethren, we are God's fellow workers; you are God's field, God's building.

According to the grace given to me, like a skilled master builder I laid a foundation, and another man is building upon it. Let each man take care how he builds upon it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if any one builds on the foundation with gold, silver, precious stones, wood, hay, straw—each man's work will become manifest; for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each one has done. If the work which any man has built on the foundation survives, he will receive a reward. If any man's work is burned up, he will suffer loss, though he himself will be saved, but only as through fire. Do you not know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy him. For God's temple is holy, and that temple you are.

Gospel for the Ninth Sunday after Pentecost

The Reading is from the Holy Gospel according to St. Matthew (14:22-34).

At that time, Jesus made his disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up on the mountain by himself to pray. When evening came, he was there alone, but the boat was in the middle of the sea, beaten by the waves; for the wind was against it. And in the fourth watch of the night Jesus came to them, walking on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately, Jesus spoke to them, saying, "Take heart, it is I; have no fear." And Peter answered him, saying, "Lord, if it is you, bid me come to you on the water." Jesus said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the mighty wind, he was afraid, and beginning to sink he cried out, "Lord, save me." Jesus immediately reached out his hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they got into the boat, the wind became calm. And those in the boat came and worshipped Jesus, saying, "Truly you are the Son of God." And when they had crossed over, they came to land at Gennesaret.



St. Mary Fishers of Men
Proudly Present:



A Family Retreat with our Bishop!

September 14th & 15th - Celebrating the Elevation of the Holy Cross

His Grace Bishop ANTHONY

Bishop of Toledo and the Midwest



Saturday, September 14th

- 10:00 am -Divine Liturgy for the Elevation of the Cross
With Sunday School Procession of the Holy Cross
- 11:30 am -Fasting Pot Luck Lunch hosted by our Antiochian Women
- 12:30 pm -Bishop ANTHONY will give a Presentation to our Adults entitled:
“The Role of the Husband/Father in a Christian Home.”
(During the adult workshop, children will play sports in the gym or watch a movie in the Nadi. Chaperones will be available.)
- 2:30 pm -Bishop ANTHONY will give a Presentation to our Sunday School
-Adult Backgammon and Chess tournament (in the Nadi with Arabic Coffee)
- 5:00 pm -Great Vespers

Sunday, September 15th

- 8:45 am -Matins and Hierarchical Divine Liturgy with Bishop ANTHONY
With the swearing-in of new Fishers of Men members
- 12:00 pm -Fellowship hour after the Liturgy

Following Fellowship Hour members of the Fishers of Men are hosting a luncheon for Bishop ANTHONY at Franchesca's
(Luncheon open only to members of the Fishers of Men)

PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

08/25: Bishara Sweis & Family

09/01: Nader and Angela Haddad & Family

09/08: Jamileh Zedan & Family

Epistle Reading

08/25 - Mansoura Kouri & Rana Nino

09/01 - Nour Swaiss & Matthew Sweis

“Bible Verse of the Week”

“He that spared not His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?” Romans 8:32

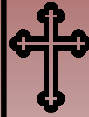


Bulletin Blurb for Sunday August 25, 2013
OCCHY Quiz

Due to longer, more sustained periods of inhalation and exposure, a HOOKAH smoker may inhale as much smoke as consuming:

- A. 5 or more cigarettes during a single session
- B. 10 or more cigarettes during a single session
- C. 100 or more cigarettes during a single session

C. 100



3rd & 9th Day Memorial
Salameh Ayed Sweis
May his memory be eternal!



Baptisms:

Christian

Parents: Zhi & Kathy Yee

Muna

Parents: Fadi & Mary Ibrahimian

Firas

Parents: Fadi & Maria Fleifel

Congratulations!



Churching

Jonathan

Parents: Abdullah & Dena Tadros

Congratulations!



Graduation

Amanda Haddad

B.S. in Health Science

Saginaw Valley State University

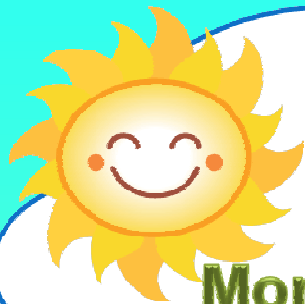
Congratulations !

Upcoming Events

Friday, August 23, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, August 25, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, August 27, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Friday, August 30, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, September 1, 2013 - 2:00pm	Men's Basketball League Games
Monday, September 2, 2013 - 12:00pm	St. Mary Annual Labor Day Picnic
Tuesday, September 3, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Saturday, September 7, 2013 - 10:00am	St. Mary's Fishers Men Monthly Breakfast
Saturday, September 7, 2013 - 11:00am	Arabic School Orientation
Saturday, September 7, 2013 - 1:30am	Youth Sports League
Sunday, September 8, 2013 - 10:00am	Sunday School
Tuesday, September 10, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, September 11, 2013 - 10am	Morning Prayers & Parish Bible Study
Saturday, September 14-15, 2013	Family Retreat with Bishop Anthony
Tuesday, September 17, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, September 18, 2013 - 10am	Morning Prayers & Parish Bible Study
Saturday, September 21, 2013 - 11:00am	Arabic School
Saturday, September 21, 2013 - 1:30am	Youth Sports League
Saturday, September 21, 2013 - 6:30am	Teen SOYO Formal
Tuesday, September 24, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, September 25, 2013 - 10am	Morning Prayers & Parish Bible Study



St. Mary Orthodox Church



Our Annual Labor Day Picnic

Monday, September 2nd, 2013 @ 12pm

**Featuring the Championship Game for
St. Mary Men's Basketball League!**

- **Kids Fire Truck Tour**
- **Face Painting**
- **Balloons**
- **Bouncy House**



6330 W. 127th St., Palos Heights

Please park at Moraine Valley Church's parking lot

FOOD * MUSIC * GAMES * SPORTS & MORE!!!

SUNDAY SCHOOL



- ◆ Provide your children with an outstanding Orthodox Christian education.
- ◆ Let your children become more well rounded with their Faith , community, and culture.
- ◆ Set your kids on the right path to success!

SUNDAY SCHOOL STARTS SEPTEMBER 8th

Please see Hanada Sweis or any Sunday School Staff in the Fellowship Hall to register your children today!

“Jesus said, “Let the little children come to me, and do not forbid them; for of such is the kingdom of heaven” “ - Matthew 19:14

St. Mary Orthodox Church of Palos Heights

St. Mary Arabic School

Dear families and friends, we are glad to announce that Arabic school will start September 7th, 2013 and it will be held Saturdays from 11:00am to 1:00pm.

*Exception Adult Class (see details below).

- ◆ **First Semester** - September 7th - December 21st, 2013
- ◆ **Second Semester** - January 11th - May 17th, 2014

العربية



!!!Register Today!!!

Fees will include books plus religion book:

- | | |
|---------------|-------|
| ◆ 1st Student | \$275 |
| ◆ 2nd Student | \$225 |
| ◆ 3rd Student | \$175 |
| ◆ 4th Student | Free |

***Adult Class available as well!**

Taught by professor Maha Sweis-Dababneh, PhD.

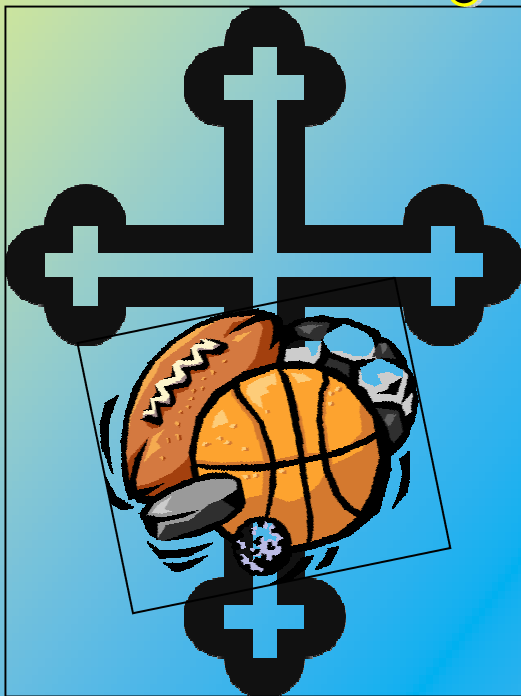
Adult classes schedule:

- ◆ Level 102 10:00am - 11:30am
- ◆ Level 101 11:30am - 1:00pm

For more information, please contact Arabic school representative after church, or contact Mariana Sweis at nabmar3@yahoo.com

ST. MARY YOUTH SPORTS LEAGUE

LEAGUE Begins SATURDAY, SEP 7th



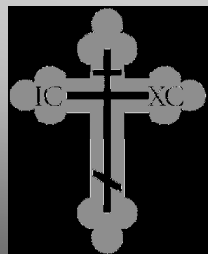
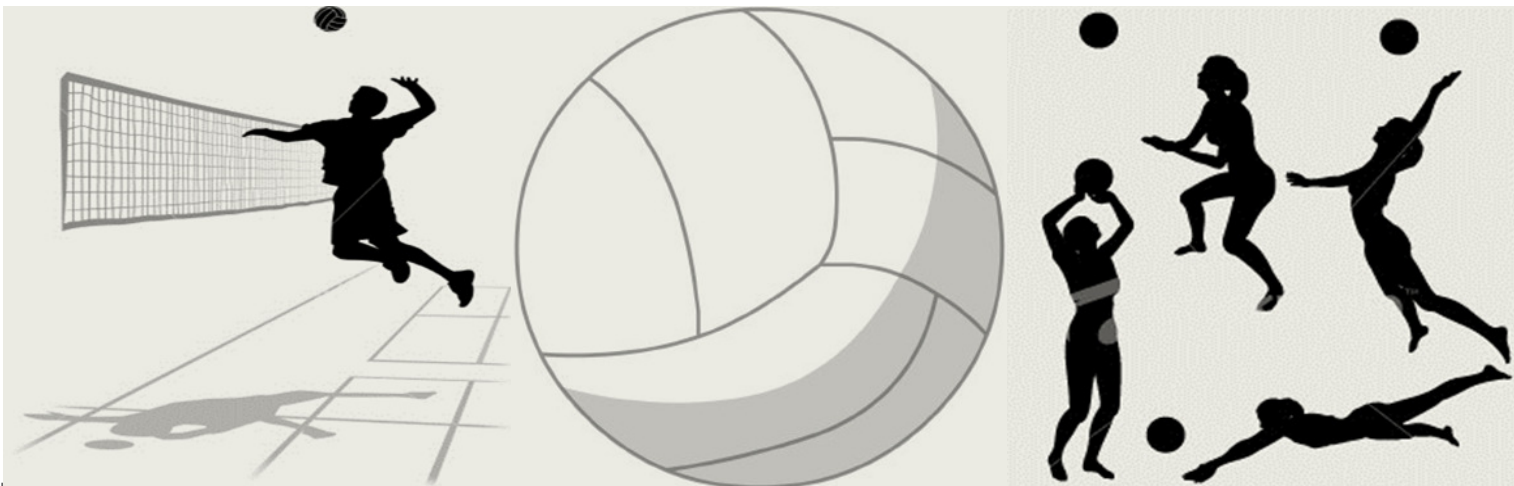
- League will be every Saturday Until May 17, 2014
 - Ages 5-7 \$60 for the year/\$40 per half
 - Ages 8-12 \$80 for the year/\$50 per half.
 - All games and open gyms will be held at St. Mary Orthodox Church of Palos Heights
- !!!Register Today!!!**

**Saturdays at St. Mary will be filled with lots of activities!
The day will begin with the Arabic School at 11:00 a.m.
Followed by Youth Sports League at 1:30 p.m.
All families are encouraged to participate!**

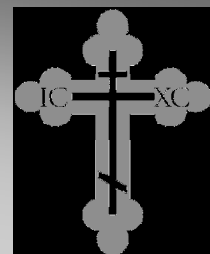
If there is anyone interested in volunteering please see Fr. Mousa or Fabiola Sweis.
Thank you for your ongoing support!

St. Mary Orthodox Church
6330 W. 127th St.
Palos Heights, IL 60463

Contact Fabiola Sweis
fabiolasweis@gmail.com
with any questions.



St. Mary's Co-Ed Volleyball League



The time has finally come! Our volleyball season is near and the excitement is building. St. Mary's Orthodox Church is proud to present our 2nd annual Co-Ed Volleyball League. What better way to enjoy yourself then with family, friends, and fun! This season will be a great one and you will not want to miss out.

General Information:

- ◆ Start date is September 22, 2013
- ◆ End date is December 15, 2013
- ◆ Must be 14 years or older
- ◆ \$100.00 per player (Cash or Check)
- ◆ **Deadline: September 8, 2013**
- ◆ Teams must be Co-ed
- ◆ Games will be Sunday afternoons (Times TBD)

* Schedule is subject to change

Location: 6330 W. 127th St, Palos Heights, IL, 60463

Kati Khouri- Volleyball Coordinator
Melad Qodsi- Athletic Director

708.257.7579
708.692.0561
athletics@stmaryoc.org

Chicago Arabic Teachers Conference

Sponsored by Qatar Foundation International

Invites you to...

A conference featuring workshops, seminars, talks, and networking opportunities for the Arabic teachers from the Chicago and neighboring areas and interested parties... We look forward to your participation...

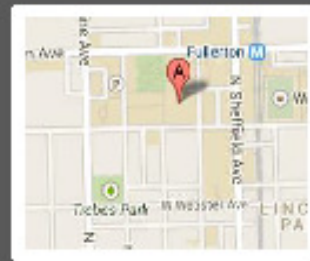
Join us...

WHEN

Saturday, Aug. 31st, 8:30am to 8:30 pm

WHERE

DePaul University, Lincoln Park Campus
2320 North Kenmore Ave



Agenda:

- 8:30-9:00: Registration
- 9:00-12:30: Plenaries & Presentations
- 12:30-1:30: Lunch – provided
- 1:30-5:00: Workshops
- 5:00-6:00: Dinner- provided
- 6:00-8:30: Cultural Events



Including a...

ALL DAY BOOK EXHIBIT

8:30 a.m. – 7:30 p.m.

Featuring Arabic and English literature, materials, teaching resources, children's books, and more!

Please register at the following link:

<https://docs.google.com/forms/d/1GIfDDrkvn68bCOwGXO-72iPzG11TAmsz-irax6wsszE/viewform>

For more information contact Dr. Nesreen Ahktarkavari at nahktark@depaul.edu
773-325-8639

1ST ANNUAL PAN-CHRISTIAN CHURCH PICNIC

When: Sunday, September 15, 2013

Location: Bemis Woods Groves 6 and 7.

**Corner of Ogden Ave and Wolf Road
in Western Springs, IL.**

Time: 1:00 PM.

Grilled food , soft drinks, and appetizers will be served. A DJ with music will also perform. Please bring your own dessert, small tent, lawn chair and other picnic needs.

There will be some sporting activities.

Suggested donation: \$5.00 per person.

INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES



WALK THE WALK FOR IOCC

Join us for our annual 5K Walk/Run to support
IOCC global humanitarian aid programs!

Saturday, September 28, 2013

St. Andrew Greek Orthodox Church
5649 N. Sheridan Rd. • Chicago, IL 60660

Registration: 8:00 AM • Walk/Run Begins: 9:00 AM • Breakfast: following the race

Adult: \$20 • Children 12 and under: \$10 • Day of Race: \$25



Security Awareness Symposium

ATTENTION: Parents, Teachers and Children

Encouraging the community to gather together and understand better approaches to
PROTECT OUR CHILDREN from Cyber Space

KEYNOTE SPEAKER:

Dr. Suzanna Flores,
author of "Am I My Profile Pic"
(out on the market in 2014)
will present a Step-by-Step guide on
how to address and avoid dangerous situations
on social media sites.



Topics include:

- How Facebook influences teens and young adults
- Self-identity and self-esteem
- Effect of social media on relationships & friendships
- Changes regarding on-line privacy
- Facebook addiction
- Emotional manipulators found on Facebook
- Online bullying
- Juvenile financial ID theft

Law enforcement speaker(s)
Chief Pat O'Connor,
Moraine Valley Community College.

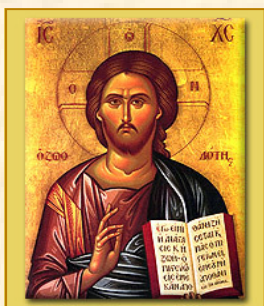
Discussion panel moderated by
Professor Faisal Akkawi,
Northwestern University School of
Continuing Studies.



Friday, Sept 6, 2013



6-9pm



Weekly Synaxarion



On August 25 in the Holy Orthodox Church we commemorate the return of the holy relics of the holy glorious Apostle Bartholomew. When Bartholomew was crucified in Albanopolis (Derbend) in Armenia, Christians removed his body and honorably buried it in a lead sarcophagus. When numerous miracles and healings occurred over the grave of the apostle—because of which the number of Christians increased—the pagans then took the sarcophagus containing the relics of Bartholomew and tossed it into the sea. They did the same to the sarcophagi of four other martyrs. However, by God’s providence, none of them sank and the current carried them to separate but safe shores. Agathon, bishop of the island of Lipara, mystically learned of Bartholomew’s approaching relics and, with the clergy and people, came to the shore to receive them with great joy. On that occasion, many healings of the sick occurred from the relics of the holy Bartholomew. On this day, we commemorate the holy Apostle Titus of the Seventy, bishop of Gortynia in Crete. Titus was born in Crete and educated in Greek philosophy and poetry. Following a dream, he began reading the Prophet Isaiah and doubted all the wisdom of the Hellenes. Hearing about Christ the Lord, Titus traveled to Jerusalem with other Cretans and personally heard the words of the Savior and witnessed His mighty works. His young heart completely adhered to Christ. Later, he was baptized by the Apostle Paul whom he served as a son to a father in evangelization. Titus was present at the suffering and death of Paul in Rome and honorably buried his body. After that, Titus returned to Crete where, with great success, he baptized the pagans and prudently governed the Church of God until his repose at age 94. On this day, we also commemorate our Holy Fathers Menas, Epiphanius, Gennadius and John, archbishops of Constantinople. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.