



SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

"The disciples were first called Christians in Antioch." (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.virginmaryoc.org (virginmary@virginmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor

Very Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

Parish Council

Fr. Mousa - Presiding Officer

Fadi Abu Manneh - Chairman

Feras Sweis - Vice Chairman

Abdullah Tadros - Treasurer

Constantin Kari - Financial Sec.

Abeer Khouri - Secretary

Nidal Al-Farah

George Barakat

Bassam Salman

Feras Salman

Faris Samawi

Samer Tadros

Parish Ministries

Sunday School - Hanada Sweis

SOYO - Marram Salman

Fellowship - Khalil Haddad

Antiochian Women - Susan Sweis

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

Office Administrator

Katia Haddad

katiahaddad@virginmaryoc.org

Church Hall Rental

Call the church office or email our
Office Administrator

August 4, 2013

Sixth Sunday after Pentecost

Our Future Altar



Sunday Matins – 8:45 a.m.

Sunday Divine Liturgy – 10:00 a.m.

(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

Hymns of the Day

Entrance Hymn (Tone Two)

O Come, let us worship and fall down before Christ. Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

Troparion of the Resurrection (Tone Five)

Let us believers praise and worship the Word coeternal with the Father and the Spirit, born of the Virgin for our salvation. For He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

Kontakion of Transfiguration (Tone Seven)

Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld thy glory, O Christ our God: so that, when they should see Thee crucified, they would remember that all thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

Epistle of the Sixth Sunday after Pentecost

*Thou, O Lord, wilt preserve us and keep us from this generation!
Save me, O Lord, for the godly man hath disappeared!*

The Reading is from the Epistle of St. Paul to the Romans (12:6-14).

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, let us prophecy in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, and serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

Gospel of the Sixth Sunday after Pentecost

The Reading is from the Holy Gospel according to St. Matthew (9:1-8).

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith, He said to the paralytic, "Take heart, My son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, Who had given such authority to men.



St. Mary Fishers of Men
Proudly Present:



A Family Retreat with our Bishop!

September 14th & 15th - Celebrating the Elevation of the Holy Cross

His Grace Bishop ANTHONY

Bishop of Toledo and the Midwest



Saturday, September 14th

- 10:00 am -Divine Liturgy for the Elevation of the Cross
With Sunday School Procession of the Holy Cross
- 11:30 am -Fasting Pot Luck Lunch hosted by our Antiochian Women
- 12:30 pm -Bishop ANTHONY will give a Presentation to our Adults entitled:
“The Role of the Husband/Father in a Christian Home.”
(During the adult workshop, children will play sports in the gym or watch a movie in the Nadi. Chaperones will be available.)
- 2:30 pm -Bishop ANTHONY will give a Presentation to our Sunday School
-Adult Backgammon Tournament in the Nadi with Arabic Coffee
- 5:00 pm -Great Vespers

Sunday, September 15th

- 8:45 am -Matins and Hierarchical Divine Liturgy with Bishop ANTHONY
With the swearing-in of new Fishers of Men members
- 12:00 pm -Fellowship hour after the Liturgy

Following Fellowship Hour members of the Fishers of Men are hosting a luncheon for Bishop ANTHONY at Franchesca's
(Luncheon open only to members of the Fishers of Men)

PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

08/04: Rashid and Suzan Sweis & Family

08/11: Emile and Eideh Haddad & Family

08/18: Ziad and May Sweis & Family

Epistle Reading

08/04 - Ameer Tadros & Fabiola Sweis
08/11 Nour Swais- & Futien Johnson



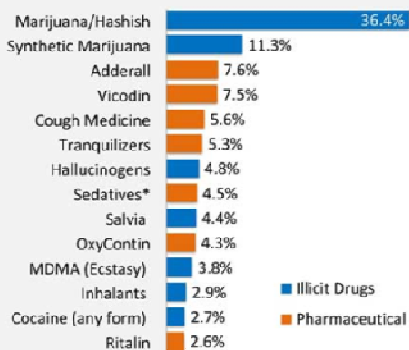
OCCHY Bulletin Blurb
Sunday 08/04/13
OCCHY Quiz

True or False?

Most Teenagers who abuse prescription drugs are given to them by a friend or relative.

Answer: True

Past-Year Use of Illicit Drugs and Pharmaceuticals among 12th Graders



SOURCE: University of Michigan, 2012 Monitoring the Future Study



40 Day Memorial

Fouzieh Abualwai

May her Memory be eternal!

“Bible Verse of the Week”

You are the light of the world. A city that is set on a hill cannot be hid. Let your light so shine before men, that they may see your good works, and glorify your Father who is in Heaven. Matthew 5:14,16



ANTIOCHIAN WOMEN MEETING

FRIDAY, 8/9/13 @ 7:00PM

FELLOWSHIP HALL

Orthodox Christians For Life (OCLife) Meeting

Saturday, August 17, at 11:00

A.M., at St. Mary's.

Refreshments will be served.

DePaul Cultural Day

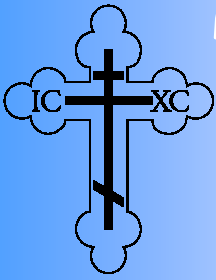
DePaul University is hosting a free Cultural Day. This is an invitation for all adults interested in the Arabic language and literature.

Saturday, August 31, 2013

Please See Mariana Sweis to register!

Upcoming Events

Friday, August 2, 2013 - 7:00pm	Open Gym - Men's Basketball League
Saturday, August 3, 2013 - 11:30am	Feed My Starving Children Humanitarian Event
Sunday, August 4, 2013 - 11:30am	Falafel Sandwich Sale - Antiochian Women
Sunday, August 4, 2013 - 2:00pm	Men's Basketball League Games
Monday, August 5, 2013 - 7:00pm	Liturgy: "Feast of the Transfiguration of our Lord"
Tuesday, August 6, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Friday, August 9, 2013 - 7:00pm	Open Gym - Men's Basketball League
Friday, August 9, 2013 - 7:00pm	Antiochian Women Meeting
Sunday, August 11, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, August 13, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, August 14, 2013 - 7pm	St. Mary Feast Day Liturgy and Potluck Celebration
Friday, August 16, 2013 - 7:00pm	Open Gym - Men's Basketball League
Saturday, August 17, 2013 - 11:00am	OC Life Meeting at St. Mary's
Sunday, August 18, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, August 20, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Friday, August 23, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, August 25, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, August 27, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Friday, August 30, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, September 1, 2013 - 2:00pm	Men's Basketball League Games
Monday, September 2, 2013 - 12:00pm	St. Mary Annual Labor Day Picnic
Tuesday, September 3, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Saturday, September 7, 2013 - 10:00am	St. Mary's Fishers Men Monthly Breakfast



"Liturgy after the Liturgy"

Taking our faith outside the church walls

Don't Forget to register at: <https://secure.jotformpro.com/form/31915882373966>



Date:

Saturday - August 03, 2013

Time:

11:30am - 1:30pm

Location:

Feed My Starving Children,
555 Exchange Court, Aurora, IL

Purpose: Pack meals for starving children

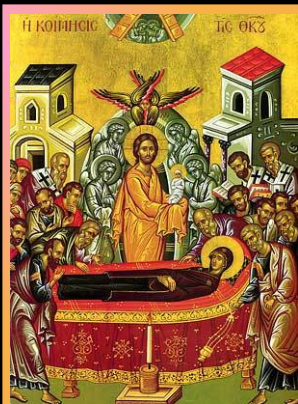
Feed My Starving Children is a Christian nonprofit hunger relief organization. We have 87 spots reserved for this event.

Children (Kindergarten and older), teens, and adults are all welcome to attend. Volunteer hours will be granted upon request.

You need to register in order to attend. All volunteers are encouraged to donate at least \$5 (which will feed a child for an entire month!)

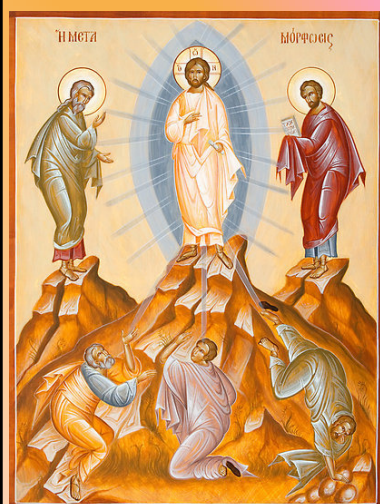
To register, please contact Kh. Delia Haddad.

On behalf of God's children, thank you in advance for your commitment.



Beginning today we enter the Dormition Fast, a two week fast in honor of our Patron Saint, the Virgin Mary. The fast will end when we celebrate the Divine Liturgy in honor of her feast day on Thursday, August 15th.

Please mark your calendars. God bless!



Liturgy for the Feast of the Transfiguration of our Lord With the Blessing of Grapes Monday

August 5, 2013 @ 7:00 pm



ST. MARY FEAST DAY LITURGY AND POTLUCK CELEBRATION

WEDNESDAY, AUGUST 14, 2013 AT 7:00PM

Antiochian Women

!!!IMMEDIATELY AFTER LITURGY!!!
JOIN US & HELP SUPPORT YOUR ANTIOCHIAN WOMEN
BY ENJOYING A FALAFEL SANDWICH

FALAFEL SALE



!!!SUNDAY!!!
AUGUST 4st, 2013

SUNDAY SCHOOL REGISTRATION



- ◆ Provide your children with an outstanding Orthodox Christian education.
- ◆ Let your children become more well rounded with their Faith , community, and culture.
- ◆ Set your kids on the right path to success!

SUNDAY SCHOOL STARTS SEPTEMBER 8th

Please see Hanada Sweis or any Sunday School Staff in the Fellowship Hall to register your children today!

“Jesus said, “Let the little children come to me, and do not forbid them; for of such is the kingdom of heaven” “ - Matthew 19:14

St. Mary Orthodox Church of Palos Heights

St. Mary Arabic School

Dear families and friends, we are glad to announce that Arabic school will start September 7th, 2013 and it will be held on Saturdays from 11:00am to 1:00pm.

العربية



!!!Registration Starts this Sunday!!!

Adults Class available as well! Taught by Professor Maha Sweis Dababneh, PhD.

Please See Mariana Sweis to register or if you have any questions.

PAN-ANTIOCHIAN CHURCH PICNIC

When: Sunday, September 15, 2013

Location: Bemis Woods Groves 6 and 7.

**Corner of Ogden Ave and Wolf Road
in Western Springs, IL.**

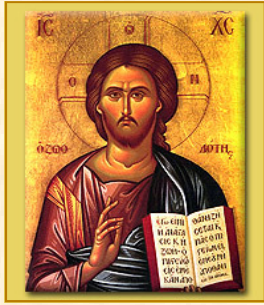
Time: 1:00 PM.

**Grilled food and appetizers will be
served at the picnic.**

Please bring a dessert to share with others.

There will be some sporting activities.

Suggested donation: \$5.00 per person.



Weekly Synaxarion



On August 4 in the Holy Orthodox Church we commemorate the Holy Seven Sleeping Youths of Ephesus: Maximilian, Exacustodian, Jamblichus, Martinian, Dionysius, John and Constantine, who rose from the sleep of death. The Roman Emperor Decius came to Ephesus in 250 and arranged a boisterous celebration in honor of the lifeless idols, as well as a terrible slaughter of Christians. Seven young men, soldiers and sons of influential elders, refrained from the impure offering of sacrifices and they earnestly prayed to the one true God to save the Christian people. When they were accused before the emperor, they retreated to a hill outside Ephesus called Celion and hid in a cave, which Decius commanded to be sealed. However, God, according to His far-reaching Providence, caused a miraculous and long-lasting sleep to fall upon the young men. The imperial courtiers, Theodore and Rufinus, secret Christians, built in that wall a copper sarcophagus with lead plaques on which were written the names of these young men and their martyric deaths. After 184 years, during the reign of Emperor Theodosius the Younger, there was a great dispute about the resurrection. Emperor Theodosius prayed to God that He, in some way, would reveal the truth to mankind. At that time of turmoil some shepherders of Adolius, who owned the hill Celion, removed stone after stone from that cave. The youths then awakened from their sleep young and healthy. The news of this miracle was spread abroad on all sides so that even Theodosius himself came with a great entourage and with delight conversed with the youths. After a week, they again fell into the sleep of death to await the universal resurrection. On this day, we also commemorate the Martyr Eudokia of Persia. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.