



SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

"The disciples were first called Christians in Antioch." (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.virginmaryoc.org (virginmary@virginmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor

Very Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

Parish Council

Fr. Mousa - Presiding Officer

Fadi Abu Manneh - Chairman

Feras Sweis - Vice Chairman

Abdullah Tadros - Treasurer

Constantin Kari - Financial Sec.

Abeer Khouri - Secretary

Nidal Al-Farah

George Barakat

Bassam Salman

Feras Salman

Faris Samawi

Samer Tadros

Parish Ministries

Sunday School - Hanada Sweis

SOYO - Marram Salman

Fellowship - Khalil Haddad

Antiochian Women - Susan Sweis

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

Office Administrator

Katia Haddad

katiahaddad@virginmaryoc.org

Church Hall Rental

Call the church office or email our
Office Administrator

July 28, 2013

Fifth Sunday after Pentecost

Our Future Altar



Sunday Matins – 8:45 a.m.

Sunday Divine Liturgy – 10:00 a.m.

(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

Hymns of the Day

Entrance Hymn (Tone Two)

O Come, let us worship and fall down before Christ.
Save us, O Son of God, who art risen from the dead,
who sing to Thee: Alleluia!

Troparion of the Resurrection (Tone Four)

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation and proudly broke the news to the disciples, saying death hath been spoiled, Christ God is risen, granting the world great mercy.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

Kontakion of Transfiguration (Tone Seven)

Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld thy glory, O Christ our God: so that, when they should see Thee crucified, they would remember that all thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

Epistle for the Fifth Sunday after Pentecost

*How great are Thy works, O Lord! In wisdom hast Thou made them all!
Bless the Lord, O my soul!*

The Reading is from Saint Paul's Letter to the Romans (10:1-10).

Brethren, my heart's desire and prayer to God for Israel is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that everyone who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

Gospel for the Fifth Sunday after Pentecost

The Reading is from the Holy Gospel according to St. Matthew (8:28-9:1).

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into sea, and perished in the waters. The herdsman fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city.

PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

07/28: Bishara Sweis & Family

08/04: Rashid and Suzan Sweis & Family

08/11: Emile and Eideh Haddad & Family

Epistle Reading

Today - Faris Samawi & Scott Abdo
08/04 - Nour Swaiss & Fabiola Sweis

"Bible Verse of the Week"

A good man showeth favor and lendeth; he will guide his affairs with discretion. Psalm 112:5

Liturgy for the Feast of the Transfiguration of our Lord "with the Blessing of Grapes"

Monday

August 5, 2013 @ 7pm



Baptism

Sophia

Parents: Fadi & Natalie Abu Manneh
Congratulations!

Churching

Hanna

Parents: Khalil & Eleni Sweis
Congratulations!



New Born

Samir

Parents: Tamer & Jehan Haddad
Congratulations!



August 9-10, 2013

St. Mary's Church



OCCHY Bulletin Blurb

Sunday July 28, 2013

OCCHY Quiz

Which orthodox saint is considered the patron saint of those suffering from tobacco addiction?

- a. St. John of Kronstadt
- b. St. Joseph, the confessor
- c. St. Proterius of Alexandria
- d. St. Raphael of Brooklyn

Answer: a

The saint who conquered the passion of smoking

Upcoming Events

Friday, July 26, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, July 28, 2013 - 11:30pm	Shawerma Sale
Tuesday, July 30, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Friday, August 2, 2013 - 7:00pm	Open Gym - Men's Basketball League
Saturday, August 3, 2013 - 11:30am	Feed My Starving Children Humanitarian Event
Sunday, August 4, 2013 - 11:30am	Falafel Sandwich Sale - Antiochian Women
Sunday, August 4, 2013 - 2:00pm	Men's Basketball League Games
Monday, August 5, 2013 - 7:00pm	Liturgy: "Feast of the Transfiguration of our Lord"
Tuesday, August 6, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Friday, August 9, 2013 - 7:00pm	Open Gym - Men's Basketball League
Friday, August 9, 2013 - 7:00pm	Antiochian Women Meeting
Friday, August 9-10, 2013	SOYO Girls Retreat
Saturday, August 10, 2013 - 10:00am	St. Mary's Fishers Men Monthly Breakfast
Sunday, August 11, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, August 13, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, August 14, 2013 - 7pm	St. Mary Feast Day Liturgy and Potluck Celebration
Friday, August 16, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, August 18, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, August 20, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Friday, August 23, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, August 25, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, August 27, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Friday, August 30, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, September 1, 2013 - 2:00pm	Men's Basketball League Games
Monday, September 2, 2013 - 12:00pm	St. Mary Annual Labor Day Picnic

**Fellowship of
St. John the Divine**

07/28/13

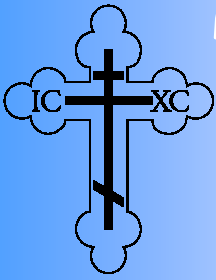
After Liturgy

JOIN US IN THE
CHURCH HALL FOR
A HOMEMADE
SHAWARMA LUNCH
SPONSORED BY
ST. MARY'S
FELLOWSHIP

**SHAWARAMA
SALE**



*St. Mary Orthodox Church
6330 W. 127th St.
Palos Heights, IL 60463*



"Liturgy after the Liturgy"

Taking our faith outside the church walls

Don't Forget to register at: <https://secure.jotformpro.com/form/31915882373966>



Date:

Saturday - August 03, 2013

Time:

11:30am - 1:30pm

Location:

Feed My Starving Children,
555 Exchange Court, Aurora, IL

Purpose: Pack meals for starving children

Feed My Starving Children is a Christian nonprofit hunger relief organization. We have 87 spots reserved for this event.

Children (Kindergarten and older), teens, and adults are all welcome to attend. Volunteer hours will be granted upon request.

You need to register in order to attend. All volunteers are encouraged to donate at least \$5 (which will feed a child for an entire month!)

To register, please contact Kh. Delia Haddad.

On behalf of God's children, thank you in advance for your commitment.

PAN-ANTIOCHIAN CHURCH PICNIC

When: Sunday, September 15, 2013

Location: Bemis Woods Groves 6 and 7.

**Corner of Ogden Ave and Wolf Road
in Western Springs, IL.**

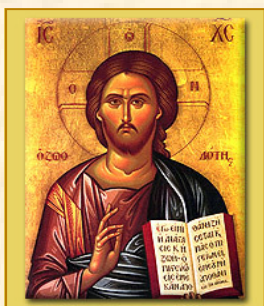
Time: 1:00 PM.

**Grilled food and appetizers will be
served at the picnic.**

Please bring a dessert to share with others.

There will be some sporting activities.

Suggested donation: \$5.00 per person.



Weekly Synaxarion



On July 28 in the Holy Orthodox Church we commemorate the holy, glorious and all-laudable Prochorus, Nicanor, Timon and Parmenas, Deacons and Apostles of the Seventy. These first-century deacons are named in the Acts of the Apostles (6:1-6). The Apostle Peter ordained Prochorus as bishop of Nicomedia. For a time Prochorus was in the service of John the Evangelist and, on the Island of Patmos, copied the Book of Revelation which he heard from the mouth of St. John. After that he returned to Nicomedia where he exerted much effort and labor to convert the people to the Faith. He died a martyr's death in Antioch at the hands of unbelievers. Nicanor was stoned to death in Jerusalem on the same day as the Proto-martyr Stephen the Arch-deacon (Acts 7:58-60). Soon after them, two thousand other Christians were slain by the wicked Jews. Saint Timon was a bishop in Bostra in Arabia and suffered on the cross for Christ. Saint Paramenas zealously preached Christ in Macedonia. He died in piece in Jerusalem before the eyes of the apostles and was mourned and buried by them. On this day, we also commemorate Venerable Paul, founder of Xeropotamou and Saint Paul monasteries on Athos; Venerable Irene Chrysovalantou; and Pitirim, bishop of Tambov. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.