



# SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

*"The disciples were first called Christians in Antioch." (Acts 11:26)*

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

[www.virginmaryoc.org](http://www.virginmaryoc.org) ([virginmary@virginmaryoc.org](mailto:virginmary@virginmaryoc.org))

Church Office Hours : Monday - Friday 10:00am-3:00pm

## St. Mary Parish Clergy

*Rev. Fr. Mousa Haddad, Pastor*

*Very Rev. Fr. Malek Rihani*

*Subdeacon Matthew Sweis*

*Subdeacon Ameer Tadros*

## Parish Council

*Fr. Mousa - Presiding Officer*

*Fadi Abu Manneh - Chairman*

*Feras Sweis - Vice Chairman*

*Abdullah Tadros - Treasurer*

*Constantin Kari - Financial Sec.*

*Abeer Khouri - Secretary*

*Nidal Al-Farah*

*George Barakat*

*Bassam Salman*

*Feras Salman*

*Faris Samawi*

*Samer Tadros*

## Parish Ministries

*Sunday School - Omar Sweis*

*SOYO - Marram Salman*

*Fellowship - Khalil Haddad*

*Antiochian Women - Susan Sweis*

*Handmaids - Mansoura Khouri and*

*Lina Haddad*

*Humanitarian - Shireen Salman*

*OCLife - Nancy Cannon*

*Fishers of Men - John Eannace*

*Athletics - Melad Qodsi*

*Choir - Michael Rascia*

*Chanters - Khaled Salman and*

*Faris Samawi*

*Webmaster - Sana Sweis*

## Office Administrator

*Katia Haddad*

[katiahaddad@virginmaryoc.org](mailto:katiahaddad@virginmaryoc.org)

## Church Hall Rental

Call the church office or email our Office Administrator

# July 14, 2013

## Sunday of the Holy Fathers of the 4th Ecumenical Council

# Our Future Altar



**Sunday Matins – 8:45 a.m.**

**Sunday Divine Liturgy – 10:00 a.m.**

**(Confessions by Appointment)**

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

## Hymns of the Day

### **Entrance Hymn (Tone Two)**

O Come, let us worship and fall down before Christ.  
Save us, O Son of God, who art risen from the dead, who sing  
to Thee: Alleluia!

### **Troparion of the Resurrection (Tone Two)**

When thou didst submit thyself unto death, O thou deathless  
and immortal one, then thou didst destroy Hell with thy Godly  
power, and when thou didst raise the dead from beneath the  
earth, all the powers of heaven did cry aloud unto thee, O  
Christ, thou giver of life, glory to thee.

### **Troparion of the Holy Fathers (Tone Eight)**

Thou, O Christ, art our God of exceeding praise, who didst es-  
tablish our holy Fathers as luminous stars upon earth, and  
through them didst guide us unto the true Faith, O most merci-  
ful One, glory to thee.

### **Troparion of the Dormition (Tone One)**

In thy birth giving O Theotokos, thou didst keep and preserve  
virginity; and in thy falling asleep thou hast not forsaken the  
world; for thou wast translated into life, being the Mother of  
Life. Wherefore by thine intercessions, deliver our souls from  
death.

### **Kontakion of the Theotokos (Tone Four)**

O protection of Christians that cannot be put to shame, media-  
tion unto the Creator most constant, O despise not the suppliant  
voices of those who have sinned; but be thou quick, O good  
one, to come unto our aid, who in faith cry unto thee: Hasten to  
intercession, and speed thou to make supplication, thou who  
dost ever protect, O Theotokos, them that honor thee.

## **Epistle for the Sunday of the Holy Fathers of the 4th Ecumenical Council**

*Blessed art thou, O Lord, the God of our Fathers!*

*For thou art just in all that thou hast done for us!*

**The Reading is from Saint Paul's Letter to Titus (3:8-15).**

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

## **Gospel for the Sunday of the Holy Fathers of the 4th Ecumenical Council**

**The Reading is from the Holy Gospel according to St. Matthew (5:14-19).**

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven." "Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

# PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour.

It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

## *Holy Bread and Coffee Hour*

**07/14:** Nijmeh Sweis & Family

**07/21:** Nancy Cannon & Family

**07/28:** Bishara Sweis & Family

## Epistle Reading

Today - Norma Tadros & Lana Sweis  
07/21 - Khaled Salman & Scott Abdo

## “Bible Verse of the Week”

“O Lord God! Behold, Thou hast made the heaven and the earth by Thy great power and outstretched arm; and there is nothing too hard for Thee.” [Jeremiah 32:17](#)



OCCHY Bulletin Blurb  
Sunday July 14, 2013  
OCCHY Quiz

There are a number of factors that can increase the risk of a youth engaging in violence. According to the Butler Center for Research, youth violence and substance abuse often occur together. So, who is at risk for youth violence?

Risk factors for youth violence include:

- Drug, Alcohol, or tobacco use
- Association with delinquent peers
- Poor family functioning

[www.cdc.gov](http://www.cdc.gov)



**1 Year Memorial**

Ghanem Sweis

**May his memory be eternal!**



**3rd and 9th Day Memorial**

Mousa Abbasi

**May his memory be eternal!**



**Baptism**

Jeffery

Parents: Jeffery and Rhonna Vinke

**Congratulations!**

**Churching**

Christian

Parents: Zhi & Kathy Yee

**Congratulations!**



**Churching**

Bassam

Parents: Eddy and Veve Shaheen

**Congratulations!**



**New Born**

Jonathan

Parents: Abdullah & Dena Tadros

**Congratulations!**



# Upcoming Events

Friday, July 12, 2013 - 7:00pm	Open Gym - Men's Basketball League
Saturday, July 13, 2013 - 6:30pm	SOYO Bible Study
Sunday, July 14, 2013 - 8:00am	Blood Drive
Sunday, July 14, 2013 - 2:00pm	Men's Basketball League Games
Sunday, July 14, 2013 - 7:00pm	Fellowship LAR (Life After the Retreat)
Tuesday, July 16, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, July 17, 2013 - 7:00pm	Open Gym - Men's Basketball League
Friday, July 19, 2013 - 7:00pm	Open Gym - Men's Basketball League
Saturday, July 20, 2013 - 10:00am	St. Mary's Fishers Men Monthly Breakfast
Saturday, July 20, 2013 - 6:30pm	SOYO Volleyball Tournament with St. Mary Clergy
Sunday, July 21, 2013 - 11:30am	Annual Ice Cream Social - Served by Clergy
Sunday, July 21, 2013 - 2:00pm	Men's Basketball League Games
Monday, July 22-28, 2013	Archdiocese Convention - Houston, Texas
Tuesday, July 23, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, July 24, 2013 - 7:00pm	Open Gym - Men's Basketball League
Friday, July 26, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, July 28, 2013 - 11:30pm	Shawerma Sale
Sunday, July 28, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, July 30, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, July 31, 2013 - 7:00pm	Open Gym - Men's Basketball League
Friday, August 2-3, 2013	SOYO Girls Retreat
Friday, August 2, 2013 - 7:00pm	Open Gym - Men's Basketball League
Saturday, August 3, 2013 - 10:00am	St. Mary's Fishers Men Monthly Breakfast
Saturday, August 3, 2013 - 11:30am	Feed My Starving Children Humanitarian Event

*SOYO Volleyball Tournament  
with St. Mary Clergy*



*Saturday, July 20, 2013  
6:30pm - 9:00pm  
St. Mary's Gymnasium*

**51<sup>st</sup> Antiochian Archdiocese Convention**

Hosted by

St. George Orthodox Church Houston, Texas

**July 22-28th, 2013**



For Registration & Schedule  
<http://ww.achouston2013.com/>

# Teen SOYO



Saturday, July 13, 2013

Fellowship Hall @ 6:30pm

!!! Potluck Event !!!

*Fellowship of St. John the Divine*

# **BLOOD DRIVE**

**Sunday, July 14, 2013**

**St. Mary Orthodox Church – Gym  
8:00am - 2:00pm**

*\*Please make sure to eat a proper breakfast before giving blood; Holy Communion will still be allowed.*

Questions? Contact any Fellowship officer.

**GIVE BACK  
GIVE BLOOD  
GIVE THANKS**

**Fellowship of  
St. John the Divine**

**07/28/13**

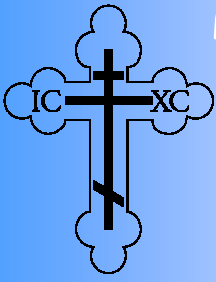
After Liturgy

JOIN US IN THE  
CHURCH HALL FOR  
A HOMEMADE  
SHAWARMA LUNCH  
SPONSORED BY  
ST. MARY'S  
FELLOWSHIP

# SHAWARAMA SALE



*St. Mary Orthodox Church  
6330 W. 127th St.  
Palos Heights, IL 60463*



# "Liturgy after the Liturgy"

*Taking our faith outside the church walls*



## **Date:**

Saturday - August 03, 2013

## **Time:**

11:30am - 1:30pm

## **Location:**

Feed My Starving Children,  
555 Exchange Court, Aurora, IL

## **Purpose:** Pack meals for starving children

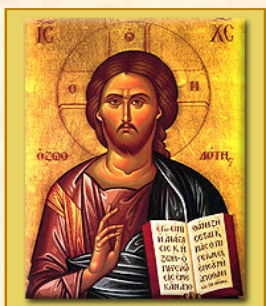
Feed My Starving Children is a Christian nonprofit hunger relief organization. We have 87 spots reserved for this event.

Children (3rd grade or older), teens, and adults are all welcome to attend. Volunteer hours will be granted upon request.

You need to register in order to attend. All volunteers are encouraged to donate at least \$5 (which will feed a child for an entire month!)

To register, please contact Kh. Delia Haddad.

*On behalf of God's children, thank you in advance for your commitment.*



## Weekly Synaxarion



On July 14 in the Holy Orthodox Church we commemorate the Apostle Aquila of the Seventy; Joseph the Confessor, archbishop of Thessalonica; Peter, bishop of Crete; Venerable Onesimos of Magnesia and Nicodemus of the Holy Mountain. On this Sunday, we commemorate the 630 holy and God-bearing Fathers of the Fourth Ecumenical Council, which convened in Chalcedon in 451 against the Monophysites. The Holy Fathers were, once again, concerned with the nature of Jesus Christ. The false teaching arose that Christ's human nature (considered by heretics as less perfect) dissolved itself in His divine nature (considered by heretics as more perfect): like a cube of sugar in a parcel of water. Thus, in that scenario, Christ had only one nature, the Divine. These false preachers were called Monophysites ("mono", meaning "one" and "physis", meaning "nature"), and they were led by Eutyches and Dioscorus. Monophysitism overemphasized the divine nature of Christ, at the expense of the human. The Fourth Ecumenical Council condemned Monophysitism and proclaimed that Christ has two complete natures: the divine and the human, as defined by previous Councils. These two natures function as equally perfect, without confusion, and are neither divided nor separate. The Fathers declared that at no time did they undergo any change. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.