



SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

"The disciples were first called Christians in Antioch." (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.virginmaryoc.org (virginmary@virginmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy

Rev. Fr. Mousa Haddad, Pastor

Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

Parish Council

Fr. Mousa - Presiding Officer

Fadi Abu Manneh - Chairman

Feras Sweis - Vice Chairman

Abdullah Tadros - Treasurer

Constantin Kari - Financial Sec.

Abeer Khouri - Secretary

Nidal Al-Farah

George Barakat

Bassam Salman

Feras Salman

Faris Samawi

Samer Tadros

Parish Ministries

Sunday School - Omar Sweis

SOYO - Marram Salman

Fellowship - Khalil Haddad

Antiochian Women - Susan Sweis

Handmaids - Mansoura Khouri

and Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

Office Administrator

Katia Haddad

katiahaddad@virginmaryoc.org

Building Engineer

Peter Butera

Church Hall Rental

Call the church office or email
our Office Administrator

May 19th, 2013

Today in the Holy Church is:

**Sunday of the Myrrh-Bearing Women and
Saints Joseph of Arimathea and Nicodemus**

Christ is Risen! Indeed He is Risen!

**Christ is risen from the dead, trampling down death
by death, and upon those in the tombs bestowing life!**



Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

HYMNS OF THE DAY

Entrance Hymn (Tone Two): In the gathering places, bless ye God the Lord from the springs of Israel. Save us O Son of God, Who art Risen from the dead, who sing unto thee: Alleluia!

Paschal Troparion (Tone Five): Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!

Troparion of the Resurrection (Tone Two): When thou didst submit thyself unto death, O thou deathless and immortal one, then thou didst destroy Hell with thy Godly power, and when thou didst raise the dead from beneath the earth, all the powers of heaven did cry aloud unto thee, O Christ, thou giver of life, glory to thee.

Troparion of St. Joseph (Tone Two): The pious Joseph, having brought down thy pure body from the Tree, wrapped it in fine linen, embalmed it with ointment, provided for it, and laid it in a new tomb. But thou didst verily rise, after three days, O Lord, granting the world the Great Mercy.

Troparion of Myrrh-Bearing Women (Tone Two): Verily, the angel came to the tomb and said to the ointment-bearing women, the ointment is meet for the dead, but Christ is shown to be remote from corruption. But cry ye, the Lord is risen, granting the world the Great Mercy.

Troparion of the Dormition (Tone One): In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

Kontakion of Pascha (Tone Eight): O Immortal One, when Thou didst descend into the tomb, Thou didst destroy the power of Hades; and Thou didst rise victorious, O Christ God. Thou hast said to the ointment-bearing women: Rejoice! And Thou gavest peace to Thy Disciples, O Bestower of Resurrection to those Who had fallen.

Epistle for the Sunday of the Myrrh-Bearing Women

The Lord is my strength and my song!

The Lord has chastened me sorely!

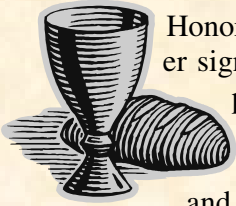
The Reading is from the Acts of the Apostles (6:1-7).

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the apostles and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid hands upon them. And the word of the God increased; and the number of the disciples multiplied greatly in Jerusalem, and many of the priests were obedient to the faith.

Gospel for the Sunday of the Myrrh-Bearing Women

The Reading is from the Holy Gospel according to St. Mark (15:43-16:8).

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where he was laid. When the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back—it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to any one, for they were afraid.



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

05/19: Kamal and Nawal Sweis & Family

5/26: Elia and Lily Sweiss & Family

06/02: Emile and Eideh Haddad & Family

Epistle Reading

Today - SubDn. Ameer Tadros & Omar Sweiss
05/26/13 - Norma Tadros & Rachel Tadros

Graduation

Marina Khaled Salman

Associate in Psychology Moraine Valley College
 Will attend St. Xavier University



Danny Kamal Sweis

Bachelor in Science - concentration in Architecture
 Southern Illinois University

Congratulations!

“Bible Verse of the Week”

Charm is deceptive, and beauty is fleeting;
 but a woman who fears the LORD is to be
 praised. Proverbs 31:30

“Gospel in an Hour”

an adult Bible class ministry

We invite adults to strengthen their knowledge of the Holy Bible through regular weekly sessions. Classes held every Tuesday evening. Dinner served promptly at 6:00pm, class from 6:30pm-7:30pm. Bring the whole family: baby-sitting, tutoring, and study hall available.

2013 Parish Life Conference

Hosted by

St. Michael Orthodox Church
 Louisville, Kentucky

(June 19 – 23, 2013)

For Registration & Schedule
www.stmichaelorthodoxchurch.org/plc

51st Antiochian Archdiocese Convention

Hosted by

St. George Orthodox Church
 Houston, Texas

(July 21-28th, 2013)

For Registration & Schedule
<http://www.achouston2013.com/>

OCCHY BULLETIN BLURB

May 19, 2013



Keep Prom & Graduation

Safe & Sober

We look forward to seeing you at Church

Sunday School Graduation



Congratulations to all
St. Mary's Sunday School Students
Thank you to our Sunday School Director Omar Sweiss
and the entire Sunday School Staff



“Food For Hungry” boxes
are Due. Thank You!



Baby Bottles are Due
Father's Day - June 16th

Be a voice for the babies...



Behold,
children are a
gift
of the Lord...



Baby Bottle Drive 2013
May 12 - June 16
to benefit the
Martha and Mary House



St. Mary Men's Basketball League

Season begins May 19, 2013 @ 4:30pm

Forms, Fees, and Teams due May 17, 2013

Contact: Melad Qodsi @ 708-692-0561 or athletics@stmaryoc.org

Requirements:

- Signed waiver
- Team registration sheet
- Fees
- \$100- No Purchase of Jersey
- \$125- With Purchase of Jersey

Information:

- Ages 16 and up
- Make your own team
- Min members per team - 6
- Max members per team - 8

Visit our online web registration: <https://smathletics.sportngin.com/register/form/436067683>

St. Mary Orthodox Church of Palos Heights

FELLOWSHIP RETREAT

Knowing God's will and living it one day at a time.

May 17th-19th 2013

Marantha Bible and Mission: Muskegon, MI

Retreat Master- Dn. Saed Rihani

Sign up today with any Fellowship Officer!

See Asimt Sweis or Fr. Mousa with any questions

*"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."
Romans 12:2*

WEEKLY SYNAXARION

On May 19 in the Holy Orthodox Church, we commemorate Hieromartyr Patrick, bishop of Prussa and the priest-martyrs Acacius, Menander and Polyaenus with him; Venerable Cornelios of Komelsk; and Grand Prince Dimitry Donskoy of Moscow. On this day, the third Sunday of Pascha, we celebrate the feast of the holy Myrrh-bearing women. And we also make commemoration of Joseph of Arimathea, who was a secret disciple, and Nicodemus, who was a disciple by night. The women went to Christ's tomb on Holy Pascha to anoint His body, only to discover it empty. We know the names of only eight of these women: Mary the Theotokos, the "mother" of James and Joses, who were the sons of Joseph the Betrothed from his previous marriage (Matt. 27:56 and Mark 15:40); Mary Magdalene; Mary, the wife of Cleopas; Joanna the wife of Chuza; Salome the mother of the sons of Zebedee; Susanna; and Mary and Martha, the sisters of Lazarus. Joseph was a rich and noble man, and a member of the Privy Council of Jerusalem. He dared to ask Pilate for the undefiled body of our Savior, which he took and buried in his own new tomb. Accompanying Joseph to the sepulcher was Nicodemus, a Jerusalemite who was one of the leaders of the Pharisees. Nicodemus brought 100 pounds of myrrh and aloes to scent and embalm the body of Christ. By the intercessions of the holy Myrrh-bearers, Joseph of Arimathea and Nicodemus, O God, have mercy on us. Amen.

You Are Cordially Invited To Celebrate
St. Mary's 10th Year Anniversary
Weekend Celebration

June 15-16, 2013

Schedule of Events:

Saturday, June 15th

6:30pm - Banquet & Hafleh

St. Mary's Gymnasium

Tickets - \$40/person

Children ages 5 & younger free

Sunday, June 16th

8:45am - Matins

10:00am - Hierarchical Divine Liturgy with
His Eminence METROPOLITAN PHILIP

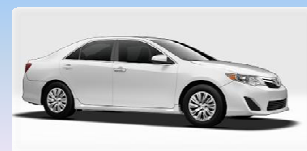
Followed by Groundbreaking Ceremony
and a Luncheon at St. Mary's Gymnasium



With His Eminence
METROPOLITAN PHILIP
Archbishop of New York and
Metropolitan of All North America

St. Mary Orthodox Church \$100 Raffle

Grand Prize: 2013 Toyota Camry LE.



**Second Prize: 5 Night Stay
in a private pent house suite in
Puerto Vallarta.**



Third Prize: \$1,000 Cash

Fourth Prize: iPad Mini



**Drawing will take place at
St. Mary's 10th Year Anniversary Celebration on
Saturday June 15th, 2013**