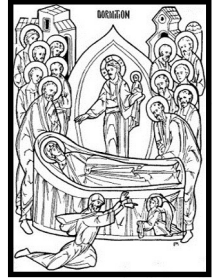




# St. Mary Orthodox Church

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Toledo and the Midwest

كنيسة العذراء مريم الأنطاكية الأرثوذكسية



“The disciples were first called Christians in Antioch.” (Acts 11:26)

## March 31, 2013

Second Sunday of Great Lent

St. Gregory Palamas Bishop of Thessalonica

الأحد الثاني من الصوم

وأحد القديس غريغوريوس بالامس أسقف تسالونيكي

### Weekly Schedule of Services

Saturday: 5:30 p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study

(Confessions by Appointment)

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

Office Administrator: Katia Haddad (katiahaddad@virginmaryoc.org)

www.virginmaryoc.org (virginmary@virginmaryoc.org)

Fr. Mousa Haddad - cell phone: (708) 979-3222, email: fr.mousa@gmail.com

Fr. Malek Rihani - cell phone: (708) 516-6417, email: myrihani@hotmail.com

**Church Office Hours : Monday - Friday 10:00am-3:00pm**

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. Please see one of the ushers at the end of the service for a "Welcome Packet" for more information. May God bless you and give you many healthy years in His service.

أهلاً بكم في كنيسة العذراء مريم الأنطاكية الأرثوذكسية! يُسعدنا أن نُقدّم لكم ولعائلاتكم تحياتنا القلبية الحارّة. إذا كانت هذه زيارتكم الأولى لكنيستنا، نرجو أن تشعروا بأنكم في بيتكم الذي هو بيت أبينا جميعاً. ألرجاء أن تسألوا أحد المساعدين في الكنيسة في نهاية الخدمة الالهية عن "رزمة معلومات الترحيب" التي تحتوي على المعلومات المطلوبة. الله يبارككم وينعم عليكم بالصحة لسنين عديدة في خدمة الرب.

## Clergy, Parish Council, Committees, and Ministries

### Parish Clergy:

*Rev. Fr. Mousa Haddad, Pastor*  
*Rev. Fr. Malek Rihani*  
*Subdeacon Matthew Sweis*  
*Subdeacon Ameer Tadros*

### Parish Council:

#### **Presiding Officer**

*Rev. Fr. Mousa Haddad*

#### **Chairman**

*Fadi Abu Manneh*

#### **Vice Chairman**

*Feras Sweis*

#### **Treasurer**

*Abdullah Tadros*

#### **Financial Secretary**

*CJ Kari*

#### **Secretary**

*Abeer Khouri*

#### **Council Members:**

*Nidal Al-Farah*

*George Barakat*

*Bassam Salman*

*Feras Salman*

*Faris Samawi*

*Samer Tadros*

### Committees:

#### **Altar / Liturgics**

*Mazen Ammari & Steve Rihani*

#### **Expansion**

*Feras Sweis*

#### **Beautification & Maintenance**

*Feras Salman*

#### **Fundraising**

*Abdullah Tadros*

#### **Stewardship**

*Rashid Sweis*

#### **Financial**

*Abdullah Tadros*

#### **Communication**

*Abeer Khouri*

#### **Constitution**

*Omar Sweis*

#### **Humanitarian**

*Shireen Salman*

#### **Ushering**

*Abeer Khouri & Omar Sweis*

#### **Web Master**

*Sana Sweis*

#### **Athletics**

*Melad Qodsi*

### Organizations and Ministries:

#### **Sunday School Director**

*Omar Sweis*

#### **Sunday School Spiritual Director**

*Fr. Mousa Haddad*

#### **Antiochian Women President**

*Susan Sweis*

#### **Antiochian Women Spiritual Director**

*Fr. Mousa Haddad*

#### **Fellowship President**

*Khalil Haddad*

#### **Fellowship Spiritual Director**

*Fr. Mousa Haddad*

#### **SOYO President**

*Marram Salman*

#### **SOYO Advisor**

*Orieb Sweis, Steve Rihani, Shireen Salman*

#### **SOYO Spiritual Director**

*Fr. Malek Rihani*

#### **Handmaids of the Lord**

*Mansoura Khouri & Lina Haddad*

#### **Handmaids Spiritual Director**

*Fr. Malek Rihani*

#### **Choir Director**

*Michael Rascia*

#### **Chanters**

*Khaled Salman & Faris Samawi*

**Church Hall Rental** - Call the church office or email: [katiahaddad@virginmaryoc.org](mailto:katiahaddad@virginmaryoc.org)

# Changes in the Liturgy

## تغييرات في القداس

### Entrance Hymn

O Come, let us worship and fall down before Christ.

Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia!

هَلُمْ لِنَسْجُدْ وَنَرْكَعْ لِلْمَسِيحِ مَلَكْنَا وَالْهَنَا، خَلَصْنَا يَا ابْنَ اللَّهِ يَا مَنْ قَامَ مِنَ بَيْنِ الْأَمْوَاتِ، لِنُرْتَلِّ لَكَ هَلْلُوبَا!

### Troparion of the Resurrection (Tone Two)

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

عِنْدَمَا انْحَدَرْتَ إِلَى الْمَوْتِ أَيُّهَا الْحَيَاةُ الَّذِي لَا يَمُوتُ. حِينَئِذٍ أَمَتَّ الْجَحِيمَ بِبَرِّقِ لَاهُوتِكَ. وَعِنْدَمَا أَقَمْتَ الْأَمْوَاتَ مِنْ تَحْتِ الثَّرَى. صَرَخَ نَحْوِكَ جَمِيعُ الْقَوَاتِ السَّمَاوِيِّينَ. أَيُّهَا الْمَسِيحُ الْإِلَهُ مُعْطِي الْحَيَاةِ الْمَجْدُ لَكَ.

### Troparion of St. Gregory Palamas (Tone Eight)

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

يَا كَوْكَبَ الرَّأْيِ الْمُسْتَقِيمِ وَسِنْدَ الْكَنِيسَةِ وَمُعَلِّمَهَا. يَا جَمَالَ الْمُتَوَحِّدِينَ وَنَصِيرًا لَا يُحَارَبُ لِلْمُتَكَلِّمِينَ بِاللَّاهُوتِ. غَرِيغُورِيُوسَ الْعَجَائِبِيِّ فَخْرُ تَسَالُونِيكِيَّةٍ وَكَارُوزُ النِّعْمَةِ. ابْتَهِلْ عَلَى الدَّوَامِ فِي خَلَاصِ نَفُوسِنَا.

### Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

فِي مِيلَادِكَ حَفِظْتِ الْبَتُولِيَّةَ وَصَنَّتِهَا وَفِي رِقَادِكَ مَا أَهْمَلْتِ الْعَالَمَ وَتَرَكْتِهِ يَا وَالِدَةَ الْإِلَهِ. لِأَنَّكَ انْتَقَلْتِ إِلَى الْحَيَاةِ بِمَا أَنْكَ أُمُّ الْحَيَاةِ. فَبِشَفَاعَاتِكَ أَنْقِذِي مِنَ الْمَوْتِ نَفُوسِنَا.

### Kontakion of the Theotokos for the Sundays of Lent (Tone Eight)

To thee the champion leader, I thy city ascribe thank-offerings of victory. For thou hast delivered me from terrors O Theotokos. But as thou hast that power which is invincible, from all dangers set me free that I may cry out unto thee: Hail, O Bride without Bridegroom!

إِنِّي أَنَا عَبْدُكَ يَا وَالِدَةَ الْإِلَهِ، اكَتَبْتُ لَكَ رِيَايَاتِ الْغَلْبَةِ يَا جَنْدِيَّةَ مُحَامِيَّةٍ. وَأَقْدَمْتُ لَكَ الشُّكْرَ كَمُنْقِذَةٍ مِنَ الشَّدَائِدِ. لَكِنْ بِمَا أَنَّ لَكَ الْعِزَّةَ الَّتِي لَا تُحَارَبُ، اعْتَقِبْنَا مِنْ صُنُوفِ الشَّدَائِدِ. حَتَّى أَصْرُخَ إِلَيْكَ: إِفْرَحِي يَا عَرُوسًا لَا عَرُوسَ لَهَا!

### Megalynarion for the Theotokos from the Liturgy of St. Basil the Great (Tone Eight)

In thee all creation rejoices, O Full of Grace; the assembly of angels and the race of Man; O sanctified temple and spiritual paradise; the glory of virgins, from whom God was incarnate and became a child; our God before the ages, He made thy body into throne, and thy womb He made more spacious than the heavens. In thee all creation rejoices; O Full of Grace, glory to thee.

إِنَّ الْبَرَايَا بِأَسْرِهَا تَفْرُحُ بِكَ يَا مَمْتَلَنَةٌ نِعْمَةً، مُحَافِلِ الْمَلَائِكَةِ وَأَجْنَاسِ الْبَشَرِ، أَيُّهَا الْهَيْكَلُ الْمُتَقَدِّسُ وَالْفَرْدُوسُ الْنَاطِقُ، فَخَرَ الْبَتُولِيَّةِ مَرْيَمَ الَّتِي مِنْهَا تَجَسَّدَ الْإِلَهُ وَصَارَ طِفْلًا وَهُوَ الْإِلَهُ الَّذِي قَبْلَ الدَّهْرِ، لِأَنَّهُ صَنَعَ مُسْتَوْدَعَكَ عَرْشًا وَجَعَلَ بَطْنَكَ أَرْحَبَ مِنَ السَّمَاوَاتِ، لِذَلِكَ يَا مَمْتَلَنَةٌ نِعْمَةً تَفْرُحُ بِكَ كُلُّ الْبَرَايَا وَتُجْمَدُكَ.

## Epistle for the Second Sunday of Lent

### الرسالة للأحد الثاني من الصوم

*Thou, O Lord, shalt keep us and preserve us!*

*Save me, O Lord, for the godly man has failed!*

**The Reading is from St. Paul's Letter to the Hebrews (1:10-2:3).**

“In the beginning, Thou O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up, and they will be changed. But Thou art the same, and Thy years will never end.” But to what angel has He ever said, “Sit at My right hand, till I make Thine enemies a stool for Thy feet?” Are they not all ministering spirits set forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

أَنْتَ يَا رَبُّ تَحْفَظُنَا وَتَسْتُرُنَا!

خَلَّصْنِي يَا رَبُّ فَإِنَّ الْبَارَّ قَدْ فَنِيَ!

\*فصلٌ من رسالة القديس بولس الرسول إلى العبرانيين (2:3-1:10)\*

أَنْتَ يَا رَبُّ فِي الْبَدْءِ أَسَّسْتَ الْأَرْضَ وَالسَّمَاوَاتِ هِيَ صُنْعُ يَدَيْكَ \* وَهِيَ تَزُولُ وَأَنْتَ تَبْقَى  
وَكُلُّهَا تَبْلَى كَالثَوْبِ \* وَتَطْوِيهَا كَالرِّدَاءِ فَتَتَغَيَّرُ وَأَنْتَ أَنْتَ وَسُنُوكَ لَنْ تَفْنَى \* وَلَمِنْ مِنَ الْمَلَائِكَةِ  
قَالَ قَطُّ اجْلِسْ عَنِ يَمِينِي حَتَّى اجْعَلَ أَعْدَاءَكَ مَوْطِنًا لِقَدَمَيْكَ \* أَلْيَسُوا جَمِيعُهُمْ أَرْوَاحًا خَادِمَةً  
تُرْسَلُ لِلْخِدْمَةِ مِنْ أَجْلِ الَّذِينَ سَيَرِثُونَ الْخِلَاصَ \* فَلِذَلِكَ يَجِبُ عَلَيْنَا أَنْ نُصْغِيَ إِلَى مَا سَمِعْنَاهُ  
إِصْغَاءً أَشَدًّا لِئَلَّا يَسْرَبَ مِنْ أَذْهَانِنَا \* فَإِنَّهَا إِنْ كَانَتِ الْكَلِمَةُ الَّتِي نُطِقُ بِهَا عَلَى أَلْسِنَةِ مَلَائِكَةٍ  
قَدْ ثَبَّتَتْ وَكُلُّ تَعَدُّ وَمَعْصِيَةٍ نَالَ جَزَاءً عَدْلًا \* فَكَيْفَ نُفَلِّتُ نَحْنُ إِنْ أَهْمَلْنَا خَلَاصًا عَظِيمًا  
كَهَذَا قَدْ أَبْتَدَأَ النُّطْقُ بِهِ عَلَى لِسَانِ الرَّبِّ ثُمَّ ثَبَّتَهُ لَنَا الَّذِينَ سَمِعُوهُ.

## Gospel for the Second Sunday of Lent

### الإنجيل للأحد الثاني من الصوم

**The Reading is from the Holy Gospel according to St. Mark (2:1-12).**

At that time, when Jesus returned to Capernaum after some days, it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts. Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—he said to the paralytic—"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

**\*فصل شريف من بشارة القديس مرقس الإنجيلي البشير, التلميذ الطاهر (2:1-12)\***

في ذلك الزمان دخل يسوع كفرناحوم وسمع أنه في بيت \* فللوقت اجتمع كثيرون حتى أنه لم يعد موضع ولا ما حول الباب يسع وكان يخاطبهم بالكلمة \* فأتوا إليه بمخلع يحمله أربعة \* وإذ لم يقدرُوا أن يقتربوا إليه لسبب الجمع كشفوا السقف حيث كان. وبعد ما نقبوه دلوا السرير الذي كان المخلع مضطجعا عليه \* فلما رأى يسوع إيمانهم قال للمخلع يا بُني مغفورة لك خطاياك \* وكان قوم من الكتبة جالسين هناك يفكرون في قلوبهم ما بال هذا يتكلم هكذا بالتجديف. من يقدر أن يغفر الخطايا إلا الله وحده \* فللوقت علم يسوع بروحه انهم يفكرون هكذا في أنفسهم فقال لهم لِمَاذَا تُفكرون بهذا في قلوبكم \* ما الأيسر أن يُقال مغفورة لك خطاياك أم أن يقال قم واحمل سريرك وامش \* ولكن لكي تعلموا أن ابن البشر له سلطان على الأرض أن يغفر الخطايا (قال للمخلع) لك أقول قم واحمل سريرك واذهب إلى بيتك \* فقام للوقت وحمل سريرهُ وخرج أمام الجميع حتى دهش كلُّهم ومجدوا الله قائلين ما رأينا مثل هذا قط.



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial. It takes minimal effort, and it encourages fellowship among our community.*

### Hospitality Teams

*“Let us love one another that with one mind we may confess, Father, Son, and Holy Spirit; the Trinity one in essence and undivided.” - From the Divine Liturgy*

<i>Holy Bread and Coffee Hour</i>	القداس والقهوة
<b>03/31:</b> Nidal and Nader Alnaser & Family	<b>03/31:</b> نضال ونادر الناصر والعائلة
<b>04/07:</b> Hasan and Saeda Sweis & Family	<b>04/07:</b> حسن وسائدة صويص والعائلة
<b>04/14:</b> Ghaleb and Rita Sweis & Family	<b>04/14:</b> غالب وريتا صويص والعائلة

### Epistle Readers:

*Today: English - Delia Haddad , Arabic - Norma Tadros*

*Next Week: English - Subdn. Matthew Sweis , Arabic - Faris Samawi*

### “Bible Verse of the Week”

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. [1 John 1:9](#)

أَمَّا إِنْ اعْتَرَفْنَا بِخَطَايَانَا، فَاللَّهُ أَمِينٌ وَعَادِلٌ، يَغْفِرُ لَنَا خَطَايَانَا، وَيُطَهِّرُنَا مِنْ

كُلِّ دَنَسٍ. [يوحنا الاول 1:9](#)

# Parish News

6 Month Memorial: Nizar Al-Nasser

Newly Departed: Shawqi Kawar

May their memory be eternal!



ذكرانية نصف السنة: نزار الناصر

المرحوم شوقي قعوار

ليكن ذكرهم مؤبداً!

**movie  
Night**

## Teen SOYO

Saturday, March 30, 2013

Fellowship Hall @ 5:00pm

!!! Lenten Snacks !!!

**movie  
Night**



# Lenten Lunch Sale

**Sunday, April 14, 2013 after Liturgy**

Join us and help support your Antiochian Women by enjoy  
a Lenten Lunch!

## خدمات الصيام والاسبوع العظيم 2013 Lent & Holy Week Services

آذار 20 March	الأربعاء: القداس السابق تقديسه Wednesday: Pre-Sanctified Liturgy	7:00pm مساء
آذار 22 March	الجمعة: خدمة مديح والدة الإله Friday: Akathist w/ Potluck Dinner	7:00pm مساء
آذار 25 March	الإثنين: خدمة القداس لعيد البشارة Monday: Annunciation Liturgy	10:00am صباحا
آذار 27 March	الأربعاء: القداس السابق تقديسه Wednesday: Pre-Sanctified Liturgy	7:00pm مساء
آذار 29 March	الجمعة: خدمة مديح والدة الإله Friday: Akathist w/ Potluck Dinner	7:00pm مساء
نيسان 3 April	الأربعاء: القداس السابق تقديسه Wednesday: Pre-Sanctified Liturgy	7:00pm مساء
نيسان 5 April	الجمعة: خدمة مديح والدة الإله Friday: Akathist w/ Potluck Dinner	7:00pm مساء
نيسان 10 April	الأربعاء: القداس السابق تقديسه Wednesday: Pre-Sanctified Liturgy	7:00pm مساء
نيسان 12 April	الجمعة: خدمة مديح والدة الإله Friday: Akathist w/ Potluck Dinner	7:00pm مساء
نيسان 17 April	الأربعاء: القداس السابق تقديسه Wednesday: Pre-Sanctified Liturgy	7:00pm مساء
نيسان 19 April	الجمعة: خدمة مديح والدة الإله Friday: Akathist w/ Potluck Dinner	7:00pm مساء
نيسان 27 April	السبت: القداس لسبت اليعازر Saturday: Lazarus Saturday Liturgy	10:00am صباحا
نيسان 28 April	الأحد: خدمة القداس لعيد الشعانين Sunday: Palm Sunday Liturgy الأحد: الختن الأولى Sunday: 1st Bridegroom Service	10:00am صباحا 7:00pm مساء
نيسان 29 April	الإثنين: الختن الثانية Monday: 2nd Bridegroom Service	7:00pm مساء
نيسان 30 April	الثلاثاء: الختن الثالثة Tuesday: 3rd Bridegroom Service	7:00pm مساء
أيار 1 May	الأربعاء: صلاة الزيت المقدس Wednesday: Holy Unction Service	7:00pm مساء
أيار 2 May	الخميس: قداس باسيليوس العظيم Thursday: Divine Liturgy of St. Basil الخميس: خدمة 12 انجيل والصلب Thursday: 12 Passion Gospels	10:00am صباحا 7:00pm مساء
أيار 3 May	الجمعة: خدمة الساعات Friday: Royal Hours الجمعة: خدمة انزال المصلوب Friday: Taking Down From the Cross الجمعة: جناز المسيح Friday: Lamentations (سهرانية العيد (GOOD FRIDAY All-Night VIGIL to follow	10:00am صباحا 3:00pm مساء 7:00pm مساء
أيار 4 May	السبت: قداس سبت النور Saturday: Vesperal Liturgy of St. Basil السبت: سحرية العيد، الهجمة و قداس القيامة Saturday: Rush Procession & Matins followed by Paschal Liturgy	10:00am صباحا 10:00pm مساء
أيار 5 May	الأحد: صلاة الباعوث Sunday: AGAPE VESPERS	1:00pm ظهرا

You Are Cordially Invited To Celebrate  
St. Mary's 10th Year Anniversary  
Weekend Celebration



With His Eminence  
**METROPOLITAN PHILIP**  
Archbishop of New York and Metropolitan of All  
North America  
Antiochian Orthodox Christian Archdiocese

*June 15-16th, 2013*

**Schedule of Events:**

**Saturday, June 15th**

6:30pm - Banquet & Hafleh

St. Mary's Gymnasium - 6330 W. 127th St. Palos Heights, IL

**Sunday, June 16th**

8:45am - Matins

10:00am - Hierarchical Divine Liturgy with  
His Eminence **METROPOLITAN PHILIP**

Followed by Groundbreaking Ceremony and a Luncheon at  
St. Mary's Gymnasium

# St. Mary Orthodox Church of Palos Heights

## \$100 Raffle

**Grand Prize:**

**2013 Toyota Camry LE.**

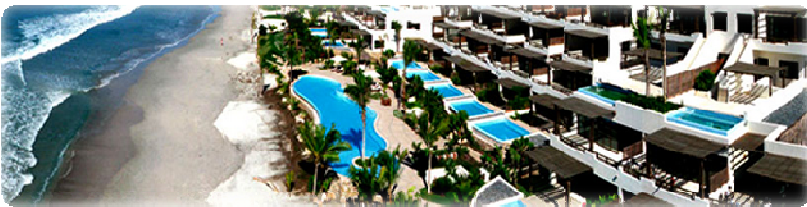
Winner responsible for taxes, title and doc fees.



**SECOND PRIZE:**

**5 Night Stay in a private pent house suite in Puerto Vallarta.**

Fronting an expanse of ocean and pristine shoreline, Villa Blanca is a private residence development in Los Veneros, Costa Banderas Mexico (located just northwest of Puerto Vallarta, on Mexico's Pacific Coast) that offers the unforgettable experience of indulging in the luxury of nature, and the company of friends and family. The Pent House Suite is approximately 5,000 square feet and includes three bedrooms, four bathrooms, a gourmet kitchen, separate living room, dining room and a private pool and can sleep eight. Five night stay to be mutually agreed upon by winner and donor. Some restrictions may apply. \$500 credit towards airfare cost. <http://www.villablancaresort.com>

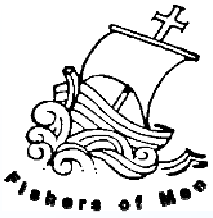


**THIRD PRIZE: \$1,000 Cash**

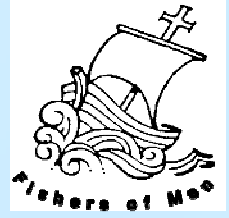
**FOURTH PRIZE: iPad mini 16 GB**



Drawing will take place at St. Mary's 10th Year Anniversary Celebration  
on Saturday June 15th, 2013



# ***Fishers of Men***



a ministry of  
**St. Mary Orthodox Church**  
invites you to the first presentation  
and an interactive session:

## “The Roles and Responsibilities of a Christian man”



**By Dr. Albert Rossi**

Professor of Pastoral Theology

**Saturday April 20, 2013**

**11:00 am - 2:00 pm**

**St. Mary Antiochian Orthodox Church  
6330 W. 127<sup>th</sup> St. Palos Heights, IL**

**Please RSVP to [stmaryfom@virginmaryoc.org](mailto:stmaryfom@virginmaryoc.org).**

There is no cost. It's open to everyone, and Lunch will be served. We especially encourage the men to participate and to learn what it is that God expects of them.

Dr. Rossi teaches courses in pastoral theology at Saint Vladimir's Seminary. He was a member of the SCOBA Commission on Contemporary Social and Moral Issues. He has written numerous articles and published a book entitled, *“Can I Make a Difference: Christian Family Life Today.”* You can read more about Dr. Rossi at: [svots.edu/team/albert-s-rossi](http://svots.edu/team/albert-s-rossi)

St. Mary's  
**Fishers of Men**  
**Monthly Breakfast**



**April 6, 2013 @ 10:00am**

**St. Mary Fellowship Hall**

**“Prayer and Purity”**  
**Teen SOYO Retreat**

**By Dr. Albert Rossi**

Professor of Pastoral Theology

**Saturday April 20, 2013**

**3:00pm - 7:30pm**

St. Mary Antiochian Orthodox Church  
6330 W. 127th St. Palos Heights, IL

# SOYO

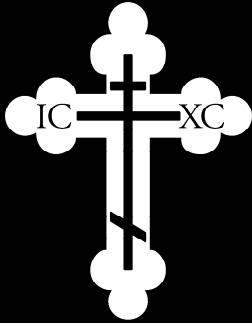
## FALAFEL SALE

JOIN US & HELP SUPPORT YOUR SOYO  
BY ENJOYING A FALAFEL SANDWICH



!!!Sunday!!!

April 7, 2013



# St. Mary's March Madness

6330 West 127th St. Palos Heights, IL

## 3-on-3 Basketball Tournament

St. Mary's is hosting their first annual 3-on-3 basketball tournament. Get your starting line-ups ready for a day full of family, friends and FUN!!! Come support your community and enjoy a little friendly competition.

**Sunday, April 7th from 1pm-7pm.**



### Requirements:

- Completed Registration/Waiver Form
- Registration Fee \$25/person
- Ages 14+
- 3 players/team
  - 3 males or 3 female

For questions contact:

Melad Qodsi  
708-692-0561  
stmarysports@virginmaryoc.org

Kati Khouri  
708-257-7579  
kkhouri@yahoo.com

All forms and fees due by:  
**March 31, 2013**

CJ Kari  
ckari@comcast.net

# Fellowship

**Sunday, April 14, 2013**

**Fellowship Hall @ 6:30pm**

**!!! Lenten Pot Luck!!!**



Please contact any of the Fellowship officers with any questions!

## PUBLIC SERVICE ANNOUNCEMENT

### ST. MARY'S FELLOWSHIP RETREAT 2013

May 17-19th, 2013

Join the Fellowship of St. John the Divine on  
a fun filled, uplifting weekend!

Retreat Master - Dn. Saed Rihani  
Maranatha Conference Center, Muskegon, MI

Please see Fr. Mousa, Asimt, or any Fellowship  
officer with any questions.

More details to come...  
**STAY TUNED!**

St. Mary Orthodox Church of Palos Heights presents  
an adult Bible class ministry called:

# THE GOSPEL

In an Hour

We invite all of our adult parishioners to strengthen their  
knowledge of the Bible through regular weekly sessions

A BIBLE STUDY OF THE BOOK OF

# MATTHEW

— VERSE BY VERSE —

**Classes will start on May 7th and will be held every  
Tuesday at 6:00 p.m.**

**To ensure that everyone is able to attend we will provide:**

- **Two separate classes which will take place simultaneously, one in Arabic (taught by Fr. Danial Doss) and one in English (taught by Fr. Malek and Fr. Mousa).**
- **Dinner from 6:00-6:30pm.**
- **From 6:30 to 7:30, while adults are in their classes, we will have tutoring for students from kindergarten through 12th grade; and babysitting for children ages 3 to 5.**

**There is no cost for this ministry. Of course, donations and sponsorships will be appreciated.**

If you would like to volunteer as a tutor or babysitter or  
for more information please contact Hanada Sweis  
at 708-928-9848 or [hzedan1@yahoo.com](mailto:hzedan1@yahoo.com)

**St. Mary's Antiochian Women Annual  
Mothers Day Luncheon**



**Saturday, May 11, 2013**

**12:00pm – 5:00pm**

**St. Mary Fellowship Hall**

**Celebrating our mothers with an  
Arabic Folklore Fashion Show**

**Tickets: \$25**

**For tickets contact:**

**Saeda Sweis 708.307.9906 or Shireen Salman  
708.717.9640**

# Agape Service

Sunday, May 5th (Easter Day) at 1pm we will have the Agape Vespers service at the Church of the Virgin Mary. This is the service in which the Gospel is read in as many languages as possible. If you know a language other than English and Arabic, and would like to read the Gospel in that language, please let Fr. Mousa know. Mark your calendars!



## صلاة الباعوث

سنقيم يوم الأحد (الفصح) 2013-5-05 الساعة الواحدة بعد الظهر في كنيسة العذراء مريم صلاة الباعوث. في هذه الخدمة يُتلى الانجيل المُقدس بما أمكن من لغات. فإذا كان أحد يعرف لغة غير الانكليزية أو العربية ويرغب في قراءة الانجيل بهذه اللغة، يُرجى الاتصال بالاب موسى حداد. نرجو أن تتذكروا هذا التاريخ.

# St. Michael the Archangel Orthodox Church

## Louisville, Kentucky

### Host of the 2013 Parish Life Conference

#### June 19 – 23, 2013



Dear Fellow Orthodox Christians,

The Parish Life Conference, presided by His Grace Bishop ANTHONY, will take place in our great city. The Galt House Hotel will be our gathering spot. Here we will enjoy the fellowship of our fellow Orthodox Christians from throughout the Midwest and beyond. It is also an opportunity to do the work of the Diocese with meetings of the Antiochian Women, Teen SOYO, Order of St. Ignatius, and the Fellowship of St. John the Divine. Bishop ANTHONY will be presiding throughout the conference, culminating with the festive Pentecost Liturgy at St. Michael's on Sunday morning.

#### **Additional activities will include:**

- Bible Bowl
- Choir and Iconography Workshops
- Belle of Louisville Cruise
- Skyzone for young adults & teens
- 'Meet & Greet' for Single Adults
- Banquet and Hafli
- Teen Oratorical
- Vacation Church School
- F.O.C.U.S. Workshop
- A Taste of Kentucky
- Youth Leadership Workshop
- Babysitting on Fri. & Sat. night

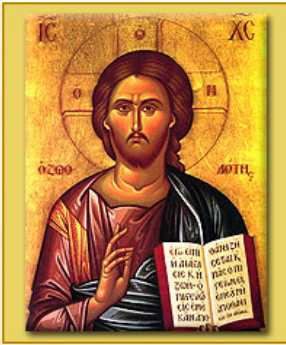
**PLC registration is now OPEN!** To register online, please visit [www.antiochianevents.org/95](http://www.antiochianevents.org/95). Look for additional information and The Galt House Hotel reservation link on our church website [www.stmichaelorthodoxchurch.org/plc](http://www.stmichaelorthodoxchurch.org/plc). If you would prefer to speak with someone, please call the church office at (502) 454-3378 Option 8, or you may send an email to [stmichaelpc@gmail.com](mailto:stmichaelpc@gmail.com). If you would like a packet of forms mailed to you, please call the church office at the number listed above. We also have a Facebook page titled St. Michael the Archangel Orthodox Church – 2013 Parish Life Conference and we encourage you to “like” it.

The City of Louisville has much to offer, and many things are within walking distance of the hotel. Some places to visit include:

- Louisville Slugger Museum
- Kentucky Science Center
- Churchill Downs
- Muhammad Ali Center
- Louisville Bats Minor League Baseball
- Kentucky Derby Museum

Please consider joining us for this wonderful experience and stay a few extra days. We look forward to seeing you!

Very Rev. Fr. Alexis Kouri, Protos      Mary Jean Ciresi, Co-Chair      Mark Jacobs, Co-Chair



## Weekly Synaxarion



On March 31 in the Holy Orthodox Church we commemorate Hypatios the wonderworker, bishop of Gangra; Venerable Akakios the Confessor, bishop of Melitene; the holy and glorious Prophet Joel; and the repose of Innocent, metropolitan of Moscow, enlightener of the Aleuts and apostle to America; and Jonah, metropolitan of Moscow. On this same day, the Second Sunday of the Fast, we make remembrance of our father among the saints, Gregory Palamas, archbishop of Thessalonica. This divine father was born in Asia and was brought up from infancy in the royal palace of Constantinople. When he was of age, Gregory left the palace and gave himself to asceticism on Mount Athos. He eventually moved to Thessalonica to seek cure for the diseases he contracted because of his asceticism and piety. In 1349, he was elevated to the episcopacy, tending to his people in an Apostolic fashion for 13 years. He is glorified as an ascetic, a theologian, a hierarch and a miracle-worker, who forsook a prominent, secular lifestyle to take up his cross and follow Christ. The Most-Holy Theotokos, St. John the Theologian, St. Demetrius, St. Anthony the Great, St. John Chrysostom and angels of God appeared to him at different times. Through his intercessions, O Lord Jesus Christ our God, have mercy upon us. Amen.