

**ORTHROS ON SUNDAY, JANUARY 31, 2021****TONE 1 / EOTHINON 1****HOLY AND WONDERWORKING UNMERCENARIES CYRUS AND JOHN**

MARTYRS ATHANASIA AND HER DAUGHTERS THEODOTA, THEOKTISTE AND EUDOXIA OF EGYPT;  
NEW-MARTYR ELIAS IN THE PELOPONNESUS; NIKITA OF THE KIEV CAVES, BISHOP OF NOVGOROD

<b>Priest:</b> Blessed is our God, always, now and ever, and unto the ages of ages.	الكاهن: تبارك الله إلهنا كل حين، الآن وكل أوانٍ وإلى دهر الداهرين.
<b>Choir:</b> Amen.	الجوقة: آمين.
<b>Reader:</b> Holy God, Holy Mighty, Holy Immortal: have mercy on us. ( <i>thrice</i> )	المرتل: قُدوسُ الله، قُدوسُ القوي، قُدوسُ الذي لا يموت، ارحمنا. (ثلاثاً)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	المجدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ الْقُدُسِ، الآنَ وَكُلَّ أوانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake. Lord, have mercy. ( <i>thrice</i> )	أَيُّهَا الثَّالوثُ الْقُدُوسُ ارْحَمْنَا، يَا رَبُّ اغْفُرْ خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَن سَيِّئَاتِنَا، يَا قُدُوسُ اطَّلِعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ. يَا رَبُّ ارْحَمْنَا. (ثلاثاً)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	المجدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ الْقُدُسِ، الآنَ وَكُلَّ أوانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.	أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ مَلَكُوتُكَ، لِتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الْأَرْضِ، خُبِّرْنَا الْجَوْهَرِيَّ اعْطِنَا الْيَوْمَ، وَاتْرُكْ لَنَا مَا عَلَيْنَا كَمَا نَتْرُكُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجْرِبَةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِّيرِ.
<b>Priest:</b> For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.	الكاهن: لِأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا الْآبُ وَالإِبْنُ وَالرُّوحُ الْقُدُسُ، الآنَ وَكُلَّ أوانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
<b>Reader:</b> Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.	القارئ: آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيراثَكَ، وَامْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى الشَّرِّيرِ، وَاحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.

<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i></p> <p>Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.</p>	<p>المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ.</p> <p>يَا مَنْ اِرْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَارًا، أَيُّهَا الْمَسِيحُ الإِلهَ، امْنَحْ رَأْفَتَكَ لِشَعْبِكَ الْجَدِيدِ الْمُسَمَّى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ، مَانِحًا إِيَّاهُمْ الْعَلْبَةَ عَلَى مُحَارِبِيهِمْ. لِيَكُنْ لَهُمْ مَعُونَتُكَ سِلَاحًا لِلسَّلَامِ، وَظَفْرًا غَيْرَ مَقْهُورٍ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i></p> <p>O Champion dread, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَاهِرِينَ. آمِينَ.</p> <p>أَيُّتُّهَا الشَّفِيعَةُ الرَّهِيْبَةُ غَيْرُ الْمَخْذُولَةِ، يَا وَالِدَةَ الإِلهِ الْكَلِيَّةَ التَّسْبِيحِ، لَا تُعْرِضِي يَا صَالِحَةَ عَنْ تَوْسَلَاتِنَا، بَلْ وَطِّدِي سِيْرَةَ الْمُسْتَقِيْمِي الرَّأْيِ، وَخَلِّصِي الَّذِينَ أَمَرْتِ أَنْ يَتَمَلَّكُوا، وَامْنَحِيهِمُ الْعَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنَّكَ وُلِدْتِ الإِلهَ، أَيُّتُّهَا الْمُبَارَكَةُ وَحْدَكَ.</p>
<b>LITANY</b>	
<p><b>Priest:</b> Have mercy on us, O God, according to Thy great goodness, we pray Thee, hearken and have mercy.</p>	<p>الكَاهِنُ: إِرْحَمْنَا يَا اللهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَارْحَمْ.</p>
<p><b>Choir:</b> Lord, have mercy. (<i>thrice</i>)</p>	<p>الجوقة: يَا رَبُّ ارْحَمْ. (ثَلَاثًا)</p>
<p><b>Priest:</b> Again we pray for all pious and Orthodox Christians.</p>	<p>الكَاهِنُ: وَأَيْضًا نَطْلُبُ مِنْ أَجْلِ الْمَسِيحِيِّينَ الْحَسَنِي الْعِبَادَةِ الأَرْتُوذُكْسِيِّينَ.</p>
<p><b>Choir:</b> Lord, have mercy. (<i>thrice</i>)</p>	<p>الجوقة: يَا رَبُّ ارْحَمْ. (ثَلَاثًا)</p>
<p><b>Priest:</b> Again we pray for our Father and Metropolitan _____, and for Bishop _____, and all our brethren in Christ.</p>	<p>الكَاهِنُ: وَأَيْضًا نَطْلُبُ مِنْ أَجْلِ آبِينَا وَمِتْرُوبُولِيْتِنَا (فُلَان) وَرَبِّيسِ كَهَنَتِنَا (فُلَان)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.</p>
<p><b>Choir:</b> Lord, have mercy. (<i>thrice</i>)</p>	<p>الجوقة: يَا رَبُّ ارْحَمْ. (ثَلَاثًا)</p>
<p><b>Priest:</b> For Thou art a merciful God, and lovest mankind, and unto thee do we ascribe glory to the Father, and to the Son, and to the Holy Spirit:</p>	<p>الكَاهِنُ: لِأَنَّكَ إِلهٌ رَحِيمٌ وَمُحِبٌّ لِلبَشَرِ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الآبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الآنَ وَكُلَّ أَوَانٍ</p>

now and ever, and unto ages of ages.	وَالِي دَهْرِ الدَّاهِرِينَ.
<b>Choir:</b> Amen. Bless, father, in the Name of the Lord.	<b>الجوقة:</b> آمين، بِاسْمِ الرَّبِّ بَارِكْ يَا أَب.
<b>Priest:</b> Glory to the Holy, Consubstantial, Life-giving and Undivided Trinity, always, now and ever, and unto ages of ages.	<b>الكاهن:</b> المَجْدُ لِلثَّالُوثِ القُدُّوسِ، الواحدِ في الجَوْهَرِ، المُحْيِي، غَيْرِ المُنْقَسِمِ، كُلِّ حِينٍ، الآنَ وَكُلَّ أوانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
<b>Choir:</b> Amen.	<b>الجوقة:</b> آمين.
Glory to God in the highest, and on earth peace, and good will toward men. ( <i>thrice</i> ) O Lord, open Thou my lips, and my mouth shall show forth Thy praise. ( <i>twice</i> )	المَجْدُ لِلَّهِ فِي العُلَى، وَعَلَى الأَرْضِ السَّلَامُ، وَفِي النَّاسِ المَسْرَةَ. (ثَلَاثًا) يَا رَبُّ افْتَحْ شَفَتِي فَيُخْبِرَ فَمِي بِتَسْبِحَتِكَ. (مَرَّتَيْنِ)

### PSALM 3

O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people.  
I laid me down and slept; I awoke, for the Lord will help me.

يَا رَبُّ لِمَاذَا كَثُرَ الَّذِينَ يُحْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِإِلَهِهِ. وَأَنْتَ يَا رَبُّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ المُحِيطِينَ بِي، المُتَوَازِرِينَ عَلَيَّ. قُمْ يَا رَبُّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ صَرَبْتَ كُلَّ مَنْ يُعَادِينِي بِاطِّلاً، وَسَحَقْتَ أَسْنَانَ الخَطَاةِ. لِلرَّبِّ الخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَتُكَ.  
أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.

### PSALM 37

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon

يَا رَبُّ، لَا بَغْضَبِكَ تُؤَبِّخْنِي، وَلَا بِرِجْزِكَ تُؤَدِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ

me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftiness all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

تَقِيلِ قَدْ ثَقُلْتُ عَلَيَّ. قَدْ أَنْتَنَتْ وَقَاحَتْ جِرَاحَاتِي مِنْ قَبْلِ جَهَالَتِي. شَقِيتُ وَأَنْحَنَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِيًى وَلَيْسَ لِجَسَدِي شِفَاءً. شَقِيتُ وَأَتَضَعْتُ جِدًّا، وَكُنْتُ أَيْنٌ مَنْ تَتَهَدَّى قَلْبِي. يَا رَبُّ، إِنَّ بُغْيَتِي كُلَّهَا أَمَامَكَ، وَتَتَهَدَّى لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورُ عَيْنِي أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرَبَائِي دَنَوْا مِنِّي وَوَقَفُوا لَدَيَّ، وَجَنَسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدَنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَغَشُوشًا طُولَ النَّهَارِ دَرَسُوا. أَمَّا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاهَهُ. وَصِرْتُ كَأِنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لِأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَالْإِلَهِي. لِأَنِّي قُلْتُ لَا يَشْمَتْ بِي أَعْدَائِي، وَعِنْدَمَا زَلَّتْ قَدَمَايَ عَظَّمُوا عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيَّ فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أُخْبِرُ بِإِثْمِي، وَأَهْتَمُّ مِنْ أَجْلِ خَطِيئَتِي. أَمَّا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبَغِضُونَنِي ظُلْمًا، الَّذِينَ جَارُونِي بَدَلَ الْخَيْرِ شَرًّا، مَحَلُّوا بِي لِأَجْلِ ابْتِغَائِي الصَّلَاحِ. فَلَا تُهْمَلْنِي يَا رَبِّي وَالْإِلَهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبُّ خَلَاصِي.

فَلَا تُهْمَلْنِي يَا رَبِّي وَالْإِلَهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبُّ خَلَاصِي.

### PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and

يَا اللَّهُ إِلَهِي إِلَيْكَ أَبْتَكِرُ. عَطِشَتْ إِلَيْكَ نَفْسِي، وَاشْتَاقَ إِلَيْكَ جَسَدِي، فِي أَرْضٍ بَرِّيَّةٍ وَغَيْرِ مَسْلُوكَةٍ وَعَادِمَةٍ

untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory, For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.

At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE)

Lord, have mercy. (THRICE)

*Glory to the Father, and to the Son, and to the Holy Spirit.*

الماء. هكذا ظَهَرْتُ لَكَ فِي الْقُدْسِ لِأَعْيُنِ قُوَّتِكَ وَمَجْدِكَ. لِأَنَّ رَحْمَتَكَ أَفْضَلُ مِنَ الْحَيَاةِ، وَشَفَّتِي تُسَبِّحَانِكَ. هَكَذَا أُبَارِكُكَ فِي حَيَاتِي وَبِاسْمِكَ أَرْفَعُ يَدَيَّ، فَتَمَلِّئْ نَفْسِي كَمَا مِنْ شَحْمٍ وَدَسَمٍ، وَبِشِفَاهِ الْإِبْتِهَاجِ يُسَبِّحُكَ فَمِي. إِذَا ذَكَرْتُكَ عَلَى فِرَاشِي، هَدَدْتُ بِكَ فِي الْأَسْحَارِ، لِأَنَّكَ صِرْتَ لِي عَوْنًا وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. ائْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينُكَ. أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي بَاطِلًا، فَسَيَدْخُلُونَ فِي أَسْفَلِ الْأَرْضِ، وَيُدْفَعُونَ إِلَى أَيْدِي السُّيُوفِ، وَيَكُونُونَ أَنْصَبَةً لِلتَّعَالِبِ. أَمَّا الْمَلِكُ فَيُسِرُّ بِاللَّهِ، وَيُمْتَدِّحُ كُلُّ مَنْ يَخْلِفُ بِهِ، لِأَنَّهُ قَدْ سَدَّتْ أَفْوَاهُ الْمُتَكَلِّمِينَ بِالظُّلْمِ.

هَدَدْتُ بِكَ فِي الْأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا، وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. ائْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتَ يَمِينُكَ.

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدْسِ، الْآنَ وَكُلَّ أَوَانٍ، وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.

هَلْلُوِيَا، هَلْلُوِيَا، هَلْلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)

يَا رَبُّ ارْحَمِ. (ثَلَاثًا)

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدْسِ.

### PSALM 87

*Both now and ever, and unto ages of ages. Amen.*

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I

الْآنَ وَكُلَّ أَوَانٍ، وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمَلْ أُنْذِكَ إِلَى طَلِبَتِي، فَقَدْ ائْتَلَّاتُ مِنَ الشُّرُورِ نَفْسِي، وَدَنَّتْ مِنَ الْجَحِيمِ

am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

حَيَاتِي. حُسِبْتُ مَعَ الْمُنْحَدِرِينَ فِي الْجُبِّ، صِرْتُ مِثْلَ  
إِنْسَانٍ لَيْسَ لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ الْأَمْوَاتِ مِثْلَ الْقَتْلَى  
الرَّاقِدِينَ فِي الْقُبُورِ، الَّذِينَ لَا تَذْكُرُهُمْ أَيْضًا، وَهُمْ مِنْ  
يَدِكَ مُفْصُونُونَ. جَعَلُونِي فِي جُبِّ أَسْفَلِ السَّافِلِينَ، فِي  
ظُلُمَاتِ الْمَوْتِ وَظِلَالِهِ. عَلَيَّ اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ  
أَهْوَالِكَ أَجَزَّتْهَا عَلَيَّ. أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلُونِي  
لَهُمْ رَجَاسَةً. قَدْ أَسْلَمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعُفَتْ  
مِنَ الْمَسْكَنَةِ. صَرَخْتُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ وَإِلَيْكَ  
بَسَطْتُ يَدَيَّ. أَلْعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ الْعَجَائِبَ؟ أَمْ  
الْأَطِبَّاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ يُحَدِّثُ أَحَدٌ فِي  
الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟ هَلْ تُعْرِفُ فِي  
الظُّلْمَةِ عَجَائِبُكَ، وَعَدْلُكَ فِي أَرْضٍ مَنْسِيَّةٍ؟ وَأَنَا إِلَيْكَ،  
يَا رَبُّ، صَرَخْتُ فَتَبَلَّغْكَ فِي الْغَدَاةِ صَلَاتِي. لِمَاذَا، يَا  
رَبُّ، تُقْصِي نَفْسِي وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا،  
وَفِي الشَّقَاءِ مُنْذُ شَبَابِي، وَحِينَ ارْتَفَعْتُ اتَّضَعْتُ  
وَتَحَيَّرْتُ. عَلَيَّ جَازَ رِجْزُكَ، وَمُفْزِعَاتُكَ أَرْعَجْتَنِي.  
أَحَاطَتْ بِي كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اكْتَنَفْتَنِي مَعًا. أَبْعَدْتَ  
عَنِّي الصَّدِيقَ وَالْقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ  
أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمِلْ أُذُنَكَ إِلَى طَلِبَتِي.

## PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who

بَارِكِي يَا نَفْسِي الرَّبَّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي اسْمَهُ  
الْقُدُّوسِ. بَارِكِي يَا نَفْسِي الرَّبَّ، وَلَا تَنْسِي جَمِيعَ  
مُكَافَاتِهِ. الَّذِي يَعْغُرُ جَمِيعَ آثَامِكَ، الَّذِي يَشْفِي جَمِيعَ

crowneth thee with mercy and compassion,  
 Who fulfilleth thy desire with good things; thy  
 youth shall be renewed as the eagle's. The Lord  
 performeth deeds of mercy, and executeth  
 judgment for all them that are wronged. He hath  
 made His ways known unto Moses, unto the  
 sons of Israel the things that He hath willed.  
 Compassionate and merciful is the Lord, long-  
 suffering and plenteous in mercy; not unto the  
 end will He be angered; neither unto eternity  
 will He be wroth. Not according to our iniquities  
 hath He dealt with us, neither according to our  
 sins hath He rewarded us. For according to the  
 height of heaven from the earth, the Lord hath  
 made His mercy to prevail over them that fear  
 Him. As far as the east is from the west, so far  
 hath He removed our iniquities from us. Like as  
 a father hath compassion upon his sons, so hath  
 the Lord had compassion upon them that fear  
 Him; for He knoweth whereof we are made, He  
 hath remembered that we are dust. As for man,  
 his days are as the grass; as a flower of the field,  
 so shall he blossom forth. For when the wind is  
 passed over it, then it shall be gone, and no  
 longer will it know the place thereof. But the  
 mercy of the Lord is from eternity, even unto  
 eternity, upon them that fear Him. And His  
 righteousness is upon sons of sons, upon them  
 that keep His testament and remember His  
 commandments to do them. The Lord in heaven  
 hath prepared His throne, and His kingdom  
 ruleth over all. Bless the Lord, all ye His angels,  
 mighty in strength, that perform His word, to  
 hear the voice of His words. Bless the Lord, all  
 ye His hosts, His ministers that do His will.  
 Bless the Lord, all ye His works, in every place  
 of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the  
 Lord, O my soul.

أَمْرَاضِكَ، الَّذِي يُنَجِّي مِنَ الْفَسَادِ حَيَاتِكَ، الَّذِي يُكَلِّلُكَ  
 بِالرَّحْمَةِ وَالرَّأْفَةِ، الَّذِي يُشْبِعُ بِالْخَيْرَاتِ شَهْوَاتِكَ، فَيَتَجَدَّدُ  
 كَالنَّسْرِ شَبَابُكَ. الرَّبُّ صَانِعُ الرَّحْمَاتِ وَالْقَضَاءِ لِجَمِيعِ  
 الْمَظْلُومِينَ. عَرَفَ مُوسَى طُرُقَهُ، وَبَنِي إِسْرَائِيلَ  
 مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ وَرَوْوْفٌ، طَوِيلُ الْأَنَاءِ وَكَثِيرُ  
 الرَّحْمَةِ، لَيْسَ إِلَى الْإِنْقِضَاءِ يَسْخَطُ، وَلَا إِلَى الدَّهْرِ  
 يَحْقِدُ. لَا عَلَى حَسَبِ آثَامِنَا صَنَعَ مَعَنَا، وَلَا عَلَى حَسَبِ  
 خَطَايَانَا جَازَانَا. لِأَنَّهُ بِمِقْدَارِ اِرْتِفَاعِ السَّمَاءِ عَنِ  
 الْأَرْضِ، قَوَى الرَّبُّ رَحْمَتَهُ عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ  
 بُعْدِ الْمَشْرِقِ مِنَ الْمَغْرِبِ أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَّفُ  
 الْأَبُ بِالْبَنِينَ، يَتَرَأَّفُ الرَّبُّ بِخَائِفِيهِ، لِأَنَّهُ عَرَفَ جَبَلَاتِنَا  
 وَذَكَرَ أَنَّنَا تُرَابٌ نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ أَيَّامُهُ وَكَزَهْرِ  
 الْحَقْلِ كَذَلِكَ يُزْهَرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ الرِّيحُ لَيْسَ يَثْبُتُ  
 وَلَا يُعْرَفُ أَيْضًا مَوْضِعُهُ. أَمَّا رَحْمَةُ الرَّبِّ فَهِيَ مُنْذُ  
 الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى  
 أَبْنَاءِ الْبَنِينَ الْحَافِظِينَ عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ  
 لِيَصْنَعُوهَا. الرَّبُّ هَيَأُ عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسْوَدُ  
 عَلَى الْجَمِيعِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقْتَدِرِينَ  
 بِقُوَّةٍ، الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ. بَارِكُوا  
 الرَّبَّ يَا جَمِيعَ قُوَّاتِهِ، يَا خُدَّامَهُ الْعَامِلِينَ إِرَادَتَهُ. بَارِكُوا  
 الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ مَوْضِعٍ سِيَادَتِهِ. بَارِكِي  
 يَا نَفْسِي الرَّبَّ.

فِي كُلِّ مَوْضِعٍ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

O Lord, give ear unto my supplication and enter not into judgment with Thy servant. (TWICE)

Thy good Spirit shall lead me in the land of uprightness.

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

*Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE)*

يا رَبُّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَى طَلِبَتِي.  
إِسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ،  
فَإِنَّهُ لَنْ يَتَزَكَّى أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ  
نَفْسِي، وَأَذَلَّ إِلَى الْأَرْضِ حَيَاتِي، وَأَجْلَسَنِي فِي  
الظُّلُمَاتِ مِثْلَ الْمَوْتَى مُنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي  
وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الْأَيَّامَ الْقَدِيمَةَ.  
هَذَاذُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ.  
بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَأَرْضٍ لَا تُمَطَّرُ. أَسْرِعْ  
فَاسْتَجِبْ لِي يَا رَبُّ، فَقَدْ فَنِيَتْ رُوحِي. لَا تَصْرِفْ  
وَجْهَكَ عَنِّي، فَأَشَابَهُ الْهَابِطِينَ فِي الْجُبِّ. اجْعَلْنِي فِي  
الغَدَاةِ مُسْتَمِعًا رَحْمَتِكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا  
رَبُّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي.  
أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبُّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلَّمْنِي  
أَنْ أَعْمَلَ مَرْضَاتِكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحَكَ الصَّالِحَ  
يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبُّ،  
تُحْيِينِي. بِعَدْلِكَ تُخْرِجُ مِنَ الْحُزْنِ نَفْسِي، وَبِرَحْمَتِكَ  
تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي  
لَأَنِّي أَنَا عَبْدُكَ.

إِسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ.  
(مَرَّتَيْنِ)

روحَكَ الصَّالِحَ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى  
دَهْرِ الدَّاهِرِينَ، آمِينَ.

هَلْلُوِيَا، هَلْلُوِيَا، هَلْلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)



<i>O our God and our Hope, glory to Thee!</i>	يا إِلَهنا، وَرَجاءنا، لَكَ المَجْد.
<b>THE GREAT LITANY</b>	
<b>Priest:</b> In peace, let us pray to the Lord.	الكاهن: بِسْلامٍ إِلى الرَّبِّ نَطْلب.
<b>Choir:</b> Lord, have mercy.	الجوقة: يا رَبُّ ارْحَم.
<b>Priest:</b> For the peace from above, and for the salvation of our souls, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ السَّلامِ الَّذِي مِنَ العُلَى وَخِلاصِ نَفُوسِنا، إِلى الرَّبِّ نَطْلب.
<b>Choir:</b> Lord, have mercy.	الجوقة: يا رَبُّ ارْحَم.
<b>Priest:</b> For the peace of the whole world; for the good estate of the holy churches of God, and for the union of all men, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ سَلامِ كُلِّ العالَمِ، وَحُسْنِ ثَباتِ كِنايسِ اللهُ المُقَدَّسة، وَاتِّحادِ الجَميعِ، إِلى الرَّبِّ نَطْلب.
<b>Choir:</b> Lord, have mercy.	الجوقة: يا رَبُّ ارْحَم.
<b>Priest:</b> For this holy House, and for those who with faith, reverence, and fear of God enter therein, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هَذا البَيتِ المُقَدَّسِ، وَالَّذِينَ يَدْخُلُونَ إِليه بِإِيمانٍ وَوَرعٍ وَخَوفِ اللهُ، إِلى الرَّبِّ نَطْلب.
<b>Choir:</b> Lord, have mercy.	الجوقة: يا رَبُّ ارْحَم.
<b>Priest:</b> For our father and Metropolitan N., (and for our Bishop N.), for the venerable Priesthood, the Diaconate in Christ, for all the clergy and the people, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ أبينا وَمِترُوبوليتنا (فلان) ورئيسِ كَهَنَتنا (فُلان)، وَالكَهَنَةَ المُكْرَمينَ، وَالشَّمامِسَةَ، خُدَّامِ المَسِيحِ، وَجَميعِ الإكليرُوسِ والشَّعبِ، إِلى الرَّبِّ نَطْلب.
<b>Choir:</b> Lord, have mercy.	الجوقة: يا رَبُّ ارْحَم.
<b>Priest:</b> For Metropolitan PAUL, Archbishop JOHN, and for their quick release from captivity and safe return, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ المِترُوبوليتِ بولُسَ والمِطرانِ يوحنا وَفَكَ أُسرِهِما وَعَوْدَتِهِما سالِمينَ، إِلى الرَّبِّ نَطْلب.
<b>Choir:</b> Lord, have mercy.	الجوقة: يا رَبُّ ارْحَم.
<b>(In the U.S.) Priest:</b> For the President of the United States and all civil authorities and for our Armed Forces everywhere, let us pray to the Lord.	(في أمريكا) الكاهن: مِنْ أَجْلِ حُكَّامِ هَذا البَلَدِ، وَمُؤارَراتِهِمْ في كُلِّ عَمَلٍ صالحٍ، إِلى الرَّبِّ نَطْلب.
<b>(In Canada) Priest:</b> For Her Majesty, the Queen, for the Prime Minister of Canada, and all civil authorities and for our Armed Forces	(في كندا) الكاهن: مِنْ أَجْلِ جِلالَةِ المَلِكَةِ ورئيسِ وِزراءِ كندا وَسُلطانِها المَدنيَّةِ وَقُوَّاتِها العَسْكريَّةِ، إِلى

everywhere, let us pray to the Lord.	الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	الجوقة: يَا رَبُّ ارْحَم.
<b>Priest:</b> For this city, and for every city and land, and for the faithful, who dwell therein; let us pray to the Lord.	الكاهن: مِنْ أَجْلِ هَذِهِ الْمَدِينَةِ، وَجَمِيعِ الْمُدُنِ وَالْقُرَى، وَالْمُؤْمِنِينَ السَّاكِنِينَ فِيهَا، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	الجوقة: يَا رَبُّ ارْحَم.
<b>Priest:</b> For healthful seasons, for abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ اعْتِدَالِ الْأَهْوِيَةِ، وَخَصْبِ ثَمَارِ الْأَرْضِ وَأَوْقَاتِ سَلَامِيَّةٍ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	الجوقة: يَا رَبُّ ارْحَم.
<b>Priest:</b> For travelers by sea, by land, and by air; for the sick and the suffering; for captives and their salvation, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ الْمُسَافِرِينَ فِي الْبَحْرِ وَالْبَرِّ وَالْجَوِّ، وَالْمَرْضَى وَالْمُتَأَلِّمِينَ وَالْأَسْرَى، وَخَلَاصِهِمْ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	الجوقة: يَا رَبُّ ارْحَم.
<b>Priest:</b> For our deliverance from all tribulation, wrath, danger, and necessity, let us pray to the Lord.	الكاهن: مِنْ أَجْلِ نَجَاتِنَا مِنْ كُلِّ ضَيْقٍ وَغَضَبٍ وَخَطَرٍ وَشِدَّةٍ إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	الجوقة: يَا رَبُّ ارْحَم.
<b>Priest:</b> Help us; save us; have mercy on us; and keep us, O God, by Thy grace.	الكاهن: أَعُضِدْ وَخَلِّصْ وَارْحَمْ واحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.
<b>Choir:</b> Lord, have mercy.	الجوقة: يَا رَبُّ ارْحَم.
<b>Priest:</b> Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady Theotokos and ever-Virgin Mary, with all the Saints, let us commend ourselves and each other, and all our life unto Christ our God.	الكاهن: بَعْدَ ذِكْرِنَا الْكُلِّيَّةِ الْقَدَّاسَةِ الطَّاهِرَةِ الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبِتُولِيَّةِ مَرْيَمَ، مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.
<b>Choir:</b> To Thee, O Lord.	الجوقة: لَكَ يَا رَبِّ.
<b>Priest:</b> For unto Thee are due all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.	الكاهن: لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرَامٍ وَسُجُودٍ، أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

<b>Choir:</b> Amen.	الجوقة: آمين.
<b>“GOD IS THE LORD” IN TONE ONE</b>	
<b>Chanter:</b> God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. ( <i>Repeat after verses</i> )	المُرْتَل: اللهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. (تُعَادُ بَعْدَ الْإِسْتِيخونات)
1. O give thanks unto the Lord, and call upon His holy Name.	1 -إِعْتَرِفُوا لِلرَّبِّ وَاذْعُوا بِاسْمِهِ الْقُدَّوسِ.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.	2 -كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ قَهَرْتُهُمْ.
3. This is the Lord’s doing; it is marvelous in our eyes.	3 -مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا.
<b>RESURRECTIONAL APOLYTIKION IN TONE ONE</b>	
While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.	إِنَّ الْحَجَرَ لَمَّا خُتِمَ مِنَ الْيَهُودِ، وَجَسَدَكَ الطَّاهِرَ حُفِظَ مِنَ الْجُنْدِ، فُمِتَ فِي الْيَوْمِ الثَّالِثِ أَيُّهَا الْمُخْلِصُ، مَانِحاً العَالَمَ الْحَيَاةَ. لِذَلِكَ قُوَّتِ السَّمَاوَاتِ، هَتَقُوا إِلَيْكَ يَا وَاهِبَ الْحَيَاةَ: الْمَجْدُ لِقِيَامَتِكَ أَيُّهَا الْمَسِيحُ، الْمَجْدُ لِمُلْكِكَ، الْمَجْدُ لِتَدْبِيرِكَ، يَا مُحِبَّ الْبَشَرِ وَحَدَّكَ.
<b>APOLYTIKION FOR SS. CYRUS AND JOHN IN TONE FIVE</b>	
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Since Thou hast given us the miracles of Thy holy Martyrs, Cyrus and John, as an invincible battlement, by their entreaties scatter the counsels of the heathen, O Christ our God, and strengthen the faith of Orthodox Christians, since Thou alone art good and the Lover of mankind.	الْمَجْدُ لِلآبِ، وَالْإِبْنِ، وَالرُّوحِ الْقُدَّسِ. لَقَدْ مَنَحْتَنَا عَجَائِبَ قَدْسِيكَ الشَّهِيدَيْنِ، سَوْرًا مَنِيعًا أَيُّهَا الْمَسِيحُ الْإِلَهَ. فَبِتَضَرُّعَاتِهِمَا أَنْبِطُنْ مَشُورَاتِ الْأُمَمِ، وَتَبِّتْ أَرْكَانَ الْإِيمَانِ، بِمَا أَنْتَ وَحَدَّكَ صَالِحٌ وَمُحِبُّ لِلْبَشَرِ.
<b>RESURRECTIONAL THEOTOKION IN TONE FIVE</b>	
<i>Both now and ever, and unto ages of ages. Amen.</i> Rejoice, O uncrossed gate; rejoice, O wall and protection of those who hasten unto thee; rejoice, O quiet haven, who hast not known wedlock, O thou who hast given birth in the flesh to thy Creator and God. Thou shalt continue to intercede for the sake of those who	الآن وكلَّ أوانٍ وإلى دَهْرِ الداهِرِينَ. آمين. إِفْرَحِي يَا بَابَ الرَّبِّ الْمُتَمَتِّعِ الْعُبُورِ فِيهِ، إِفْرَحِي يَا سُورًا وَسِتْرًا لِلْمَسَارِعِينَ إِلَيْكَ، إِفْرَحِي أَيُّهَا الْمِينَاءُ الْهَادِيُ الَّتِي لَمْ تَعْرِفْ زَوْجًا، الْوَالِدَةُ بِالْجَسَدِ خَالِقِكَ

praise and worship thy birth-giving.

وَالْهَيْكَلِ. فَلَا تَكْفِي مُتَوَسِّلَةً مِنْ أَجْلِ الْمُسَبِّحِينَ  
وَالسَّاجِدِينَ لِمَوْلِدِكَ.

### THE LITTLE LITANY

**Priest:** Again and again, in peace, let us pray to the Lord.

**Choir:** Lord, have mercy.

**Priest:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

**Choir:** Lord, have mercy.

**Priest:** Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God.

**Choir:** To Thee, O Lord.

**Priest:** For Thine is the majesty, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

**Choir:** Amen.

الكَاهِنُ: أَيْضاً وَأَيْضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.

الجوق: يَا رَبُّ ارْحَمْنَا.

الكَاهِنُ: أَعْضُدْ، وَخَلِّصْ، وَارْحَمْنَا، وَاحْفَظْنَا يَا اللَّهُ  
بِنِعْمَتِكَ.

الجوق: يَا رَبُّ ارْحَمْنَا.

الكَاهِنُ: بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ  
الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ  
مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً  
وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.

الجوق: لَكَ يَا رَبُّ.

الكَاهِنُ: لِأَنَّ لَكَ الْعِزَّةَ وَلَكَ الْمُلْكَ وَالْقُوَّةَ وَالْمَجْدَ أَيُّهَا  
الْأَبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ  
الدَّاهِرِينَ.

الجوق: آمِينَ.

### FIRST TONE RESURRECTIONAL KATHISMATA (Plain Reading)

#### First Kathisma

The soldiers who kept watch over Thy grave, O Savior, became as dead from the shining of the appearing angel who told the good tidings of the Resurrection to the women. Thee, therefore, do we glorify, O Remover of corruption, and to Thee do we bow, O Thou Who didst rise from the grave, O Thou, our only Lord.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Thou was nailed upon the cross willingly, O merciful One; and Thou wast placed in a grave like one who is dead, O Giver of Life, trampling the pride of death, O mighty One; for because of Thee the gatekeepers of Hades did tremble; and

أَيُّهَا الْمُخَلِّصُ، إِنَّ الْجُنْدَ الْحَافِظِي قَبْرِكَ قَدْ صَارُوا  
كَالْمَوَاتِ مِنْ بَرَقِ الْمَلَائِكِ الظَّاهِرِ، الْمُبَشِّرِ النِّسْوَةَ  
بِالْقِيَامَةِ. فَإِيَّاكَ نُمَجِّدُ أَيُّهَا الْمَزِيلُ الْفَسَادِ، وَلَكَ نَجْثُو  
أَيُّهَا النَّاهِضُ مِنَ الْقَبْرِ، يَا إِلَهَنَا وَحْدَكَ.

الْمَجْدُ لِلْأَبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّسِ.

قَدْ سُمِّرْتَ عَلَى الصَّلِيبِ طَوْعاً يَا رَوْوْفُ، وَوَضِعْتَ  
فِي قَبْرِ كَمَاثِيَةٍ يَا مُعْطِي الْحَيَاةِ. فَسَخَقْتَ بِمَوْتِكَ عِرَّةَ  
الْمَوْتِ أَيُّهَا الْقَوِيُّ، لِأَنَّ مِنْكَ ارْتَعَدَ بَوَابُ الْجَحِيمِ،

Thou didst raise the dead with Thee from eternity; for Thou alone art the Lover of mankind.

*(Theotokion of the Resurrectional Apolytikion)*  
*Both now and ever, and unto ages of ages. Amen.*

As Gabriel cried aloud unto thee, "Hail, O Virgin," with that cry did the Lord of all become incarnate in thee, O holy ark, as spake the righteous David; and Thou wast revealed as more spacious than the heavens, in that thou bore thy Creator. Wherefore, glory to Him Who abode in thee; glory to Him Who came from thee; glory to Him, Who through thy birth-giving hath set us free.

وَأَقَمْتَ مَعَكَ الْمَوْتَى مِنْذُ الدَّهْرِ، بِمَا أَنْتَ وَحْدَكَ مُحِبُّ  
البَشَرِ.

(وَالِدِيَّة طَرُوبَارِيَّة اللَّحْنِ الْأَوَّلِ) الْآنَ وَكُلَّ أَوَانٍ وَإِلَى  
دَهْرِ الدَّاهِرِينَ، آمِينَ.

إِنَّ جِبْرَائِيلَ لَمَّا تَقَوَّه نَحْوَكِ أَيُّهَا الْعَذْرَاءُ بِالسَّلَامِ، فَمَعَ  
الصَّوْتِ تَجَسَّدَ سَيِّدُ الْكُلِّ فِيكَ، أَيُّهَا السَّفِينَةُ الْمُقَدَّسَةُ،  
كَمَا قَالَ دَاوُدُ الصِّدِّيقِ. وَظَهَرْتَ أَرْحَبَ مِنَ السَّمَاوَاتِ  
حَامِلَةً خَالِقِكَ. فَالْمَجْدُ لِلَّذِي حَلَّ فِيكَ، الْمَجْدُ لِلَّذِي  
أَتَى مِنْكَ، الْمَجْدُ لِلَّذِي أَعْتَقَنَا بِوِلَادَتِهِ مِنْكَ.

### Second Kathisma

Verily the women did proceed to the grave early, where they beheld an angelic scene, and did tremble. And when the grave shone forth with life they were struck with astonishment. Wherefore, they returned to the disciples and did preach the Resurrection, saying, Verily, Christ hath invaded Hades; for He alone is the powerful and mighty One; and He raised with Him all those who were corrupt, and with the power of His Cross He removed the fear of condemnation.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Thou wast verily nailed upon the Cross, O Life of all; and wast numbered among the dead, O deathless Lord. Thou didst rise after three days, O Savior, and didst raise Adam from corruption. Wherefore, the heavenly powers shouted to Thee, O giver of life; Glory to Thy passion, O Christ, Glory to Thy resurrection, Glory to Thy condescension, O Thou alone the Lover of mankind.

*Both now and ever, and unto ages of ages. Amen.*

O Mary, the reverend abode of the Lord, lift us who have fallen in the abyss of evil despair, trespasses and sorrows; for thou didst give

إِنَّ النِّسْوَةَ وَافِيْنَ الْقَبْرِ مُبْتَكِرَاتٍ، فَرَأَيْنَ مَنْظَرًا مَلَائِكِيًّا،  
فَارْتَعَدْنَ. وَإِذْ أَشْرَقَ الْقَبْرُ حَيَاةً، انْدَهَشْنَ مِنَ الْعَجَبِ.  
لِأَجْلِ هَذَا حَاضِرْنَ إِلَى التَّلَامِيذِ، وَبَشَّرْنَ بِالْقِيَامَةِ  
قَائِلَاتٍ: إِنَّ الْمَسِيحَ قَدْ سَبَى الْجَحِيمَ لِأَنَّهُ الْقَوِيُّ الْعَزِيزُ  
وَخَدَهُ، وَأَقَامَ مَعَهُ جَمِيعَ الْبَالِيْنَ، وَحَلَّ خَوْفَ الدَّيْنُونَةِ  
بِقُوَّةِ صَلِيْبِهِ.

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّسِ.

قَدْ سُمِّرْتَ عَلَى الصَّلِيبِ يَا حَيَاةَ الْكُلِّ، وَحُسِبْتَ مَعَ  
الْأَمْوَاتِ أَيُّهَا الرَّبُّ الْفَاقِدُ الْمَوْتِ، وَقُمْتَ بَعْدَ ثَلَاثَةِ أَيَّامٍ  
يَا مُخَلِّصُ، وَأَنْهَضْتَ آدَمَ مِنَ الْفَسَادِ. لِذَلِكَ هَنَقْتَ  
الْقُوَّاتِ السَّمَاوِيَّةِ إِلَيْكَ يَا مُعْطِيَ الْحَيَاةِ: الْمَجْدُ لِلْأَمَلِكِ  
أَيُّهَا الْمَسِيحُ، الْمَجْدُ لِقِيَامَتِكَ، الْمَجْدُ لِنَتَاؤُكَ يَا مُحِبُّ  
البَشَرِ وَحْدَكَ.

الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.

يَا مَرْيَمُ الْمَسْكُونُ الْمُوقَّرُ لِلسَّيِّدِ، أَنْهَضِينَا نَحْنُ السَّاقِطِينَ  
فِي عُمُقِ الْيَأْسِ الرَّدِيِّ وَالزَّلَّاتِ وَالْأَحْزَانِ، لِأَنَّكَ قَدْ

salvation to sinners. Thou art a helper and a strong intercessor, and dost save thy servants.	صِرْتِ خَلِصاً لِلْخَطَاةِ، وَمُعِينَةً، وَشَفِيعَةً قَوِيَّةً، وَتُخْلِصِينَ عِبِيدَكَ.
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**EVLOGETARIA (BENEDICTIONS) IN TONE FIVE**

<i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroyed the power of death, with Thee raising up Adam and releasing all men from Hell.	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمْنِي حُقُوقَكَ. جَمَعَ الْمَلَائِكَةُ انْذَهَلَ مُتَحَيِّرًا، عِنْدَ مُشَاهَدَتِهِمْ إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخْلِصِ، وَدَاحِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا آدَمَ مَعَكَ، وَمُعْتِقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَةً.
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<i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمْنِي حُقُوقَكَ. الْمَلَائِكَةُ اللَّامِعُ عِنْدَ الْقَبْرِ نَقَّوهُ نَحْوَ حَامِلَاتِ الطَّيِّبِ قَائِلًا: لِمَ تَمْرُجْنَ الطُّيُوبَ بِالذَّمُوعِ، بِتَرْتِ يَا تَلْمِيزَاتِ؟ أَنْظُرْنَ اللَّحْدَ وَافْرَحْنَ، لِأَنَّ الْمُخْلِصَ قَدْ قَامَ مِنَ الْقَبْرِ.
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<i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمْنِي حُقُوقَكَ. إِنَّ حَامِلَاتِ الطَّيِّبِ سَحَرًا جِدًّا، سَارَعْنَ إِلَى قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَكَ وَقَفَ بِهِنَّ، وَقَالَ لَهُنَّ: زَمَانُ النُّوحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.
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<i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمْنِي حُقُوقَكَ. إِنَّ النِّسْوَةَ حَامِلَاتِ الطَّيِّبِ، وَافِينَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخْلِصِ. فَسَمِعْنَ مَلَكَ مُتَنَغِّمًا نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبْنَ الْحَيِّ مَعَ الْمَوْتَى؟ فَبِمَا أَنَّهُ إِلَهُ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.
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<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.	الْمَجْدُ لِلآبِ، وَالْابْنِ، وَالرُّوحِ الْقُدُّوسِ. نَسْجُدُ لِلآبِ، وَلِابْنِهِ، وَلِرُوحِ قُدُّوسِهِ، ثَالِوثًا قُدُّوسًا فِي جَوْهَرٍ وَاحِدٍ، هَاتِفِينَ مَعَ السَّرَافِيمِ: قُدُّوسٌ، قُدُّوسٌ، قُدُّوسٌ أَنْتَ يَا رَبُّ.
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<i>Both now and ever, and unto ages of ages. Amen.</i>	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.
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In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.	أَيْتُهَا الْعَذْرَاءُ، لَقَدْ وَلَدْتَ مُعْطِي الْحَيَاةِ، وَأَنْقَذْتَ آدَمَ مِنَ الْخَطِيئَةِ، وَمَنْحْتَ حَوَاءَ الْفَرْحِ عَوْضَ الْحُزْنِ، لَكِنَّ الْإِلَهَ وَالْإِنْسَانَ الْمُتَجَسِّدَ مِنْكَ، أَرْشَدَهُمَا إِلَى الْحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.
Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE) O our God and our Hope, glory to Thee!	هَلْلُوِيَا، هَلْلُوِيَا، هَلْلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يَا إِلَهَنَا وَرَجَاءَنَا لَكَ الْمَجْدُ.

### THE LITTLE LITANY

<b>Priest:</b> Again and again, in peace, let us pray to the Lord. <b>Choir:</b> Lord, have mercy. <b>Priest:</b> Help us; save us; have mercy on us; and keep us, O God, by Thy grace. <b>Choir:</b> Lord, have mercy. <b>Priest:</b> Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God. <b>Choir:</b> To Thee, O Lord. <b>Priest:</b> For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. <b>Choir:</b> Amen.	<b>الكاهن:</b> أَيْضاً وَأَيْضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. <b>الجوق:</b> يَا رَبُّ ارْحَمْنَا. <b>الكاهن:</b> أَعْضُدْ، وَخَلِّصْ، وَارْحَمْنَا يَا اللَّهُ بِبِنِعْمَتِكَ. <b>الجوق:</b> يَا رَبُّ ارْحَمْنَا. <b>الكاهن:</b> بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقِدَاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقِدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِيِّ. <b>الجوق:</b> لَكَ يَا رَبُّ. <b>الكاهن:</b> لِأَنَّ اسْمَكَ مُبَارَكٌ وَمُلْكَكَ مُمَجَّدٌ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. <b>الجوق:</b> آمِينَ.
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### FIRST TONE RESURRECTIONAL HYPAKOE (Plain Reading)

The repentance of the thief gained him paradise by stealth, and the sighing of the ointment-bearing women proclaimed the glad tidings that Thou wast risen, O Christ, and hadst bestowed upon the world Thy Great Mercy.	تَوْبَةُ اللَّصِّ قَدْ اخْتَلَسَتْ الْفِرْدَوْسَ، وَنَوْحُ حَامِلَاتِ الطِّيبِ بَشَّرَ بِالْفَرْحِ بِأَنَّكَ قُمْتَ أَيُّهَا الْمَسِيحُ الْإِلَهِيُّ، مَا نَحَا الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.
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### FIRST TONE RESURRECTIONAL ANABATHMOI (Plain Reading)

#### First Antiphony

+ O Lord, to Thee in my sorrows do I cry. Hear	+ أَيُّهَا الرَّبُّ، إِلَيْكَ أَهْتَفُ فِي حُزْنِي، فَاسْتَمِعْ تَوَجُّعِي.
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<p>Thou my cry of pain.</p> <p>+ Verily, the divine desire shall be without delay upon the people of the wilderness; for that they have come out of the vain world.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, glory and honor become the Holy Spirit, as they become the Father and the Son. Wherefore, do we praise the Triune, One in might.</p>	<p>+ إِنَّ الشَّوْقَ الإِلَهِيَّ يُصِيبُ أَهْلَ الْبَرَارِي بِلا فُتُورٍ، لَا عِزَّالِهِمْ عَنِ الْعَالَمِ الْبَاطِلِ.</p> <p>+ الْمَجْدُ لِلآبِ، وَالابْنِ، وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَ إِلَى دَهْرِ الدَاهِرِينَ، آمِينَ.</p> <p>+ إِنَّ الْمَجْدَ وَالْإِكْرَامَ يَلِيقَانِ بِالرُّوحِ الْقُدُسِ، كَمَا يَلِيقَانِ بِالآبِ وَالابْنِ. لِأَجْلِ هَذَا نُسَبِّحُ الثَّالُوثَ ذَا الْعِزَّةِ الْوَّاحِدَةَ.</p>
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### Second Antiphony

<p>+ O God, since Thou hast raised me to the hills of Thy laws, shed brightly Thy light of virtue upon me, that I may praise Thee.</p> <p>+ O Word, hold me fast with Thy right hand; keep me and preserve me, lest the fire of sin consume me.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, all creation together is regenerated by the Holy Spirit, and returns to its former being: for He is co-omnipotent with the Father and the Word.</p>	<p>+ اللَّهُمَّ إِذَا رَفَعْتَنِي إِلَى جِبَالِ نَوَامِيسِكَ، فَأُنْزِنِي بِالْفَضَائِلِ لَامِعاً لِكَيْ أُسَبِّحَكَ.</p> <p>+ أَيُّهَا الْكَلِمَةُ اضْبُطْنِي بِيَدِكَ الْيُمْنَى، وَاحْفَظْنِي وَصُنِّي لئَلَّا تُحْرِقْنِي نَارُ الْخَطِيئَةِ.</p> <p>+ الْمَجْدُ لِلآبِ، وَالابْنِ، وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ.</p> <p>+ إِنَّ الْخَلِيقَةَ تَتَجَدَّدُ كُلُّهَا بِالرُّوحِ الْقُدُسِ، وَتَرْجِعُ إِلَى كِيَانِهَا الْأَوَّلِ، لِأَنَّهُ مُسَاوٍ فِي الْقُدْرَةِ لِلآبِ وَالْكَلِمَةِ.</p>
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### Third Antiphony

<p>+ My soul did rejoice with those who say: Let us go into the courts of the Lord. My heart was exceedingly glad.</p> <p>+ Great fear shall be in the house of David, where the seats shall be set, and all tribes and tongues of the earth shall be judged.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ Verily, it is meet to offer glory, might and power to the Holy Spirit as to the Father and the Son; for the Trinity is one in Substance, not in Person.</p>	<p>+ قَدْ ابْتَهَجَتْ رُوحِي بِالْقَائِلِينَ لِي لِنَسْعَ إِلَى دِيَارِ الرَّبِّ، وَفَرِحَ قَلْبِي جِداً.</p> <p>+ خَوْفٌ عَظِيمٌ يَصِيرُ فِي بَيْتِ دَاوُدَ، حَيْثُ هُنَاكَ تُوضَعُ الْكُرَاسِي وَتُحَاكَمُ كُلُّ قَبَائِلِ الْأَرْضِ وَالسِّنْتِهَا.</p> <p>+ الْمَجْدُ لِلآبِ، وَالابْنِ، وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ.</p> <p>+ إِنَّ تَقْدِيمَ الْمَجْدِ وَالْعِزَّةِ وَالْإِكْرَامِ وَالسُّجُودِ وَاجِبٌ لِلرُّوحِ الْقُدُسِ كَمَا يَجِبُ لِلآبِ وَالابْنِ، لِأَنَّ الثَّالُوثَ مُوَحَّدٌ فِي</p>
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الطَّبِيعَةِ لَا فِي الْوُجُوهِ.

### PROKEIMENON FOR THE RESURRECTION IN TONE ONE

Now will I arise, saith the Lord; I will set Myself for salvation; I will make no tarrying therein. (TWICE)

**Stichos:** The words of the Lord are pure words.

Now will I arise, saith the Lord; I will set Myself for salvation; I will make no tarrying therein.

الآن أقومُ يَقُولُ الرَّبُّ، أَتَحَرَّى الْخَلَاصَ وَأَتَجَلَّى بِهِ.  
(مرتين)

ستِيخِن: كَلَامُ الرَّبِّ كَلَامٌ نَقِيٌّ.

الآن أقومُ يَقُولُ الرَّبُّ، أَتَحَرَّى الْخَلَاصَ وَأَتَجَلَّى بِهِ.

**Deacon:** Let us pray to the Lord.

**Choir:** Lord, have mercy.

**Priest:** For Holy art Thou, O our God, Who retest in the Holy Place, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

الشماس: إلى الرَّبِّ نَطْلُبُ.

المرتل: يا رَبُّ ارْحَمِ.

الكاهن: لِأَنَّكَ قُدُّوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقَدِيسِينَ تَسْتَقَرُّ وَتَسْتَرِيحُ، وَلَكَ نُرسِلُ الْمَجْدَ أَيُّهَا الْآبُ، وَالْإِبْنُ، وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**Chanter:** Amen. Let everything that hath breath praise the Lord. (twice)

*Praise ye God in His saints; praise Him in the firm foundation of His power.*

Let everything that hath breath praise the Lord.

المرتل: آمين. كُلُّ نَسَمَةٍ، فَلْتَسْبِحِ الرَّبَّ. (مرتين)

سَبِّحُوا اللَّهَ فِي قَدِيسِيهِ، سَبِّحُوهُ فِي فَلَكِ قُوَّتِهِ.

فَلْتَسْبِحِ الرَّبَّ، كُلُّ نَسَمَةٍ.

### THE FIRST EOTHINON GOSPEL

**Deacon:** And that we may be accounted worthy to hear the Holy Gospel, let us pray unto the Lord our God.

**Choir:** Lord, have mercy. (thrice)

**Deacon:** Wisdom! Attend! Let us hear the Holy Gospel

**Priest:** Peace be to all.

**Choir:** And to thy spirit.

**Priest:** The Reading from the Holy Gospel according to Saint Matthew (28:16-20).

**Choir:** Glory to Thee, O Lord, glory to Thee.

**Deacon:** Let us attend!

الشماس: مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَحَقِّينَ لِسَمَاعِ الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ.

المرتل: يا رَبُّ ارْحَمِ . (ثلاثاً)

الشماس: الْحِكْمَةُ، فَلْنَسْتَقِمْ وَلْنَسْمَعْ الْإِنْجِيلَ الْمُقَدَّسَ،  
الكاهن: السَّلَامُ لِجَمِيعِكُمْ.

المرتل: وَلِرُوحِكَ.

الكاهن: فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ مَتَّى الْإِنْجِيلِيِّ  
الْبَشِيرِ وَالتِّلْمِيزِ الطَّاهِرِ.

المرتل: الْمَجْدُ لَكَ، يَا رَبُّ، الْمَجْدُ لَكَ.

الشماس: لِنُصْغِ!

<p><b>Priest:</b> At that time, the eleven disciples went to Galilee to the mountain to which Jesus had directed them. And when they saw Him, they worshipped Him; but some doubted. And Jesus came and said to them, "All power in heaven and on earth has been given to Me. Go therefore and make disciples of all nations, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age." Amen.</p>	<p><b>الكاهن:</b> في ذلك الزمان، ذهب التلاميذُ الأحدَ عشرَ إلى الجليل، إلى الجبلِ حيثُ أمرهم يسوع فلما رأوه سجدوا له، ولكنَّ بعضهم شكوا فدنا يسوع وكلمهم قائلاً: إنِّي قد أعطيتُ كلَّ سلطانٍ في السماءِ وعلى الأرضِ، فاذهبوا الآنَ وتلمذوا كلَّ الأممِ، مُعمِّدينَ إياهم باسمِ الآبِ والإبنِ والروحِ القدسِ، وعلموهم أنَ يحفظوا جميعَ ما أوصيتُكم به، وها أنا معكمُ كلَّ الأيامِ، إلى مُنتهى الدهرِ. آمين.</p>
<p><b>Choir:</b> Glory to Thee, O Lord, glory to Thee.</p>	<p><b>المرتل:</b> المجدُ لك، يا ربُّ، المجدُ لك.</p>
<p><b>Reader:</b> In that we have beheld the Resurrection of Christ, let us bow down before the Holy Lord Jesus, the only sinless One. Thy Cross do we adore, O Christ, and Thy holy Resurrection we praise and glorify: for Thou art our God, and we know none other beside Thee; we call upon Thy Name. O come, all ye faithful, let us adore Christ's holy Resurrection. For lo, through the Cross is joy come into all the world. Ever blessing the Lord, let us sing His Resurrection: for in that He endured the Cross for us, He hath destroyed death by death.</p>	<p><b>القارئ:</b> إذ قد رأينا قيامةَ المسيحِ، فلنسجدُ للربِّ القدوسِ، يسوعَ المعصومِ من الخطأِ وحده. لصليبك أيها المسيحُ نسجدُ، ولقيامتكِ المقدَّسةِ نُسبِّحُ ونُمجِّدُ، لأنَّكَ أنتَ هوَ إلَهُنا، وآخرَ سِوَاكَ لا نعرِفُ، وباسمِكَ نُسمِّي. هلمَّ يا معشرَ المؤمنينَ نسجدُ لقيامَةِ المسيحِ المقدَّسةِ، لأنَّ هُوذا بالصليبِ قد أتى الفرحُ لكلِّ العالمِ. لنُبَارِكِ الرَّبَّ في كلِّ حينٍ ونُسبِّحُ قيامتَهُ، لأنَّهُ إذ احتَمَلَ الصَّلْبَ مِن أَجلِنَا، المَوْتَ بالمَوْتِ حَطَّمَ.</p>
<p><b>PSALM 50</b></p>	
<p>Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.</p>	<p>إِرْحَمْنِي يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ رَأْفَتِكَ امْحُ مَآثِمِي.</p>
<p>Wash me thoroughly from mine iniquity, and cleanse me from my sin.</p>	<p>إِغْسِلْنِي كَثِيراً مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.</p>
<p>For I know mine iniquity, and my sin is ever before me.</p>	<p>لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.</p>
<p>Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.</p>	<p>إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرُّ قُدَّامَكَ صَنَعْتُ، لَكِي تَصُدَّقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ.</p>

For behold, I was conceived in iniquities, and in sins did my mother bear me.	هَاءِنَذَا بِالْآثَامِ حُبْلَى بِي، وَبِالْخَطَايَا وَلَدْتَنِي أُمِّي.
For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.	لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْصَحْتَ لِي غَوَامِضَ حِكْمَتِكَ وَمَسْتَوْرَاتِهَا.
Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.	تَنْضِخُنِي بِالزُّوفَى فَأَطْهُرُ، تَغْسِلُنِي فَأَبْيَضُ أَكْثَرَ مِنَ الثَّلْجِ.
Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.	تُسْمِعُنِي بِهَجَّةٍ وَسُرُورًا، فَتَبْتَهِجُ عِظَامِي الدَّلِيلَةَ.
Turn Thy face away from my sins, and blot out all mine iniquities.	إِصْرِفْ وَجْهَكَ عَن خَطَايَايَ، وَامْحُ كُلَّ مَاثِمِي.
Create in me a clean heart, O God, and renew a right spirit within me.	قَلْبًا نَقِيًّا أَخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحًا مُسْتَقِيمًا جَدِّدْ فِي أَحْشَائِي.
Cast me not away from Thy presence, and take not Thy Holy Spirit from me.	لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعْهُ مِنِّي.
Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.	إِمْنَحْنِي بِهَجَّةٍ خَلَاصِكَ، وَبِرُوحِ رِئَاسِيٍّ اعْضُدْنِي.
I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.	فَأَعْلِمُ الْأَثَمَةَ طُرُقَكَ، وَالْكَافِرَةَ إِلَيْكَ يَرْجِعُونَ.
Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.	أَنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجَ لِسَانِي بِعَدْلِكَ.
O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.	يَا رَبُّ افْتَحْ شَفَتِي، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.
For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.	لَأَنَّكَ لَوْ أَتَرْتِ الذَّبِيحَةَ، لَكُنْتُ الْآنَ أُعْطِي، لَكِنَّكَ لَا تُسَرُّ بِالْمُحْرَقَاتِ.
A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.	الذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَحِقٌ، الْقَلْبُ الْمُتَخَشِّعُ وَالْمُتَوَاضِعُ لَا يَرْذُلُهُ اللَّهُ.
Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.	أَصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونََ وَلْتُبْنَ أَسْوَارُ أُورُشَلِيمَ.
Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.	حِينَئِذٍ تُسَرُّ بِذَّبِيحَةِ الْعَدْلِ قُرْبَانًا وَمُحْرَقَاتِ.
Then shall they offer bullocks upon Thine altar.	حِينَئِذٍ يُقَرَّبُونَ عَلَى مَذْبَحِكَ الْعُجُولَ.

## TROPARIA AFTER PSALM 50 IN TONE TWO

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Through the intercessions of the Apostles, O Thou Who art merciful, blot out the multitude of our transgressions.

المَجْدُ لِلآبِ، وَالْإِبْنِ، وَالرُّوحِ الْقُدُسِ.

بِشَفَاعَاتِ الرُّسُلِ وَطَلِبَاتِهِمْ، أَيُّهَا الإِلَهُ الرَّحِيمُ، امْحُ كَثْرَةَ خَطَايَانَا وَزَلَّاتِنَا.

*Both now and ever, and unto ages of ages. Amen.*

Through the intercessions of the Theotokos, O Thou Who art merciful, blot out the multitude of our transgressions.

الآنَ وَكَلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ.

بِشَفَاعَاتِ وَالِدَةِ الإِلِهِ وَطَلِبَاتِهَا، أَيُّهَا الإِلَهُ الرَّحِيمُ، امْحُ كَثْرَةَ خَطَايَانَا وَزَلَّاتِنَا.

*Have mercy upon me, O God, according to Thy lovingkindness; according to the multitude of Thy tender mercies blot out my transgressions. Jesus, having risen from the grave as He foretold, hath given unto us life eternal and Great Mercy.*

يَا رَحِيمُ، ارْحَمْنِي يَا اللهُ بِعَظِيمِ رَحْمَتِكَ، وَبِحَسَبِ كَثْرَةِ رَأْفَاتِكَ امْحُ مَاثِمِي. لَقَدْ قَامَ يَسُوعُ مِنَ الْقَبْرِ كَمَا سَبَقَ فَقَالَ، وَمَنَحَنَا الْحَيَاةَ الأَبَدِيَّةَ، وَالرَّحْمَةَ العُظْمَى.

## THE INTERCESSION

**Deacon:** O God, save Thy people, and bless Thine inheritance. Visit Thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us Thy rich mercies. Through the intercessions of our all-immaculate Lady Theotokos and ever-virgin Mary; by the might of the precious and life-giving Cross; by the protection of the honorable bodiless Powers of heaven; at the supplication of the honorable, glorious prophet, forerunner and Baptist John; of the holy, glorious, all-laudable apostles Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasius, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra, Spyridon of Trimythous and Nektarios of Pentapolis the Wonderworkers; of our fathers among the saints Tikhon, patriarch of Moscow and Raphael, bishop of Brooklyn; of the holy, glorious, great-martyrs, George the Trophy-bearer, Demetrios the Myrrh-streamer,

الشَّمْسِ: خَلِّصْ يَا اللهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ، وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَأْفَاتِ، وَارْفَعْ شَأْنَ الْمَسِيحِيِّينَ الأَرْتُوذُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مَرَاحِمَكَ العَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا وَالِدَةِ الإِلِهِ الكُلِّيَّةِ الطَّهَارَةِ وَالدَائِمَةِ البَتُولِيَّةِ مَرِيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ الكَرِيمِ المُحْيِي؛ وَبِطَلِبَاتِ القُوَّاتِ السَّمَاوِيَّةِ المُكْرَمَةِ العَادِمَةِ الأَجْسَادِ؛ وَالنَّبِيِّ الكَرِيمِ السَّابِقِ المَجِيدِ يُوحَنَّا المَعْمَدَانِ؛ وَالقَدِيسَيْنِ المُشْرِفَيْنِ الرِّسُولَيْنِ بُطْرُسَ وَبُولُسَ، وَسَائِرِ الرُّسُلِ المُشْرِفِينَ الجَدِيرِينَ بِكُلِّ مَدِيحٍ؛ وَأَبَائِنَا القَدِيسِينَ مُعَلِّمِي المَسْكُونَةِ رُؤَسَاءِ الكَهَنَةِ المُعْظَمِينَ بِاسِيلْيُوسَ الكَبِيرِ، وَغَرِيغُورْيُوسَ اللاهوتِي، وَيُوحَنَّا الذَّهَبِيِّ القَمِّ؛ وَأَبَائِنَا القَدِيسِينَ أَنْتَانِاسْيُوسَ وَكِيرْلُسَ وَيُوحَنَّا الرَّحِيمِ بِطَارِكَةِ الإِسْكَنْدَرِيَّةِ، وَأَبِينَا القَدِيسِ نيقُولَاوسَ رَئِيسِ أَسَاقِفَةِ مِيرَا اللِيكِيَّةِ، وَاسْبِيرِيدُونَ أُسْقَفِ ثَرِيمِيثُوسَ، وَنِكْتَارْيُوسَ أُسْقَفِ المُدُنِ الخَمْسِ العَجَائِبِيِّينَ، وَأَبِينَا القَدِيسِ تِيخُونَ

Theodore the Soldier, Theodore the General, and Menas the Wonderworker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious great women martyrs, Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photeini, Marina, Paraskeva and Irene; of the holy, glorious, right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life; of Saint N., the patron and protector of this holy community; of the holy and righteous ancestors of God, Joachim and Anna; of the Holy and Wonderworking Unmercenaries Cyrus and John; Martyrs Athanasia and her daughters Theodota, Theoktiste and Eudoxia of Egypt; New-martyr Elias in the Peloponnesus; and Nikita of the Kiev Caves, bishop of Novgorod, whose memory we celebrate today, and of all the saints: we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.

بَطْرِيْرَكَ مُوسَكَو، وَالْقَدِيْسِ رَافَائِيْلَ اُسْقَفِ بُرُوكْلِيْنِ؛  
وَالْقَدِيْسِيْنَ الْمَجِيْدِيْنَ الشُّهَدَاءِ الْعُظْمَاءِ  
جَاورِجِيُوسَ اللابِسِ الظَّفَرِ، وَدِيْمِيْثْرِيُوسَ الْمُفِيْضِ  
الطَّيْبِ، وَثِيُودُورَسَ التِّيْرُونِي، وَثِيُودُورَسَ قَائِدِ الْجَيْشِ،  
وَمِيْناسَ الصَّانِعِ الْعَجَائِبِ؛ وَالْقَدِيْسِيْنَ الشُّهَدَاءِ  
إِغْناطِيُوسَ الْمُتَوَشَّحِ بِاللَّهِ، خَرَامْبُوسَ وَالْفِثْرِيُوسَ؛  
وَالشُّهِيْدَاتِ الْعَظِيْمَاتِ ثَقْلًا، بَرَبازَةَ، اَنْسْطاسِيَا، كاتْرِيْنا،  
كِيْرِيَاكِي، فُوتِيْنِي، مارِيْنا، باراسكيفا، وآيْرِيْنِ؛  
وَالْقَدِيْسِيْنَ الْمَجِيْدِيْنَ الشُّهَدَاءِ الْمُتَأَلِّقِيْنَ بِالظَّفَرِ؛ وَآبائِنا  
الأَبْرارِ الْمُتَوَشَّحِيْنَ بِاللَّهِ؛ وَالْقَدِيْسِ (ة) (فُلان، فُلانة)  
شَفِيْعِ (ة) وَحامي (ة) هَذِهِ الرَّعِيَّةِ الْمُقَدَّسَةِ؛ وَالْقَدِيْسِيْنَ  
الصِّدِّيْقِيْنَ جَدِّي الْمَسِيْحِ الإِلهِ، يواكِيْمَ وَحَنَّةَ؛ وَالْقَدِيْسِيْنَ  
الصَّانِعِي الْعَجَائِبِ وَالْعادِمِي الْفِضَّةِ كِيْرُسَ وَيُوحَنَّا؛  
وَالشُّهِيْدَاتِ اَنْناسِيَا وَبَناتِها ثِيُودُوتا، ثِيُوكْتِيْسْتِي وَإِدُوكِيَّا  
الذِيْنَ مِنْ مِصرَ؛ الشُّهِيْدِ الجَدِيْدِ إِيْلِيَّاسَ البِلُوبُونِيْزِي؛  
والبارَ نِيْقِيْطَا الكِيْفِي، اُسْقَفِ نُوْفُغُورِد، الَّذِيْنَ نُقِيْمُ  
تَذكارَهُمُ اليَوْمِ، وَجَمِيْعِ قَدِيْسِيْكَ، نَتَضَرَّعُ إِلَيْكَ، أَيُّها  
الرَّبُّ الْجَزِيْلُ الرَّحْمَةُ، فَاسْتَجِبْ لَنا نَحْنُ الخَطَاةَ  
الطالِبِيْنَ إِلَيْكَ وَارْحَمْنا.

**Chanter:** Lord, have mercy. Lord, have mercy.  
Lord, have mercy. *(Repeat 4 times)*

المِرتل: يا رَبُّ ارْحَمْ، يا رَبُّ ارْحَمْ، يا رَبُّ ارْحَمْ.  
(4 مرات)

**Priest:** Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.

الكاهن: بِرَحْمَةِ وَرَأْفَاتِ ابْنِكَ الْوَحِيْدِ وَمَحَبَّتِهِ  
لِلْبَشَرِ، الَّذِي أَنْتَ مُبارِكٌ مَعَهُ وَمَعَ رُوحِكَ الْكُلِّيِّ  
قُدْسُهُ الصَّالِحِ وَالْمُحْيِي، الْآنَ وَكُلَّ أوانٍ وَإِلَى دَهْرٍ  
الداهريْنَ.

**Choir:** Amen.

المِرتل: آمين.

## FIRST TONE RESURRECTIONAL KONTAKION AND OIKOS (Plain Reading)

As God, Thou didst arise from the tomb in glory, and Thou didst raise the world together with Thyself. Mortal nature praised Thee as God, and death was obliterated. Adam danceth for joy, O Master, and Eve, now freed from fetters, rejoiceth as she crieth out: Thou, O Christ, dost grant resurrection to all

لَقَدْ قُمْتَ مِنَ الْقَبْرِ بِمَجْدِ أَيُّهَا السَّيِّدُ، كَالِهٍ، وَأَقَمْتَ مَعَكَ  
العالم، فَسَبَّحَتْكَ طَبِيعَةُ الْبَشَرِ كَالِهٍ، وَالْمَوْتُ اضمحلَّ،  
وَأَدَمُ رَقَصَ طَرَبًا، وَحَوَاءُ أُعْتِقَتْ مِنَ الْقَيْودِ. فَهِيَ تَهْتِفُ  
الآنَ مَسْرُورَةً: أَنْتَ أَيُّهَا الْمَسِيحُ، مَنَحْتَ الْقِيَامَةَ  
لِلْجَمِيعِ.

Let us praise as God omnipotent Him that arose on the third day, Who broke the gates of Hades and raised from the grave the dead from ages past, and Who of His own good pleasure appeared to the myrrh-bearing women, giving them first the greeting: Rejoice; and announcing joy to the apostles, as the only Giver of life. Wherefore, with faith the women proclaim to the disciples the glad tidings of the symbols of victory, Hades groaneth, death lamenteth, the world is joyful, and all men rejoice together; for Thou, O Christ, hast granted resurrection to all.

لِنُسَبِّحَنَّ الَّذِي قَامَ لِثَلَاثَةِ أَيَّامٍ نَاهِضًا كَالِهٍ قَدِيرٍ، وَسَحَقَ  
أَبْوَابَ الْجَحِيمِ، وَأَقَامَ الَّذِينَ فِي الْقَيْودِ مِنْذُ الدَّهْرِ،  
وَوَهَّرَ أَوَّلًا لِحَامِلَاتِ الطَّيِّبِ كَمَا ارْتَضَى، قَائِلًا لَهُنَّ  
"افْرَحْنَ". وَبَشَّرَ الرُّسُلَ بِالْفَرَحِ، كَوَاهِبِ الْحَيَاةِ. فَلِذَلِكَ،  
بَشَّرَتِ النِّسْوَةُ التَّلَامِيذَ بِشَارَاتِ الظَّفَرِ بِإِيْمَانٍ، وَالْجَحِيمِ  
تَنَهَّدَ، وَالْمَوْتُ انْتَحَبَ نَادِبًا، وَالْعَالَمُ ابْتَهَجَ، وَالْجَمِيعُ  
فَرِحُوا مَعًا، لِأَنَّكَ أَيُّهَا الْمَسِيحُ مَنَحْتَ الْقِيَامَةَ لِلْجَمِيعِ.

## THE SYNAXARION (Plain Reading)

On January 31 in the Holy Orthodox Church, we commemorate the holy and wonderworking Unmercenary Cyrus and John, and the holy Martyr Athanasia and her three daughters, the virgins Theodota, Theoktiste, and Eudoxia of Egypt.

### *Verses*

John who with Cyrus against the sword contended  
Worketh wonders with him after the sword also.  
A most noble mother and three goodly daughters,  
Longing for the Father of all, are beheaded.  
On the thirty-first they beheaded Cyrus and John.

As a physician, Cyrus healed people by the power of Christ and by his knowledge of medicine. Learning that sickness mostly befalls man because of sin, Cyrus always directed the sick to purify their souls through repentance and prayer, and thereby restore health to the body. Cyrus withdrew to Arabia where he received the monastic tonsure. Hearing about Cyrus, John—then a Roman officer in Edessa—came to Arabia to live a life of asceticism with him. At that time, a Christian woman named Athanasia and her three daughters were tortured in the town of Canopus. Hearing of this, Cyrus and John came to Canopus to encourage the family not to abandon the Faith. Thanks to the counsel of these saints, Anastasia endured with her daughters Theoktiste (age 15), Theodota (age 13) and Eudoxia (age 11) and were martyred for Christ. The tormentors then captured Cyrus and John, who, after imprisonment and

torture, were beheaded in 311. These saints are invoked for assistance during the Blessing of Water, in the Sacrament of Holy Unction and especially by those suffering from insomnia.

On this day, we also commemorate the New-martyr Elias in the Peloponnesus; and Nikita of the Kiev Caves, bishop of Novgorod. By their holy intercessions, O God, have mercy upon us and save us. Amen.

### KATAVASIAE OF THE PRESENTATION OF CHRIST CANON IN TONE THREE

**Ode 1.** The sun once shone on dry land that was begotten of the abyss; for the water became as hard as a wall on either side for the people that crossed the sea by foot, and sang in a God-pleasing manner: Let us sing to the Lord; for gloriously is He glorified.

الأولى: إِنَّ عُمُقَ الْيَابِسَةِ الْمُؤَلَّدَ اللَّجَجِ، قَدْ اجْتَازَتْ فِيهِ الشَّمْسُ قَدِيمًا، لِأَنَّ الْمَاءَ قَدْ جَمَدَ مِنْ جَانِبَيْهِ كَالْحَائِطِ لِلشَّعْبِ الْمُجْتَازِ فِي عُمُقِهِ مَاشِيًا، وَالْمُرْتَلِ تَرْتِيلًا مَرْضِيًّا لِلَّهِ هَاتِفًا: لِنُسَبِّحَ الرَّبَّ، لِأَنَّهُ بِالْمَجْدِ قَدْ تَمَجَّدَ.

**Ode 3.** Thou foundation of them that hope in Thee, O Lord, make steadfast the Church, which Thou hast purchased with Thy precious Blood.

الثالثة: يَا رَبُّ، يَا ثَبَاتَ الْمُتَكَلِّينَ عَلَيْكَ، ثَبِّتِ الْكَنِيسَةَ الَّتِي أَفْتَنَيْتَهَا بِدَمِكَ الْكَرِيمِ.

**Ode 4.** Thy virtue hath covered the heavens, O Christ; for coming forth from the Ark of Thy holiness, even Thine undefiled Mother, Thou hast appeared in the temple of Thy glory as an infant borne in arms, and all things were filled with Thy praise.

الرابعة: أَيُّهَا الْمَسِيحُ، إِنَّ فَضِيلَتَكَ قَدْ غَشِيَتْ السَّمَاوَاتِ، لِأَنَّهُ لَمَّا أَتَى تَابُوتَ قُدْسِكَ الَّذِي هُوَ أُمُّكَ الْبَرِيئَةُ مِنَ الْفَسَادِ، ظَهَرْتَ فِي هَيْكَلِ مَجْدِكَ مَحْمُولًا عَلَى السَّاعِدِينَ كَطِفْلِ، فَاْمْتَلَأَتْ كُلُّ الْبَرَايَا مِنْ تَسْبِيحَتِكَ.

**Ode 5.** Isaiah beheld God symbolically on an exalted throne attended by Angels of glory, he cried: O wretched man that I am! For I have seen beforehand the incarnate God, the Lord of peace and unwaning light.

الخامسة: إِنَّ إِشْعِيَا لَمَّا أَبْصَرَ الْإِلَهَ رَمَزِيًّا عَلَى مِنْبَرٍ شَاهِقٍ، مُحْتَفَّةً بِهِ مَلَائِكَةُ الْمَجْدِ، هَتَفَ صَارِخًا: وَيْحِي أَنَا الشَّقِي، لِأَنِّي سَبَقْتُ فَنظَرْتُ إِلَهًا مُتَجَسِّدًا، وَهُوَ النُّورُ الَّذِي لَا يَغْرُوهُ مَسَاءٌ، وَسَيِّدُ السَّلَامَةِ.

**Ode 6.** When the Elder had seen with his eyes the salvation that came from God unto the peoples, he cried to Thee: O Christ, Thou art my God.

السادسة: إِنَّ الشَّيْخَ لَمَّا أَبْصَرَ بِعَيْنَيْهِ الْخَلَاصَ الَّذِي قَدْ بَدَأَ لِلشُّعُوبِ، هَتَفَ نَحْوَكَ قَائِلًا: أَيُّهَا الْمَسِيحُ أَنْتَ إِلَهِي، الْآتِي مِنْ لَدُنِ اللَّهِ.

**Ode 7.** Thee, the Word of God, we praise with hymns, Who in the fire didst once bedew the Three Children that confessed and praised Thee as their God, and Who dweltest in a Virgin who was free of defilement; and with all reverence, we sing: Blessed is the God of our Fathers.

السابعة: إِلَيْكَ نُسَبِّحُ يَا كَلِمَةَ اللَّهِ، يَا مَنْ نَدَى فِي النَّارِ الْفَتِيَّةَ الْلاهِجِينَ بِاللَّهِ، وَحَلَلْتَ فِي بَتُولٍ عَادِمَةِ الْفَسَادِ، مُرْتَلِينَ بِحُسْنِ عِبَادَةٍ: مُبَارَكٌ أَنْتَ يَا إِلَهَ آبَائِنَا.

<p><i>We praise, we bless, and we worship the Lord.</i></p> <p><b>Ode 8.</b> Standing together in the unbearable fire, yet not harmed by the flame, the Children, the champions of godliness, sang a divine hymn: O all ye works, bless ye the Lord, and supremely exalt Him unto all the ages.</p>	<p>نُسَبِّحُ وَنُبَارِكُ وَنَسْجُدُ لِلرَّبِّ .</p> <p><b>الثامنة:</b> إِنَّ الْفَتِيَّةَ الْمُنَاضِلِينَ عَنْ عِبَادَةِ اللَّهِ، لَمَّا انْتَصَبُوا مُتَّحِدِينَ فِي النَّارِ الَّتِي لَا تُطَاقُ، وَلَمْ يَضُرَّهُمُ اللَّهُيبُ أَصْلًا، رَتَّلُوا تَسْبِيحًا إلهيًّا قائلين: باركوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، وَزِيدُوهُ رِفْعَةً مَدَى الدُّهُورِ .</p>
<p><b>Deacon:</b> The Theotokos and Mother of the Light, let us honor and magnify in song.</p>	<p><b>الشماس:</b> لوالدةِ الإلهِ وأمِّ النورِ بالتسابيحِ نُكْرِمُ مُعْظَمِينَ .</p>
<p><b>MAGNIFICATIONS IN TONE THREE</b></p>	
<p>My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior.</p> <p><b>Refrain:</b> More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption bearest God the Word, and art truly Theotokos, we magnify thee.</p>	<p>تُعْظِمُ نَفْسِي الرَّبِّ، وَتَبْتَهِجُ رُوحِي بِاللَّهِ مُخْلِصِي .</p> <p><b>اللازمة:</b> يَا مَنْ هِيَ أَكْرَمُ مِنَ الشَّارُوبِيمِ، وَأَرْفَعُ مَجْدًا بغيرِ قِيَاسٍ مِنَ السَّرَافِيمِ، الَّتِي مِنْ دُونِ فَسَادٍ وُلِدَتْ كَلِمَةَ اللَّهِ، حَقًّا إِنَّكَ وَالِدَةُ الإلهِ إِيَّاكَ نُعْظِمُ .</p>
<p>For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. <i>(Refrain)</i></p>	<p>لأنَّهُ نَظَرَ إِلَى تَوَاضَعِ أُمَّتِهِ، فَهَا مُنْذُ الْآنَ تُطَوِّبُنِي جَمِيعُ الْأَجْيَالِ . (اللازمة)</p>
<p>For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. <i>(Refrain)</i></p>	<p>لأنَّ الْقَدِيرَ صَنَعَ بِي عَظَائِمَ وَقُدُوسَ اسْمُهُ، وَرَحْمَتُهُ إِلَى جِيلٍ فَجِيلٍ لِلَّذِينَ يَتَّقُونَهُ . (اللازمة)</p>
<p>He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. <i>(Refrain)</i></p>	<p>صَنَعَ عِزًّا بِسَاعِدِهِ، وَشَتَّتَ الْمُتَكَبِّرِينَ بِذَهْنِ قُلُوبِهِمْ . (اللازمة)</p>
<p>He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. <i>(Refrain)</i></p>	<p>حَطَّ الْمُفْتَدِّرِينَ عَنِ الْكِرَاسِيِّ وَرَفَعَ الْمُتَوَاضِعِينَ، مَلَأَ الْجِياعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءَ أَرْسَلَهُمْ فَارِغِينَ . (اللازمة)</p>
<p>He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. <i>(Refrain)</i></p>	<p>عَضَدَ إِسْرَائِيلَ فَتَاهُ لِيَذْكَرَ رَحْمَتَهُ، كَمَا قَالَ لِأَبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الأَبَدِ . (اللازمة)</p>
<p><b>Ode 9.</b> O Theotokos, * thou hope of all Christians, * keep and shelter and preserve * them that set their hope in thee.</p> <p>In the shadow and letter of the Law, let us the faithful contemplate a prefiguring: Every male child that openeth the womb is holy unto God.</p>	<p><b>التاسعة:</b> إِحْفَظِي أُمَّ الإلهِ، يَا رَجَاءَ الْمُؤْمِنِينَ، مِنْ أُنْزَى هَذِي الْحَيَاةِ، طَالِبِيكِ الْوَاتِقِينَ .</p> <p>لِنُعْظِمَ أَيُّهَا الْمُؤْمِنُونَ، الإِبْنَ الْبِكْرَ كَلِمَةَ الآبِ الأَزَلِيِّ، الْمَوْلُودَ بِكْرًا لِأُمِّ لَمْ تَعْرِفَ رَجُلًا، إِذْ قَدْ شَاهَدْنَا فِي ظِلِّ</p>



Therefore, do we magnify the first-born Word, the Son of the Father Who is without beginning, the first-born Child of a Mother who hath not known wedlock.

النَّامُوسِ وَالكِتَابِ رَسْمًا، وَهُوَ أَنْ كُلَّ ذَكَرٍ يَفْتَحُ  
مُسْتَوْدَعًا، يُدْعَى قُدُوسًا لِلَّهِ.

### THE LITTLE LITANY

**Deacon:** Again and again, in peace, let us pray to the Lord.

**Choir:** Lord, have mercy.

**Deacon:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

**Choir:** Lord, have mercy.

**Deacon:** Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God.

**Choir:** To Thee, O Lord.

**Priest:** For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

**Choir:** Amen.

الشَّمْسِ: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.

الجوق: يَا رَبُّ ارْحَمْنَا.

الشَّمْسِ: أَعْضُدْ، وَخَلِّصْ، وَارْحَمْنَا، وَاحْفَظْنَا يَا اللَّهُ  
بِنِعْمَتِكَ.

الجوق: يَا رَبُّ ارْحَمْنَا.

الشَّمْسِ: بَعْدَ ذِكْرِنَا الْكُلِّيَّةِ الْقِدَاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ  
الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ  
مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا  
وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.

الجوق: لَكَ يَا رَبُّ.

الكَاهِنُ: لِأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَّاتِ السَّمَاوَاتِ، وَلَكَ  
يُرْسَلُونَ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ  
وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

الجوق: آمِينَ.

Holy is the Lord our God. (*THRICE*)  
Exalt ye the Lord our God, and worship at His  
footstool, for He is holy.

قُدُوسٌ هُوَ الرَّبُّ إِلَهُنَا. (ثَلَاثًا)

إِرْفَعُوا الرَّبَّ إِلَهُنَا، وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، لِأَنَّ الرَّبَّ  
إِلَهُنَا قُدُوسٌ هُوَ.

### THE FIRST EOTHINON EXAPOSTEILARION IN TONE TWO

(\*\**The original melody*\*\*)

Upon that mount in Galilee, \* let us join the  
disciples \* to look in faith on Christ, Who saith  
\* He hath received dominion \* o'er things on  
earth and in Heaven. \* Let us learn how He  
teacheth \* to baptize all the nations \* in the  
Name of the Father, \* and of the Son, \* and the  
Holy Spirit, and how He promised \* to be with  
His initiates \* until the end of all things.

لِنَجْتَمِعَنَّ مَعَ التَّلَامِيذِ فِي جَبَلِ الْجَلِيلِ، فَنُعَايِنَ الْمَسِيحَ  
بِإِيمَانٍ قَائِلًا: قَدْ أَخَذْتُ سُلْطَانَ الْعُلُوبِيِّينَ وَالسُّفْلِيِّينَ.  
وَلِنَتَعَلَّمَ كَيْفَ يُعَلِّمُ تَعْمِيدَ كُلِّ الْأُمَّمِ بِاسْمِ الْآبِ وَالْإِبْنِ  
وَالرُّوحِ الْقُدُسِ، وَأَنَّهُ يَكُونُ حَاضِرًا مَعَ مُسَارِيهِ إِلَى  
انْقِضَاءِ الدَّهْرِ كَمَا وَعَدَ.

**THE EXAPOSTELARION & THEOTOKION FOR SS. CYRUS AND JOHN  
IN TONE THREE (\*\*Thou Who as God adornest\*\*)**

O righteous John and Cyrus, \* ye wonderworking stars of light, \* heal ye our souls and bodies \* from every ailment and disease, \* since ye received from the Lord God \* the grace to heal the afflicted.

أَيُّهَا الْكُوكَبَانِ الصَّانِعَا الْعَجَائِبِ، كَيْرُوسُ وَيُوحَنَّا. إِشْفِيَا أَسْقَامَ نُفُوسِنَا وَأَجْسَادِنَا، إِذْ نَلْتَمَأ نِعْمَةً الْأَشْفِيَةِ مِنْ لَدُنِ الرَّبِّ.

O all-extolled Theotokos, \* we sinners all have thee in truth \* as our defense and protection; \* conciliate thy Son for us, \* that He might hear our entreaties, \* O thou divinely graced Maiden.

يَا وَالِدَةَ الْإِلَهِ ذَاتِ كُلِّ تَمَجِيدٍ، بِمَا أَنَّنَا اتَّخَذْنَاكَ نَصِيرَةً لَنَا نَحْنُ الْخَطَاءَةُ جَمِيعًا. فَاجْعَلِي ابْنَكَ حَسَنَ التَّعَطُّفِ عَلَيْنَا، أَيُّهَا الْفَتَاةُ الْمُنْعَمُ عَلَيْهَا.

**AINOI (PRAISES) IN TONE ONE**

Let everything that hath breath, praise the Lord. Praise ye the Lord from the heavens; praise Him in the heights. To Thee, O God is due our song.

كُلُّ نَسَمَةٍ فَلْتُسَبِّحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.

Praise ye Him, all His angels; praise ye Him, all His hosts. To Thee, O God, is due our song.

سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرِ قُوَاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.

**For the Resurrection in Tone One**

*Verse 1. This glory shall be to all His saints.*  
We praise, O Christ, Thy saving Passion and glorify Thy Resurrection.

1- هَذَا الْمَجْدُ يَكُونُ لِجَمِيعِ أُنْبَرَارِهِ. أَيُّهَا الْمَسِيحُ نُسَبِّحُ أَلَمَكَ الْخَلَاصِيَّةَ، وَنُجَدِّدُ قِيَامَتَكَ.

*Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power.*

2- سَبِّحُوا اللَّهَ فِي قُدَيْسِيهِ، سَبِّحُوهُ فِي فَالِكِ قُوَّتِهِ. يَا مَنْ اخْتَمَلَ الصَّلِيبَ وَأَبْطَلَ الْمَوْتَ، وَقَامَ مِنْ بَيْنِ الْأَمْوَاتِ، سَلِّمْ حَيَاتَنَا يَا رَبُّ، بِمَا أَنَّكَ وَحْدَكَ كُلِّي الْأَقْتِدَارِ.

O Thou Who didst endure the Cross and abolish Death and didst rise again from the dead: give peace to our life, O Lord, for Thou only art almighty.

*Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness.*

3- سَبِّحُوهُ عَلَى مَقْدَرَتِهِ، سَبِّحُوهُ نَظِيرَ كَثْرَةِ عَظَمَتِهِ. أَيُّهَا الْمَسِيحُ، يَا مَنْ سَبَى الْجَحِيمَ مُبِيدًا، وَأَقَامَ الْإِنْسَانَ بِقِيَامَتِهِ، أَهْلُنَا أَنْ نُسَبِّحَكَ بِقُلُوبٍ نَقِيَّةٍ وَنُجَدِّدَكَ.

O Thou Who didst despoil Hell and raise man again from the dead by Thy Resurrection, O Christ, make us worthy with pure hearts to praise and glorify Thee.

*Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp.*

4- سَبِّحُوهُ بِلَحْنِ الْبُوقِ، سَبِّحُوهُ بِالْمِزْمَارِ وَالْقِيثَارَةِ. أَيُّهَا الْمَسِيحُ إِنَّا نُسَبِّحُكَ مُمَجِّدِينَ تَنَازُلَكَ اللَّائِقَ بِاللَّهِ،

Glorifying Thy divine condescension, we praise Thee, O Christ, for Thou wast born of a Virgin

yet wast not separated from the Father. Thou didst suffer as man and of Thine own free will endured the Cross, and Thou didst rise again from the tomb going forth as from a bridal chamber that Thou mightest save the world. O Lord, glory to Thee.

يَا مَنْ وُلِدَ مِنَ الْعَذْرَاءِ، وَلَمْ يَنْفَصِلْ عَنِ حُضْنِ الْآبِ،  
وَتَأَلَّمَ كَانْسَانٍ، وَاحْتَمَلَ الصَّلْبَ طَوْعاً، وَانْبَعَثَ مِنَ  
الرَّمْسِ وَارِداً كَمَا مِنْ خَدْرِ، لِكَيْ يُخَلِّصَ الْعَالَمَ، يَا رَبُّ  
الْمَجْدُ لَكَ.

**For Ss. Cyrus and John in Tone Four (\*\*As one valiant\*\*)**

*Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.*

Let us honor with sacred songs \* that divine pair of martyred Saints, \* who possess the radiance of the Trinity; \* those firm and steadfast foundations of the Faith; the sweet-smelling blooms \* breathing the true fragranc y \* of the knowledge of God Most High; \* let us all acclaim \* blessed Cyrus together with great John: they are unceasing intercessors \* in our behalf with the Friend of man.

5 - سَبِّحُوهُ بِالطَّبْلِ وَالْمَصَافِ. سَبِّحُوهُ بِالْأُوتَارِ وَآلَةِ  
الطَّرْبِ.

لِنُكْرِمَ جَمِيعُنَا بِالنَّشَائِدِ زَوْجِي الشُّهَدَاءِ، إِذْ قَدْ أَحْرَزَا  
بِهَاءَ الثَّلَاثِ. الَّذِينَ هُمَا الدَّعَائِمُ لِلْإِيمَانِ، وَالْأَزْهَارُ  
الَّتِي تَفُوحُ مِنْهَا عَرْفُ مَعْرِفَةِ اللَّهِ الْحَقِيقِيَّةِ. أَعْنِي بِهِمَا  
كَيْرُسَ وَيُوْحَنَا الْعَظِيمِ. بِمَا أَنَّهُمَا يَتَشَفَّعَانِ بَعِيْرَ فُتُوْرٍ،  
إِلَى الْمُحِبِّ الْبَشَرِ، مِنْ أَجْلِنَا.

*Verse 6. Praise Him upon the loud cymbals; praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord.*

Let us honor with sacred songs \* that divine pair of martyred Saints, \* who possess the radiance of the Trinity; \* those firm and steadfast foundations of the Faith; the sweet-smelling blooms \* breathing the true fragranc y \* of the knowledge of God Most High; \* let us all acclaim \* blessed Cyrus together with great John: they are unceasing intercessors \* in our behalf with the Friend of man.

6 - سَبِّحُوهُ بِنَعْمَاتِ الصُّنُوجِ، سَبِّحُوهُ بِصُنُوجِ النَّهْلِيلِ،  
كُلُّ نَسَمَةٍ فَلْتَسَبِّحِ الرَّبَّ.

لِنُكْرِمَ جَمِيعُنَا بِالنَّشَائِدِ زَوْجِي الشُّهَدَاءِ، إِذْ قَدْ أَحْرَزَا  
بِهَاءَ الثَّلَاثِ. الَّذِينَ هُمَا الدَّعَائِمُ لِلْإِيمَانِ، وَالْأَزْهَارُ  
الَّتِي تَفُوحُ مِنْهَا عَرْفُ مَعْرِفَةِ اللَّهِ الْحَقِيقِيَّةِ. أَعْنِي بِهِمَا  
كَيْرُسَ وَيُوْحَنَا الْعَظِيمِ. بِمَا أَنَّهُمَا يَتَشَفَّعَانِ بَعِيْرَ فُتُوْرٍ،  
إِلَى الْمُحِبِّ الْبَشَرِ، مِنْ أَجْلِنَا.

*Verse 7. Wondrous is God in His saints.*

Ye are healers, ye blest of God, \* for the sick and the suffering; \* stars of the divine Faith that never cease to shine; \* confession's eloquent advocates, partakers with Martyrs' hosts; \* ye in truth have both received \* worthy crowns for your victory, \* Cyrus most renowned \* and wise John; wherefore, importune the Savior in behalf of them that hymn you \* with songs of praise in undoubting faith.

7 - عَجِيْبٌ هُوَ اللَّهُ فِي قَدِيْسِيْهِ.

لَقَدْ ظَهَرْتُمَا أَيُّهَا الْمَغْبُوْطَانِ طَبِيْبِيْنِ لِمَرْضَى،  
وَكُوْكَبِيْنِ لِلْإِيمَانِ لَا يَغْرَبَانِ. مُنَاضِلِيْنِ لِأَجْلِ الْاِعْتِرَافِ  
بِهِ، وَمُشَارِكِيْنِ الشُّهَدَاءِ. فَاذْ قَدْ تَقَبَّلْتُمَا أَكَالِيْلَ الظَّفْرِ  
حَقِيقَةً، يَا كَيْرُسُ الْمَجِيْدُ وَيُوْحَنَا الْحَكِيْمُ الْكَلْبِيُّ الْغَبِيْطَةُ.  
فَابْتَهَلَا بَعِيْرَ فُتُوْرٍ، إِلَى الْمُخَلِّصِ، مِنْ أَجْلِنَا.

**Verse 8.** *In the saints that are in His earth hath the Lord been wondrous .*

The fair virgins of Christ our God \* dance in gladness and joy today \* with the two divine Martyrs wise in godliness; \* and as partakers with them in their great glory and radiance, \* with them they now magnify \* Him that gave power unto them; \* and they intercede \* that He rescue from perils and corruption them that faithfully do honor \* their ever-ven'erable memory.

8-إِنَّ اللَّهَ عَجِيبٌ فِي الْقَدِيسِينَ الَّذِينَ فِي أَرْضِهِ.

الْيَوْمَ تَتَبَاشَرُ بَتَوْلَاتِ الْمَسِيحِ الْجَمِيلَاتِ، مَعَ الشَّهِيدِينَ الْإِلَهِيِّينَ الْمُتَأَلِّهِيِّ الْعَزْمِ. وَبِمَا أَنَّهُنَّ مُشَارِكَاتُ لُهُمَا فِي مَجْدِهِمَا وَبِهَائِهِمَا، فَهِنَّ يُعْظَمْنَ مَعَهُمَا الرَّبَّ الْمُؤَيَّدَ لِهِنَّ، وَيَتَشَفَعْنَ إِلَيْهِ أَنْ يُنْقِذَ مِنَ الْبَلَى وَالشَّدَائِدِ، الْمُقِيمِينَ بِإِيمَانٍ تَذَكَرَهُمُ الدَّائِمُ الْوَقَارِ.

### THE FIRST EOTHINON DOXASTICON IN TONE ONE

*Glory to the Father, and to the Son, and to the Holy Spirit.*

As the disciples were hastening to the mountain, the Lord came to them that He might raise them from things earthly; and they worshipped Him and learned of the power given to Him in every place. They were sent forth to every land under heaven to preach the Resurrection from the dead and the restoration to the Heavens. He that cannot lie promised also that He would be with them forever, even Christ God, the Savior of our souls.

الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ.

إِنَّ الرَّبَّ قَدْ حَضَرَ إِلَى التَّلَامِيذِ الذَّاهِبِينَ إِلَى الْجَبَلِ، لِلرَّتِفَاعِ عَنِ الْأَرْضِيَّاتِ، فَسَجَدُوا لَهُ، وَتَلَقَّفُوا السُّلْطَانَ الْمُعْطَى لَهُ فِي كُلِّ مَكَانٍ. وَأُرْسِلُوا إِلَى مَا تَحْتَ السَّمَاءِ، لِيُكْرِزُوا بِالْقِيَامَةِ مِنْ بَيْنِ الْأَمْوَاتِ، وَبِالنَّقْلَةِ إِلَى السَّمَاوَاتِ، الَّذِينَ قَدْ وَعَدَهُمْ، وَهُوَ غَيْرُ كَاذِبٍ، بِأَنْ يَكُونَ مَعَهُمْ إِلَى الْأَبَدِ، الْمَسِيحُ الْإِلَهُ، وَمُخَلِّصُ نَفُوسِنَا.

*Both now and ever, and unto ages of ages. Amen.*

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

أَنْتِ هِيَ الْفَائِقَةُ عَلَى كُلِّ الْبَرَكَاتِ، يَا وَالِدَةَ الْإِلَهِ الْعَذْرَاءِ، لِأَنَّ الْجَحِيمَ قَدْ سُبِيَتْ بِوَأَسْطَةِ الْمُتَجَسِّدِ مِنْكَ، وَأَدَمَ دُعِيَ ثَانِيَةً، وَاللَّعْنَةَ بَادَتْ، وَحَوَاءَ انْعَتَقَتْ، وَالْمَوْتَ أُمِيَتْ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ نُسَبِّحُ هَاتِقِينَ: مُبَارَكٌ أَنْتَ أَيُّهَا الْمَسِيحُ الْهُنَا، يَا مَنْ هَكَذَا سَرَّ، الْمَجْدُ لَكَ.

## THE GREAT DOXOLOGY IN TONE ONE

Glory to Thee, who has shown us the Light. Glory to God in the highest, and on earth peace, good will among men.	الْمَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، الْمَجْدُ لِلَّهِ فِي الْعَلَاءِ، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةَ.
We praise thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.	نُسَبِّحُكَ، نُبَارِكُكَ، نَسْجُدُ لَكَ، نُمَجِّدُكَ، نَشْكُرُكَ مِنْ أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.
O Lord, heavenly King, God the Father Almighty; O Lord, the only begotten Son, Jesus Christ; and the Holy Spirit.	أَيُّهَا الرَّبُّ الْمَلِكُ، السَّمَاوِيُّ، الْإِلَهَ، الْآبُ الصَّابِغُ الْكُلُّ؛ أَيُّهَا الرَّبُّ الْإِبْنُ الْوَحِيدُ، يَا يَسُوعَ الْمَسِيحِ؛ وَيَا أَيُّهَا الرُّوحُ الْقُدُّسُ.
O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.	أَيُّهَا الرَّبُّ الْإِلَهَ، يَا حَمَلَ اللَّهِ يَا ابْنَ الْآبِ، يَا رَافِعَ خَطِيئَةِ الْعَالَمِ، ارْحَمْنَا، يَا رَافِعَ خَطَايَا الْعَالَمِ.
Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.	تَقَبَّلْ تَضَرُّعَنَا أَيُّهَا الْجَالِسُ عَنْ يَمِينِ الْآبِ، وَارْحَمْنَا.
For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the Glory of God the Father. Amen.	لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسُوعُ الْمَسِيحُ، فِي مَجْدِ اللَّهِ الْآبِ. آمِينَ.
Every day will I bless Thee, and I will praise Thy Name forever; yea, forever and ever.	فِي كُلِّ يَوْمٍ أُبَارِكُكَ، وَأُسَبِّحُ اسْمَكَ إِلَى الْأَبَدِ، وَإِلَى أَبَدِ الْأَبَدِ.
Vouchsafe, O Lord, to keep us this day without sin.	أَهْلِنَا، يَا رَبُّ، أَنْ نُحْفَظَ فِي هَذَا الْيَوْمِ بِغَيْرِ خَطِيئَةٍ.
Blessed art Thou, O Lord God of our Fathers, and praised and glorified be Thy Name forever. Amen.	مُبَارَكٌ أَنْتَ يَا رَبُّ، إِلَهَ آبَائِنَا، وَمُسَبِّحٌ وَمُمَجَّدٌ اسْمُكَ إِلَى الْأَبَدِ. آمِينَ.
Let Thy mercy, O Lord, be upon us, as we do put our hope in thee.	لِتَكُنْ، يَا رَبُّ، رَحْمَتُكَ عَلَيْنَا، كَمَا نَحْمِلُ اتِّكَالَنا عَلَيْكَ.
Blessed art Thou, O Lord: teach me Thy statutes. <i>(thrice)</i>	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثَلَاثًا)
Lord, Thou hast been our refuge in all generations. I said: Be merciful unto me; heal my soul, for I have sinned against Thee.	يَا رَبُّ، مَلْجَأٌ كُنْتَ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنِّي قَدْ خَطِئْتُ إِلَيْكَ.
Lord, I have fled unto Thee: teach me to do Thy will, for Thou art my God.	يَا رَبُّ، إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.

For with Thee is the fountain of life; in Thy light shall we see light.	لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نُعَايِنُ النُّورَ.
O continue Thy lovingkindness unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. ( <i>thrice</i> )	فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ، ارْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit.	الْمَجْدُ لِلآبِ، وَالْإِبْنِ، وَالرُّوحِ الْقُدُّوسِ.
Both now and ever, and unto ages of ages. Amen.	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.
Holy Immortal, have mercy on us.	قُدُّوسُ الَّذِي لَا يَمُوتُ، ارْحَمْنَا.
Holy God, Holy Mighty, Holy Immortal: have mercy on us.	قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ، ارْحَمْنَا.
<b>TROPARION IN TONE FOUR</b>	
Today is Salvation come into the world. Let us sing praises to Him Who arose from the grave, the Author of our life; for having by Death destroyed death, He hath given us victory and Great Mercy.	اليَوْمَ صَارَ الْخَلَاصُ لِلْعَالَمِ فَلنُسَبِّحِ الَّذِي قَامَ مِنَ الْقَبْرِ، عُنُصَرَ حَيَاتِنَا، لِأَنَّهُ إِذْ قَدْ حَطَّمَ الْمَوْتَ بِالْمَوْتِ، مَنَحَنَا الظَّفَرَ وَالرَّحْمَةَ الْعُظْمَى.
<p style="text-align: center;"><i>These texts have been prepared by the Dept. of Liturgics of the Antiochian Archdiocese</i></p> <p>Portions of the Archdiocesan Service Texts include texts from <i>The Menaion</i>, <i>The Great Horologion</i>, <i>The Pentecostarion</i>, <i>The Octoechos</i>, and <i>The Psalter of the Seventy</i>, which are Copyright © Holy Transfiguration Monastery, Brookline, Massachusetts, and are used with permission. All rights reserved. These works may not be further reproduced, beyond printing out a single copy for personal non-commercial use, without the prior written authorization of Holy Transfiguration Monastery.</p>	