



SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

"The disciples were first called Christians in Antioch." (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463
Phone : (708) 239-0004, Fax : (708) 221-6449
www.stmaryoc.org (office@stmaryoc.org)
Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy

V. Rev. Fr. Mousa Haddad, Pastor
V. Rev. Fr. Malek Rihani
Subdeacon Matthew Sweis
Subdeacon Ameer Tadros

Parish Council

Luai Sweiss - Chairman
Abdullah Tadros - Vice Chairman
Jason Haddad - Treasurer
Ramiz Sweiss - Financial Secretary
Fabiola Sweis - Secretary
Nidal Al-Farah
Constantin Kari
Abeer Khouri
Faris Samawi
Bassam Shaheen
Feras Sweis

Parish Ministries

Sunday School - Philip Risko
SOYO - Murad Salman
Fellowship - Fabiola Sweis
Antiochian Women -
Magida Abudayyeh
Handmaids - Mansoura Khouri and
Lina Haddad
Humanitarian - Shireen Salman
OCLife - Nancy Cannon
Fishers of Men - John Eannace
Athletics - Melad Qodsi
Choir - Michael Rascia
Chanters - Khaled Salman and
Faris Samawi
Webmaster - Sana Sweis

Office

May Sweis
administrator@stmaryoc.org

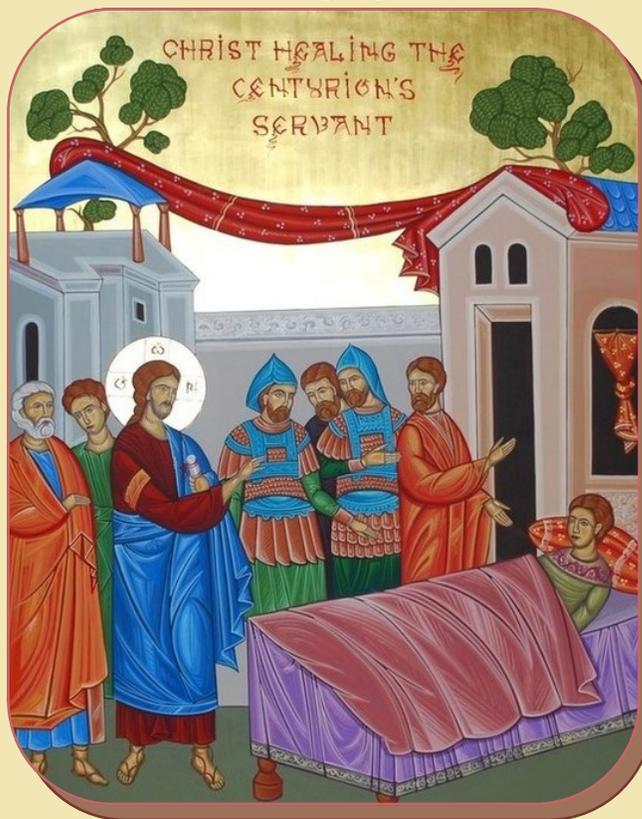
Church Hall Rental

Call the church office or email our
Office Administrator

June 28th, 2015

Fourth Sunday after Pentecost

Fourth Sunday of Matthew



Weekly Schedule of Services

Saturday: 5:00p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

Changes in the Liturgy

Entrance Hymn

O Come, let us worship and fall down before Christ.
Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

Troparion of the Resurrection (Tone Three)

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm; He hath trampled down death by death and became the first-born from the dead; He hath delivered us from the depths of Hades, granting the world the great mercy.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

Kontakion of the Theotokos (Tone Two)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

Epistle for the Fourth Sunday after Pentecost

Sing praises to our God, sing praises!

Clap your hands, all you nations!

The Reading is from Saint Paul's Letter to the Romans (6:18-23).

Brethren, having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Gospel for the Fourth Sunday of Matthew

The Reading is from the Holy Gospel according to St. Matthew (8:5-13)

At that time, Jesus entered Capernaum, and a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And Jesus said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marveled, and said to those who were following him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

06/28: Joseph and Dena Salman & Family

07/05: Munther and Shireen Salman
& Family

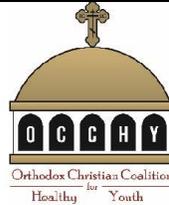
07/12: Hasan and Saeda Sweis & Family



New Born

Noor

Parents: Yousef and Enas Sawaqed
Congratulations!



OCCHY QUIZ

TRUE/FALSE: E-cigarettes are safe and do not have any of the same hazardous chemicals as cigarettes.



FALSE: The cartomizer is filled with an e-liquid that typically contains the chemical propylene glycol along with nicotine, flavoring, and other additives. They turn nicotine, which is highly addictive, and other chemicals into a vapor that is inhaled by the user. - FDA

Like us on Facebook at <https://www.facebook.com/OCCHYChicago>

Epistle Reading

06/28: Nour Swaiss & Abeer Khouri
07/05: Faris Samawi & Futien Johnson

Bible Study verse of the week (from the Orthodox Study Bible)

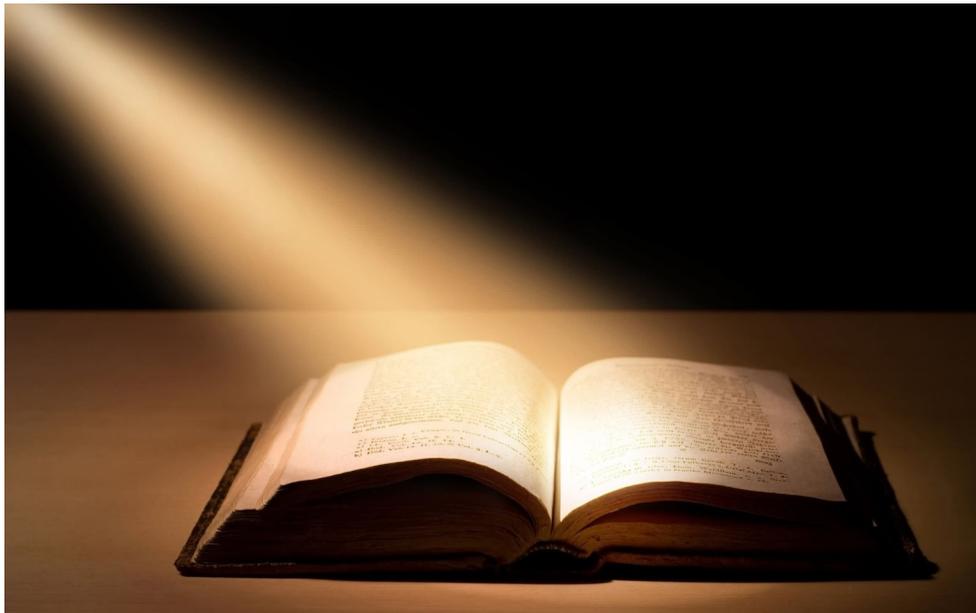


Matthew 6:11 "Give us this day our daily bread."

"Daily" is a misleading translation of the Greek 'epiousios', which is literally 'above the essence' or 'supersubstantial'. The expression 'daily bread' indicates not merely bread of this day, taken for sustenance of life; it is bread for the eternal day of the Kingdom of God, for sustenance of our immortal life. Christ Himself is the Bread of Life, given in the Holy Eucharist to those who receive Him.

Teen SOYO

Bible Study



Wednesday, July 15th in the Nadi at 6 p.m.

This is a potluck event.
Bring a dish to share.



4TH OF JULY PICNIC

Hosted By
Fuheis American Association

July 4, 2015

11:00 AM

Live Band, Games & Family Fun
Bring your own food, Beverages ,
Chairs & Grill

St. Mary Church
6330 W. 127th St. Palos Heights IL





Aloha Ladies!

We're having a
Hawaiian Party
and you're invited!

Date: July 10, 2015

Place: Fellowship Hall

Time: 6:00 p.m.

Cost: \$25 per person (16 & up)

There will be a DJ, Karaoke and Food.
So come dressed in your favorite summer outfit and
get ready to have some fun.

Tickets are now being sold by the Antiochian
Women and in the Church office.

DodgeBall

- What:** Dodge Ball Tournament Presented by St. Mary's Orthodox Athletic Ministry
- Who:** Ages 14 and up, 5 players per team; *1 must be female*
- Fee:** \$20 per person/\$100 per team
- When:** Sunday, September 6th 2015 at 3:00 PM
- Where:** The Gymnasium of St. Mary Orthodox Church at 6330 W, 127th St., Palos Heights, IL, 60463



FOR
REGISTRATION
FORMS AND MORE
INFORMATION,
CONTACT US AT
athletics@stmaryoc.org



CAMP ST. GEORGE

Celebrating 14 Years!

AUGUST 9th – 15th, 2015

Ages 9-18

Located at YMCA Camp Wapsie

Just North of Cedar Rapids, Iowa

We enjoy:

- **Prayers!**
- **Fellowship!**
- **Zip line!**
- **Swimming!**
- **Climbing Tower!**
- **Canoeing!**
- **Outdoor activities!**
- **Growing in our Faith!**
- **Building Friendships!**



NOW ACCEPTING CAMPER REGISTRATIONS AND STAFF APPLICATIONS.

**For more information and to register or apply - Visit
CampStGeorge.org**

**Did you ever think living out your Orthodox Faith could be fun?!
Join us for a week and meet other Orthodox kids your age!
Enjoy daily services, cabin activities, sports, and evening programs!**

**Camp St. George is the Midwest Diocesan camp
of the Self-Ruled Antiochian Archdiocese of North America
Metropolitan JOSEPH, Primate - Bishop ANTHONY, Toledo Auxiliary**

Midwest Parish Life Conference 2015

Host: St. Nicholas Antiochian Orthodox Church

June 24-28 Amway Grand Plaza: \$118/night

Buy a ticket book by April 1st for a chance to win a Free Night Stay
www.midwestplc2015.com



Grand Rapids, PURE MICHIGAN[®]

 facebook.com/midwestPLC

DANCING WITH OUR
STARS HAFLI

BIBLE BOWL

CELEBRATION ON
THE GRAND

GAME SHOW

TEEN
ORATORICAL

SERVICE PROJECT

REUNION ON THE
GRAND

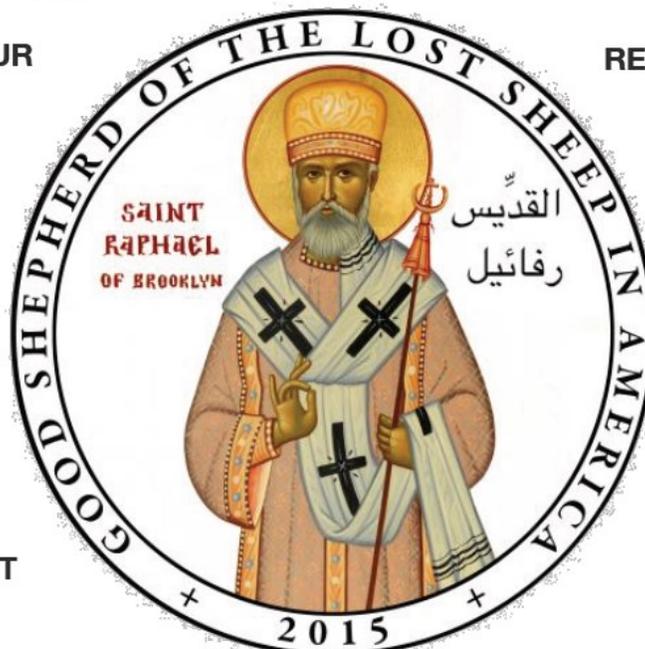
GOLF OUTING

PARISH SPORTS
COMPETITION

URBAN MARKET

PICNIC AT THE
ZOO

LITURGICAL SERVICES



100TH ANNIVERSARY of the
FALLING ASLEEP of SAINT RAPHAEL

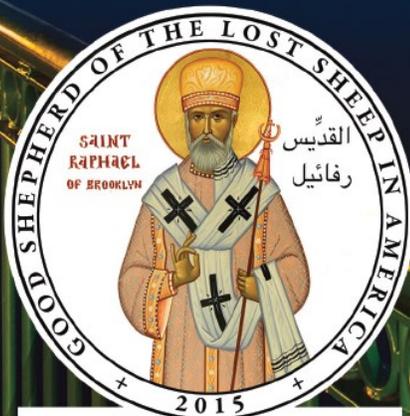
Something for Everyone!

St. Mary, Cambridge MA invites you
to join us for the

Boston 52ND ANTIOCHIAN ARCHDIOCESE CONVENTION

2015

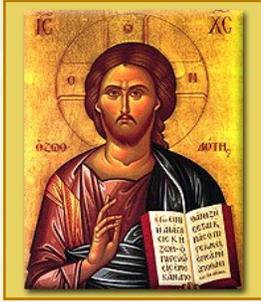
July 20-26
Sheraton Boston Hotel



100TH ANNIVERSARY of the
FALLING ASLEEP of SAINT RAPHAEL

Kids Club/Tween Club
Bible Bowl
Oratorical Festival
Enliven to Christ
Daily Bible Study
Department Meetings
An Enchanting Evening over Boston
A Night to Celebrate our Archdiocese
Cabaret & Hufi
Grand Banquet
Teen Banquet/Pool Party
21/40 Event

Go to www.acboston2015.com for more information and to register



Weekly Synaxarion



On June 28 in the Holy Orthodox Church, we commemorate the recovery of the precious relics of the holy and wonderworking Unmercenaries Cyrus and John. Cyril, Patriarch of Alexandria, prayed fervently to God to destroy the idolatrous impurity in the town of Menuthis where a pagan temple was located and where the power of the demons ruled. An angel of God appeared to the patriarch and told him that Menuthis would be cleansed of its impurity if he translated the relics of Saints Cyrus and John from Canopus to that town. The patriarch did this immediately and built a church there in their honor. Ammonius, the son of Julian the mayor of Alexandria, was healed of scrofula; a Theodore was healed of blindness; the wife of Theodore from poisoning, a Eugenia of dropsy as well as many other people were healed of various diseases and torments by the relics of these saints. This all occurred in 412. On this day, we also commemorate the holy martyr Papios; Paul the Physician of Corinth; Venerable Moses the anchorite; and Venerable Sergios and Herman, wonderworking abbots of Valaam. By their intercessions, O Christ God, have mercy upon us. Amen.